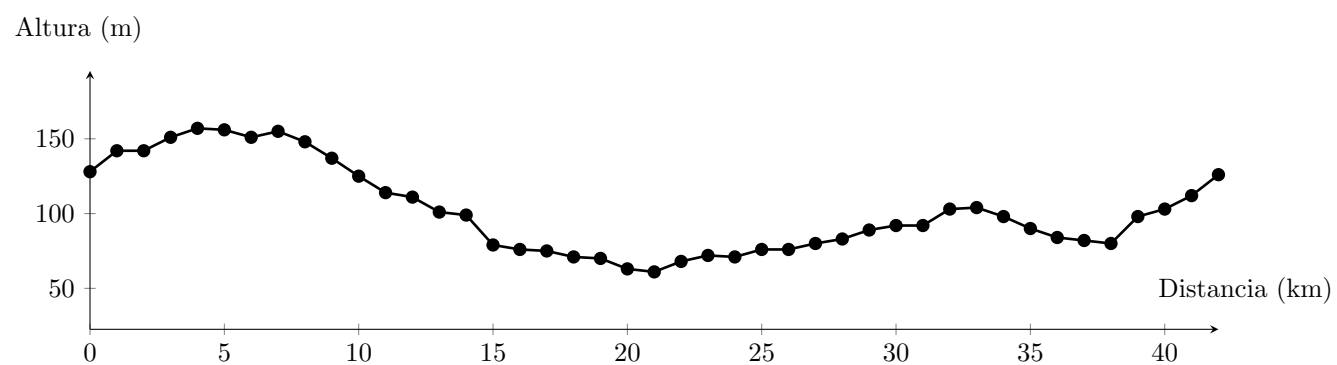


Maratón Lima 2018

Tiempos parciales - **Objetivo: 5:15h**



Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	7:46 min/km	0:07:46 h
2.0 km	0.0 %	7:27 min/km	0:15:14 h
3.0 km	0.9 %	7:40 min/km	0:22:54 h
4.0 km	0.6 %	7:36 min/km	0:30:30 h
5.0 km	-0.1 %	7:26 min/km	0:37:57 h
6.0 km	-0.5 %	7:21 min/km	0:45:18 h
7.0 km	0.4 %	7:33 min/km	0:52:51 h
8.0 km	-0.7 %	7:18 min/km	1:00:10 h
9.0 km	-1.1 %	7:13 min/km	1:07:23 h
10.0 km	-1.2 %	7:11 min/km	1:14:35 h
11.0 km	-1.1 %	7:13 min/km	1:21:48 h
12.0 km	-0.3 %	7:23 min/km	1:29:12 h
13.0 km	-1.0 %	7:14 min/km	1:36:27 h
14.0 km	-0.2 %	7:25 min/km	1:43:52 h
15.0 km	-2.0 %	7:01 min/km	1:50:53 h
16.0 km	-0.3 %	7:23 min/km	1:58:17 h
17.0 km	-0.1 %	7:26 min/km	2:05:43 h
18.0 km	-0.4 %	7:22 min/km	2:13:06 h
19.0 km	-0.1 %	7:26 min/km	2:20:33 h
20.0 km	-0.7 %	7:18 min/km	2:27:51 h
21.0 km	-0.2 %	7:25 min/km	2:35:16 h
22.0 km	0.7 %	7:37 min/km	2:42:54 h
23.0 km	0.4 %	7:33 min/km	2:50:27 h
24.0 km	-0.1 %	7:26 min/km	2:57:54 h
25.0 km	0.5 %	7:34 min/km	3:05:28 h
26.0 km	0.0 %	7:27 min/km	3:12:56 h
27.0 km	0.4 %	7:33 min/km	3:20:30 h
28.0 km	0.3 %	7:31 min/km	3:28:02 h
29.0 km	0.6 %	7:36 min/km	3:35:38 h
30.0 km	0.3 %	7:31 min/km	3:43:10 h
31.0 km	0.0 %	7:27 min/km	3:50:38 h
32.0 km	1.1 %	7:42 min/km	3:58:20 h
33.0 km	0.1 %	7:29 min/km	4:05:50 h
34.0 km	-0.6 %	7:19 min/km	4:13:10 h
35.0 km	-0.8 %	7:17 min/km	4:20:27 h
36.0 km	-0.6 %	7:19 min/km	4:27:47 h
37.0 km	-0.2 %	7:25 min/km	4:35:12 h
38.0 km	-0.2 %	7:25 min/km	4:42:37 h
39.0 km	1.8 %	7:52 min/km	4:50:29 h
40.0 km	0.5 %	7:34 min/km	4:58:04 h
41.0 km	0.9 %	7:40 min/km	5:05:44 h
42.0 km	1.4 %	7:46 min/km	5:13:31 h
42.2 km	0.5 %	7:34 min/km	5:15:00 h

Km	Tiempo
1	0:08
2	0:15
3	0:23
4	0:31
5	0:38
6	0:45
7	0:53
8	1:00
9	1:07
10	1:15
11	1:22
12	1:29
13	1:36
14	1:44
15	1:51
16	1:58
17	2:06
18	2:13
19	2:21
20	2:28
21	2:35
22	2:43
23	2:50
24	2:58
25	3:05
26	3:13
27	3:21
28	3:28
29	3:36
30	3:43
31	3:51
32	3:58
33	4:06
34	4:13
35	4:20
36	4:28
37	4:35
38	4:43
39	4:50
40	4:58
41	5:06
42	5:14

Km	Tiempo
5	0:38
10	1:15
15	1:51
20	2:28
25	3:05
30	3:43
35	4:20
40	4:58