

Summary Scores:

HADS Score:

- Anxiety: 9
- Depression: 9

STAI-S Score: 46

STAI-T Score: 59

BFI Score:

- Openness: 4
- Conscientiousness: 5
- Extraversion: 7
- Agreeableness: 6
- Neuroticism: 4

FQ Score:

- MainPhobia: 0
- TotalPhobia: 28
- Agoraphobia: 5
- BloodInjuryPhobia: 10
- SocialPhobia: 13
- GlobalPhobiaRating: 2
- AnxietyDepression: 7

Detailed Responses:

Test: HADS

Question: 1. Je me sens tendu ou énervé

Answer: 1 - de temps en temps

Score: 1

Time: 1.798s

Question Start Time: 2025-02-24T21:19:55.051Z

Answer Time: 2025-02-24T21:19:56.850Z

Test: HADS

Question: 2. Je prends plaisir aux mêmes choses qu'autrefois

Answer: 1 - pas autant

Score: 1

Time: 1.118s

Question Start Time: 2025-02-24T21:19:56.850Z

Answer Time: 2025-02-24T21:19:57.968Z

Test: HADS

Question: 3. J'ai une sensation de peur comme si quelque chose d'horrible allait

Answer: 1 - un peu, mais cela ne m'inquiète pas

Score: 1

Time: 1.113s

Question Start Time: 2025-02-24T21:19:57.968Z

Answer Time: 2025-02-24T21:19:59.081Z

Test: HADS

Question: 4. Je ris facilement et vois le bon côté des choses

Answer: 1 - pas autant qu'avant

Score: 1

Time: 1.113s

Test: HADS

Question: 5. Je me fais du souci

Answer: 2 - Assez souvent

Score: 2

Time: 1.171s

Question Start Time: 2025-02-24T21:20:00.181Z

Answer Time: 2025-02-24T21:20:01.352Z

Test: HADS

Question: 6. Je suis de bonne humeur

Answer: 1 - Assez souvent

Score: 1

Time: 1.096s

Question Start Time: 2025-02-24T21:20:01.352Z

Answer Time: 2025-02-24T21:20:02.448Z

Test: HADS

Question: 7. Je peux rester tranquillement assis(e) à ne rien faire et me sentir dé

Answer: 0 - Oui, quoi qu'il arrive

Score: 0

Time: 1.267s

Question Start Time: 2025-02-24T21:20:02.448Z

Answer Time: 2025-02-24T21:20:03.715Z

Test: HADS

Question: 8. J'ai l'impression de fonctionner au ralenti

Answer: 2 - Très souvent

Score: 2

Time: 1.167s

Question Start Time: 2025-02-24T21:20:03.715Z

Answer Time: 2025-02-24T21:20:04.882Z

Test: HADS

Question: 9. J'éprouve des sensations de peur et j'ai l'estomac noué

Answer: 2 - Assez souvent

Score: 2

Time: 1.152s

Question Start Time: 2025-02-24T21:20:04.882Z

Answer Time: 2025-02-24T21:20:06.034Z

Test: HADS

Question: 10. Je ne m'intéresse plus à mon apparence

Answer: 2 - Je n'y accorde pas autant d'attention que je devrais

Score: 2

Time: 1.334s

Question Start Time: 2025-02-24T21:20:06.034Z

Answer Time: 2025-02-24T21:20:07.368Z

Test: HADS

Question: 11. J'ai la bougeotte et n'arrive pas à tenir en place

Answer: 1 - Pas tellement

Score: 1

Time: 1.6s

Question Start Time: 2025-02-24T21:20:07.368Z

Answer Time: 2025-02-24T21:20:08.968Z

Test: HADS

Question: 12. Je me réjouis d'avance à l'idée de faire certaines choses

Answer: 1 - Un peu moins qu'avant

Score: 1

Time: 1.099s

Question Start Time: 2025-02-24T21:20:08.968Z

Answer Time: 2025-02-24T21:20:10.067Z

Test: HADS

Question: 13. J'éprouve des sensations soudaines de panique

Answer: 2 - Assez souvent

Score: 2

Time: 1.217s

Question Start Time: 2025-02-24T21:20:10.067Z

Answer Time: 2025-02-24T21:20:11.284Z

Test: HADS

Question: 14. Je peux prendre plaisir à un bon livre ou à une bonne émission de

Answer: 1 - Parfois

Score: 1

Time: 1.397s

Question Start Time: 2025-02-24T21:20:11.284Z

Answer Time: 2025-02-24T21:20:12.681Z

Test: STAI-S

Question: 1. Je me sens calme.

Answer: Un peu

Score: 2

Time: 1.167s

Question Start Time: 2025-02-24T21:20:12.682Z

Answer Time: 2025-02-24T21:20:13.849Z

Test: STAI-S

Question: 2. Je me sens en sécurité.

Answer: Un peu

Score: 2

Time: 1.35s

Question Start Time: 2025-02-24T21:20:13.849Z

Answer Time: 2025-02-24T21:20:15.199Z

Test: STAI-S

Question: 3. Je suis tendu(e).

Answer: Modérément

Score: 2

Time: 1.949s

Question Start Time: 2025-02-24T21:20:15.199Z

Answer Time: 2025-02-24T21:20:17.148Z

Test: STAI-S

Question: 4. Je me sens surmené(e).

Answer: Modérément

Score: 2

Time: 1.386s

Question Start Time: 2025-02-24T21:20:17.148Z

Answer Time: 2025-02-24T21:20:18.534Z

Test: STAI-S

Question: 5. Je me sens tranquille.

Answer: Un peu

Score: 2

Time: 1.234s

Question Start Time: 2025-02-24T21:20:18.534Z

Answer Time: 2025-02-24T21:20:19.769Z

Test: STAI-S

Question: 6. Je me sens ému(e).

Answer: Un peu

Score: 3

Time: 1.112s

Question Start Time: 2025-02-24T21:20:19.769Z

Answer Time: 2025-02-24T21:20:20.881Z

Test: STAI-S

Question: 7. Je m'inquiète à l'idée de malheurs possibles.

Answer: Modérément

Score: 2

Time: 1.133s

Question Start Time: 2025-02-24T21:20:20.881Z

Answer Time: 2025-02-24T21:20:22.014Z

Test: STAI-S

Question: 8. Je me sens comblé(e).

Answer: Un peu

Score: 2

Time: 2.055s

Question Start Time: 2025-02-24T21:20:22.014Z

Answer Time: 2025-02-24T21:20:24.069Z

Test: STAI-S

Question: 9. Je me sens effrayé(e).

Answer: Modérément

Score: 2

Time: 1.596s

Question Start Time: 2025-02-24T21:20:24.069Z

Answer Time: 2025-02-24T21:20:25.665Z

Test: STAI-S

Question: 10. Je me sens bien à l'aise.

Answer: Un peu

Score: 2

Time: 1.751s

Question Start Time: 2025-02-24T21:20:25.665Z

Answer Time: 2025-02-24T21:20:27.416Z

Test: STAI-S

Question: 11. Je me sens sûr(e) de moi.

Answer: Modérément

Score: 3

Time: 1.366s

Question Start Time: 2025-02-24T21:20:27.416Z

Answer Time: 2025-02-24T21:20:28.782Z

Test: STAI-S

Question: 12. Je me sens nerveux(e).

Answer: Pas du tout

Score: 4

Time: 1.701s

Question Start Time: 2025-02-24T21:20:28.782Z

Answer Time: 2025-02-24T21:20:30.483Z

Test: STAI-S

Question: 13. Je suis agité(e).

Answer: Pas du tout

Score: 4

Time: 1.133s

Question Start Time: 2025-02-24T21:20:30.483Z

Answer Time: 2025-02-24T21:20:31.616Z

Test: STAI-S

Question: 14. Je me sens indécis(e).

Answer: Beaucoup

Score: 1

Time: 0.966s

Question Start Time: 2025-02-24T21:20:31.616Z

Answer Time: 2025-02-24T21:20:32.582Z

Test: STAI-S

Question: 15. Je suis détendu(e).

Answer: Pas du tout

Score: 1

Time: 1.166s

Question Start Time: 2025-02-24T21:20:32.582Z

Answer Time: 2025-02-24T21:20:33.748Z

Test: STAI-S

Question: 16. Je me sens satisfait(e).

Answer: Un peu

Score: 2

Time: 1.233s

Question Start Time: 2025-02-24T21:20:33.748Z

Answer Time: 2025-02-24T21:20:34.981Z

Test: STAI-S

Question: 17. Je suis inquiet(e).

Answer: Pas du tout

Score: 4

Time: 2.087s

Question Start Time: 2025-02-24T21:20:34.981Z

Answer Time: 2025-02-24T21:20:37.068Z

Test: STAI-S

Question: 18. Je me sens troublé(e).

Answer: Un peu

Score: 3

Time: 2.564s

Question Start Time: 2025-02-24T21:20:37.068Z

Answer Time: 2025-02-24T21:20:39.632Z

Test: STAI-S

Question: 19. Je sens que j'ai les nerfs solides.

Answer: Pas du tout

Score: 1

Time: 1.548s

Question Start Time: 2025-02-24T21:20:39.633Z

Answer Time: 2025-02-24T21:20:41.181Z

Test: STAI-S

Question: 20. Je me sens dans de bonnes dispositions.

Answer: Un peu

Score: 2

Time: 1.234s

Question Start Time: 2025-02-24T21:20:41.181Z

Answer Time: 2025-02-24T21:20:42.416Z

Test: STAI-T

Question: 1. Je me sens dans de bonnes dispositions.

Answer: Presque jamais

Score: 1

Time: 1.35s

Question Start Time: 2025-02-24T21:20:42.416Z

Answer Time: 2025-02-24T21:20:43.766Z

Test: STAI-T

Question: 2. Je me sens nerveux(se) et agité(e).

Answer: Parfois

Score: 3

Time: 1.249s

Question Start Time: 2025-02-24T21:20:43.766Z

Answer Time: 2025-02-24T21:20:45.015Z

Test: STAI-T

Question: 3. Je me sens content(e) de moi-même.

Answer: Presque jamais

Score: 4

Time: 1.351s

Question Start Time: 2025-02-24T21:20:45.015Z

Answer Time: 2025-02-24T21:20:46.366Z

Test: STAI-T

Question: 4. Je voudrais être aussi heureux(se) que les autres semblent l'être.

Answer: Parfois

Score: 3

Time: 1.248s

Question Start Time: 2025-02-24T21:20:46.366Z

Answer Time: 2025-02-24T21:20:47.614Z

Test: STAI-T

Question: 5. J'ai l'impression d'être un(e) raté(e).

Answer: Presque jamais

Score: 4

Time: 1.833s

Question Start Time: 2025-02-24T21:20:47.614Z

Answer Time: 2025-02-24T21:20:49.447Z

Test: STAI-T

Question: 6. Je me sens reposé(e).

Answer: Parfois

Score: 3

Time: 1.321s

Question Start Time: 2025-02-24T21:20:49.447Z

Answer Time: 2025-02-24T21:20:50.768Z

Test: STAI-T

Question: 7. Je suis d'un grand calme.

Answer: Presque jamais

Score: 4

Time: 1.213s

Question Start Time: 2025-02-24T21:20:50.768Z

Answer Time: 2025-02-24T21:20:51.981Z

Test: STAI-T

Question: 8. Je sens que les difficultés s'accumulent au point où je n'arrive pas à

Answer: Parfois

Score: 3

Time: 1.954s

Question Start Time: 2025-02-24T21:20:51.981Z

Answer Time: 2025-02-24T21:20:53.935Z

Test: STAI-T

Question: 9. Je m'en fais trop pour des choses qui n'en valent pas vraiment la pe

Answer: Presque jamais

Score: 4

Time: 1.247s

Question Start Time: 2025-02-24T21:20:53.935Z

Answer Time: 2025-02-24T21:20:55.182Z

Test: STAI-T

Question: 10. Je suis heureux(se).

Answer: Souvent

Score: 2

Time: 1.284s

Question Start Time: 2025-02-24T21:20:55.182Z

Answer Time: 2025-02-24T21:20:56.466Z

Test: STAI-T

Question: 11. J'ai des pensées troublantes.

Answer: Presque toujours

Score: 1

Time: 1.114s

Question Start Time: 2025-02-24T21:20:56.466Z

Answer Time: 2025-02-24T21:20:57.580Z

Test: STAI-T

Question: 12. Je manque de confiance en moi.

Answer: Presque jamais

Score: 4

Time: 1.501s

Question Start Time: 2025-02-24T21:20:57.580Z

Answer Time: 2025-02-24T21:20:59.081Z

Test: STAI-T

Question: 13. Je me sens en sécurité.

Answer: Parfois

Score: 3

Time: 1.287s

Question Start Time: 2025-02-24T21:20:59.081Z

Answer Time: 2025-02-24T21:21:00.368Z

Test: STAI-T

Question: 14. Prendre des décisions m'est facile.

Answer: Presque jamais

Score: 4

Time: 1.379s

Question Start Time: 2025-02-24T21:21:00.368Z

Answer Time: 2025-02-24T21:21:01.747Z

Test: STAI-T

Question: 15. Je sens que je ne suis pas à la hauteur de la situation.

Answer: Souvent

Score: 2

Time: 1.117s

Question Start Time: 2025-02-24T21:21:01.747Z

Answer Time: 2025-02-24T21:21:02.864Z

Test: STAI-T

Question: 16. Je suis satisfait(e).

Answer: Presque toujours

Score: 1

Time: 1.169s

Question Start Time: 2025-02-24T21:21:02.864Z

Answer Time: 2025-02-24T21:21:04.033Z

Test: STAI-T

Question: 17. Des idées sans importance me passent par la tête et me tracassent.

Answer: Presque jamais

Score: 4

Time: 1.214s

Question Start Time: 2025-02-24T21:21:04.033Z

Answer Time: 2025-02-24T21:21:05.247Z

Test: STAI-T

Question: 18. Je prends les déceptions tellement à cœur que je n'arrive pas à le

Answer: Parfois

Score: 3

Time: 1.188s

Question Start Time: 2025-02-24T21:21:05.247Z

Answer Time: 2025-02-24T21:21:06.435Z

Test: STAI-T

Question: 19. Je suis une personne qui a les nerfs solides.

Answer: Souvent

Score: 2

Time: 1.199s

Question Start Time: 2025-02-24T21:21:06.435Z

Answer Time: 2025-02-24T21:21:07.635Z

Test: STAI-T

Question: 20. Je deviens tendu(e) ou bouleversé(e) quand je songe à mes préoccupations

Answer: Presque jamais

Score: 4

Time: 1.698s

Question Start Time: 2025-02-24T21:21:07.635Z

Answer Time: 2025-02-24T21:21:09.333Z

Test: BFI

Question: 1. Je me vois comme quelqu'un qui est réservé

Answer: N'approuve ni ne désapprouve

Score: 3

Time: 1.366s

Question Start Time: 2025-02-24T21:21:09.334Z

Answer Time: 2025-02-24T21:21:10.700Z

Test: BFI

Question: 2. Je me vois comme quelqu'un qui fait généralement confiance aux autres

Answer: Approuve fortement

Score: 5

Time: 1.135s

Question Start Time: 2025-02-24T21:21:10.700Z

Answer Time: 2025-02-24T21:21:11.835Z

Test: BFI

Question: 3. Je me vois comme quelqu'un qui travaille consciencieusement

Answer: Approuve un peu

Score: 2

Time: 1.246s

Question Start Time: 2025-02-24T21:21:11.835Z

Answer Time: 2025-02-24T21:21:13.081Z

Test: BFI

Question: 4. Je me vois comme quelqu'un qui est 'relax', détendu et gère bien le stress

Answer: N'approuve ni ne désapprouve

Score: 3

Time: 1.333s

Question Start Time: 2025-02-24T21:21:13.081Z

Answer Time: 2025-02-24T21:21:14.414Z

Test: BFI

Question: 5. Je me vois comme quelqu'un qui a une grande imagination

Answer: Approuve fortement

Score: 1

Time: 1.421s

Question Start Time: 2025-02-24T21:21:14.414Z

Answer Time: 2025-02-24T21:21:15.835Z

Test: BFI

Question: 6. Je me vois comme quelqu'un qui est sociable, extraverti

Answer: Approuve un peu

Score: 4

Time: 1.465s

Question Start Time: 2025-02-24T21:21:15.835Z

Answer Time: 2025-02-24T21:21:17.300Z

Test: BFI

Question: 7. Je me vois comme quelqu'un qui a tendance à critiquer les autres

Answer: Approuve fortement

Score: 1

Time: 1.714s

Question Start Time: 2025-02-24T21:21:17.300Z

Answer Time: 2025-02-24T21:21:19.014Z

Test: BFI

Question: 8. Je me vois comme quelqu'un qui a tendance à être paresseux

Answer: N'approuve ni ne désapprouve

Score: 3

Time: 1.554s

Question Start Time: 2025-02-24T21:21:19.014Z

Answer Time: 2025-02-24T21:21:20.568Z

Test: BFI

Question: 9. Je me vois comme quelqu'un qui est facilement anxieux

Answer: Approuve fortement

Score: 1

Time: 1.366s

Question Start Time: 2025-02-24T21:21:20.568Z

Answer Time: 2025-02-24T21:21:21.934Z

Test: BFI

Question: 10. Je me vois comme quelqu'un qui est peu intéressé par tout ce qui

Answer: N'approuve ni ne désapprouve

Score: 3

Time: 1.348s

Question Start Time: 2025-02-24T21:21:21.934Z

Answer Time: 2025-02-24T21:21:23.282Z

Test: FQ

Question: 1. Principale phobie que vous voulez tr

Answer: 0 - n'évite pas

Score: 0

Time: 1.552s

Question Start Time: 2025-02-24T21:21:23.282Z

Answer Time: 2025-02-24T21:21:24.834Z

Test: FQ

Question: 2. Injections et interventions chirurgicales minimales.

Answer: 2 - évite un peu

Score: 2

Time: 1.846s

Question Start Time: 2025-02-24T21:21:24.834Z

Answer Time: 2025-02-24T21:21:26.680Z

Test: FQ

Question: 3. Manger et boire avec les autres.

Answer: 4 - évite souvent

Score: 4

Time: 1.469s

Question Start Time: 2025-02-24T21:21:26.680Z

Answer Time: 2025-02-24T21:21:28.149Z

Test: FQ

Question: 4. Aller dans les hôpitaux.

Answer: 0 - n'évite pas

Score: 0

Time: 1.383s

Question Start Time: 2025-02-24T21:21:28.149Z

Answer Time: 2025-02-24T21:21:29.533Z

Test: FQ

Question: 5. Faire seul(e) des trajets en bus ou en car.

Answer: 0 - n'évite pas

Score: 0

Time: 1.982s

Question Start Time: 2025-02-24T21:21:29.533Z

Answer Time: 2025-02-24T21:21:31.515Z

Test: FQ

Question: 6. Se promener seul(e) dans des rues ou

Answer: 4 - évite souvent

Score: 4

Time: 1.551s

Question Start Time: 2025-02-24T21:21:31.515Z

Answer Time: 2025-02-24T21:21:33.066Z

Test: FQ

Question: 7. Être regardé(e) ou de visage(e).

Answer: 2 - évite un peu

Score: 2

Time: 1.347s

Question Start Time: 2025-02-24T21:21:33.066Z

Answer Time: 2025-02-24T21:21:34.414Z

Test: FQ

Question: 8. Aller dans des magasins remplis de monde.

Answer: 0 - n'évite pas

Score: 0

Time: 1.6s

Question Start Time: 2025-02-24T21:21:34.414Z

Answer Time: 2025-02-24T21:21:36.014Z

Test: FQ

Question: 9. Parler à des supérieurs hiérarchiques

Answer: 2 - évite un peu

Score: 2

Time: 1.287s

Question Start Time: 2025-02-24T21:21:36.014Z

Answer Time: 2025-02-24T21:21:37.301Z

Test: FQ

Question: 10. Voir du sang.

Answer: 6 - évite très souvent

Score: 6

Time: 1.233s

Question Start Time: 2025-02-24T21:21:37.301Z

Answer Time: 2025-02-24T21:21:38.535Z

Test: FQ

Question: 11. Être critique (e).

Answer: 3

Score: 3

Time: 2.764s

Question Start Time: 2025-02-24T21:21:38.535Z

Answer Time: 2025-02-24T21:21:41.299Z

Test: FQ

Question: 12. Partir seul(e) loin de chez vous.

Answer: 1

Score: 1

Time: 3.15s

Question Start Time: 2025-02-24T21:21:41.299Z

Answer Time: 2025-02-24T21:21:44.449Z

Test: FQ

Question: 13. Penser que vous pouvez être blessé(e).

Answer: 0 - n'évite pas

Score: 0

Time: 2.465s

Question Start Time: 2025-02-24T21:21:44.449Z

Answer Time: 2025-02-24T21:21:46.914Z

Test: FQ

Question: 14. Parler ou agir en public.

Answer: 2 - évite un peu

Score: 2

Time: 2.487s

Question Start Time: 2025-02-24T21:21:46.914Z

Answer Time: 2025-02-24T21:21:49.401Z

Test: FQ

Question: 15. Les grands espaces vides.

Answer: 0 - n'évite pas

Score: 0

Time: 1.813s

Question Start Time: 2025-02-24T21:21:49.401Z

Answer Time: 2025-02-24T21:21:51.214Z

Test: FQ

Question: 16. Aller chez le dentiste.

Answer: 2 - évite un peu

Score: 2

Time: 2.386s

Question Start Time: 2025-02-24T21:21:51.214Z

Answer Time: 2025-02-24T21:21:53.600Z

Test: FQ

Question: 17. Toute autre situation qui vous fait peur.

Answer: 0 - n'évite pas

Score: 0

Time: 1.914s

Question Start Time: 2025-02-24T21:21:53.600Z

Answer Time: 2025-02-24T21:21:55.514Z

Test: FQ

Question: 18. Sentiment d'être malheureux ou de

Answer: 2 - évite un peu

Score: 2

Time: 1.652s

Question Start Time: 2025-02-24T21:21:55.514Z

Answer Time: 2025-02-24T21:21:57.166Z

Test: FQ

Question: 19. Sentiment d'être irritable ou en co

Answer: 1

Score: 1

Time: 2.034s

Question Start Time: 2025-02-24T21:21:57.166Z

Answer Time: 2025-02-24T21:21:59.200Z

Test: FQ

Question: 20. Se sentir tendu ou panique

Answer: 0 - n'évite pas

Score: 0

Time: 1.446s

Question Start Time: 2025-02-24T21:21:59.200Z

Answer Time: 2025-02-24T21:22:00.647Z

Test: FQ

Question: 21. Avoir l'esprit tendu ou panique .

Answer: 0 - n'évite pas

Score: 0

Time: 2.268s

Question Start Time: 2025-02-24T21:22:00.647Z

Answer Time: 2025-02-24T21:22:02.915Z

Test: FQ

Question: 22. Sentir que vous ou votre environne

Answer: 2 - évite un peu

Score: 2

Time: 2.2s

Question Start Time: 2025-02-24T21:22:02.915Z

Answer Time: 2025-02-24T21:22:05.115Z

Test: FQ

Question: 23. Autres sentiments pénibles (de cri

Answer: 4 - évite souvent

Score: 4

Time: 1.864s

Question Start Time: 2025-02-24T21:22:05.115Z

Answer Time: 2025-02-24T21:22:06.980Z

Test: FQ

Question: 24. A combien e valuez-vous actuellem

Answer: 0 - n'évite pas

Score: 0

Time: 1.667s

Question Start Time: 2025-02-24T21:22:06.980Z

Answer Time: 2025-02-24T21:22:08.647Z