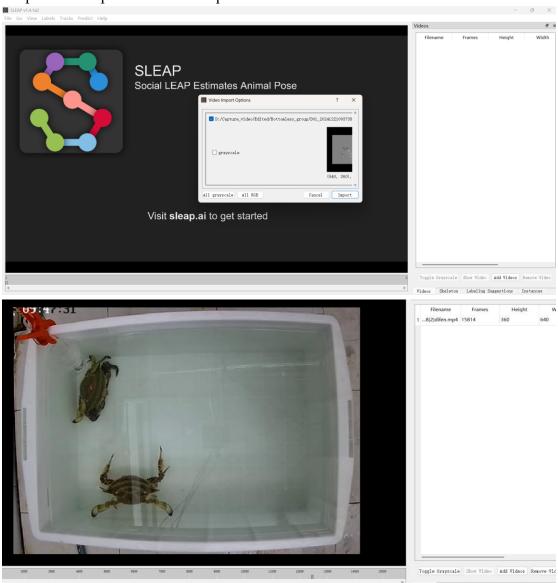
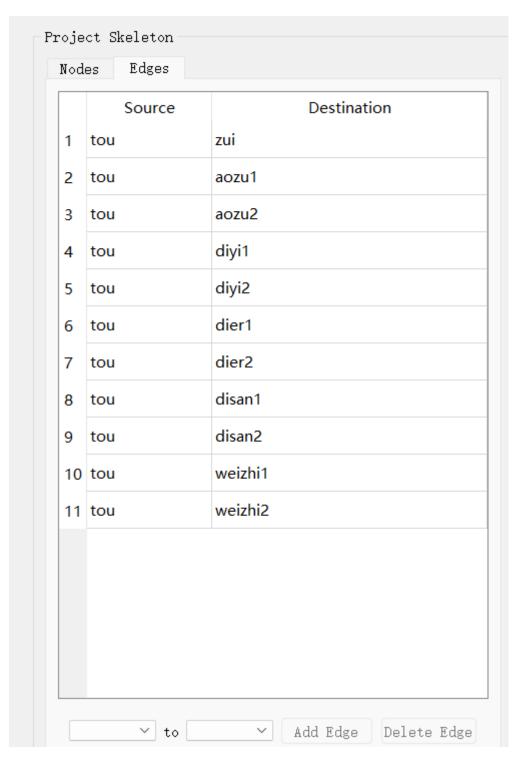
1. Open the sleep software and import the video



2. Establish marker points and skeleton

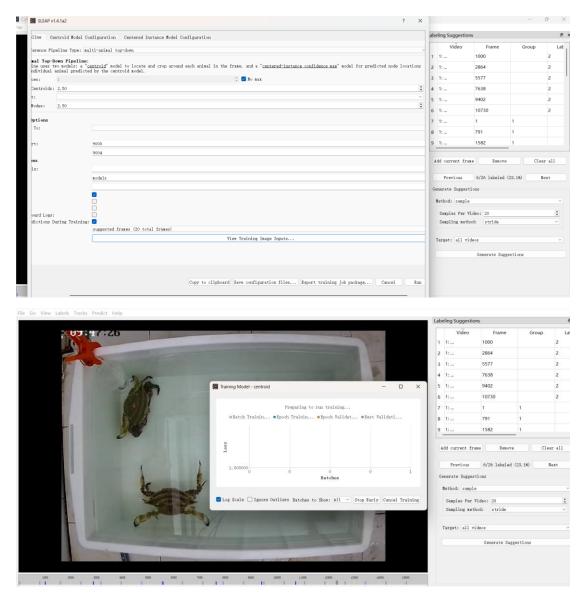
	Name	Symmetry
1	tou	
2	zui	
3	aozu1	
4	aozu2	
5	diyi1	
6	diyi2	
7	dier1	
8	dier2	
9	disan1	
10	disan2	
11	weizhi1	
12	weizhi2	



3. Select frames for tagging



4. Generate training frames to start training (correction and multiple training)



5. Mark all frames of the entire video and manually correct them



6. Export coordinate data

