

Objective

My best assets are enthusiasm, creativity and a positive attitude towards both, my education and career. I am competitive, very organized and always determined towards achieving the best in every endeavor of Life. I thoroughly enjoy meeting new people and effectively blend with them to achieve a challenging work environment.

Skill Highlights

- Proficient in Microsoft word, Microsoft Excel, Power Point
- Good in Planning and Organizing
- Enthusiastic learner
- Can work efficiently both as an individual or part of team.
- Command on Communication (Verbal & written)
- Experience in Research work

Languages

- English
- Urdu

Interests

Reading

Traveling

Watching Documentaries

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Experience

- **HR Internship (Bullehshah Packaging)**
(August 2019- October 2019)
- **Home Tuition**
- **HR Internship (WWF Pakistan)**
(August 2016 – September 2016)

Education

- **M.Phil (Human Development & Family Studies)**
(2017- 2019)
University of Punjab
(Gov.College of Home Economics)
- **BS Hon (Human Development & Family Studies)**
(2010-2016)
University of Punjab
(Gov.College of Home Economics)
- **Matriculation (Science)**
(2010)
Global High School

Certifications/Seminars/Activities

- **Conference & Workshops**
 - Phonics workshop (2014)
 - English translation & Grammar workshop (2016)
 - International Psychiatry Conference (2019)
- **Fundraising Activities**
 - Bake sale (2011)
 - Art exhibition (2013)
- **Social Work**
 - Visited and developed a report on old homes and needs of elderly.
 - Visited and delivered lessons in Trust schools as a part of Guidance & Counseling project