

Sports Sciences and Physical Education

IN THE NAME OF ALLAH, THE BENEFICIENT.

JAMIL AHMAD

Govt. College (Boys) Gulberg Lahore

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Career Objective:

I have a varied experience in carrying out administrative duties, ensuring good management of the systems, I am looking forward to take up administration and ensure the smooth running of a growing organization.

Educational Qualifications:

2018- M.Phil. in Sports sciences & Physical Education from
The University of Lahore 3.30/4.0.

2012-B.Ed. from Allama Iqbal Open University Islamabad

2001-2003 Master's Degree in Physical Education, Govt. College of Physical Education
Lahore 650/1100(1st).

1999-2001 Bachelor's degree in Arts, University of the Punjab Lahore 484/800(1st).

1997-1999 F.A. Board of intermediate and secondary education Lahore (2nd).

1997-Matriculation in science, Board of intermediate and secondary education Lahore
(2nd).

Professional Experience:

- 2016- Continue as lecturer in Sports Sciences & Physical Education (teaching to M.Sc. classes) in Govt. College Gulberg Lahore.
- Thesis supervisor as internal examiner to Msc. Sports Sciences students.
- 2016- Continue as internal and external examiner of universities.
- 2013- Continue as centre superintendent and Practical examiner in BISE Lahore and Punjab university.
- 2012- 2016 as lecturer in Physical Education in Govt. College Chunian Kasur.
- 2002-present, Administrative in the Sports area, looking after budget management, fiscal fund raising, hiring and firing, event management, etc.
- As sports sciences teacher (GPS-16) in Army Public Schools& Colleges(APS) Lahore Cantt.
- As lecturer Physical Education in Community Model Boys College Kana Nao campus Lahore.

Responsibilities:

- Managing the sports department.
- Engaging students in Physical activities.
- Supervising sports equipment and grounds.

Achievements:

- Organised many Annual Sports events and workshops on Physical Education.
- National level player in athletics.
- Silver medallist in all Pakistan Intervarsity's.
- Gold medallist and best player of Punjab University, Punjab, Govt. College of Physical Education Lahore, Govt. College Phool Nagar and Distt. Kasur.

MY PERSONALS:

FATHER'S NAME:	BASHIR AHMAD
Religion:	Islam
Domicile:	Sahiwal
D.O.B:	01-04-1982
N.I.C:	36501-3308359-3
Marital status:	Married

ADDITIONAL INFORMATION;

Computing Skills: good knowledge of BASIC programming, MS word. Internet Explorer and several e-mail packages.

Language Skills: fluent English, Urdu and Punjabi.

Qualified in civil defence specialist Instructor's casualty service course from Federal civil defence Training School Lahore.

Hobbies:

cricket, internet using.

References:

I am happy to supply references on request.