

## **MINAHIL MAZHAR**

**Date of birth:** 9<sup>th</sup> April, 1997| **Address:** 147 H-2, Wapda Town, Lahore|

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### **OBJECTIVES**

As a teacher i want to utilize my knowledge and abilities to meet individual needs of the students. My aim is to shape my students' personalities in a way that will help them in becoming a productive member of the society.

### **EDUCATION**

#### **B.Sc Honors in Applied Psychology (2015-2019)**

Kinnaird College for Women

#### **Intermediate, FA (Humanities) (2013-2015)**

Lahore College for Women University

#### **Matriculation (Sciences) (2008-2013)**

Beaconhouse School System, Canal Side Girls Campus, Lahore

### **WORK EXPERIENCE**

#### **Clinical Placement at Rising Sun Institute for Special Children**

- Worked closely with children and teenagers diagnosed with a range of developmental disorders and intellectual disabilities including autism spectrum disorder, cerebral palsy, attention deficit hyperactivity disorder and Down syndrome
- Learned the nuances of working with differently abled children
- Attended three-day workshop on “Special Needs and Inclusive Education”.

#### **Project: Active Citizenship Project titled “Kehkashaan- A Galaxy within the Stars”**

- Worked with British Council & Al-Khidmat Foundation at ISSOS House, Sabzazaar
- The aim was to educate street children and enhance their interpersonal skills and creative skills.
- Conducted lectures and activities regarding moral values, hygiene, personal safety and on how to reuse different things creatively

## **Other experiences**

- Attended different workshops regarding Psychology, NLP and Stress Management and Mental Health Awareness
- Worked at PIMH (Punjab Institutes of Mental Health), Fountain House, and Shaukat Khanum with clients to collect case studies.

## **SKILLS AND ABILITIES**

<ul style="list-style-type: none"><li>• Exceptional soft skills</li><li>• Leadership skills and team management skills</li><li>• Ability to work individually and as a part of team</li><li>• Highly organized and punctual</li><li>• Strong interpersonal skills</li><li>• Proactive to perform target-oriented tasks</li></ul>	<ul style="list-style-type: none"><li>• High personal integrity and confidence</li><li>• Keeps honesty and discipline as a key attribute in personal and professional life</li><li>• Problem solving and decision making skills</li><li>• Proficient with Microsoft office</li><li>• Proficient with SPSS</li></ul>
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## **INTERESTS**

- Dedicated towards the cause of increasing mental health awareness
- Interested in understanding the human behavior and helping people navigate through complex emotional blockages
- Staunch believer and advocate for human rights and animal rights too
- Travelling
- Managing and conducting events