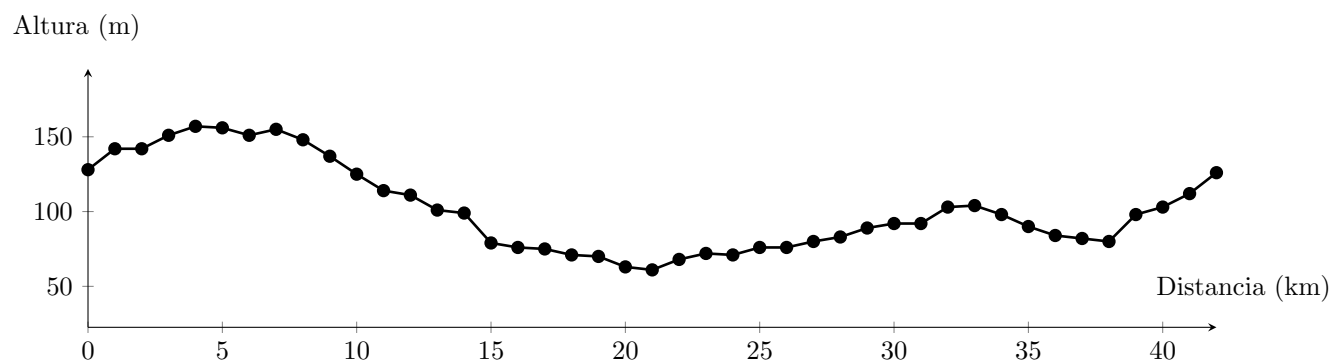


Maratón Lima 2018

Tiempos parciales - **Objetivo: 5:45h**



Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	8:31 min/km	0:08:31 h
2.0 km	0.0 %	8:10 min/km	0:16:41 h
3.0 km	0.9 %	8:23 min/km	0:25:05 h
4.0 km	0.6 %	8:19 min/km	0:33:25 h
5.0 km	-0.1 %	8:09 min/km	0:41:34 h
6.0 km	-0.5 %	8:03 min/km	0:49:37 h
7.0 km	0.4 %	8:16 min/km	0:57:54 h
8.0 km	-0.7 %	8:00 min/km	1:05:54 h
9.0 km	-1.1 %	7:54 min/km	1:13:48 h
10.0 km	-1.2 %	7:52 min/km	1:21:41 h
11.0 km	-1.1 %	7:54 min/km	1:29:36 h
12.0 km	-0.3 %	8:06 min/km	1:37:42 h
13.0 km	-1.0 %	7:55 min/km	1:45:38 h
14.0 km	-0.2 %	8:07 min/km	1:53:45 h
15.0 km	-2.0 %	7:41 min/km	2:01:27 h
16.0 km	-0.3 %	8:06 min/km	2:09:33 h
17.0 km	-0.1 %	8:09 min/km	2:17:42 h
18.0 km	-0.4 %	8:04 min/km	2:25:47 h
19.0 km	-0.1 %	8:09 min/km	2:33:56 h
20.0 km	-0.7 %	8:00 min/km	2:41:56 h
21.0 km	-0.2 %	8:07 min/km	2:50:04 h
22.0 km	0.7 %	8:20 min/km	2:58:25 h
23.0 km	0.4 %	8:16 min/km	3:06:41 h
24.0 km	-0.1 %	8:09 min/km	3:14:50 h
25.0 km	0.5 %	8:17 min/km	3:23:08 h
26.0 km	0.0 %	8:10 min/km	3:31:19 h
27.0 km	0.4 %	8:16 min/km	3:39:35 h
28.0 km	0.3 %	8:15 min/km	3:47:50 h
29.0 km	0.6 %	8:19 min/km	3:56:10 h
30.0 km	0.3 %	8:15 min/km	4:04:25 h
31.0 km	0.0 %	8:10 min/km	4:12:36 h
32.0 km	1.1 %	8:26 min/km	4:21:02 h
33.0 km	0.1 %	8:12 min/km	4:29:14 h
34.0 km	-0.6 %	8:01 min/km	4:37:16 h
35.0 km	-0.8 %	7:58 min/km	4:45:15 h
36.0 km	-0.6 %	8:01 min/km	4:53:17 h
37.0 km	-0.2 %	8:07 min/km	5:01:25 h
38.0 km	-0.2 %	8:07 min/km	5:09:32 h
39.0 km	1.8 %	8:37 min/km	5:18:09 h
40.0 km	0.5 %	8:17 min/km	5:26:27 h
41.0 km	0.9 %	8:23 min/km	5:34:51 h
42.0 km	1.4 %	8:31 min/km	5:43:22 h
42.2 km	0.5 %	8:18 min/km	5:45:00 h

Km	Tiempo
1	0:09
2	0:17
3	0:25
4	0:33
5	0:42
6	0:50
7	0:58
8	1:06
9	1:14
10	1:22
11	1:30
12	1:38
13	1:46
14	1:54
15	2:01
16	2:10
17	2:18
18	2:26
19	2:34
20	2:42
21	2:50
22	2:58
23	3:07
24	3:15
25	3:23
26	3:31
27	3:40
28	3:48
29	3:56
30	4:04
31	4:13
32	4:21
33	4:29
34	4:37
35	4:45
36	4:53
37	5:01
38	5:10
39	5:18
40	5:26
41	5:35
42	5:43

Km	Tiempo
5	0:42
10	1:22
15	2:01
20	2:42
25	3:23
30	4:04
35	4:45
40	5:26