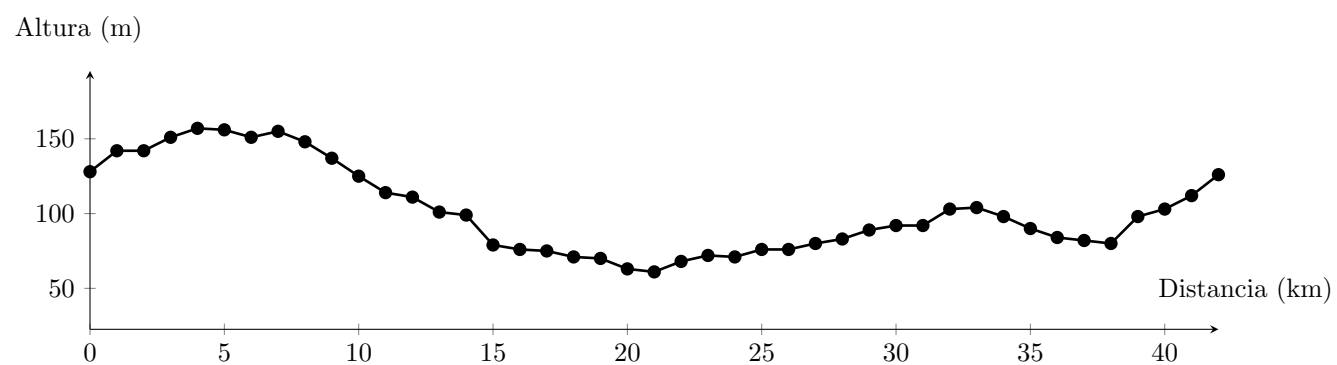


Maratón Lima 2018

Tiempos parciales - **Objetivo: 3:45h**



Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	5:33 min/km	0:05:33 h
2.0 km	0.0 %	5:19 min/km	0:10:53 h
3.0 km	0.9 %	5:28 min/km	0:16:21 h
4.0 km	0.6 %	5:25 min/km	0:21:47 h
5.0 km	-0.1 %	5:19 min/km	0:27:06 h
6.0 km	-0.5 %	5:15 min/km	0:32:21 h
7.0 km	0.4 %	5:23 min/km	0:37:45 h
8.0 km	-0.7 %	5:13 min/km	0:42:58 h
9.0 km	-1.1 %	5:09 min/km	0:48:08 h
10.0 km	-1.2 %	5:08 min/km	0:53:16 h
11.0 km	-1.1 %	5:09 min/km	0:58:26 h
12.0 km	-0.3 %	5:17 min/km	1:03:43 h
13.0 km	-1.0 %	5:10 min/km	1:08:53 h
14.0 km	-0.2 %	5:18 min/km	1:14:11 h
15.0 km	-2.0 %	5:00 min/km	1:19:12 h
16.0 km	-0.3 %	5:17 min/km	1:24:29 h
17.0 km	-0.1 %	5:19 min/km	1:29:48 h
18.0 km	-0.4 %	5:16 min/km	1:35:04 h
19.0 km	-0.1 %	5:19 min/km	1:40:23 h
20.0 km	-0.7 %	5:13 min/km	1:45:36 h
21.0 km	-0.2 %	5:18 min/km	1:50:54 h
22.0 km	0.7 %	5:26 min/km	1:56:21 h
23.0 km	0.4 %	5:23 min/km	2:01:45 h
24.0 km	-0.1 %	5:19 min/km	2:07:04 h
25.0 km	0.5 %	5:24 min/km	2:12:29 h
26.0 km	0.0 %	5:19 min/km	2:17:49 h
27.0 km	0.4 %	5:23 min/km	2:23:13 h
28.0 km	0.3 %	5:22 min/km	2:28:35 h
29.0 km	0.6 %	5:25 min/km	2:34:01 h
30.0 km	0.3 %	5:22 min/km	2:39:24 h
31.0 km	0.0 %	5:19 min/km	2:44:44 h
32.0 km	1.1 %	5:30 min/km	2:50:14 h
33.0 km	0.1 %	5:20 min/km	2:55:35 h
34.0 km	-0.6 %	5:14 min/km	3:00:50 h
35.0 km	-0.8 %	5:12 min/km	3:06:02 h
36.0 km	-0.6 %	5:14 min/km	3:11:16 h
37.0 km	-0.2 %	5:18 min/km	3:16:34 h
38.0 km	-0.2 %	5:18 min/km	3:21:52 h
39.0 km	1.8 %	5:37 min/km	3:27:29 h
40.0 km	0.5 %	5:24 min/km	3:32:54 h
41.0 km	0.9 %	5:28 min/km	3:38:23 h
42.0 km	1.4 %	5:33 min/km	3:43:56 h
42.2 km	0.5 %	5:24 min/km	3:45:00 h

Km	Tiempo
1	0:06
2	0:11
3	0:16
4	0:22
5	0:27
6	0:32
7	0:38
8	0:43
9	0:48
10	0:53
11	0:58
12	1:04
13	1:09
14	1:14
15	1:19
16	1:24
17	1:30
18	1:35
19	1:40
20	1:46
21	1:51
22	1:56
23	2:02
24	2:07
25	2:12
26	2:18
27	2:23
28	2:29
29	2:34
30	2:39
31	2:45
32	2:50
33	2:56
34	3:01
35	3:06
36	3:11
37	3:17
38	3:22
39	3:27
40	3:33
41	3:38
42	3:44

Km	Tiempo
5	0:27
10	0:53
15	1:19
20	1:46
25	2:12
30	2:39
35	3:06
40	3:33