

HOW DO YOU GET EBOLA

Ebola isn't as contagious as more common viruses like colds, influenza, or measles.

It spreads to people by contact with the skin, or body fluids of an infected animal, like a monkey, chimp, or fruit bat.

Then it moves from person to person the same way.

Those who care for a sick person or bury someone who has died from the disease often get it.

Other ways to get Ebola include touching contaminated surfaces.

For example, it can be spread by:

- Directly touching the body of someone who has symptoms
- Or recently died from the disease
- Cleaning up body fluids (blood, poo, urine or vomit)
- Or touching the soiled clothing of an infected person

The virus can survive for several days outside the body.

Studies show traces of Ebola may remain in semen many months after recovery.

You can't get Ebola from air, water, or food. A person who has Ebola but has no symptoms can't spread the disease, either.

Ebola can not be caught through routine social contact, such as shaking hands, with people who do not have symptoms.