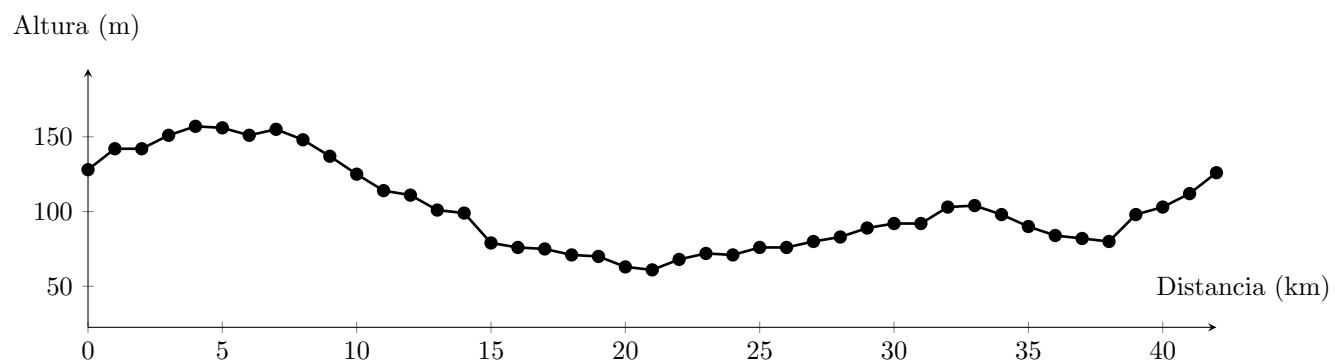


Maratón Lima 2018

Tiempos parciales - **Objetivo: 3:00h**



| Kilómetros Parciales | Pendiente Sección | Ritmo Sección | Tiempos Parciales |
|-------------------------|----------------------|------------------|----------------------|
| 0 km | — | — | 0:00:00 h |
| 1.0 km | 1.4 % | 4:26 min/km | 0:04:26 h |
| 2.0 km | 0.0 % | 4:15 min/km | 0:08:42 h |
| 3.0 km | 0.9 % | 4:22 min/km | 0:13:05 h |
| 4.0 km | 0.6 % | 4:20 min/km | 0:17:26 h |
| 5.0 km | -0.1 % | 4:15 min/km | 0:21:41 h |
| 6.0 km | -0.5 % | 4:12 min/km | 0:25:53 h |
| 7.0 km | 0.4 % | 4:19 min/km | 0:30:12 h |
| 8.0 km | -0.7 % | 4:10 min/km | 0:34:23 h |
| 9.0 km | -1.1 % | 4:07 min/km | 0:38:30 h |
| 10.0 km | -1.2 % | 4:06 min/km | 0:42:37 h |
| 11.0 km | -1.1 % | 4:07 min/km | 0:46:44 h |
| 12.0 km | -0.3 % | 4:13 min/km | 0:50:58 h |
| 13.0 km | -1.0 % | 4:08 min/km | 0:55:06 h |
| 14.0 km | -0.2 % | 4:14 min/km | 0:59:21 h |
| 15.0 km | -2.0 % | 4:00 min/km | 1:03:21 h |
| 16.0 km | -0.3 % | 4:13 min/km | 1:07:35 h |
| 17.0 km | -0.1 % | 4:15 min/km | 1:11:50 h |
| 18.0 km | -0.4 % | 4:12 min/km | 1:16:03 h |
| 19.0 km | -0.1 % | 4:15 min/km | 1:20:18 h |
| 20.0 km | -0.7 % | 4:10 min/km | 1:24:29 h |
| 21.0 km | -0.2 % | 4:14 min/km | 1:28:43 h |
| 22.0 km | 0.7 % | 4:21 min/km | 1:33:05 h |
| 23.0 km | 0.4 % | 4:19 min/km | 1:37:24 h |
| 24.0 km | -0.1 % | 4:15 min/km | 1:41:39 h |
| 25.0 km | 0.5 % | 4:19 min/km | 1:45:59 h |
| 26.0 km | 0.0 % | 4:15 min/km | 1:50:15 h |
| 27.0 km | 0.4 % | 4:19 min/km | 1:54:34 h |
| 28.0 km | 0.3 % | 4:18 min/km | 1:58:52 h |
| 29.0 km | 0.6 % | 4:20 min/km | 2:03:13 h |
| 30.0 km | 0.3 % | 4:18 min/km | 2:07:31 h |
| 31.0 km | 0.0 % | 4:15 min/km | 2:11:47 h |
| 32.0 km | 1.1 % | 4:24 min/km | 2:16:11 h |
| 33.0 km | 0.1 % | 4:16 min/km | 2:20:28 h |
| 34.0 km | -0.6 % | 4:11 min/km | 2:24:40 h |
| 35.0 km | -0.8 % | 4:09 min/km | 2:28:49 h |
| 36.0 km | -0.6 % | 4:11 min/km | 2:33:01 h |
| 37.0 km | -0.2 % | 4:14 min/km | 2:37:15 h |
| 38.0 km | -0.2 % | 4:14 min/km | 2:41:30 h |
| 39.0 km | 1.8 % | 4:29 min/km | 2:45:59 h |
| 40.0 km | 0.5 % | 4:19 min/km | 2:50:19 h |
| 41.0 km | 0.9 % | 4:22 min/km | 2:54:42 h |
| 42.0 km | 1.4 % | 4:26 min/km | 2:59:09 h |
| 42.2 km | 0.5 % | 4:19 min/km | 3:00:00 h |

| Km | Tiempo |
|----|--------|
| 1 | 0:04 |
| 2 | 0:09 |
| 3 | 0:13 |
| 4 | 0:17 |
| 5 | 0:22 |
| 6 | 0:26 |
| 7 | 0:30 |
| 8 | 0:34 |
| 9 | 0:39 |
| 10 | 0:43 |
| 11 | 0:47 |
| 12 | 0:51 |
| 13 | 0:55 |
| 14 | 0:59 |
| 15 | 1:03 |
| 16 | 1:08 |
| 17 | 1:12 |
| 18 | 1:16 |
| 19 | 1:20 |
| 20 | 1:24 |
| 21 | 1:29 |
| 22 | 1:33 |
| 23 | 1:37 |
| 24 | 1:42 |
| 25 | 1:46 |
| 26 | 1:50 |
| 27 | 1:55 |
| 28 | 1:59 |
| 29 | 2:03 |
| 30 | 2:08 |
| 31 | 2:12 |
| 32 | 2:16 |
| 33 | 2:20 |
| 34 | 2:25 |
| 35 | 2:29 |
| 36 | 2:33 |
| 37 | 2:37 |
| 38 | 2:42 |
| 39 | 2:46 |
| 40 | 2:50 |
| 41 | 2:55 |
| 42 | 2:59 |

| Km | Tiempo |
|----|--------|
| 5 | 0:22 |
| 10 | 0:43 |
| 15 | 1:03 |
| 20 | 1:24 |
| 25 | 1:46 |
| 30 | 2:08 |
| 35 | 2:29 |
| 40 | 2:50 |