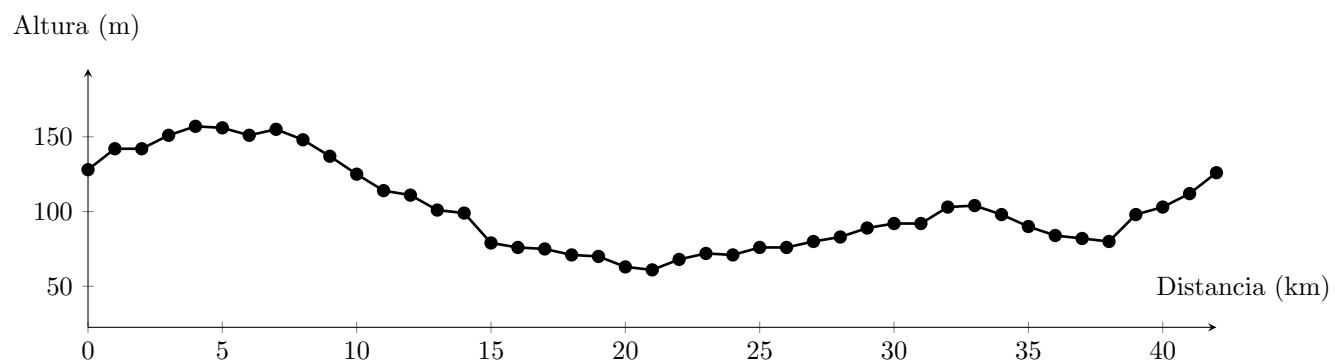


Maratón Lima 2018

Tiempos parciales - **Objetivo: 3:05h**



Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	4:34 min/km	0:04:34 h
2.0 km	0.0 %	4:23 min/km	0:08:57 h
3.0 km	0.9 %	4:30 min/km	0:13:27 h
4.0 km	0.6 %	4:27 min/km	0:17:55 h
5.0 km	-0.1 %	4:22 min/km	0:22:17 h
6.0 km	-0.5 %	4:19 min/km	0:26:36 h
7.0 km	0.4 %	4:26 min/km	0:31:02 h
8.0 km	-0.7 %	4:17 min/km	0:35:20 h
9.0 km	-1.1 %	4:14 min/km	0:39:34 h
10.0 km	-1.2 %	4:13 min/km	0:43:48 h
11.0 km	-1.1 %	4:14 min/km	0:48:02 h
12.0 km	-0.3 %	4:20 min/km	0:52:23 h
13.0 km	-1.0 %	4:15 min/km	0:56:38 h
14.0 km	-0.2 %	4:21 min/km	1:01:00 h
15.0 km	-2.0 %	4:07 min/km	1:05:07 h
16.0 km	-0.3 %	4:20 min/km	1:09:28 h
17.0 km	-0.1 %	4:22 min/km	1:13:50 h
18.0 km	-0.4 %	4:19 min/km	1:18:10 h
19.0 km	-0.1 %	4:22 min/km	1:22:32 h
20.0 km	-0.7 %	4:17 min/km	1:26:50 h
21.0 km	-0.2 %	4:21 min/km	1:31:11 h
22.0 km	0.7 %	4:28 min/km	1:35:40 h
23.0 km	0.4 %	4:26 min/km	1:40:06 h
24.0 km	-0.1 %	4:22 min/km	1:44:29 h
25.0 km	0.5 %	4:27 min/km	1:48:56 h
26.0 km	0.0 %	4:23 min/km	1:53:19 h
27.0 km	0.4 %	4:26 min/km	1:57:45 h
28.0 km	0.3 %	4:25 min/km	2:02:10 h
29.0 km	0.6 %	4:27 min/km	2:06:38 h
30.0 km	0.3 %	4:25 min/km	2:11:04 h
31.0 km	0.0 %	4:23 min/km	2:15:27 h
32.0 km	1.1 %	4:31 min/km	2:19:58 h
33.0 km	0.1 %	4:23 min/km	2:24:22 h
34.0 km	-0.6 %	4:18 min/km	2:28:41 h
35.0 km	-0.8 %	4:16 min/km	2:32:57 h
36.0 km	-0.6 %	4:18 min/km	2:37:16 h
37.0 km	-0.2 %	4:21 min/km	2:41:37 h
38.0 km	-0.2 %	4:21 min/km	2:45:59 h
39.0 km	1.8 %	4:37 min/km	2:50:36 h
40.0 km	0.5 %	4:27 min/km	2:55:03 h
41.0 km	0.9 %	4:30 min/km	2:59:33 h
42.0 km	1.4 %	4:34 min/km	3:04:07 h
42.2 km	0.5 %	4:27 min/km	3:05:00 h

Km	Tiempo
1	0:05
2	0:09
3	0:13
4	0:18
5	0:22
6	0:27
7	0:31
8	0:35
9	0:40
10	0:44
11	0:48
12	0:52
13	0:57
14	1:01
15	1:05
16	1:09
17	1:14
18	1:18
19	1:23
20	1:27
21	1:31
22	1:36
23	1:40
24	1:44
25	1:49
26	1:53
27	1:58
28	2:02
29	2:07
30	2:11
31	2:15
32	2:20
33	2:24
34	2:29
35	2:33
36	2:37
37	2:42
38	2:46
39	2:51
40	2:55
41	3:00
42	3:04

Km	Tiempo
5	0:22
10	0:44
15	1:05
20	1:27
25	1:49
30	2:11
35	2:33
40	2:55