# Marium Nasir

84-C Mohafiz Town, Thokar niaz baig, Lahore.
Lahore, Punjab
03001611666
n.marium17@gmail.com

## Summary

University graduate with a degree in food and nutrition. Goal oriented nutritionist. Adept in handling problems. Looking for an opportunity to bring efficiency and expertise to the job of a high school teacher to help children develop in the best possible way and become motivated, positive students.

### Education

#### **Lahore College for Women University**

BS (hons) Home Economics

**Major: Food and Nutrition** 

3.66 CGPA

Participated in many food related competitions and won

Attended many seminars and conferences

Kips College Lahore, Punjab

FSC (pre medical) Passed July 2014

756/1100

Mansoorah Model High School Lahore, Punjab

Matriculation Passed June 2011

845/1050

### **Employment History**

#### The Trust School Wapda Town Phase 2

Lahore, Punjab

English and Social Studies Teacher

April 2019 - September 2019

**Graduated August 2018** 

Developed English lesson plans in line with the national curriculum: Planned English lessons to meet curriculum standards.

Helped students understand, speak, read and write in English.

Modified assignments and activities to meet the learning needs of individual students – Identified and sorted into small, similarly skilled groups.

Classroom management: Prepared English classroom and coursework materials, homework assignments, and handouts. Prepared course work, planned class sessions: Selected/integrated appropriate instructional materials for classroom instruction – Organized/delivered classroom lectures to students. Arranged extra-curricular activities and set targets for pupils.

Evaluated the students' class work and assignments: Graded tests, essays, reports and other assignments – Regularly provided students with feedback in line with the faculty assessment systems.

Alhamd School of Sciences

Lahore, Punjab

Science Teacher September 2018 - March 2019

Delivered engaging, coherent lectures and motivating lessons to students across all Key Stages. Utilized learning technology in the planning and delivery of lessons.

Evaluated the students' class work and assignments: Graded tests, essays, reports and other assignments – Regularly provided students with feedback in line with the faculty assessment systems.

#### Fatima Memorial Hospital, Shadman Road, Lahore,

Lahore, Punjab

June 2017 - July 2017

Pakistan internee

Learned to deal with patients. (Patient Assessment)

Learned to make diet plans according to analysis and observations.

### **Professional Skills**

Leadership qualities Advanced
Ability to follow directions and established Expert

procedures

Maintain professional and development

responsibilities

Expert

Great Communication skills

Proficiency in MS word and PowerPoint

Advanced

Advanced

### **Hobbies & Interests**

Book reading Listening music Watching movies

Travelling

### Languages

English Fluent Urdu Fluent Punjabi Fluent

# References

Reference will be provided on demand.