Maratón Lima 2018
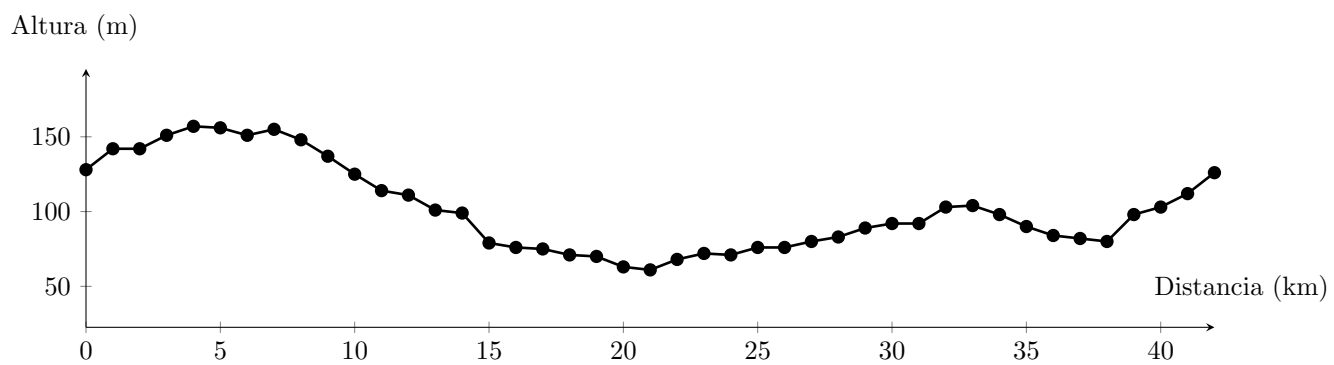
Tiempos parciales - **Objetivo: 4:05h**

Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	6:03 min/km	0:06:03 h
2.0 km	0.0 %	5:48 min/km	0:11:51 h
3.0 km	0.9 %	5:57 min/km	0:17:49 h
4.0 km	0.6 %	5:54 min/km	0:23:43 h
5.0 km	-0.1 %	5:47 min/km	0:29:31 h
6.0 km	-0.5 %	5:43 min/km	0:35:14 h
7.0 km	0.4 %	5:52 min/km	0:41:07 h
8.0 km	-0.7 %	5:41 min/km	0:46:48 h
9.0 km	-1.1 %	5:36 min/km	0:52:25 h
10.0 km	-1.2 %	5:35 min/km	0:58:00 h
11.0 km	-1.1 %	5:36 min/km	1:03:37 h
12.0 km	-0.3 %	5:45 min/km	1:09:23 h
13.0 km	-1.0 %	5:37 min/km	1:15:01 h
14.0 km	-0.2 %	5:46 min/km	1:20:47 h
15.0 km	-2.0 %	5:27 min/km	1:26:14 h
16.0 km	-0.3 %	5:45 min/km	1:32:00 h
17.0 km	-0.1 %	5:47 min/km	1:37:47 h
18.0 km	-0.4 %	5:44 min/km	1:43:31 h
19.0 km	-0.1 %	5:47 min/km	1:49:19 h
20.0 km	-0.7 %	5:41 min/km	1:55:00 h
21.0 km	-0.2 %	5:46 min/km	2:00:46 h
22.0 km	0.7 %	5:55 min/km	2:06:42 h
23.0 km	0.4 %	5:52 min/km	2:12:34 h
24.0 km	-0.1 %	5:47 min/km	2:18:22 h
25.0 km	0.5 %	5:53 min/km	2:24:15 h
26.0 km	0.0 %	5:48 min/km	2:30:04 h
27.0 km	0.4 %	5:52 min/km	2:35:56 h
28.0 km	0.3 %	5:51 min/km	2:41:48 h
29.0 km	0.6 %	5:54 min/km	2:47:43 h
30.0 km	0.3 %	5:51 min/km	2:53:34 h
31.0 km	0.0 %	5:48 min/km	2:59:23 h
32.0 km	1.1 %	5:59 min/km	3:05:22 h
33.0 km	0.1 %	5:49 min/km	3:11:12 h
34.0 km	-0.6 %	5:42 min/km	3:16:54 h
35.0 km	-0.8 %	5:40 min/km	3:22:34 h
36.0 km	-0.6 %	5:42 min/km	3:28:16 h
37.0 km	-0.2 %	5:46 min/km	3:34:02 h
38.0 km	-0.2 %	5:46 min/km	3:39:49 h
39.0 km	1.8 %	6:07 min/km	3:45:56 h
40.0 km	0.5 %	5:53 min/km	3:51:50 h
41.0 km	0.9 %	5:57 min/km	3:57:47 h
42.0 km	1.4 %	6:03 min/km	4:03:51 h
42.2 km	0.5 %	5:53 min/km	4:05:00 h

Km	Tiempo
1	0:06
2	0:12
3	0:18
4	0:24
5	0:30
6	0:35
7	0:41
8	0:47
9	0:52
10	0:58
11	1:04
12	1:09
13	1:15
14	1:21
15	1:26
16	1:32
17	1:38
18	1:44
19	1:49
20	1:55
21	2:01
22	2:07
23	2:13
24	2:18
25	2:24
26	2:30
27	2:36
28	2:42
29	2:48
30	2:54
31	2:59
32	3:05
33	3:11
34	3:17
35	3:23
36	3:28
37	3:34
38	3:40
39	3:46
40	3:52
41	3:58
42	4:04

Km	Tiempo
5	0:30
10	0:58
15	1:26
20	1:55
25	2:24
30	2:54
35	3:23
40	3:52