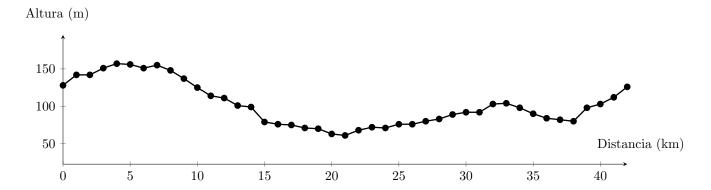
Maratón Lima 2018

Tiempos parciales - Objetivo: 4:35h



Kilómetros	Pendiente	Ritmo	Tiempos
Parciales	Sección	Sección	Parciales
0 km			0:00:00 h
1.0 km	1.4 %	$6:47 \min/\mathrm{km}$	0:06:47 h
2.0 km	0.0 %	6:31 min/km	0:13:18 h
3.0 km	0.9~%	6:41 min/km	0:20:00 h
4.0 km	0.6~%	6:38 min/km	0:26:38 h
5.0 km	-0.1 %	6:29 min/km	0:33:08 h
6.0 km	-0.5 %	6:25 min/km	0:39:33 h
7.0 km	0.4~%	6:35 min/km	0:46:09 h
8.0 km	-0.7 %	6:22 min/km	0:52:32 h
9.0 km	-1.1 %	6:18 min/km	0:58:50 h
10.0 km	-1.2 %	6:16 min/km	1:05:07 h
11.0 km	-1.1 %	6:18 min/km	1:11:25 h
12.0 km	-0.3 %	6:27 min/km	1:17:52 h
13.0 km	-1.0 %	6:19 min/km	1:24:12 h
14.0 km	-0.2 %	6:28 min/km	1:30:40 h
15.0 km	-2.0 %	6:07 min/km	1:36:48 h
$16.0~\mathrm{km}$	-0.3 %	6:27 min/km	1:43:16 h
17.0 km	-0.1 %	6:29 min/km	1:49:46 h
18.0 km	-0.4 %	6:26 min/km	1:56:12 h
19.0 km	-0.1 %	6:29 min/km	2:02:42 h
20.0 km	-0.7 %	6:22 min/km	2:02:42 h 2:09:05 h
21.0 km	-0.2 %	6:28 min/km	2:15:33 h
21.0 km $22.0 km$	0.7 %	6:39 min/km	2:22:13 h
23.0 km	0.4~%	6:35 min/km	2:28:48 h
24.0 km	-0.1 %	6:29 min/km	2:35:18 h
25.0 km	0.5~%	6:36 min/km	2:41:55 h
26.0 km	0.0~%	6:31 min/km	2:48:26 h
27.0 km	0.4~%	6:35 min/km	2:55:02 h
28.0 km	0.3~%	6:34 min/km	3:01:37 h
29.0 km	0.6~%	6:38 min/km	3:08:15 h
30.0 km	0.3~%	$6:34 \min/\text{km}$	3:14:49 h
31.0 km	0.0 %	6:31 min/km	3:21:20 h
32.0 km	1.1 %	$6:43 \min/km$	3:28:04 h
33.0 km	0.1 %	$6:32 \min/km$	3:34:37 h
34.0 km	-0.6 %	$6:24 \min/\text{km}$	3:41:01 h
35.0 km	-0.8 %	6:21 min/km	3:47:22 h
36.0 km	-0.6 %	6:24 min/km	3:53:46 h
37.0 km	-0.2 %	6:28 min/km	4:00:15 h
38.0 km	-0.2 %	6:28 min/km	4:06:44 h
39.0 km	1.8 %	6:52 min/km	4:13:36 h
40.0 km	0.5~%	6:36 min/km	4:20:13 h
41.0 km	0.9~%	6:41 min/km	4:26:55 h
42.0 km	1.4 %	6:47 min/km	4:33:42 h
42.2 km	0.5~%	6:37 min/km	4:35:00 h
12.2 Kill	3.5 70	5.5, mm/ km	1.00.00 11

Km	Tiempo	
1	0:07	
2	0:13	
3	0:20	
4	0:27	
5	0:33	
6	0:40	
7	0:46	
8	0:53	
9	0:59	
10	1:05	
11	1:11	
12	1:18	
13	1:24	
14	1:31	
15	1:37	
16	1:43	
17	1:50	
18	1:56	
19	2:03	
20	2:09	
21	2:16	
22	2:22	
23	2:29	
24	2:35	
25	2:42	
26	2:48	
27	2:55	
28	3:02	
29	3:08	
30	3:15	
31	3:21	
32	3:28	
33	3:35	
34	3:41	
35	3:47	
36	3:54	
37	4:00	
38	4:07	
39	4:14	
40	4:20	
41	4:27	
42	4:34	

Km	Tiempo
5	0:33
10	1:05
15	1:37
20	2:09
25	2:42
30	3:15
35	3:47
40	4:20

Kevin Bauer • http://urupica.github.io/pacer/