**Fatima Ehsan.** Lahore, Pakistan +92132721646

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**Career experience:**

Koshish clinic, Lahore, PUJ (Aug 2019 –Nov2019)

Work as clinical psychologist internee, done psychological testing inpatients and outpatients especially on children and counseling sessions were given to those children. Individual and group sessions conducted in order to psycho educate patients in Rehabilitation Centre for developing skills in order to manage their lives. Emotion regulation, anger management and assertive way of communication was educated. Have learned Twelve step program by Chandler Scot McMillan & Ronald L. Rogers in order to educate patients with addiction.

**Education & Credentials:**

* MSc in Psychology (Clinical psychology) from University of Karachi
* BSc in Home Economics from Rana Liaquat Ali Khan Govt. College Of Home Economics. Stadium Road. Karachi.
* Intermediate from Rana Liaquat Ali Khan Govt. College Of Home Economics. Stadium Road. Karachi..
* Matriculation from Army Public School (COD) Karachi Federal Board.

**Certifications:**

* 2nd *Psychiatry certificate course* (Aug 9-Oct 4, 2017), Agha Khan University, Karachi.
* 2nd *Educational research day* (Oct 11, 2018), Agha Khan University, Karachi.
* 5th international conference on *women empowerment* (Dec 15, 2018), AEIRC, University of Karachi.
* 1st *psychosocial & psychiatric rehabilitation* conference and workshops on *stress management, Jin Jadoo & mental health* *and CBT for psychosis* (June29-30, 2018), Karwan-e-Hayat, Marriot Hotel, Karachi.
* 1st international conference on *redefining mental health and wellbeing* (April 5, 2018), Department of Psychology, University of Karachi.
* Two days international conference on *Diversity & Peace: Challenges for social discourse* (Nov 7-8, 2017), faculty of arts and social sciences, University of Karachi.
* Two days international conference on *New trends in social sciences and humanities in the contemporary world: with reference to world peace order* (Nov13-14, 2018), faculty of arts and social sciences, University of Karachi.
* Workshop on *Anger Management* (Jan13, 2018), NIPD, Usman Institute of Technology, Karachi.
* Certified for organizing seminar *on Reconciling ethics and professionalism: the challenges faced* (Sep18, 2017), Department of Psychology, University of Karachi.
* Certified for *painting of pots* during students week, Department of Psychology, University of Karachi.
* Seminar on *Substance use problems in youth: treatment and prevention program* (Sep26, 2018), ICP, University of Karachi.
* Seminar on *Islamic Banking and finance* (Oct12, 2017), Department of Economics, university of Karachi.
* Awareness session on *social anxiety disorder* (July 19, 2018), National Healthcare Services, Lincoln Corners, Karachi.
* Introductory session on *Hospital Administration* (July22, 2018), NIPD, National Healthcare Services training and development Department Karachi.
* Instructive session on the *Basic concept of Digital Marketing* (July 14, 2018), Teach-in Solutions & NIPD, H.E.J institute, University of Karachi.
* Instructive session on *Common Psychological Disorders in Pakistan* (July 7, 2018), NHS, University of Karachi.