

SYEDA SAMANA GHAZANFAR

AMBASSADOR OF PUNJAB FOOD AUTHORITY

PERSONAL INFO

ADDRESS

House No. 1, Street No. 5, Sector 2, Qazi Town, Multan road, Lahore

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DATE OF BIRTH

4th November 1995

SKILLS

MS-OFFICE **Advance**
MANAGERIAL **Advance**

HOBBIES

- Reading Novels
- Try New food recipies
- Play arcade and hidden object games
- Creativities thinking

OTHERS

- Attended 16th Shaukat Khanum Symposium
- Participate in World Food Day

Strong focus on listening to and addressing patient concerns and answering all questions in terms patients can easily understand. Willingness to work with all members of the medical team and listen to their suggestions and input to improve results and maximize patient satisfaction. Specialized as a general internist during residency, providing me with knowledge of a range of health issues that impact internal organs.

INTERNSHIP

Nov 2018-

Dec 2018

Intern

Sir Ganga Ram hospital – Lahore

1. Anthropometric assessment of pediatric patients and studied stabilization diets
2. Interacted with patients in surgical, medical, gynae and lactation unit
3. Provided MNT's for every patient

Nov 2018 –

Dec 2018

Intern

University of Lahore teaching hospital - Lahore

1. Case studies
2. CKD Awareness brochure
3. Provided medical nutrition therapy to patients

July 2018 –

Aug 2018

Intern

Sheikh Zayed Hospital, Lahore - Lahore

1. Clinical Assessment of patients
2. Provided MNT's
3. Assisted dietitian in OPD

July 2018 –

Aug 2018

Intern

Farooq Hospital Westwood branch, lahore - Lahore

1. Understood diseases and their diets
2. Made diet plans
3. Made brochure for awareness

EDUCATION

Oct 2014-

May 2019

DDNS (Doctor of Diet and Nutritional Sciences)

The University of Lahore, Lahore.

CGPA- 3.87-85.5%

Sep 2012-

April 2014

FSC (Pre-Medical)

Punjab College of Science, Lahore.

Marks- 852/1100-77%

AWARDS

November
2018

Won poster competition on osteoporosis topic at UMT

October
2018

Won poster competition on negative effects of depression on heart at Punjab- Institute of Cardiology