

Shaheena Mushtaq
Psychologist

Contact # 03334332677 / 03334332688

Email ID: shaheenamushtaq7@gmail.com

Address: 290 Satluj Block Allama Iqbal Town
Lahore

Objective

I aspire to be a part of the part of an organization that fosters the environment of freedom, responsibility and Individual growth in the process of achieving the corporate objectives. I would like to utilize my skills to the fullest to get the maximum benefits out of prevailing condition.

Experience

Current Status:

Psychologist

Mushtaq Homeopathic Clinic

Former Status:

Psychological Consultant

The National School System the Project of the Social Gate
Foundation

Chinese Language Interpreter and Coordinator

(Expo Only for Week)

Color & Chemical International Exhibition Expo Center
Lahore (Asian Travel and Tours)

Technical Skills

- Research and data analysis
- Microsoft Office
- SPSS
- Test development and administration
- InPage
- Adobe Illustrator
- Adobe Photoshop
- Adobe In design

Project Work

Research entitled:

Perfectionism and Self-esteem in OCD patients

- **Case Report (Specialize in Clinical Psychology) :**
 - Drug addict patients
 - Major Depressive patient
 - Depressive patient
 - Schizophrenic patient
 - Bipolar patient
- **Neuropsychological Report:**
 - Epileptic Patient
 - Drug addict patient
 - Schizophrenic patient
- **Psychological Assessment**
- **Psychological Testing**
- **Experimental Psychology**

Achievements

2015/09 – 2015/10

Test Administration and Test Developer

Designed a test for Psychological Assessment for the
fulfillment of M.Sc. Project work

Türk- Çincec Sözlük Volume 1

Turkish to Chinese Language Dictionary

Türk- Çincec kitap Volume 2

Turkish to Chinese Language Book

Qualification

2008 – 2010.	Matriculation in Science	(BISE LAHORE)
	Physics	Chemistry
		Biology
2010 – 2012.	Intermediate in Humanities	(BISE LAHORE)
	Psychology	Persian
	Education	
2012- 2014	Bachelors in Arts	(PUNJAB UNIVERSITY)
	Psychology	Persian
	Education	
2015– 2017	M.Sc. Applied Psychology	(PUNJAB UNIVERSITY)
	<ul style="list-style-type: none">Specialized in Clinical PsychologyBiological Basis of BehaviorAbnormal PsychologyResearch MethodologyPsychological Testing and AssessmentSocial psychologyChild PsychologyTesting and Psychological AssessmentComputer usage and SPSS	

Personal Information

Shaheena Mushtaq	
D/o Muhammad Mushtaq Ahmad Chaudhry	
Date of Birth	24 December 1992
Religion	Islam
Nationality	Pakistani
Domicile	Punjab
City	Lahore
Contact #	03334332677
Guardian Contact #	03334332688

Final words

Nothing is impossible for a willing mind.

Courses

2014/10 – 2015/06	Diploma in Chinese Language
	Institute of Languages, Oriental College (PUNJAB UNIVERSITY)
	<ul style="list-style-type: none">Functional Chinese & Applied GrammarSecured 732/800 A+CGPA 4.00/4.00
2017/09 – 2017/12	Chinese & Turkish Language (TEVTA)
	<ul style="list-style-type: none">3months Chinese language courseSecured 86% (86/100)
2017- 2017	Advance Master Training in Turkish Language
	6 weeks Advance International Master Training Turkish Language course by Turkish Cooperation & Coordination Agency from TEVTA
2019/11– 2020/01	Training in Creative Writting Digiskills
2019/11– 2020/01	Training in E-Commerce Digiskills
2019/08– 2019/10	Training in WordPress Digiskills
2019/08– 2019/10	Training in SEO Digiskills
2019/04– 2019/06	Training in Graphic Designing Digiskills
2019/04– 2019/06	Training in Freelancing Digiskills

Expertise

Motivational skills	Management
Counseling	Leadership
Problem solving	Team working
Adaptability	Flexibility

Languages

Urdu	Native
English	Good
Mandarin Chinese	
Written spoken and listening	Good
Turkish	
Written spoken and listening	Good

Interest

Test Designing and Administration
Administration & Psychology
Case Study and Management

References

References available upon request.
