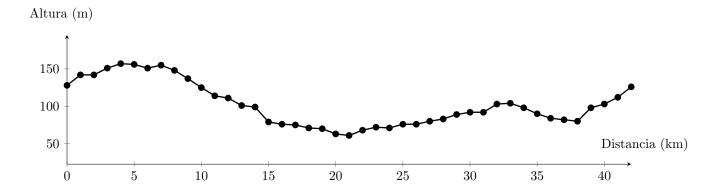
Maratón Lima 2018

Tiempos parciales - Objetivo: 5:00h



| Kilómetros | Pendiente | Ritmo | Tiempos |
|-----------------------|-----------|-------------------------|-----------|
| Parciales | Sección | Sección | Parciales |
| 0 km | | | 0:00:00 h |
| $1.0 \mathrm{\ km}$ | 1.4 % | $7:24 \min/\mathrm{km}$ | 0:07:24 h |
| $2.0 \mathrm{\ km}$ | 0.0 % | 7:06 min/km | 0:14:31 h |
| $3.0~\mathrm{km}$ | 0.9 % | 7:18 min/km | 0:21:49 h |
| $4.0 \mathrm{\ km}$ | 0.6 % | 7:14 min/km | 0:29:03 h |
| $5.0 \mathrm{\ km}$ | -0.1 % | 7:05 min/km | 0:36:08 h |
| $6.0 \mathrm{\ km}$ | -0.5 % | 7:00 min/km | 0:43:09 h |
| $7.0~\mathrm{km}$ | 0.4 % | 7:11 min/km | 0:50:20 h |
| 8.0 km | -0.7 % | 6:57 min/km | 0:57:18 h |
| 9.0 km | -1.1 % | 6:52 min/km | 1:04:11 h |
| $10.0 \; \mathrm{km}$ | -1.2 % | 6:51 min/km | 1:11:02 h |
| 11.0 km | -1.1 % | 6:52 min/km | 1:17:54 h |
| 12.0 km | -0.3 % | 7:02 min/km | 1:24:57 h |
| 13.0 km | -1.0 % | 6:53 min/km | 1:31:51 h |
| 14.0 km | -0.2 % | 7:04 min/km | 1:38:55 h |
| 15.0 km | -2.0 % | 6:41 min/km | 1:45:36 h |
| 16.0 km | -0.3 % | 7:02 min/km | 1:52:39 h |
| 17.0 km | -0.1 % | 7:05 min/km | 1:59:44 h |
| 18.0 km | -0.4 % | 7:01 min/km | 2:06:46 h |
| 19.0 km | -0.1 % | 7:05 min/km | 2:13:51 h |
| $20.0 \mathrm{\ km}$ | -0.7 % | 6:57 min/km | 2:20:49 h |
| 21.0 km | -0.2 % | 7:04 min/km | 2:27:53 h |
| $22.0~\mathrm{km}$ | 0.7 % | 7:15 min/km | 2:35:08 h |
| $23.0~\mathrm{km}$ | 0.4 % | 7:11 min/km | 2:42:20 h |
| 24.0 km | -0.1 % | 7:05 min/km | 2:49:25 h |
| 25.0 km | 0.5 % | 7:13 min/km | 2:56:38 h |
| $26.0 \mathrm{\ km}$ | 0.0 % | 7:06 min/km | 3:03:45 h |
| 27.0 km | 0.4 % | 7:11 min/km | 3:10:57 h |
| 28.0 km | 0.3 % | 7:10 min/km | 3:18:07 h |
| 29.0 km | 0.6 % | 7:14 min/km | 3:25:22 h |
| 30.0 km | 0.3 % | 7:10 min/km | 3:32:32 h |
| 31.0 km | 0.0 % | 7:06 min/km | 3:39:39 h |
| $32.0~\mathrm{km}$ | 1.1 % | 7:20 min/km | 3:46:59 h |
| 33.0 km | 0.1 % | 7:07 min/km | 3:54:07 h |
| 34.0 km | -0.6 % | 6:58 min/km | 4:01:06 h |
| 35.0 km | -0.8 % | 6:56 min/km | 4:08:03 h |
| $36.0 \mathrm{\ km}$ | -0.6 % | 6:58 min/km | 4:15:02 h |
| 37.0 km | -0.2 % | 7:04 min/km | 4:22:06 h |
| 38.0 km | -0.2 % | 7:04 min/km | 4:29:10 h |
| 39.0 km | 1.8 % | 7:29 min/km | 4:36:39 h |
| 40.0 km | 0.5 % | 7:13 min/km | 4:43:52 h |
| 41.0 km | 0.9 % | 7:18 min/km | 4:51:10 h |
| $42.0~\mathrm{km}$ | 1.4 % | 7:24 min/km | 4:58:35 h |
| $42.2~\mathrm{km}$ | 0.5 % | 7:13 min/km | 5:00:00 h |
| | 3.0 ,0 | / | |

| Km | Tiempo |
|----|--------|
| 1 | 0:07 |
| 2 | 0:15 |
| 3 | 0:22 |
| 4 | 0:29 |
| 5 | 0:36 |
| 6 | 0:43 |
| 7 | 0:50 |
| 8 | 0:57 |
| 9 | 1:04 |
| 10 | 1:11 |
| 11 | 1:18 |
| 12 | 1:25 |
| 13 | 1:32 |
| 14 | 1:39 |
| 15 | 1:46 |
| 16 | 1:53 |
| 17 | 2:00 |
| 18 | 2:07 |
| 19 | 2:14 |
| 20 | 2:21 |
| 21 | 2:28 |
| 22 | 2:35 |
| 23 | 2:42 |
| 24 | 2:49 |
| 25 | 2:57 |
| 26 | 3:04 |
| 27 | 3:11 |
| 28 | 3:18 |
| 29 | 3:25 |
| 30 | 3:33 |
| 31 | 3:40 |
| 32 | 3:47 |
| 33 | 3:54 |
| 34 | 4:01 |
| 35 | 4:08 |
| 36 | 4:15 |
| 37 | 4:22 |
| 38 | 4:29 |
| 39 | 4:37 |
| 40 | 4:44 |
| 41 | 4:51 |
| 42 | 4:59 |

| Km | Tiempo |
|----|--------|
| 5 | 0:36 |
| 10 | 1:11 |
| 15 | 1:46 |
| 20 | 2:21 |
| 25 | 2:57 |
| 30 | 3:33 |
| 35 | 4:08 |
| 40 | 4:44 |

Kevin Bauer • http://urupica.github.io/pacer/