



"For me, success is equivalent to creating the empowerment ripple. I strive to learn and make a difference through my knowledge, skills and experience."

EDUCATION

MPhil in Education Policy and Development (2015 – 2019)

ISCS, University of the Punjab -CGPA: 3.78

Masters in Sociology (2012 – 2014)

ISCS, University of the Punjab
CGPA: 3.99 (Gold Medalist)

Neuro-Linguistic Programming Course by Kain Ramsay (2019)

Achology- Academy of Applied Psychology

SKILLS

Language Proficiency

English	Professional
Urdu	Native
Punjabi	Native

Computer Skills

MS Word	Professional
MS PowerPoint	Professional
MS Excel	Intermediate
InPage Urdu	Professional
Prezi	Intermediate

Multimedia Skills

Video-blogging	Intermediate
Filmora	Professional
Virtual Sessions	Professional

Soft Skills

Public Speaking	Professional
Presentation	Professional
Capacity Building	Professional
Communication	Professional
Management	Professional
Monitoring & Evaluation	Professional

VOLUNTEER WORK

Multiple workshops, digital content creation and virtual sessions with Youth Development Society, Mayo Postgraduate College, University of the Punjab, School of Leadership, IREX and USAID; on career counseling, teachers' training, soft skills, third sector management, cyber security, peace promotion, cultural exchange, and life skills.

Ms. NAMRA NASIR

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WORK EXPERIENCE

HR Manager & Teachers' Trainer (03/2019- Present)

Mayo International Postgraduate College

Management, recruitment and training of teachers on soft skills, HR policies and CRM.

Social Welfare Officer and Master Trainer

Social Welfare Department, Government of Punjab (05/2016 -03/2019)

Management of 43 NGOs and a Municipality Hospital, voluntary workshops on women's economic empowerment, SRHR, peace and cultural exchange, youth capacity building, child abuse prevention, life skills based education, social inclusion and equity.

Master Trainer

Apex Consulting, Pakistan (09/2018- Monthly contract based)

Activity-based trainings of field officers and enumerators, on the Post-Campaign Monitoring and Lot Quality Assurance Sampling, for Polio eradication projects.

Pedagogy Mentor

Alif Laila Book Bus Society (06/2017-03/2018)

Mentoring female teachers for bringing innovation in pedagogy to build students' capacity through the use of A/V techniques, self-created learning based games and content, focusing on schools for the underprivileged.

Planning, Research and Development Associate

KIPS Head Office (05/2015- 05/2016)

Planning, development of resource packs and execution of trainings focused on youth leadership & capacity enhancement, gender-justice and equality, gender transformative approach to end gender-based violence, and cultural appreciation through edutainment.

Teacher

Lahore Grammar School (09/2014-05/2015)

Taught English, G.K. and Geography to grade Vi to VIII; student capacity enhancement.

CONFERENCES AND TRAININGS

International:

Women of the World Festival as a panelist on culture and gender justice (**WOW, 2019**).

Women Deliver Young Leaders Program as a Gender Activist and Panelist for Johnson & Johnson(**Canada, 2019**).

International Youth Forum- Creativity & Cultural Heritage by UNESCO. as Pakistani Ambassador (**China, 2019**)

International Media Expedition, (Russia, 2018), as a **Pakistani Female Activist**.

World Festival of Youth and Students via **Prime Minister's Youth Program** as a **Pakistani Social Activist and Content Creator (Russia, 2017)**.

"Women for Peace" delegation from Pakistan, in the **Global Youth Peace Fest (India, 2016)**.

Global Youth Peace Fest (India, 2015) as Pakistani Peace and Cultural Ambassador.

SUSI Kansas Women's Leadership Institute by **USAID** at Kansas University, (**USA, 2014**).

Political Communication Summer School by **DAAD** at Erfurt University, (**Germany, 2013**).

National

Population Council dialogue on 'Population issues and Creating Young Advocacy Champions' (2019).

JHPIEGO National Meeting to engage youth for activism in attaining FP2020 Goals (2019).

Punjab Population Innovation Fund: 25 Years of ICPD conference, youth dialogue and documentary screening (2019).

School of Leadership "Train the Young Trainers" Certified Training by Mr. Umair Jalianwala and Kamran Rizvi (2018).

USAID training on **"Government and NGOs Collaboration for Gender Justice"** at the **CPPG, Forman Christian College** (2017).

Certified professional training by **Social Welfare Training Institute (Govt of Punjab)** (2016).

Certified professional training at **Management and Professional Development Department, Lahore**, by Department of Social Welfare and Baitulmaal (2016)

Fall School on Internet and Gender Politics, held at ISCS, PU; partnering with **Universitat Erfurt** (2013)

ACHIEVEMENTS/AWARDS

- **Gold medalist** in M.Sc. **Sociology** (University of the Punjab, 2014)
- **4 international awards and more than 20 screenings** for three of my documentaries.
- Team title for 'Most Creative Activists' in **FIFA International Media Expedition (Russia, 2018)**.
- Placed among **30 under 30** Pak-US Alumni Network Women Leaders for social services and activism (2018).
- Featured among the **"100 Faces of WFYS"** as Impactful Pakistani Delegate (**Russia, 2017**).
- Recipient of **Global Peace Symbol** at the 8th **International Youth Peace Festival** (2016).
- **National Youth Activist Award** by **Bargad Youth Org., NFPA and Govt. of Punjab** (2014).
- **1st prizes** for **Citizen Journalism blogging competitions** in **Erfurt University (Germany, 2013)**