Maratón Lima 2018

Tiempos parciales - **Objetivo: 4:15h**

Altura (m)

Distancia (km)
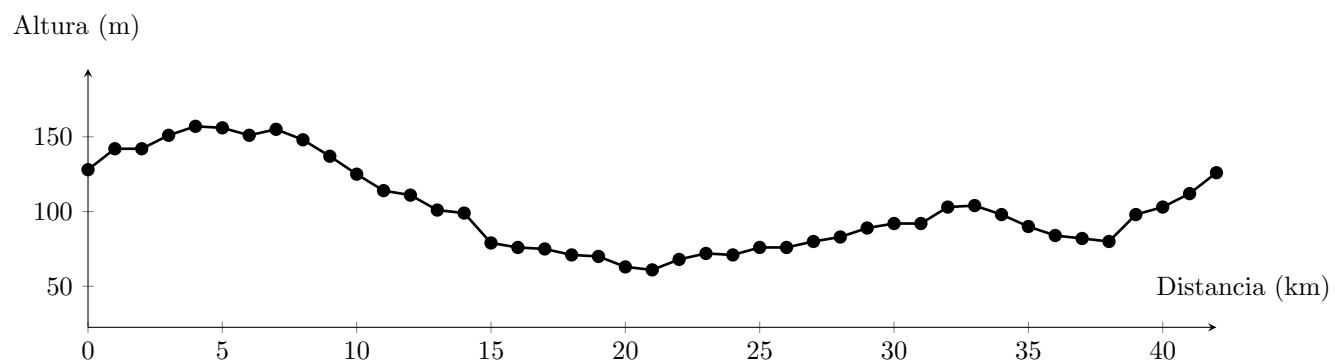
Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	6:17 min/km	0:06:17 h
2.0 km	0.0 %	6:02 min/km	0:12:20 h
3.0 km	0.9 %	6:12 min/km	0:18:32 h
4.0 km	0.6 %	6:09 min/km	0:24:42 h
5.0 km	-0.1 %	6:01 min/km	0:30:43 h
6.0 km	-0.5 %	5:57 min/km	0:36:40 h
7.0 km	0.4 %	6:06 min/km	0:42:47 h
8.0 km	-0.7 %	5:55 min/km	0:48:42 h
9.0 km	-1.1 %	5:50 min/km	0:54:33 h
10.0 km	-1.2 %	5:49 min/km	1:00:23 h
11.0 km	-1.1 %	5:50 min/km	1:06:13 h
12.0 km	-0.3 %	5:59 min/km	1:12:13 h
13.0 km	-1.0 %	5:51 min/km	1:18:04 h
14.0 km	-0.2 %	6:00 min/km	1:24:05 h
15.0 km	-2.0 %	5:40 min/km	1:29:46 h
16.0 km	-0.3 %	5:59 min/km	1:35:45 h
17.0 km	-0.1 %	6:01 min/km	1:41:47 h
18.0 km	-0.4 %	5:58 min/km	1:47:45 h
19.0 km	-0.1 %	6:01 min/km	1:53:46 h
20.0 km	-0.7 %	5:55 min/km	1:59:41 h
21.0 km	-0.2 %	6:00 min/km	2:05:42 h
22.0 km	0.7 %	6:10 min/km	2:11:52 h
23.0 km	0.4 %	6:06 min/km	2:17:59 h
24.0 km	-0.1 %	6:01 min/km	2:24:01 h
25.0 km	0.5 %	6:08 min/km	2:30:09 h
26.0 km	0.0 %	6:02 min/km	2:36:11 h
27.0 km	0.4 %	6:06 min/km	2:42:18 h
28.0 km	0.3 %	6:05 min/km	2:48:24 h
29.0 km	0.6 %	6:09 min/km	2:54:33 h
30.0 km	0.3 %	6:05 min/km	3:00:39 h
31.0 km	0.0 %	6:02 min/km	3:06:42 h
32.0 km	1.1 %	6:14 min/km	3:12:56 h
33.0 km	0.1 %	6:03 min/km	3:19:00 h
34.0 km	-0.6 %	5:56 min/km	3:24:56 h
35.0 km	-0.8 %	5:53 min/km	3:30:50 h
36.0 km	-0.6 %	5:56 min/km	3:36:46 h
37.0 km	-0.2 %	6:00 min/km	3:42:47 h
38.0 km	-0.2 %	6:00 min/km	3:48:47 h
39.0 km	1.8 %	6:22 min/km	3:55:09 h
40.0 km	0.5 %	6:08 min/km	4:01:17 h
41.0 km	0.9 %	6:12 min/km	4:07:30 h
42.0 km	1.4 %	6:17 min/km	4:13:48 h
42.2 km	0.5 %	6:08 min/km	4:15:00 h

Km	Tiempo
1	0:06
2	0:12
3	0:19
4	0:25
5	0:31
6	0:37
7	0:43
8	0:49
9	0:55
10	1:00
11	1:06
12	1:12
13	1:18
14	1:24
15	1:30
16	1:36
17	1:42
18	1:48
19	1:54
20	2:00
21	2:06
22	2:12
23	2:18
24	2:24
25	2:30
26	2:36
27	2:42
28	2:48
29	2:55
30	3:01
31	3:07
32	3:13
33	3:19
34	3:25
35	3:31
36	3:37
37	3:43
38	3:49
39	3:55
40	4:01
41	4:08
42	4:14

Km	Tiempo
5	0:31
10	1:00
15	1:30
20	2:00
25	2:30
30	3:01
35	3:31
40	4:01