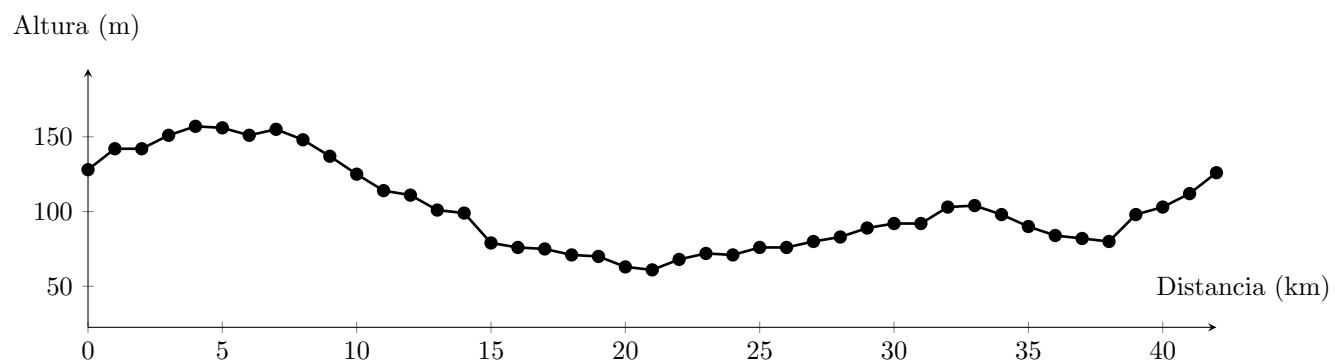


Maratón Lima 2018

Tiempos parciales - **Objetivo: 4:50h**



Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	7:09 min/km	0:07:09 h
2.0 km	0.0 %	6:52 min/km	0:14:02 h
3.0 km	0.9 %	7:03 min/km	0:21:05 h
4.0 km	0.6 %	6:59 min/km	0:28:05 h
5.0 km	-0.1 %	6:51 min/km	0:34:56 h
6.0 km	-0.5 %	6:46 min/km	0:41:42 h
7.0 km	0.4 %	6:57 min/km	0:48:40 h
8.0 km	-0.7 %	6:43 min/km	0:55:23 h
9.0 km	-1.1 %	6:38 min/km	1:02:02 h
10.0 km	-1.2 %	6:37 min/km	1:08:40 h
11.0 km	-1.1 %	6:38 min/km	1:15:19 h
12.0 km	-0.3 %	6:48 min/km	1:22:07 h
13.0 km	-1.0 %	6:40 min/km	1:28:47 h
14.0 km	-0.2 %	6:49 min/km	1:35:37 h
15.0 km	-2.0 %	6:27 min/km	1:42:05 h
16.0 km	-0.3 %	6:48 min/km	1:48:54 h
17.0 km	-0.1 %	6:51 min/km	1:55:45 h
18.0 km	-0.4 %	6:47 min/km	2:02:32 h
19.0 km	-0.1 %	6:51 min/km	2:09:23 h
20.0 km	-0.7 %	6:43 min/km	2:16:07 h
21.0 km	-0.2 %	6:49 min/km	2:22:57 h
22.0 km	0.7 %	7:01 min/km	2:29:58 h
23.0 km	0.4 %	6:57 min/km	2:36:55 h
24.0 km	-0.1 %	6:51 min/km	2:43:47 h
25.0 km	0.5 %	6:58 min/km	2:50:45 h
26.0 km	0.0 %	6:52 min/km	2:57:38 h
27.0 km	0.4 %	6:57 min/km	3:04:35 h
28.0 km	0.3 %	6:56 min/km	3:11:31 h
29.0 km	0.6 %	6:59 min/km	3:18:31 h
30.0 km	0.3 %	6:56 min/km	3:25:27 h
31.0 km	0.0 %	6:52 min/km	3:32:19 h
32.0 km	1.1 %	7:06 min/km	3:39:25 h
33.0 km	0.1 %	6:53 min/km	3:46:19 h
34.0 km	-0.6 %	6:44 min/km	3:53:04 h
35.0 km	-0.8 %	6:42 min/km	3:59:47 h
36.0 km	-0.6 %	6:44 min/km	4:06:31 h
37.0 km	-0.2 %	6:49 min/km	4:13:21 h
38.0 km	-0.2 %	6:49 min/km	4:20:11 h
39.0 km	1.8 %	7:14 min/km	4:27:26 h
40.0 km	0.5 %	6:58 min/km	4:34:25 h
41.0 km	0.9 %	7:03 min/km	4:41:28 h
42.0 km	1.4 %	7:09 min/km	4:48:38 h
42.2 km	0.5 %	6:58 min/km	4:50:00 h

Km	Tiempo
1	0:07
2	0:14
3	0:21
4	0:28
5	0:35
6	0:42
7	0:49
8	0:55
9	1:02
10	1:09
11	1:15
12	1:22
13	1:29
14	1:36
15	1:42
16	1:49
17	1:56
18	2:03
19	2:09
20	2:16
21	2:23
22	2:30
23	2:37
24	2:44
25	2:51
26	2:58
27	3:05
28	3:12
29	3:19
30	3:25
31	3:32
32	3:39
33	3:46
34	3:53
35	4:00
36	4:07
37	4:13
38	4:20
39	4:27
40	4:34
41	4:41
42	4:49

Km	Tiempo
5	0:35
10	1:09
15	1:42
20	2:16
25	2:51
30	3:25
35	4:00
40	4:34