Maratón Lima 2018
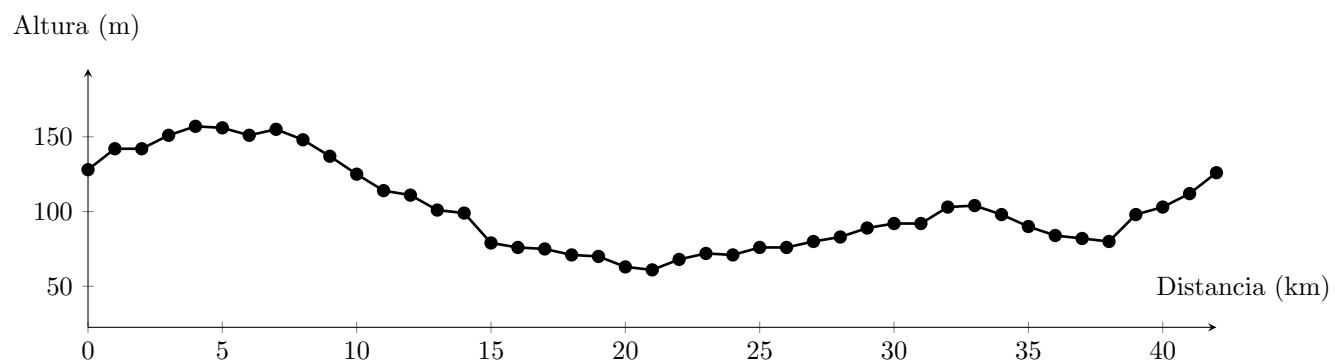
Tiempos parciales - **Objetivo: 3:55h**

Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	5:48 min/km	0:05:48 h
2.0 km	0.0 %	5:34 min/km	0:11:22 h
3.0 km	0.9 %	5:43 min/km	0:17:05 h
4.0 km	0.6 %	5:40 min/km	0:22:45 h
5.0 km	-0.1 %	5:33 min/km	0:28:19 h
6.0 km	-0.5 %	5:29 min/km	0:33:48 h
7.0 km	0.4 %	5:38 min/km	0:39:26 h
8.0 km	-0.7 %	5:27 min/km	0:44:53 h
9.0 km	-1.1 %	5:23 min/km	0:50:16 h
10.0 km	-1.2 %	5:22 min/km	0:55:38 h
11.0 km	-1.1 %	5:23 min/km	1:01:02 h
12.0 km	-0.3 %	5:31 min/km	1:06:33 h
13.0 km	-1.0 %	5:24 min/km	1:11:57 h
14.0 km	-0.2 %	5:32 min/km	1:17:29 h
15.0 km	-2.0 %	5:14 min/km	1:22:43 h
16.0 km	-0.3 %	5:31 min/km	1:28:14 h
17.0 km	-0.1 %	5:33 min/km	1:33:48 h
18.0 km	-0.4 %	5:30 min/km	1:39:18 h
19.0 km	-0.1 %	5:33 min/km	1:44:51 h
20.0 km	-0.7 %	5:27 min/km	1:50:18 h
21.0 km	-0.2 %	5:32 min/km	1:55:50 h
22.0 km	0.7 %	5:41 min/km	2:01:31 h
23.0 km	0.4 %	5:38 min/km	2:07:10 h
24.0 km	-0.1 %	5:33 min/km	2:12:43 h
25.0 km	0.5 %	5:39 min/km	2:18:22 h
26.0 km	0.0 %	5:34 min/km	2:23:56 h
27.0 km	0.4 %	5:38 min/km	2:29:34 h
28.0 km	0.3 %	5:37 min/km	2:35:12 h
29.0 km	0.6 %	5:40 min/km	2:40:52 h
30.0 km	0.3 %	5:37 min/km	2:46:29 h
31.0 km	0.0 %	5:34 min/km	2:52:03 h
32.0 km	1.1 %	5:45 min/km	2:57:48 h
33.0 km	0.1 %	5:35 min/km	3:03:24 h
34.0 km	-0.6 %	5:28 min/km	3:08:52 h
35.0 km	-0.8 %	5:26 min/km	3:14:18 h
36.0 km	-0.6 %	5:28 min/km	3:19:46 h
37.0 km	-0.2 %	5:32 min/km	3:25:18 h
38.0 km	-0.2 %	5:32 min/km	3:30:50 h
39.0 km	1.8 %	5:52 min/km	3:36:43 h
40.0 km	0.5 %	5:39 min/km	3:42:22 h
41.0 km	0.9 %	5:43 min/km	3:48:05 h
42.0 km	1.4 %	5:48 min/km	3:53:53 h
42.2 km	0.5 %	5:39 min/km	3:55:00 h

Km	Tiempo
1	0:06
2	0:11
3	0:17
4	0:23
5	0:28
6	0:34
7	0:39
8	0:45
9	0:50
10	0:56
11	1:01
12	1:07
13	1:12
14	1:17
15	1:23
16	1:28
17	1:34
18	1:39
19	1:45
20	1:50
21	1:56
22	2:02
23	2:07
24	2:13
25	2:18
26	2:24
27	2:30
28	2:35
29	2:41
30	2:46
31	2:52
32	2:58
33	3:03
34	3:09
35	3:14
36	3:20
37	3:25
38	3:31
39	3:37
40	3:42
41	3:48
42	3:54

Km	Tiempo
5	0:28
10	0:56
15	1:23
20	1:50
25	2:18
30	2:46
35	3:14
40	3:42