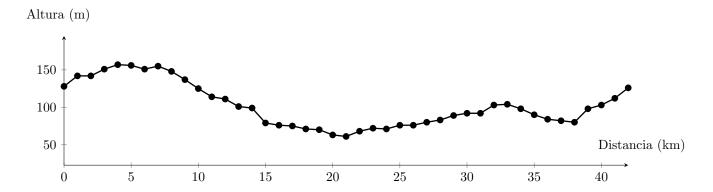
Maratón Lima 2018

Tiempos parciales - Objetivo: 3:20h



Kilómetros	Pendiente	Ritmo	Tiempos
Parciales	Sección	Sección	Parciales
0 km			0:00:00 h
1.0 km	1.4 %	4:56 min/km	0:04:56 h
2.0 km	0.0 %	4:44 min/km	0:09:40 h
3.0 km	0.9 %	4:52 min/km	0:14:32 h
4.0 km	0.6 %	4:49 min/km	0:19:22 h
5.0 km	-0.1 %	4:43 min/km	0:24:05 h
6.0 km	-0.5 %	4:40 min/km	0:28:46 h
7.0 km	0.4 %	4:47 min/km	0:33:33 h
8.0 km	-0.7 %	4:38 min/km	0:38:12 h
9.0 km	-1.1 %	4:35 min/km	0:42:47 h
10.0 km	-1.2 %	4:34 min/km	0:47:21 h
11.0 km	-1.1 %	4:35 min/km	0:51:56 h
12.0 km	-0.3 %	4:41 min/km	0:56:38 h
13.0 km	-1.0 %	4:35 min/km	1:01:14 h
14.0 km	-0.2 %	4:42 min/km	1:05:57 h
15.0 km	-2.0 %	4:27 min/km	1:10:24 h
16.0 km	-0.3 %	4:41 min/km	1:15:06 h
17.0 km	-0.1 %	4:43 min/km	1:19:49 h
18.0 km	-0.4 %	4:41 min/km	1:24:30 h
19.0 km	-0.1 %	4:43 min/km	1:29:14 h
$20.0 \mathrm{\ km}$	-0.7 %	4:38 min/km	1:33:52 h
21.0 km	-0.2 %	4:42 min/km	1:38:35 h
$22.0~\mathrm{km}$	0.7 %	4:50 min/km	1:43:25 h
23.0 km	0.4 %	4:47 min/km	1:48:13 h
24.0 km	-0.1 %	4:43 min/km	1:52:57 h
25.0 km	0.5 %	4:48 min/km	1:57:45 h
26.0 km	0.0 %	4:44 min/km	2:02:30 h
27.0 km	0.4~%	4:47 min/km	2:07:18 h
28.0 km	0.3~%	4:46 min/km	2:12:05 h
29.0 km	0.6~%	4:49 min/km	2:16:54 h
30.0 km	0.3~%	4:46 min/km	2:21:41 h
31.0 km	0.0 %	$4:44 \min/\mathrm{km}$	2:26:26 h
$32.0~\mathrm{km}$	1.1 %	$4:53 \min/\mathrm{km}$	2:31:19 h
33.0 km	0.1 %	4:45 min/km	2:36:05 h
34.0 km	-0.6 %	$4:39 \min/\mathrm{km}$	2:40:44 h
35.0 km	-0.8 %	$4:37 \min/\mathrm{km}$	2:45:22 h
$36.0~\mathrm{km}$	-0.6 %	$4:39 \min/\text{km}$	2:50:01 h
37.0 km	-0.2 %	4:42 min/km	2:54:44 h
38.0 km	-0.2 %	4:42 min/km	2:59:26 h
39.0 km	1.8 %	$4:59 \min/\mathrm{km}$	3:04:26 h
40.0 km	0.5 %	4:48 min/km	3:09:15 h
41.0 km	0.9 %	$4:52 \min/\mathrm{km}$	3:14:07 h
$42.0~\mathrm{km}$	1.4 %	4:56 min/km	3:19:03 h
$42.2~\mathrm{km}$	0.5~%	4:48 min/km	3:20:00 h

Km	Tiempo
1	0:05
2	0:10
3	0:15
4	0:19
5	0:24
6	0:29
7	0:34
8	0:38
9	0:43
10	0:47
11	0:52
12	0:57
13	1:01
14	1:06
15	1:10
16	1:15
17	1:20
18	1:25
19	1:29
20	1:34
21	1:39
22	1:43
23	1:48
24	1:53
25	1:58
26	2:03
27	2:07
28	2:12
29	2:17
30	2:22
31	2:26
32	2:31
33	2:36
34	2:41
35	2:45
36	2:50
37	2:55
38	2:59
39	3:04
40	3:09
41	3:14
42	3:19

Km	Tiempo
5	0:24
10	0:47
15	1:10
20	1:34
25	1:58
30	2:22
35	2:45
40	3:09

Kevin Bauer • http://urupica.github.io/pacer/