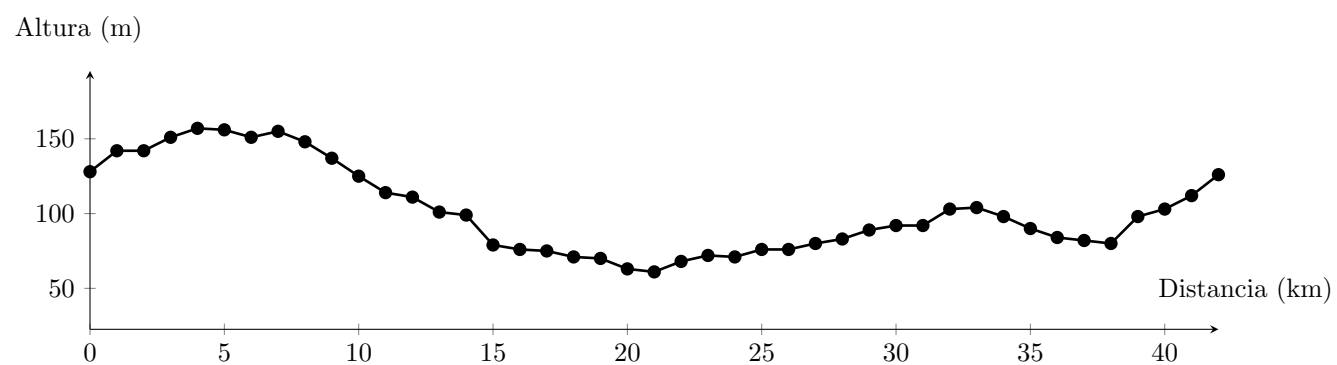


Maratón Lima 2018

Tiempos parciales - **Objetivo: 4:20h**



Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	6:25 min/km	0:06:25 h
2.0 km	0.0 %	6:09 min/km	0:12:35 h
3.0 km	0.9 %	6:19 min/km	0:18:54 h
4.0 km	0.6 %	6:16 min/km	0:25:11 h
5.0 km	-0.1 %	6:08 min/km	0:31:19 h
6.0 km	-0.5 %	6:04 min/km	0:37:23 h
7.0 km	0.4 %	6:14 min/km	0:43:38 h
8.0 km	-0.7 %	6:01 min/km	0:49:40 h
9.0 km	-1.1 %	5:57 min/km	0:55:37 h
10.0 km	-1.2 %	5:56 min/km	1:01:34 h
11.0 km	-1.1 %	5:57 min/km	1:07:31 h
12.0 km	-0.3 %	6:06 min/km	1:13:38 h
13.0 km	-1.0 %	5:58 min/km	1:19:36 h
14.0 km	-0.2 %	6:07 min/km	1:25:44 h
15.0 km	-2.0 %	5:47 min/km	1:31:31 h
16.0 km	-0.3 %	6:06 min/km	1:37:38 h
17.0 km	-0.1 %	6:08 min/km	1:43:46 h
18.0 km	-0.4 %	6:05 min/km	1:49:52 h
19.0 km	-0.1 %	6:08 min/km	1:56:00 h
20.0 km	-0.7 %	6:01 min/km	2:02:02 h
21.0 km	-0.2 %	6:07 min/km	2:08:10 h
22.0 km	0.7 %	6:17 min/km	2:14:27 h
23.0 km	0.4 %	6:14 min/km	2:20:41 h
24.0 km	-0.1 %	6:08 min/km	2:26:50 h
25.0 km	0.5 %	6:15 min/km	2:33:05 h
26.0 km	0.0 %	6:09 min/km	2:39:15 h
27.0 km	0.4 %	6:14 min/km	2:45:29 h
28.0 km	0.3 %	6:13 min/km	2:51:42 h
29.0 km	0.6 %	6:16 min/km	2:57:59 h
30.0 km	0.3 %	6:13 min/km	3:04:12 h
31.0 km	0.0 %	6:09 min/km	3:10:21 h
32.0 km	1.1 %	6:21 min/km	3:16:43 h
33.0 km	0.1 %	6:10 min/km	3:22:54 h
34.0 km	-0.6 %	6:03 min/km	3:28:57 h
35.0 km	-0.8 %	6:00 min/km	3:34:58 h
36.0 km	-0.6 %	6:03 min/km	3:41:01 h
37.0 km	-0.2 %	6:07 min/km	3:47:09 h
38.0 km	-0.2 %	6:07 min/km	3:53:16 h
39.0 km	1.8 %	6:29 min/km	3:59:46 h
40.0 km	0.5 %	6:15 min/km	4:06:01 h
41.0 km	0.9 %	6:19 min/km	4:12:21 h
42.0 km	1.4 %	6:25 min/km	4:18:46 h
42.2 km	0.5 %	6:15 min/km	4:20:00 h

Km	Tiempo
1	0:06
2	0:13
3	0:19
4	0:25
5	0:31
6	0:37
7	0:44
8	0:50
9	0:56
10	1:02
11	1:08
12	1:14
13	1:20
14	1:26
15	1:32
16	1:38
17	1:44
18	1:50
19	1:56
20	2:02
21	2:08
22	2:14
23	2:21
24	2:27
25	2:33
26	2:39
27	2:45
28	2:52
29	2:58
30	3:04
31	3:10
32	3:17
33	3:23
34	3:29
35	3:35
36	3:41
37	3:47
38	3:53
39	4:00
40	4:06
41	4:12
42	4:19

Km	Tiempo
5	0:31
10	1:02
15	1:32
20	2:02
25	2:33
30	3:04
35	3:35
40	4:06