## Liebowitz Social Anxiety Scale Liebowitz MR. Social Phobia. Mod Probl Pharmacopsychiatry 1987;22:141-173

| Pt Name:  |  | Pt ID #:  |                    |           |  |
|---|--|---|--------------------|-----------|--|
| Date:   | Clinic #:  | Assessment point:   |                    |           |  |
|   | Fear or Anxiety: 0 = None 1 = Mild 2 = Moderate 3 = Severe | Avoidance:<br>0 = Never (0%)<br>1 = Occasionally (1—33%)<br>2 = Often (33—67%)<br>3 = Usually (67—100%) |                    |           |  |
|   |  |   | Fear or<br>Anxiety | Avoidance |  |
| 1. Telephoning in public. (F  | P)   |   |                    |           | 1.   |
| 2. Participating in small groups. (P)                               |  |   |                    |           | 2.   |
| 3. Eating in public places. (P)                                     |  |   |                    |           | 3.   |
| 4. Drinking with others in public places. (P)                       |  |   |                    |           | 1.<br>2.<br>3.<br>4.<br>5.<br>6.<br>7.<br>8. |
| 5. Talking to people in authority. (S)                              |  |   |                    |           | 5.   |
| 6. Acting, performing or giving a talk in front of an audience. (P) |  |   |                    |           | 6.   |
| 7. Going to a party. (S)  |  |   |                    |           | 7.   |
| 8. Working while being observed. (P)                                |  |   |                    |           |  |
| 9. Writing while being observed. (P)                                |  |   |                    |           | 9.   |
| 10. Calling someone you don't know very well. (S)                   |  |   |                    |           | 10.  |
| 11. Talking with people you don't know very well. (S)               |  |   |                    |           | 11.  |
| 12. Meeting strangers. (S)  |  |   |                    |           | 12.  |
| 13. Urinating in a public bathroom. (P)                             |  |   |                    |           | 13.  |
| 14. Entering a room when others are already seated. (P)             |  |   |                    |           | 14.  |
| 15. Being the center of attention. (S)                              |  |   |                    |           | 15.  |
| 16. Speaking up at a meeting. (P)                                   |  |   |                    |           | 16.  |
| 17. Taking a test. (P)  |  |   |                    |           | 17.  |
| 18. Expressing a disagreement or disapproval to people you don't    |  |   |                    |           | 18.  |
| know very well. (S)   | 1 14 1 11 11 11  | (0)   |                    |           | 10   |
| 19. Looking at people you don't know very well in the eyes. (S)     |  |   |                    |           | 19.  |
| 20. Giving a report to a group. (P)                                 |  |   |                    |           | 20.  |
| 21. Trying to pick up someone. (P)                                  |  |   |                    |           | 21.  |
| 22. Returning goods to a store. (S)                                 |  |   |                    |           | 22.  |
| 23. Giving a party. (S)   |  |   |                    |           | 23.  |
| 24. Resisting a high pressure salesperson. (S)                      |  |   |                    |           | 24.  |