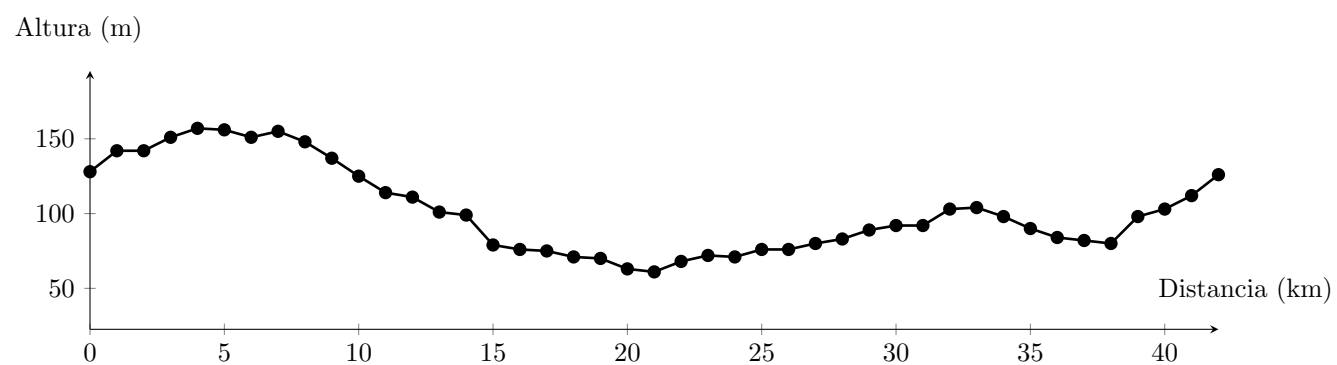


Maratón Lima 2018

Tiempos parciales - **Objetivo: 3:10h**



Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	4:41 min/km	0:04:41 h
2.0 km	0.0 %	4:30 min/km	0:09:11 h
3.0 km	0.9 %	4:37 min/km	0:13:49 h
4.0 km	0.6 %	4:35 min/km	0:18:24 h
5.0 km	-0.1 %	4:29 min/km	0:22:53 h
6.0 km	-0.5 %	4:26 min/km	0:27:19 h
7.0 km	0.4 %	4:33 min/km	0:31:53 h
8.0 km	-0.7 %	4:24 min/km	0:36:17 h
9.0 km	-1.1 %	4:21 min/km	0:40:39 h
10.0 km	-1.2 %	4:20 min/km	0:44:59 h
11.0 km	-1.1 %	4:21 min/km	0:49:20 h
12.0 km	-0.3 %	4:27 min/km	0:53:48 h
13.0 km	-1.0 %	4:22 min/km	0:58:10 h
14.0 km	-0.2 %	4:28 min/km	1:02:39 h
15.0 km	-2.0 %	4:13 min/km	1:06:53 h
16.0 km	-0.3 %	4:27 min/km	1:11:20 h
17.0 km	-0.1 %	4:29 min/km	1:15:50 h
18.0 km	-0.4 %	4:26 min/km	1:20:17 h
19.0 km	-0.1 %	4:29 min/km	1:24:46 h
20.0 km	-0.7 %	4:24 min/km	1:29:11 h
21.0 km	-0.2 %	4:28 min/km	1:33:39 h
22.0 km	0.7 %	4:35 min/km	1:38:15 h
23.0 km	0.4 %	4:33 min/km	1:42:49 h
24.0 km	-0.1 %	4:29 min/km	1:47:18 h
25.0 km	0.5 %	4:34 min/km	1:51:52 h
26.0 km	0.0 %	4:30 min/km	1:56:22 h
27.0 km	0.4 %	4:33 min/km	2:00:56 h
28.0 km	0.3 %	4:32 min/km	2:05:28 h
29.0 km	0.6 %	4:35 min/km	2:10:03 h
30.0 km	0.3 %	4:32 min/km	2:14:36 h
31.0 km	0.0 %	4:30 min/km	2:19:06 h
32.0 km	1.1 %	4:39 min/km	2:23:45 h
33.0 km	0.1 %	4:31 min/km	2:28:16 h
34.0 km	-0.6 %	4:25 min/km	2:32:42 h
35.0 km	-0.8 %	4:23 min/km	2:37:05 h
36.0 km	-0.6 %	4:25 min/km	2:41:31 h
37.0 km	-0.2 %	4:28 min/km	2:45:59 h
38.0 km	-0.2 %	4:28 min/km	2:50:28 h
39.0 km	1.8 %	4:44 min/km	2:55:13 h
40.0 km	0.5 %	4:34 min/km	2:59:47 h
41.0 km	0.9 %	4:37 min/km	3:04:24 h
42.0 km	1.4 %	4:41 min/km	3:09:06 h
42.2 km	0.5 %	4:34 min/km	3:10:00 h

Km	Tiempo
1	0:05
2	0:09
3	0:14
4	0:18
5	0:23
6	0:27
7	0:32
8	0:36
9	0:41
10	0:45
11	0:49
12	0:54
13	0:58
14	1:03
15	1:07
16	1:11
17	1:16
18	1:20
19	1:25
20	1:29
21	1:34
22	1:38
23	1:43
24	1:47
25	1:52
26	1:56
27	2:01
28	2:05
29	2:10
30	2:15
31	2:19
32	2:24
33	2:28
34	2:33
35	2:37
36	2:42
37	2:46
38	2:50
39	2:55
40	3:00
41	3:04
42	3:09

Km	Tiempo
5	0:23
10	0:45
15	1:07
20	1:29
25	1:52
30	2:15
35	2:37
40	3:00