

# Media Maratón Club Tenis La Paz 2016

Tiempos parciales - **Objetivo: 2:10h**



| Total   | Parcial | Pendiente | Ritmo       | Tiempo sección | Tiempo parcial | Lugar                    |
|---------|---------|-----------|-------------|----------------|----------------|--------------------------|
| 0 km    | 0 km    | —         | —           | 0:00 min       | 0:00:00 h      | Partida                  |
| 1.5 km  | 1.5 km  | -1.3 %    | 6:05 min/km | 9:08 min       | 0:09:08 h      | Puente Aranjuez          |
| 3.5 km  | 2.0 km  | 5.2 %     | 6:54 min/km | 13:49 min      | 0:22:58 h      | Mallasa                  |
| 6.4 km  | 2.9 km  | -3.4 %    | 5:50 min/km | 16:55 min      | 0:39:54 h      | Restaurante Il Portico   |
| 9.5 km  | 3.1 km  | -5.5 %    | 5:35 min/km | 17:19 min      | 0:57:13 h      | Puente Lipari            |
| 10.8 km | 1.3 km  | 6.9 %     | 7:06 min/km | 9:15 min       | 1:06:28 h      | Peaje                    |
| 13.7 km | 2.9 km  | -4.0 %    | 5:46 min/km | 16:44 min      | 1:23:13 h      | Cancha Fútbol Huajchilla |
| 16.3 km | 2.6 km  | -3.3 %    | 5:51 min/km | 15:14 min      | 1:38:27 h      | Carreras                 |
| 18.5 km | 2.2 km  | 3.9 %     | 6:44 min/km | 14:49 min      | 1:53:17 h      | Cancha Fútbol Huajchilla |
| 20.5 km | 2.0 km  | 2.8 %     | 6:36 min/km | 13:12 min      | 2:06:29 h      | Entrada CT Huajchilla    |
| 21.1 km | 0.6 km  | -3.3 %    | 5:51 min/km | 3:30 min       | 2:10:00 h      | Meta                     |

| Km | Tiempo |
|----|--------|
| 1  | 0:06   |
| 2  | 0:13   |
| 3  | 0:20   |
| 4  | 0:26   |
| 5  | 0:32   |
| 6  | 0:38   |
| 7  | 0:43   |
| 8  | 0:49   |
| 9  | 0:54   |
| 10 | 1:01   |
| 11 | 1:08   |
| 12 | 1:13   |
| 13 | 1:19   |
| 14 | 1:25   |
| 15 | 1:31   |
| 16 | 1:37   |
| 17 | 1:43   |
| 18 | 1:50   |
| 19 | 1:57   |
| 20 | 2:03   |
| 21 | 2:09   |

| Km | Tiempo |
|----|--------|
| 5  | 0:32   |
| 10 | 1:01   |
| 15 | 1:31   |
| 20 | 2:03   |

| Km   | Tiempo | Lugar    |
|------|--------|----------|
| 3.5  | 0:23   | Mallasa  |
| 9.5  | 0:57   | Lipari   |
| 10.8 | 1:06   | Peaje    |
| 16.3 | 1:38   | Carreras |
| 21.1 | 2:10   | Meta     |

| Km   | Tiempo | Lugar       |
|------|--------|-------------|
| 1.5  | 0:09   | Aranjuez    |
| 3.5  | 0:23   | Mallasa     |
| 6.4  | 0:40   | Il Portico  |
| 9.5  | 0:57   | Lipari      |
| 10.8 | 1:06   | Peaje       |
| 13.7 | 1:23   | Huajchilla  |
| 16.3 | 1:38   | Carreras    |
| 18.5 | 1:53   | Huajchilla  |
| 20.5 | 2:06   | Entrada CTH |
| 21.1 | 2:10   | Meta        |