4/18/22, 9:15 AM EBSCOhost

Record: 1

Title: What Self-Awareness Really Is (and How to Cultivate It).

Authors: Eurich, Tasha

Source: Harvard Business School Cases. Feb2022, p1-2111. 2111p.

Document Type: Article

Abstract: It's not just about introspection. [ABSTRACT FROM AUTHOR]

Copyright of Harvard Business School Cases is the property of Harvard Business School Publication Corp. and its content may not be copied or emailed to multiple sites or posted to a listserv without the copyright holder's express written permission. However, users may print, download, or email articles for individual use. This abstract may be abridged. No warranty is given about the accuracy of the copy. Users should refer to the original published version of the material for the full

abstract. (Copyright applies to all Abstracts.)

Accession Number: 156236782

Database: Business Source Complete