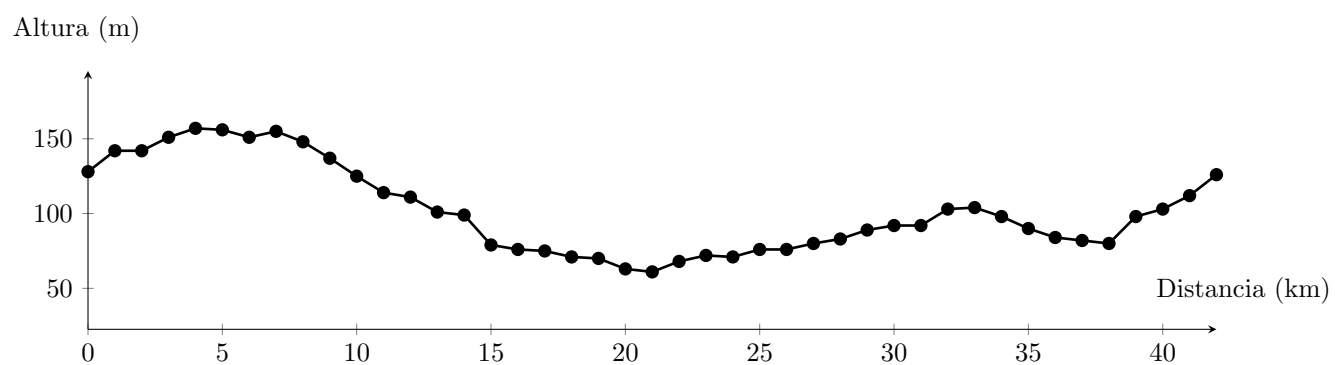


Maratón Lima 2018

Tiempos parciales - **Objetivo: 3:40h**



Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	5:25 min/km	0:05:25 h
2.0 km	0.0 %	5:12 min/km	0:10:38 h
3.0 km	0.9 %	5:21 min/km	0:16:00 h
4.0 km	0.6 %	5:18 min/km	0:21:18 h
5.0 km	-0.1 %	5:11 min/km	0:26:30 h
6.0 km	-0.5 %	5:08 min/km	0:31:38 h
7.0 km	0.4 %	5:16 min/km	0:36:55 h
8.0 km	-0.7 %	5:06 min/km	0:42:01 h
9.0 km	-1.1 %	5:02 min/km	0:47:04 h
10.0 km	-1.2 %	5:01 min/km	0:52:05 h
11.0 km	-1.1 %	5:02 min/km	0:57:08 h
12.0 km	-0.3 %	5:10 min/km	1:02:18 h
13.0 km	-1.0 %	5:03 min/km	1:07:21 h
14.0 km	-0.2 %	5:10 min/km	1:12:32 h
15.0 km	-2.0 %	4:54 min/km	1:17:26 h
16.0 km	-0.3 %	5:10 min/km	1:22:36 h
17.0 km	-0.1 %	5:11 min/km	1:27:48 h
18.0 km	-0.4 %	5:09 min/km	1:32:57 h
19.0 km	-0.1 %	5:11 min/km	1:38:09 h
20.0 km	-0.7 %	5:06 min/km	1:43:16 h
21.0 km	-0.2 %	5:10 min/km	1:48:27 h
22.0 km	0.7 %	5:19 min/km	1:53:46 h
23.0 km	0.4 %	5:16 min/km	1:59:03 h
24.0 km	-0.1 %	5:11 min/km	2:04:15 h
25.0 km	0.5 %	5:17 min/km	2:09:32 h
26.0 km	0.0 %	5:12 min/km	2:14:45 h
27.0 km	0.4 %	5:16 min/km	2:20:02 h
28.0 km	0.3 %	5:15 min/km	2:25:17 h
29.0 km	0.6 %	5:18 min/km	2:30:36 h
30.0 km	0.3 %	5:15 min/km	2:35:51 h
31.0 km	0.0 %	5:12 min/km	2:41:04 h
32.0 km	1.1 %	5:23 min/km	2:46:27 h
33.0 km	0.1 %	5:13 min/km	2:51:41 h
34.0 km	-0.6 %	5:07 min/km	2:56:48 h
35.0 km	-0.8 %	5:05 min/km	3:01:54 h
36.0 km	-0.6 %	5:07 min/km	3:07:01 h
37.0 km	-0.2 %	5:10 min/km	3:12:12 h
38.0 km	-0.2 %	5:10 min/km	3:17:23 h
39.0 km	1.8 %	5:29 min/km	3:22:53 h
40.0 km	0.5 %	5:17 min/km	3:28:10 h
41.0 km	0.9 %	5:21 min/km	3:33:32 h
42.0 km	1.4 %	5:25 min/km	3:38:58 h
42.2 km	0.5 %	5:17 min/km	3:40:00 h

Km	Tiempo
1	0:05
2	0:11
3	0:16
4	0:21
5	0:27
6	0:32
7	0:37
8	0:42
9	0:47
10	0:52
11	0:57
12	1:02
13	1:07
14	1:13
15	1:17
16	1:23
17	1:28
18	1:33
19	1:38
20	1:43
21	1:48
22	1:54
23	1:59
24	2:04
25	2:10
26	2:15
27	2:20
28	2:25
29	2:31
30	2:36
31	2:41
32	2:46
33	2:52
34	2:57
35	3:02
36	3:07
37	3:12
38	3:17
39	3:23
40	3:28
41	3:34
42	3:39

Km	Tiempo
5	0:27
10	0:52
15	1:17
20	1:43
25	2:10
30	2:36
35	3:02
40	3:28