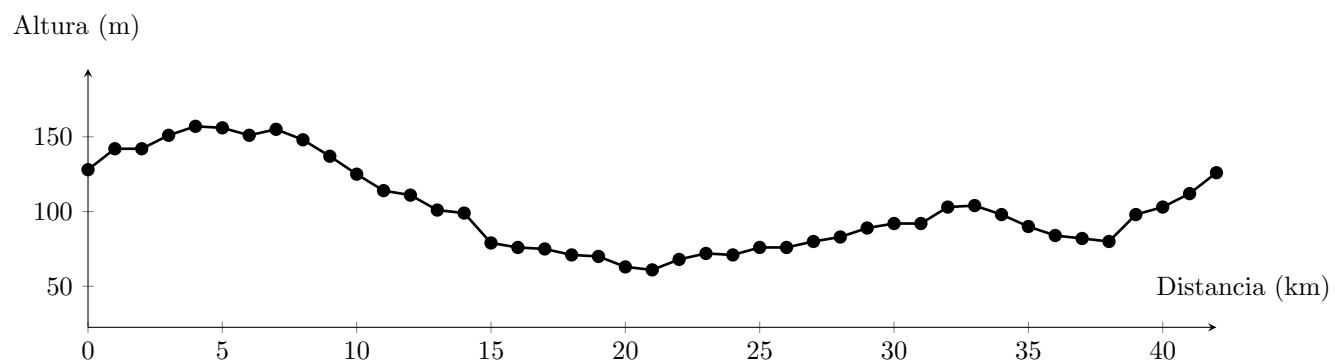


Maratón Lima 2018

Tiempos parciales - **Objetivo: 4:10h**



Kilómetros Parciales	Pendiente Sección	Ritmo Sección	Tiempos Parciales
0 km	—	—	0:00:00 h
1.0 km	1.4 %	6:10 min/km	0:06:10 h
2.0 km	0.0 %	5:55 min/km	0:12:05 h
3.0 km	0.9 %	6:05 min/km	0:18:11 h
4.0 km	0.6 %	6:01 min/km	0:24:12 h
5.0 km	-0.1 %	5:54 min/km	0:30:07 h
6.0 km	-0.5 %	5:50 min/km	0:35:57 h
7.0 km	0.4 %	5:59 min/km	0:41:57 h
8.0 km	-0.7 %	5:48 min/km	0:47:45 h
9.0 km	-1.1 %	5:43 min/km	0:53:29 h
10.0 km	-1.2 %	5:42 min/km	0:59:11 h
11.0 km	-1.1 %	5:43 min/km	1:04:55 h
12.0 km	-0.3 %	5:52 min/km	1:10:48 h
13.0 km	-1.0 %	5:44 min/km	1:16:32 h
14.0 km	-0.2 %	5:53 min/km	1:22:26 h
15.0 km	-2.0 %	5:34 min/km	1:28:00 h
16.0 km	-0.3 %	5:52 min/km	1:33:52 h
17.0 km	-0.1 %	5:54 min/km	1:39:47 h
18.0 km	-0.4 %	5:51 min/km	1:45:38 h
19.0 km	-0.1 %	5:54 min/km	1:51:32 h
20.0 km	-0.7 %	5:48 min/km	1:57:21 h
21.0 km	-0.2 %	5:53 min/km	2:03:14 h
22.0 km	0.7 %	6:02 min/km	2:09:17 h
23.0 km	0.4 %	5:59 min/km	2:15:17 h
24.0 km	-0.1 %	5:54 min/km	2:21:11 h
25.0 km	0.5 %	6:00 min/km	2:27:12 h
26.0 km	0.0 %	5:55 min/km	2:33:08 h
27.0 km	0.4 %	5:59 min/km	2:39:07 h
28.0 km	0.3 %	5:58 min/km	2:45:06 h
29.0 km	0.6 %	6:01 min/km	2:51:08 h
30.0 km	0.3 %	5:58 min/km	2:57:07 h
31.0 km	0.0 %	5:55 min/km	3:03:02 h
32.0 km	1.1 %	6:07 min/km	3:09:09 h
33.0 km	0.1 %	5:56 min/km	3:15:06 h
34.0 km	-0.6 %	5:49 min/km	3:20:55 h
35.0 km	-0.8 %	5:46 min/km	3:26:42 h
36.0 km	-0.6 %	5:49 min/km	3:32:31 h
37.0 km	-0.2 %	5:53 min/km	3:38:25 h
38.0 km	-0.2 %	5:53 min/km	3:44:18 h
39.0 km	1.8 %	6:14 min/km	3:50:33 h
40.0 km	0.5 %	6:00 min/km	3:56:34 h
41.0 km	0.9 %	6:05 min/km	4:02:39 h
42.0 km	1.4 %	6:10 min/km	4:08:49 h
42.2 km	0.5 %	6:00 min/km	4:10:00 h

Km	Tiempo
1	0:06
2	0:12
3	0:18
4	0:24
5	0:30
6	0:36
7	0:42
8	0:48
9	0:53
10	0:59
11	1:05
12	1:11
13	1:17
14	1:22
15	1:28
16	1:34
17	1:40
18	1:46
19	1:52
20	1:57
21	2:03
22	2:09
23	2:15
24	2:21
25	2:27
26	2:33
27	2:39
28	2:45
29	2:51
30	2:57
31	3:03
32	3:09
33	3:15
34	3:21
35	3:27
36	3:33
37	3:38
38	3:44
39	3:51
40	3:57
41	4:03
42	4:09

Km	Tiempo
5	0:30
10	0:59
15	1:28
20	1:57
25	2:27
30	2:57
35	3:27
40	3:57