

Maham Javed | Doctor of nutrition & dietetics

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Profile

I'm a self-motivated dietician with a great passion for nutrition. I have excellent communication skills, both written & oral, & I can work independently without direct supervision. Exceptional hardworking skills. If given a chance I shall not disappoint you & work to the best of my potential.

Experience

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| CLINICAL NUTRITION INTERN Children's Hospital | Oct 2018 – Nov 2018 |
| INTERN DIETITIAN Fatima Memorial Hospital | July 2018 |
| CLINICAL NUTRITION INTERN Shaikh Zayed Hospital | Sep 2018 – Oct 2018 |
| TEACHER Al-Hafeez Academy | Jan 2013 – June 2013 |

Education

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| - Dhnd-Doctor of human nutrition and dietetics Sargodha medical college | 2014-2019 |
| - Bachelor of Arts Punjab University | 2012-2014 |
| - Higher Secondary School Certificate Queen Mary College Pre-medical | 2011-2012 |

Academic Projects

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| - Prevalence of irritable bowel syndrome | 2019 |
| - School Lunch Program | 2018 |
| - Super foods 101 | 2017 |
| - Don't be a brat, eat less trans-fat | 2015 |

Extra Curricula's

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| - Volunteer Patient Care & Blood Donation Society Sargodha Medical College | 2014-2019 |
| - Class Coordinator Environmental & Horticulture society Sargodha Medical College | 2017-2019 |

Skills & Hobbies

- Interpersonal skills: Pressure handling, Team Work, Presentation, Focused, Creative, informative writing
- Software: MS Office
- Hobbies: Reading, writing, Cycling, Tennis, Cricket, Gardening

Awards & Achievements

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| - 2nd stand in Essay Writing Competition Sargodha Medical College | 2017 |
| - Certificate of appreciation in debate Sargodha Medical College | 2015 |
| - 2nd stand in Essay Writing Competition King Edward Medical University | 2013 |

Reference

Hashir Mughal
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