

# Media Maratón Club Tenis La Paz 2016

Tiempos parciales - **Objetivo: 1:20h**



| Total   | Parcial | Pendiente | Ritmo       | Tiempo sección | Tiempo parcial | Lugar                    |
|---------|---------|-----------|-------------|----------------|----------------|--------------------------|
| 0 km    | 0 km    | —         | —           | 0:00 min       | 0:00:00 h      | Partida                  |
| 1.5 km  | 1.5 km  | -1.3 %    | 3:45 min/km | 5:37 min       | 0:05:37 h      | Puente Aranjuez          |
| 3.5 km  | 2.0 km  | 5.2 %     | 4:15 min/km | 8:30 min       | 0:14:08 h      | Mallasa                  |
| 6.4 km  | 2.9 km  | -3.4 %    | 3:35 min/km | 10:25 min      | 0:24:33 h      | Restaurante Il Portico   |
| 9.5 km  | 3.1 km  | -5.5 %    | 3:26 min/km | 10:39 min      | 0:35:12 h      | Puente Lipari            |
| 10.8 km | 1.3 km  | 6.9 %     | 4:22 min/km | 5:41 min       | 0:40:54 h      | Peaje                    |
| 13.7 km | 2.9 km  | -4.0 %    | 3:33 min/km | 10:18 min      | 0:51:12 h      | Cancha futbol Huajchilla |
| 16.3 km | 2.6 km  | -3.3 %    | 3:36 min/km | 9:22 min       | 1:00:35 h      | Carreras                 |
| 18.5 km | 2.2 km  | 3.9 %     | 4:08 min/km | 9:07 min       | 1:09:42 h      | Cancha futbol Huajchilla |
| 20.5 km | 2.0 km  | 2.8 %     | 4:03 min/km | 8:07 min       | 1:17:50 h      | Entrada CT Huajchilla    |
| 21.1 km | 0.6 km  | -3.3 %    | 3:36 min/km | 2:09 min       | 1:20:00 h      | Meta                     |

| Km | Tiempo |
|----|--------|
| 1  | 0:04   |
| 2  | 0:08   |
| 3  | 0:12   |
| 4  | 0:16   |
| 5  | 0:20   |
| 6  | 0:23   |
| 7  | 0:27   |
| 8  | 0:30   |
| 9  | 0:33   |
| 10 | 0:37   |
| 11 | 0:42   |
| 12 | 0:45   |
| 13 | 0:49   |
| 14 | 0:52   |
| 15 | 0:56   |
| 16 | 1:00   |
| 17 | 1:03   |
| 18 | 1:08   |
| 19 | 1:12   |
| 20 | 1:16   |
| 21 | 1:20   |

| Km | Tiempo |
|----|--------|
| 5  | 0:20   |
| 10 | 0:37   |
| 15 | 0:56   |
| 20 | 1:16   |

| Km   | Tiempo | Lugar    |
|------|--------|----------|
| 3.5  | 0:14   | Mallasa  |
| 9.5  | 0:35   | Lipari   |
| 10.8 | 0:41   | Peaje    |
| 16.3 | 1:01   | Carreras |
| 21.1 | 1:20   | Meta     |

| Km   | Tiempo | Lugar       |
|------|--------|-------------|
| 1.5  | 0:06   | Aranjuez    |
| 3.5  | 0:14   | Mallasa     |
| 6.4  | 0:25   | Il Portico  |
| 9.5  | 0:35   | Lipari      |
| 10.8 | 0:41   | Peaje       |
| 13.7 | 0:51   | Huajchilla  |
| 16.3 | 1:01   | Carreras    |
| 18.5 | 1:10   | Huajchilla  |
| 20.5 | 1:18   | Entrada CTH |
| 21.1 | 1:20   | Meta        |