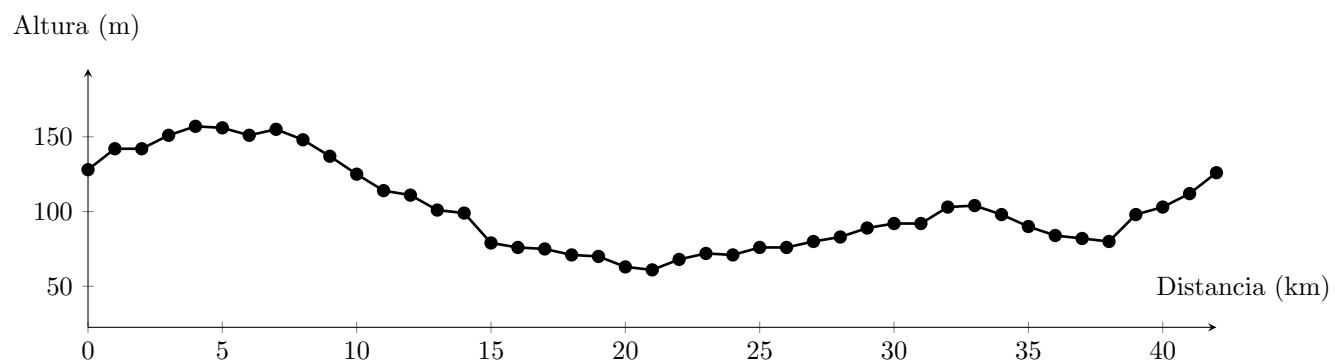


Maratón Lima 2018

Tiempos parciales - **Objetivo: 4:40h**



Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	6:54 min/km	0:06:54 h
2.0 km	0.0 %	6:38 min/km	0:13:33 h
3.0 km	0.9 %	6:48 min/km	0:20:22 h
4.0 km	0.6 %	6:45 min/km	0:27:07 h
5.0 km	-0.1 %	6:36 min/km	0:33:44 h
6.0 km	-0.5 %	6:32 min/km	0:40:16 h
7.0 km	0.4 %	6:42 min/km	0:46:59 h
8.0 km	-0.7 %	6:29 min/km	0:53:29 h
9.0 km	-1.1 %	6:25 min/km	0:59:54 h
10.0 km	-1.2 %	6:23 min/km	1:06:18 h
11.0 km	-1.1 %	6:25 min/km	1:12:43 h
12.0 km	-0.3 %	6:34 min/km	1:19:17 h
13.0 km	-1.0 %	6:26 min/km	1:25:44 h
14.0 km	-0.2 %	6:35 min/km	1:32:19 h
15.0 km	-2.0 %	6:14 min/km	1:38:34 h
16.0 km	-0.3 %	6:34 min/km	1:45:08 h
17.0 km	-0.1 %	6:36 min/km	1:51:45 h
18.0 km	-0.4 %	6:33 min/km	1:58:19 h
19.0 km	-0.1 %	6:36 min/km	2:04:56 h
20.0 km	-0.7 %	6:29 min/km	2:11:25 h
21.0 km	-0.2 %	6:35 min/km	2:18:01 h
22.0 km	0.7 %	6:46 min/km	2:24:48 h
23.0 km	0.4 %	6:42 min/km	2:31:31 h
24.0 km	-0.1 %	6:36 min/km	2:38:08 h
25.0 km	0.5 %	6:44 min/km	2:44:52 h
26.0 km	0.0 %	6:38 min/km	2:51:30 h
27.0 km	0.4 %	6:42 min/km	2:58:13 h
28.0 km	0.3 %	6:41 min/km	3:04:55 h
29.0 km	0.6 %	6:45 min/km	3:11:40 h
30.0 km	0.3 %	6:41 min/km	3:18:22 h
31.0 km	0.0 %	6:38 min/km	3:25:00 h
32.0 km	1.1 %	6:51 min/km	3:31:51 h
33.0 km	0.1 %	6:39 min/km	3:38:31 h
34.0 km	-0.6 %	6:31 min/km	3:45:02 h
35.0 km	-0.8 %	6:28 min/km	3:51:30 h
36.0 km	-0.6 %	6:31 min/km	3:58:01 h
37.0 km	-0.2 %	6:35 min/km	4:04:37 h
38.0 km	-0.2 %	6:35 min/km	4:11:13 h
39.0 km	1.8 %	6:59 min/km	4:18:13 h
40.0 km	0.5 %	6:44 min/km	4:24:57 h
41.0 km	0.9 %	6:48 min/km	4:31:46 h
42.0 km	1.4 %	6:54 min/km	4:38:41 h
42.2 km	0.5 %	6:44 min/km	4:40:00 h

Km	Tiempo
1	0:07
2	0:14
3	0:20
4	0:27
5	0:34
6	0:40
7	0:47
8	0:53
9	1:00
10	1:06
11	1:13
12	1:19
13	1:26
14	1:32
15	1:39
16	1:45
17	1:52
18	1:58
19	2:05
20	2:11
21	2:18
22	2:25
23	2:32
24	2:38
25	2:45
26	2:52
27	2:58
28	3:05
29	3:12
30	3:18
31	3:25
32	3:32
33	3:39
34	3:45
35	3:52
36	3:58
37	4:05
38	4:11
39	4:18
40	4:25
41	4:32
42	4:39

Km	Tiempo
5	0:34
10	1:06
15	1:39
20	2:11
25	2:45
30	3:18
35	3:52
40	4:25