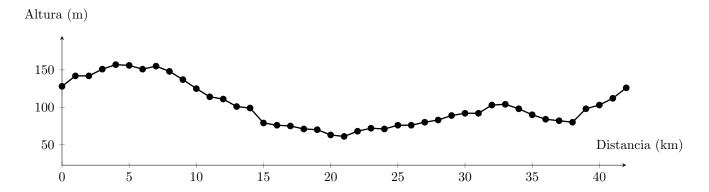
Maratón Lima 2018

Tiempos parciales - Objetivo: 6:00h



Kilómetros	Pendiente	Ritmo	Tiempos
Parciales	Sección	Sección	Parciales
0 km			0:00:00 h
1.0 km	1.4 %	8:53 min/km	0:08:53 h
2.0 km	0.0 %	8:31 min/km	0:17:25 h
3.0 km	0.9 %	8:45 min/km	0:26:11 h
4.0 km	0.6 %	8:41 min/km	0:34:52 h
5.0 km	-0.1 %	8:30 min/km	0:43:22 h
6.0 km	-0.5 %	8:24 min/km	0:51:46 h
7.0 km	0.4 %	8:38 min/km	1:00:25 h
8.0 km	-0.7 %	8:21 min/km	1:08:46 h
9.0 km	-1.1 %	8:15 min/km	1:17:01 h
10.0 km	-1.2 %	8:13 min/km	1:25:14 h
11.0 km	-1.1 %	8:15 min/km	1:33:29 h
12.0 km	-0.3 %	8:27 min/km	1:41:57 h
13.0 km	-1.0 %	8:16 min/km	1:50:13 h
14.0 km	-0.2 %	8:28 min/km	1:58:42 h
15.0 km	-2.0 %	8:01 min/km	2:06:43 h
16.0 km	-0.3 %	8:27 min/km	2:15:11 h
17.0 km	-0.1 %	8:30 min/km	2:23:41 h
18.0 km	-0.4 %	8:25 min/km	2:32:07 h
19.0 km	-0.1 %	8:30 min/km	2:40:37 h
20.0 km	-0.7 %	8:21 min/km	2:48:59 h
$21.0 \mathrm{\ km}$	-0.2 %	8:28 min/km	2:57:27 h
$22.0 \mathrm{\ km}$	0.7 %	8:42 min/km	3:06:10 h
23.0 km	0.4 %	8:38 min/km	3:14:48 h
$24.0 \mathrm{\ km}$	-0.1 %	8:30 min/km	3:23:19 h
$25.0 \mathrm{\ km}$	0.5 %	8:39 min/km	3:31:58 h
$26.0 \mathrm{\ km}$	0.0 %	8:31 min/km	3:40:30 h
27.0 km	0.4 %	8:38 min/km	3:49:08 h
$28.0 \mathrm{\ km}$	0.3 %	8:36 min/km	3:57:45 h
29.0 km	0.6 %	8:41 min/km	4:06:26 h
30.0 km	0.3 %	8:36 min/km	4:15:03 h
31.0 km	0.0 %	8:31 min/km	4:23:35 h
$32.0~\mathrm{km}$	1.1 %	8:48 min/km	4:32:23 h
33.0 km	0.1 %	8:33 min/km	4:40:57 h
34.0 km	-0.6 %	8:22 min/km	4:49:20 h
35.0 km	-0.8 %	8:19 min/km	4:57:39 h
36.0 km	-0.6 %	8:22 min/km	5:06:02 h
37.0 km	-0.2 %	8:28 min/km	5:14:31 h
38.0 km	-0.2 %	8:28 min/km	5:23:00 h
39.0 km	1.8 %	8:59 min/km	5:31:59 h
40.0 km	0.5~%	8:39 min/km	5:40:39 h
41.0 km	0.9 %	8:45 min/km	5:49:25 h
$42.0~\mathrm{km}$	1.4 %	8:53 min/km	5:58:18 h
$42.2~\mathrm{km}$	0.5~%	$8:39 \min/\mathrm{km}$	6:00:00 h

Km	Tiempo	
1	0:09	
2	0:17	
3	0:26	
4	0:35	
5	0:43	
6	0:52	
7	1:00	
8	1:09	
9	1:17	
10	1:25	
11	1:33	
12	1:42	
13	1:50	
14	1:59	
15	2:07	
16	2:15	
17	2:24	
18	2:32	
19	2:41	
20	2:49	
21	2:57	
22	3:06	
23	3:15	
24	3:23	
25	3:32	
26	3:41	
27	3:49	
28	3:58	
29	4:06	
30	4:15	
31	4:24	
32	4:32	
33	4:41	
34	4:49	
35	4:58	
36	5:06	
37	5:15	
38	5:23	
39	5:32	
40	5:41	
41	5:49	
42	5:58	

Km	Tiempo
5	0:43
10	1:25
15	2:07
20	2:49
25	3:32
30	4:15
35	4:58
40	5:41

Kevin Bauer • http://urupica.github.io/pacer/