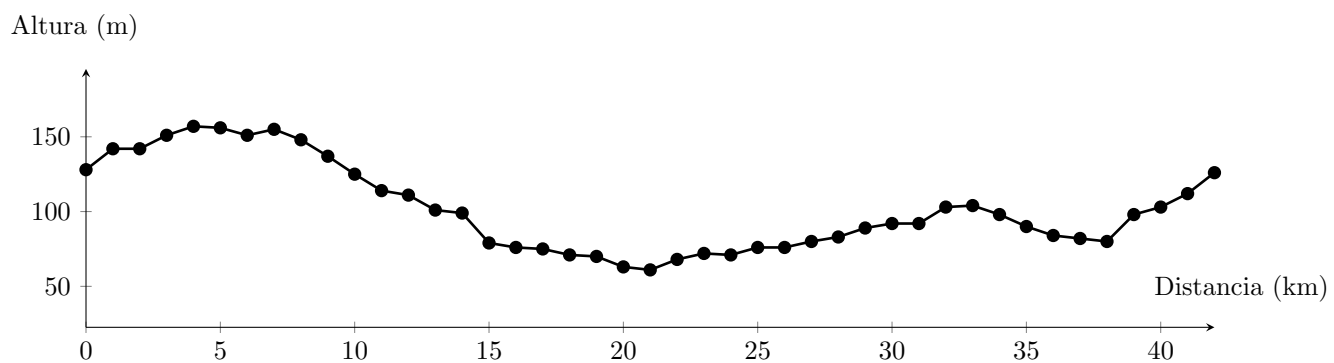


Maratón Lima 2018

Tiempos parciales - **Objetivo: 3:50h**



Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	5:40 min/km	0:05:40 h
2.0 km	0.0 %	5:27 min/km	0:11:07 h
3.0 km	0.9 %	5:35 min/km	0:16:43 h
4.0 km	0.6 %	5:32 min/km	0:22:16 h
5.0 km	-0.1 %	5:26 min/km	0:27:42 h
6.0 km	-0.5 %	5:22 min/km	0:33:05 h
7.0 km	0.4 %	5:31 min/km	0:38:36 h
8.0 km	-0.7 %	5:20 min/km	0:43:56 h
9.0 km	-1.1 %	5:16 min/km	0:49:12 h
10.0 km	-1.2 %	5:15 min/km	0:54:27 h
11.0 km	-1.1 %	5:16 min/km	0:59:44 h
12.0 km	-0.3 %	5:24 min/km	1:05:08 h
13.0 km	-1.0 %	5:17 min/km	1:10:25 h
14.0 km	-0.2 %	5:25 min/km	1:15:50 h
15.0 km	-2.0 %	5:07 min/km	1:20:58 h
16.0 km	-0.3 %	5:24 min/km	1:26:22 h
17.0 km	-0.1 %	5:26 min/km	1:31:48 h
18.0 km	-0.4 %	5:23 min/km	1:37:11 h
19.0 km	-0.1 %	5:26 min/km	1:42:37 h
20.0 km	-0.7 %	5:20 min/km	1:47:57 h
21.0 km	-0.2 %	5:25 min/km	1:53:22 h
22.0 km	0.7 %	5:33 min/km	1:58:56 h
23.0 km	0.4 %	5:31 min/km	2:04:27 h
24.0 km	-0.1 %	5:26 min/km	2:09:53 h
25.0 km	0.5 %	5:31 min/km	2:15:25 h
26.0 km	0.0 %	5:27 min/km	2:20:52 h
27.0 km	0.4 %	5:31 min/km	2:26:23 h
28.0 km	0.3 %	5:30 min/km	2:31:53 h
29.0 km	0.6 %	5:32 min/km	2:37:26 h
30.0 km	0.3 %	5:30 min/km	2:42:56 h
31.0 km	0.0 %	5:27 min/km	2:48:24 h
32.0 km	1.1 %	5:37 min/km	2:54:01 h
33.0 km	0.1 %	5:28 min/km	2:59:29 h
34.0 km	-0.6 %	5:21 min/km	3:04:51 h
35.0 km	-0.8 %	5:19 min/km	3:10:10 h
36.0 km	-0.6 %	5:21 min/km	3:15:31 h
37.0 km	-0.2 %	5:25 min/km	3:20:56 h
38.0 km	-0.2 %	5:25 min/km	3:26:21 h
39.0 km	1.8 %	5:44 min/km	3:32:06 h
40.0 km	0.5 %	5:31 min/km	3:37:38 h
41.0 km	0.9 %	5:35 min/km	3:43:14 h
42.0 km	1.4 %	5:40 min/km	3:48:55 h
42.2 km	0.5 %	5:32 min/km	3:50:00 h

Km	Tiempo
1	0:06
2	0:11
3	0:17
4	0:22
5	0:28
6	0:33
7	0:39
8	0:44
9	0:49
10	0:54
11	1:00
12	1:05
13	1:10
14	1:16
15	1:21
16	1:26
17	1:32
18	1:37
19	1:43
20	1:48
21	1:53
22	1:59
23	2:04
24	2:10
25	2:15
26	2:21
27	2:26
28	2:32
29	2:37
30	2:43
31	2:48
32	2:54
33	2:59
34	3:05
35	3:10
36	3:16
37	3:21
38	3:26
39	3:32
40	3:38
41	3:43
42	3:49

Km	Tiempo
5	0:28
10	0:54
15	1:21
20	1:48
25	2:15
30	2:43
35	3:10
40	3:38