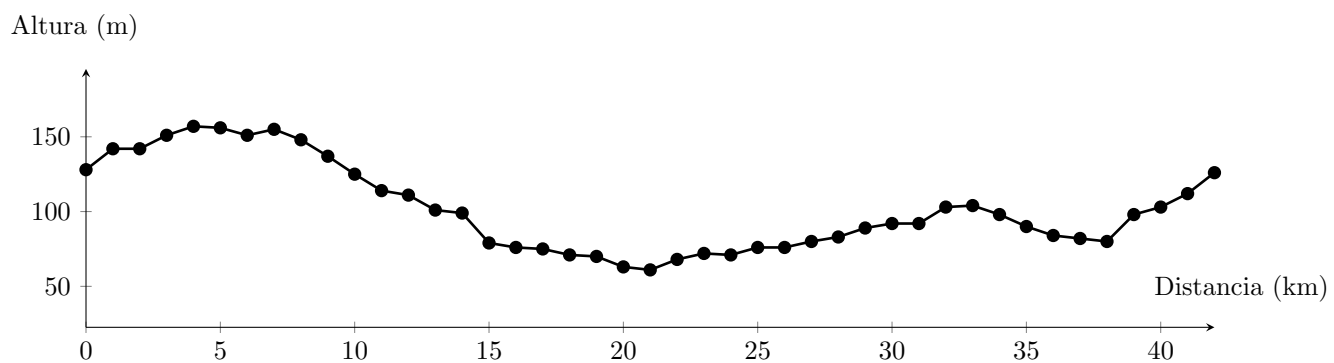


Maratón Lima 2018

Tiempos parciales - **Objetivo: 3:15h**



Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	4:48 min/km	0:04:48 h
2.0 km	0.0 %	4:37 min/km	0:09:26 h
3.0 km	0.9 %	4:44 min/km	0:14:11 h
4.0 km	0.6 %	4:42 min/km	0:18:53 h
5.0 km	-0.1 %	4:36 min/km	0:23:29 h
6.0 km	-0.5 %	4:33 min/km	0:28:02 h
7.0 km	0.4 %	4:40 min/km	0:32:43 h
8.0 km	-0.7 %	4:31 min/km	0:37:15 h
9.0 km	-1.1 %	4:28 min/km	0:41:43 h
10.0 km	-1.2 %	4:27 min/km	0:46:10 h
11.0 km	-1.1 %	4:28 min/km	0:50:38 h
12.0 km	-0.3 %	4:34 min/km	0:55:13 h
13.0 km	-1.0 %	4:28 min/km	0:59:42 h
14.0 km	-0.2 %	4:35 min/km	1:04:18 h
15.0 km	-2.0 %	4:20 min/km	1:08:38 h
16.0 km	-0.3 %	4:34 min/km	1:13:13 h
17.0 km	-0.1 %	4:36 min/km	1:17:50 h
18.0 km	-0.4 %	4:33 min/km	1:22:24 h
19.0 km	-0.1 %	4:36 min/km	1:27:00 h
20.0 km	-0.7 %	4:31 min/km	1:31:32 h
21.0 km	-0.2 %	4:35 min/km	1:36:07 h
22.0 km	0.7 %	4:43 min/km	1:40:50 h
23.0 km	0.4 %	4:40 min/km	1:45:31 h
24.0 km	-0.1 %	4:36 min/km	1:50:07 h
25.0 km	0.5 %	4:41 min/km	1:54:49 h
26.0 km	0.0 %	4:37 min/km	1:59:26 h
27.0 km	0.4 %	4:40 min/km	2:04:07 h
28.0 km	0.3 %	4:39 min/km	2:08:47 h
29.0 km	0.6 %	4:42 min/km	2:13:29 h
30.0 km	0.3 %	4:39 min/km	2:18:09 h
31.0 km	0.0 %	4:37 min/km	2:22:46 h
32.0 km	1.1 %	4:46 min/km	2:27:32 h
33.0 km	0.1 %	4:38 min/km	2:32:11 h
34.0 km	-0.6 %	4:32 min/km	2:36:43 h
35.0 km	-0.8 %	4:30 min/km	2:41:14 h
36.0 km	-0.6 %	4:32 min/km	2:45:46 h
37.0 km	-0.2 %	4:35 min/km	2:50:21 h
38.0 km	-0.2 %	4:35 min/km	2:54:57 h
39.0 km	1.8 %	4:52 min/km	2:59:49 h
40.0 km	0.5 %	4:41 min/km	3:04:31 h
41.0 km	0.9 %	4:44 min/km	3:09:16 h
42.0 km	1.4 %	4:48 min/km	3:14:05 h
42.2 km	0.5 %	4:41 min/km	3:15:00 h

Km	Tiempo
1	0:05
2	0:09
3	0:14
4	0:19
5	0:23
6	0:28
7	0:33
8	0:37
9	0:42
10	0:46
11	0:51
12	0:55
13	1:00
14	1:04
15	1:09
16	1:13
17	1:18
18	1:22
19	1:27
20	1:32
21	1:36
22	1:41
23	1:46
24	1:50
25	1:55
26	1:59
27	2:04
28	2:09
29	2:13
30	2:18
31	2:23
32	2:28
33	2:32
34	2:37
35	2:41
36	2:46
37	2:50
38	2:55
39	3:00
40	3:05
41	3:09
42	3:14

Km	Tiempo
5	0:23
10	0:46
15	1:09
20	1:32
25	1:55
30	2:18
35	2:41
40	3:05