



Policy on Consumption of Tobacco, Alcohol and Drugs

Healthy Practices @ Campus

SIMATS POLICY ON CONSUMPTION /POSSESSION OF TOBACCO, ALCOHOL, NARCOTIC & PSYCHOTROPIC DRUGS

The starter control over narcotic drugs is exercised in India through a number of Central and State enactments. The principal Central Acts, namelp the Opium Act, 1857, the Opium Act, 1878 and the Dangerous Drugs Act, 1930 were enacted a long time ago. Government of India has initiated National Tobacco Control Programme (NTCP) in the year 2007-2008 with aim to

- (i) Create awareness about the harmful effects of tobacco consumption,
- (ii) Reduce the production and supply of tobacco products,
- (iii) Ensure effective implementation of the provisions under “The Cigarettes and Other Tobacco Products (Prohibition of Advertisement and Regulation of Trade and Commerce, Production, Supply and Distribution) Act, 2003” (COTPA)
- (iv) Help the people quit tobacco use,
- (v) Facilitate implementation of strategies for prevention and control of tobacco advocated by WHO Framework Convention of Tobacco Control.

The National Tobacco Control Programme has been implemented in Tamilnadu by the District Health Societies under the supervision of the Deputy Director of Health Services. State level tobacco control programme has following components:

- Establishment of Tobacco cessation centers.
- Enforcement of Tobacco Control Law
- Capacity Building of Various Stakeholders on Tobacco Control

- Raising Awareness in Schools, Colleges and Other Educational Institutions
- Declaration of Tobacco Free Educational Institutions
- Organizing Mass IEC Awareness Campaigns
- Taking Pledge against Tobacco use

The Tobacco Free Programme (TFP) in SIMATS has strict rules and regulations for students, staff, and other workers who smoke active/passive. Tobacco activities are controlled by following activities:

- Students and staffs are used to assemble to take pledge against tobacco
- Encouraging the students and staffs are appreciated by awards and certificates for their volunteering work
- Competitions are conducted in the campus like poster making, essay writing and debate
- Awareness programs were performed with volunteers in public through street plays-mono act and drama in nearby villages.
- Conducting rally with students and staffs with posters and slogans

Penalty and punishment

The entire campus completely prohibited tobacco in all forms and it was declared a tobacco free zone.

If caught for the first time, the information given to the management, they can send the offender for counseling and enforce a penalty with a high amount and social work for 20Hrs.

In case of inconsequential option management impose a letter will sent to the parents/ guardian

If the person has caught for second time management enforce Rs. 75000/- a letter sent to parents to meet management; the offender will do 10hrs extra social work

Further caught in the third time leads to expulsion from the hostel and not being allowed to write the semester examination. The information passed to the parents/Guardian.

The consumption and distribution of narcotic drugs psychotropic substances like Heroin, barbiturates, Cocaine, Psilocybin, Benzodiazepines, Ketamine, Cannabis, Lysergic acid

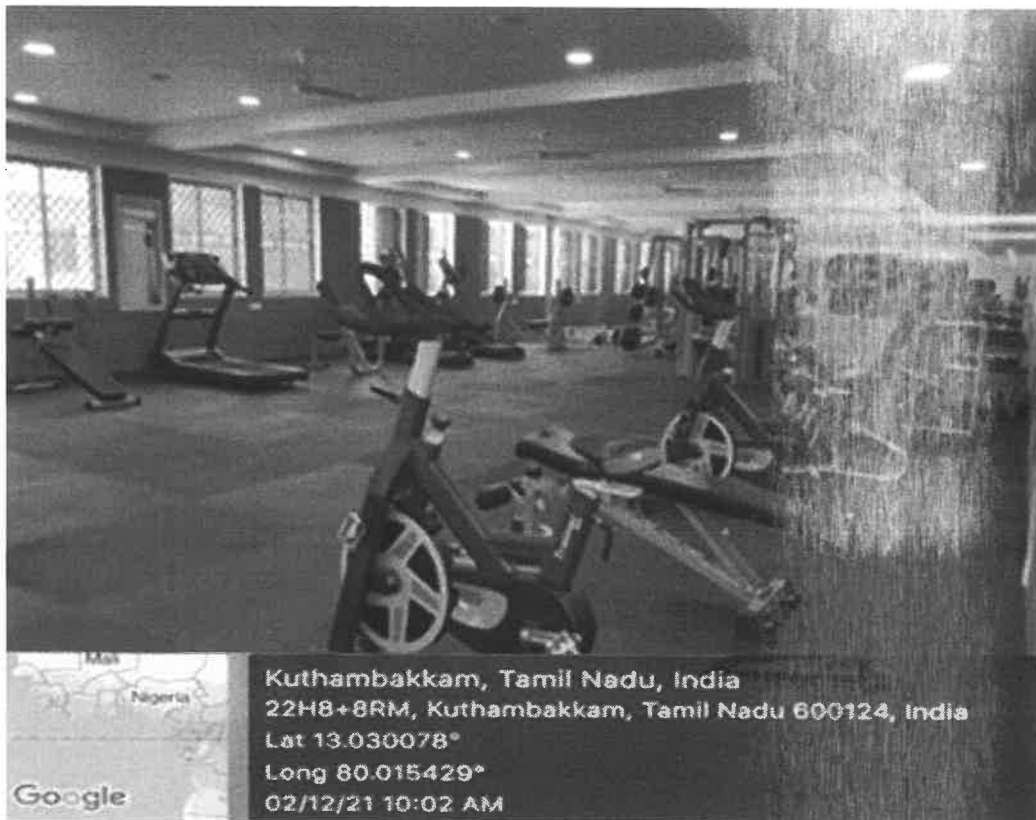
diethylamide, Flunitrazepam, MDMA, Amphetamine, Phencyclidine, Methamphetamines, GHB, Methaqualone, Inhalants and any other drugs mentioned in the Narcotic Drugs and Psychotropic Act 1985 are strictly prohibited in the campus.

Frequent vigilance will be there in the hostel to create awareness and periodical monitoring of these drugs by special squads.

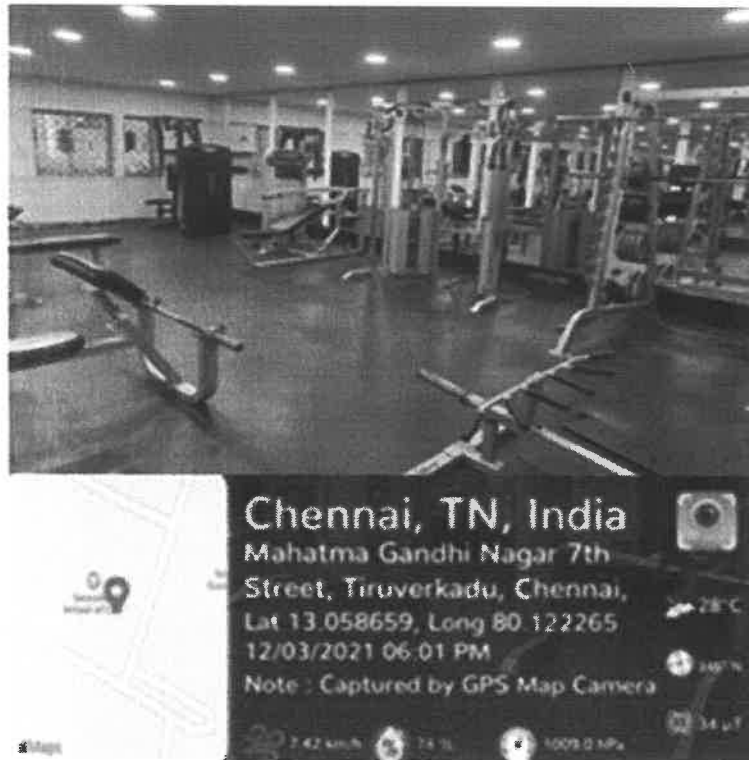
Possession of any drugs / keeping these substances in their hostel room cause appropriate disciplinary action like immediate expulsion from university with inquiry and report submitted to chancellor to take final decision.

Help line: A toll free number will be created on campus to complain about a person smoking within premises. It can be used for the students who want to come out from the addiction. Those students are encouraged and not punished.

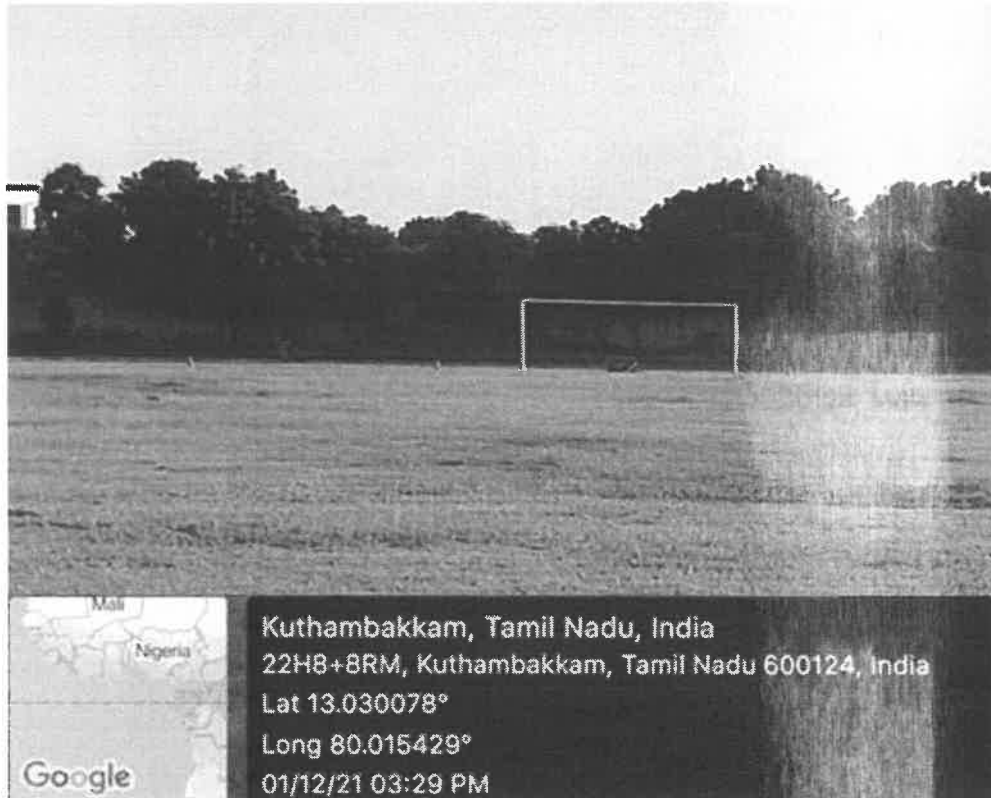
Healthy Practices to Students and staffs



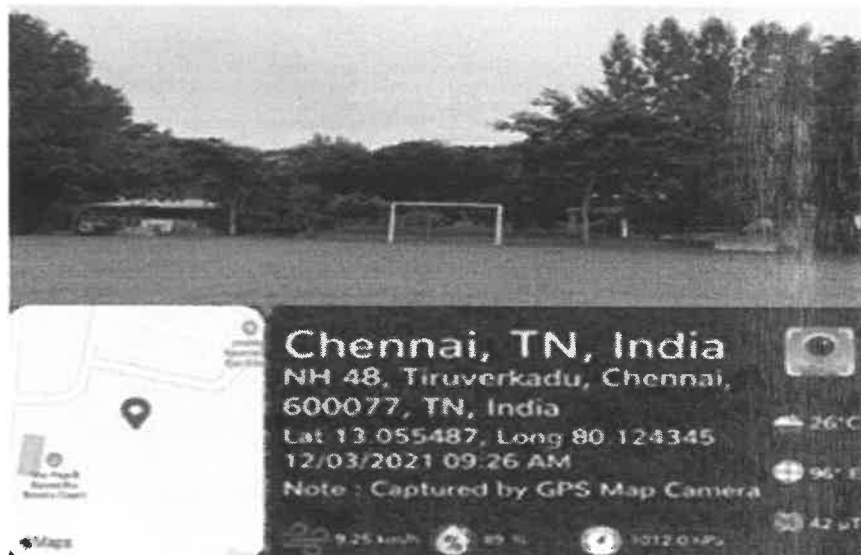
Fitness center at Thandalam campus



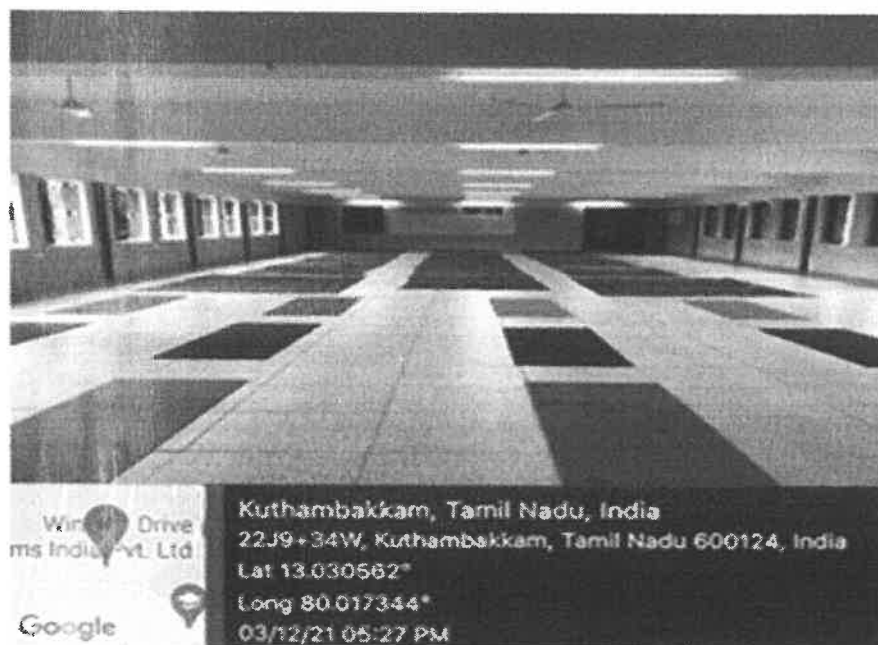
Gym facilities at Poonamallee campus



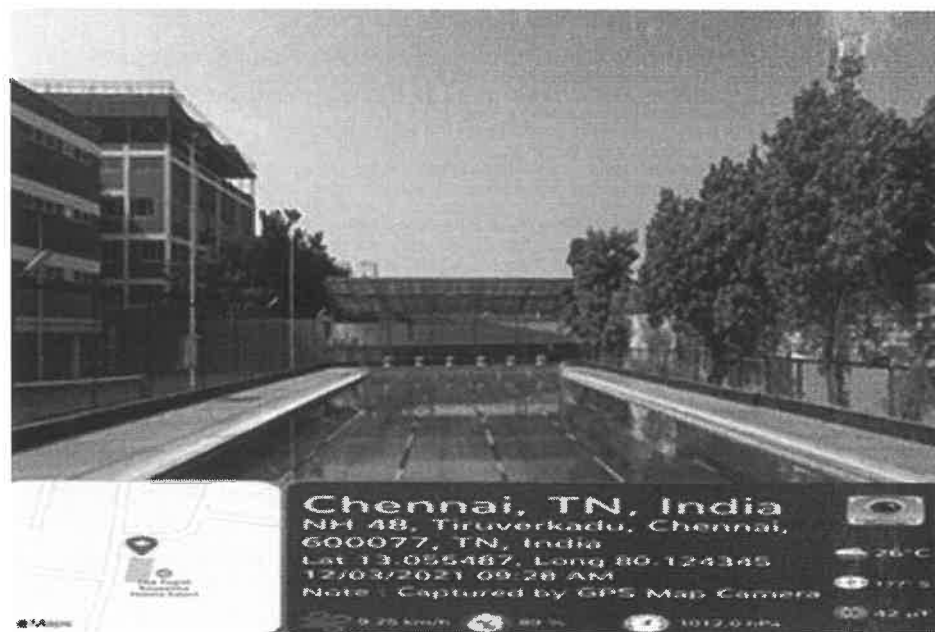
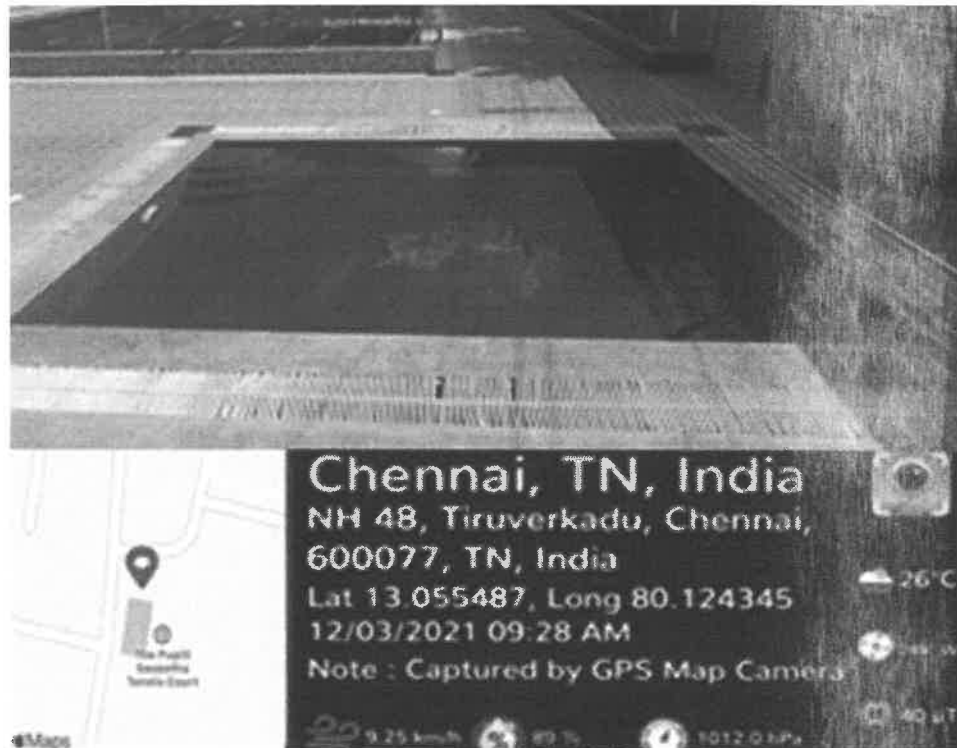
Football track at Thandalam campus



Football turf at Thandalam campus



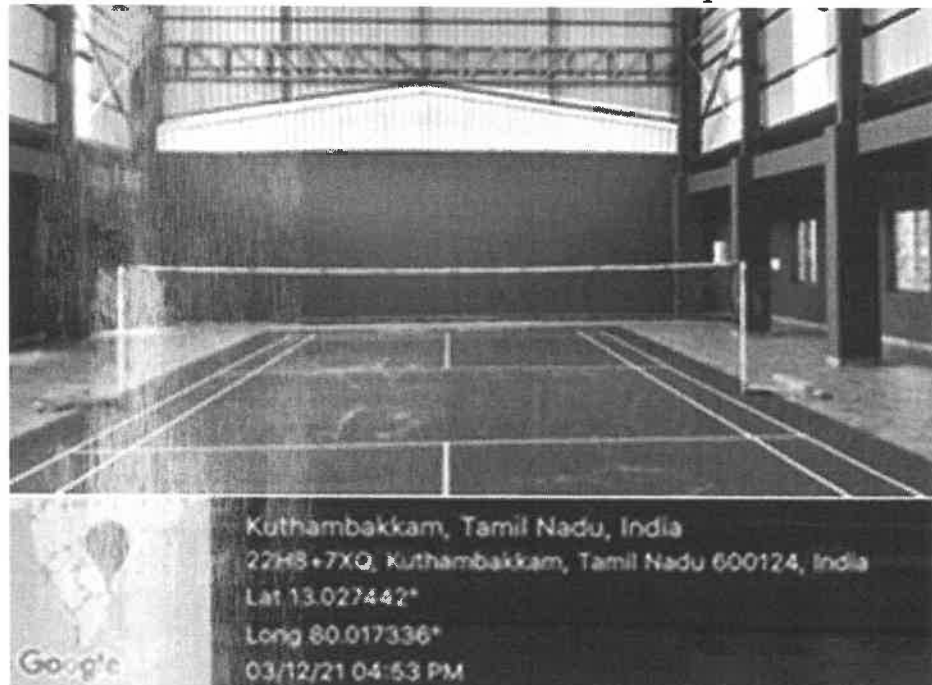
Yoga hall at Thandalam campus



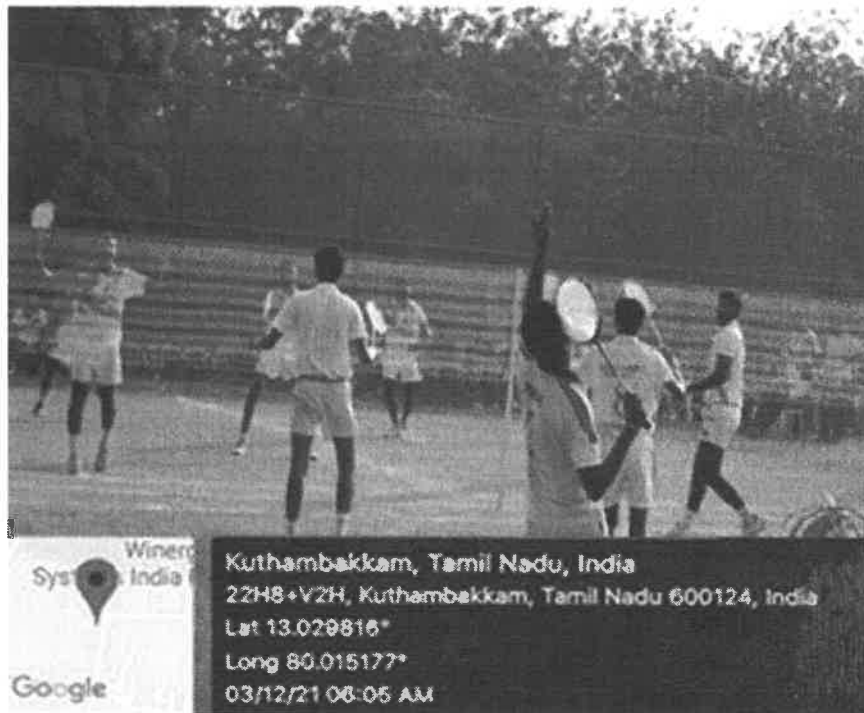
Baby swimming pool facilities at Poonamallee campus



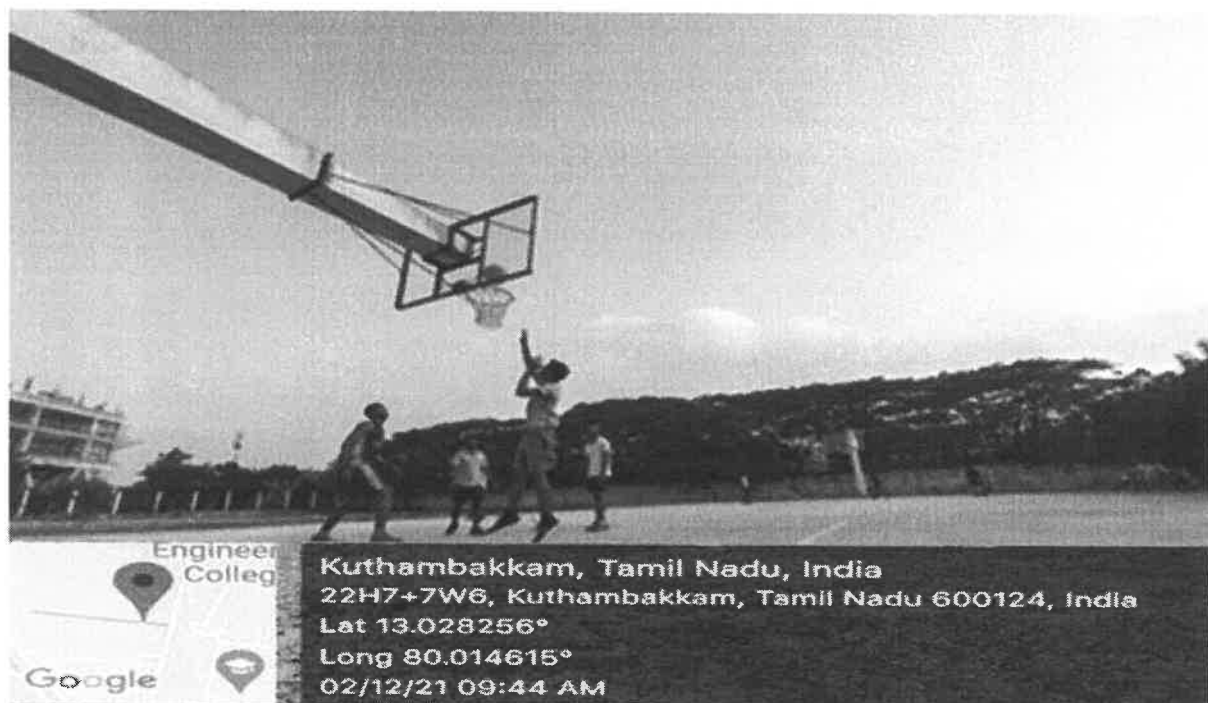
Badminton court at Thandalam campus



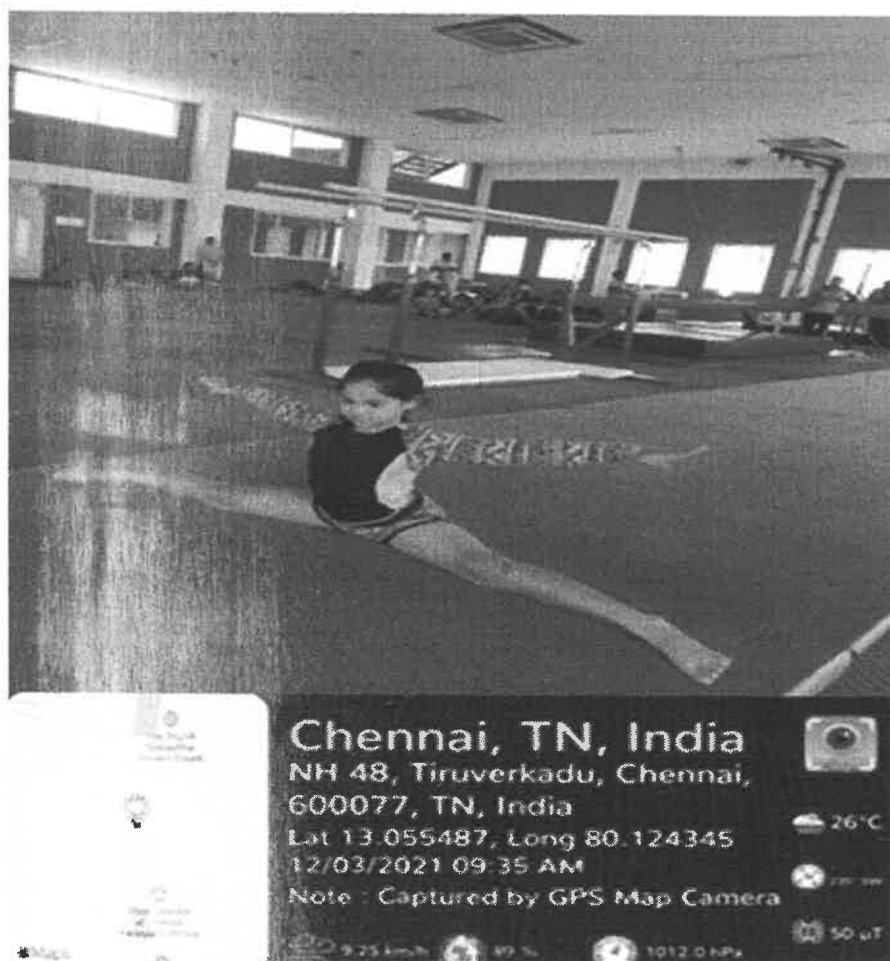
Badminton court for women at Thandalam campus



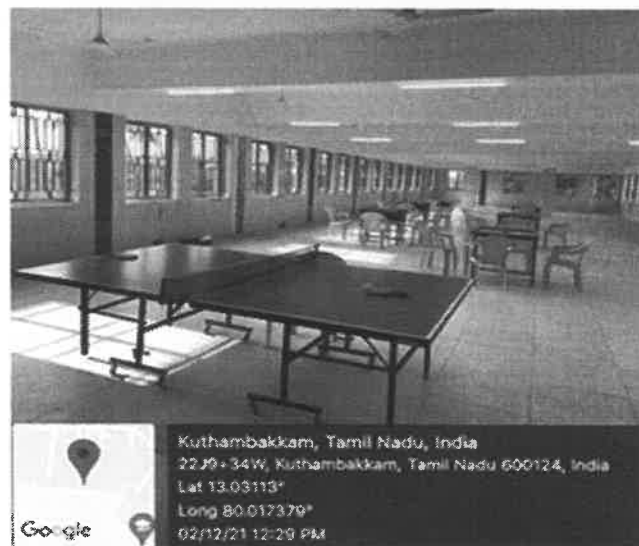
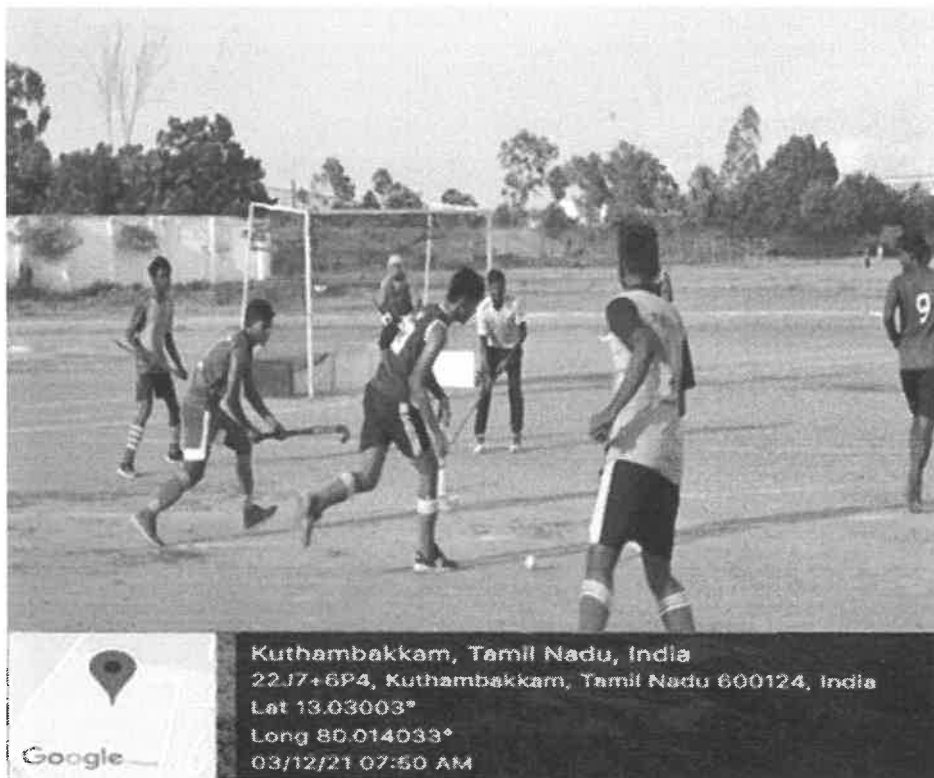
Ball badminton facilities at Thandalam campus



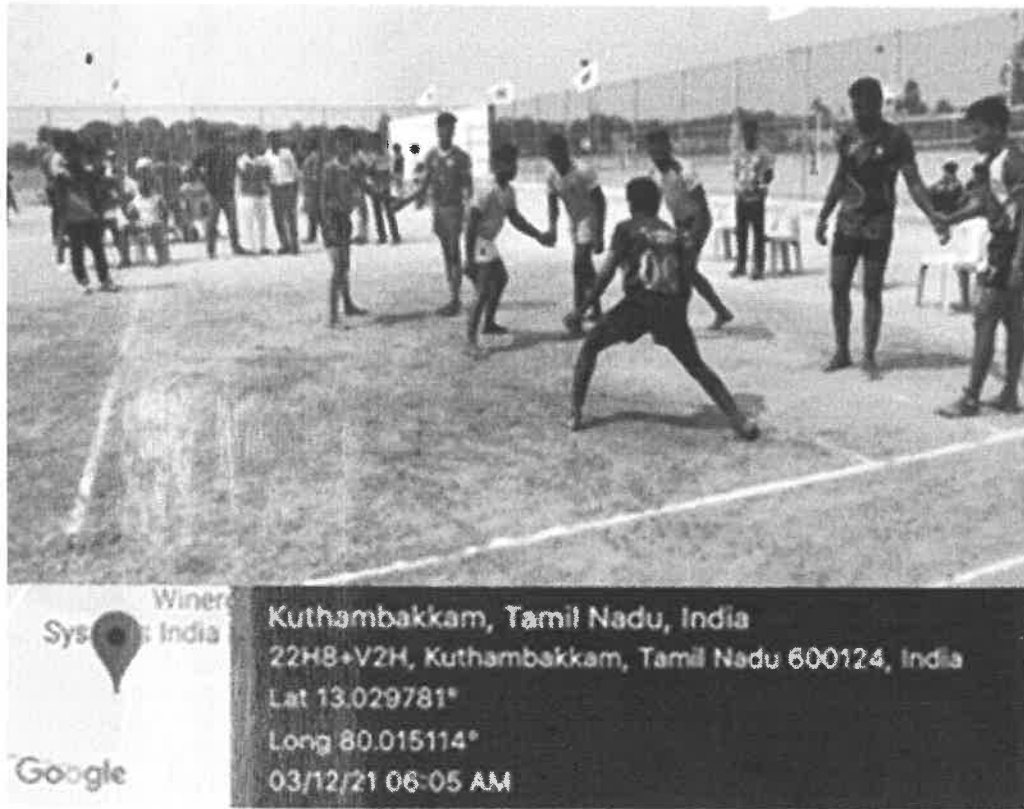
Basketball facilities at Thandalam campus



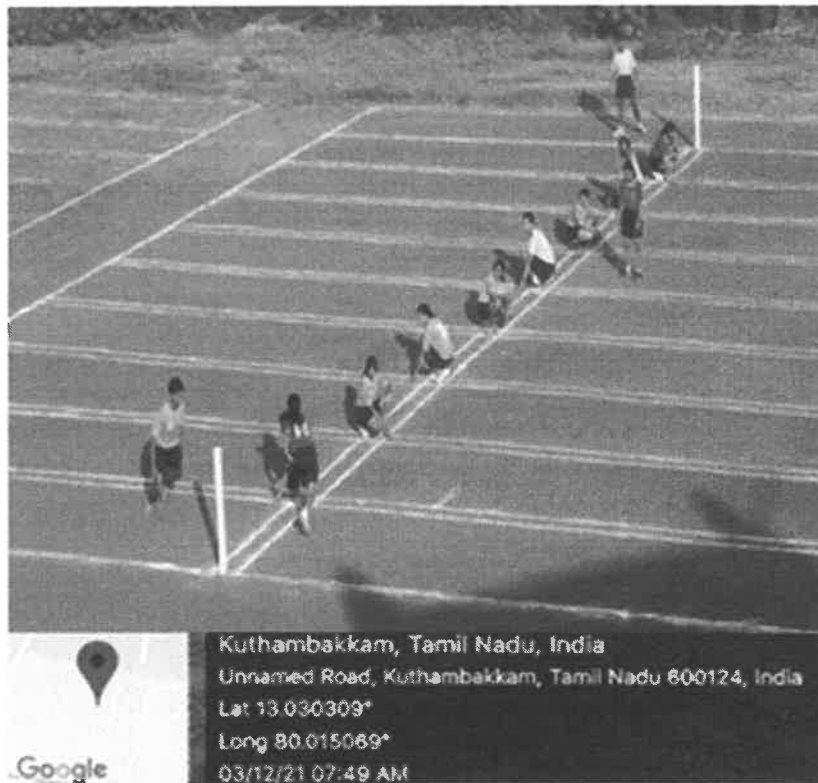
Gymnastic facilities available at Poonamallee campus



Indoor table tennis hall at Thandalam campus



Kabaddi ground at Thandalam campus



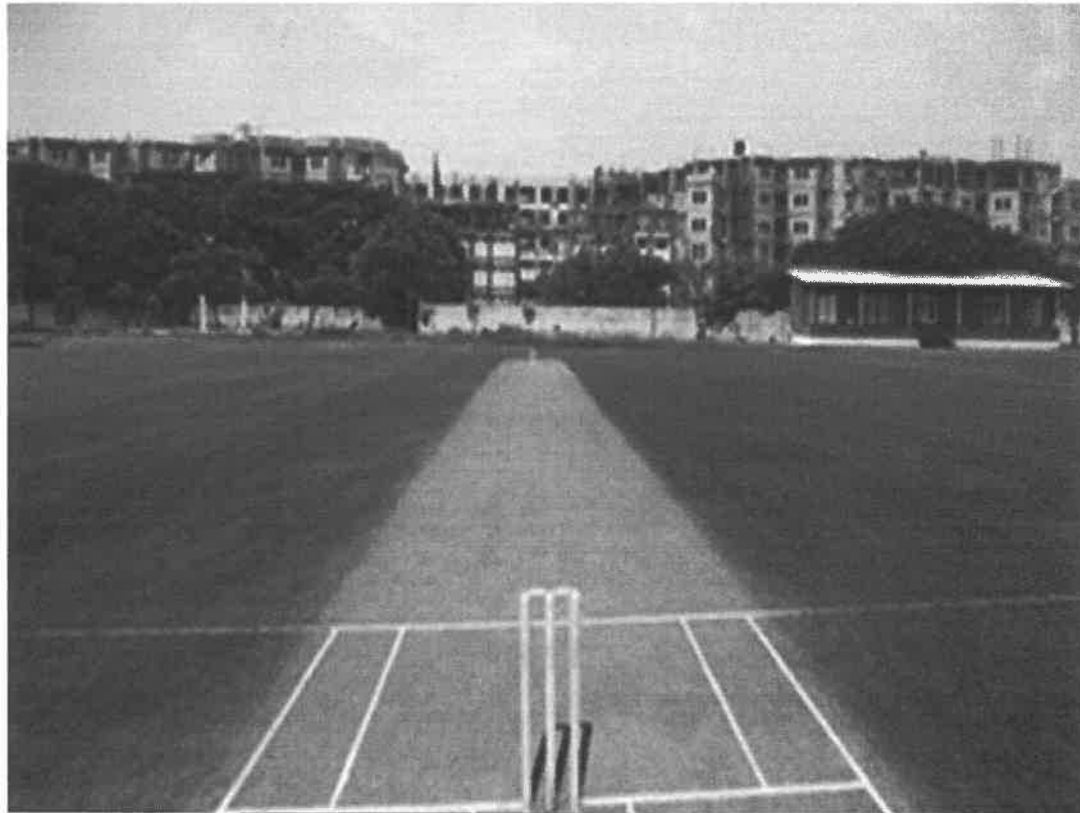
Kho Kho playground at Thandalam campus



Tennis court at Thandalam campus



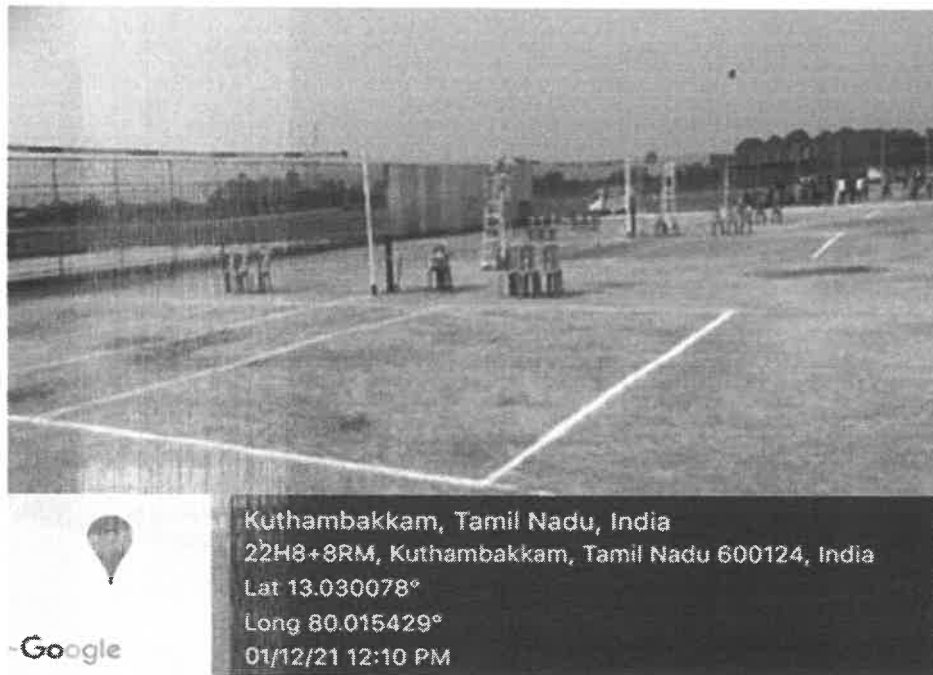
Throwball Ground at Thandalam campus



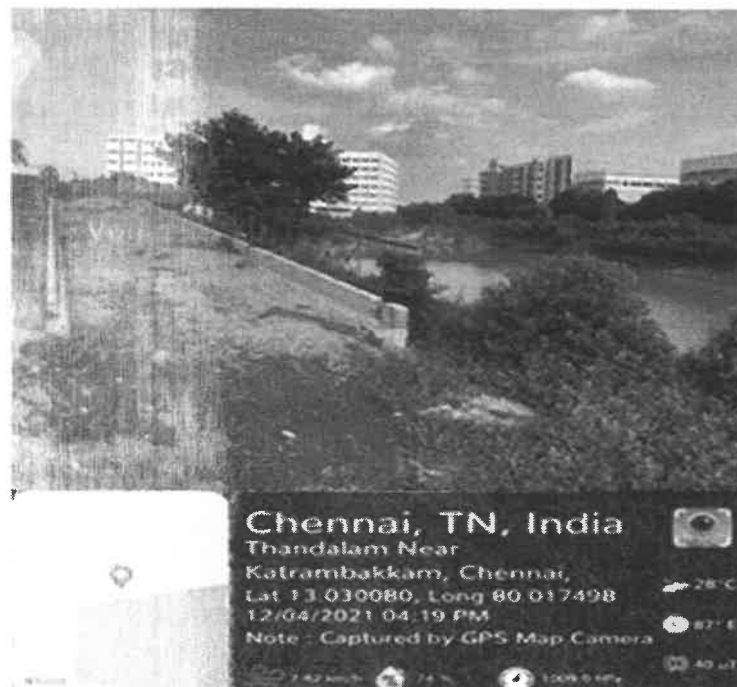
Google

Kuthambakkam, Tamil Nadu, India
22H8+8RM, Kuthambakkam, Tamil Nadu 600124, India
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Long 80.015429°
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Cricket ground at Thandalam campus



Volleyball ground at Thandalam campus

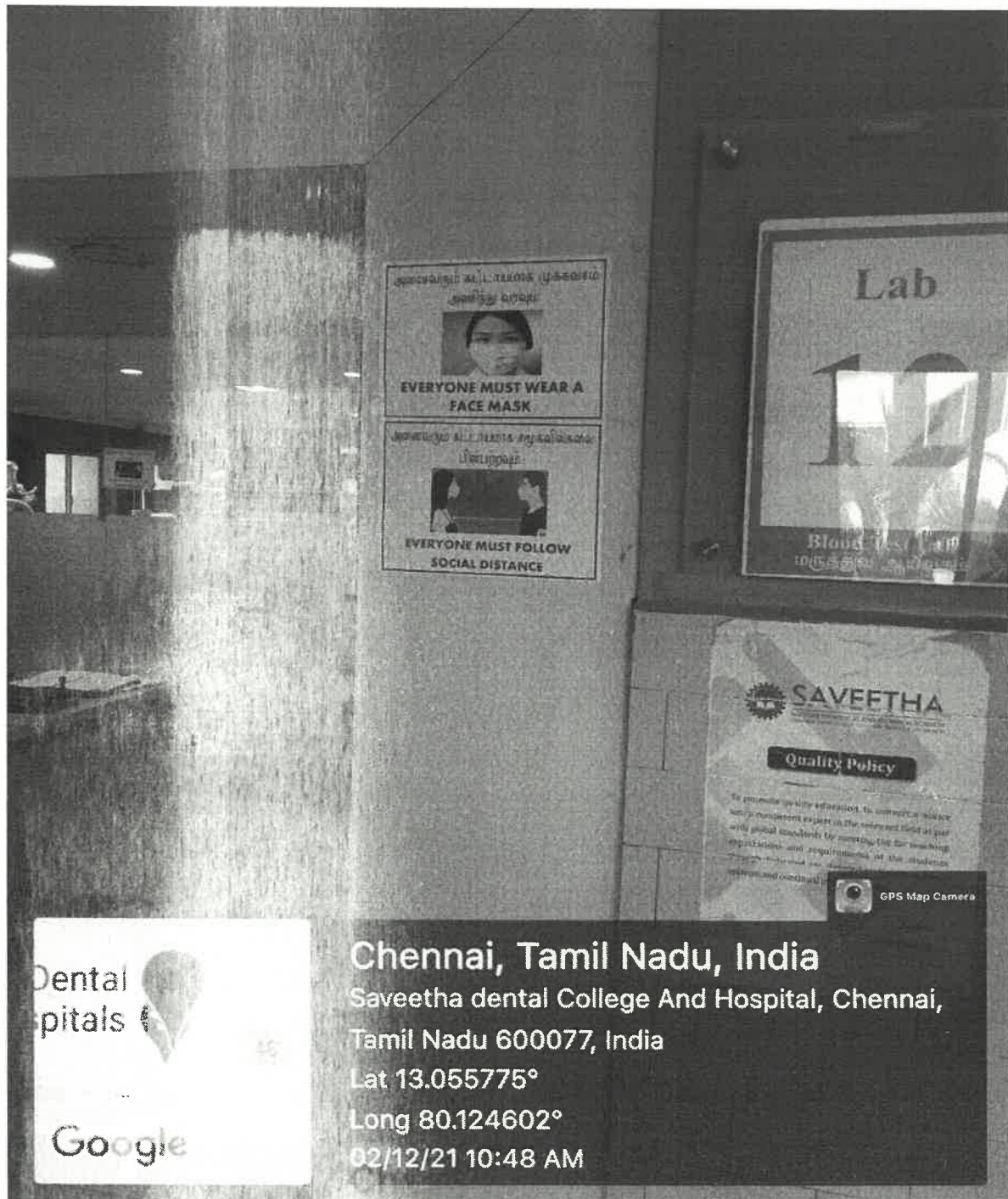


Walkers Track at Thandalam campus



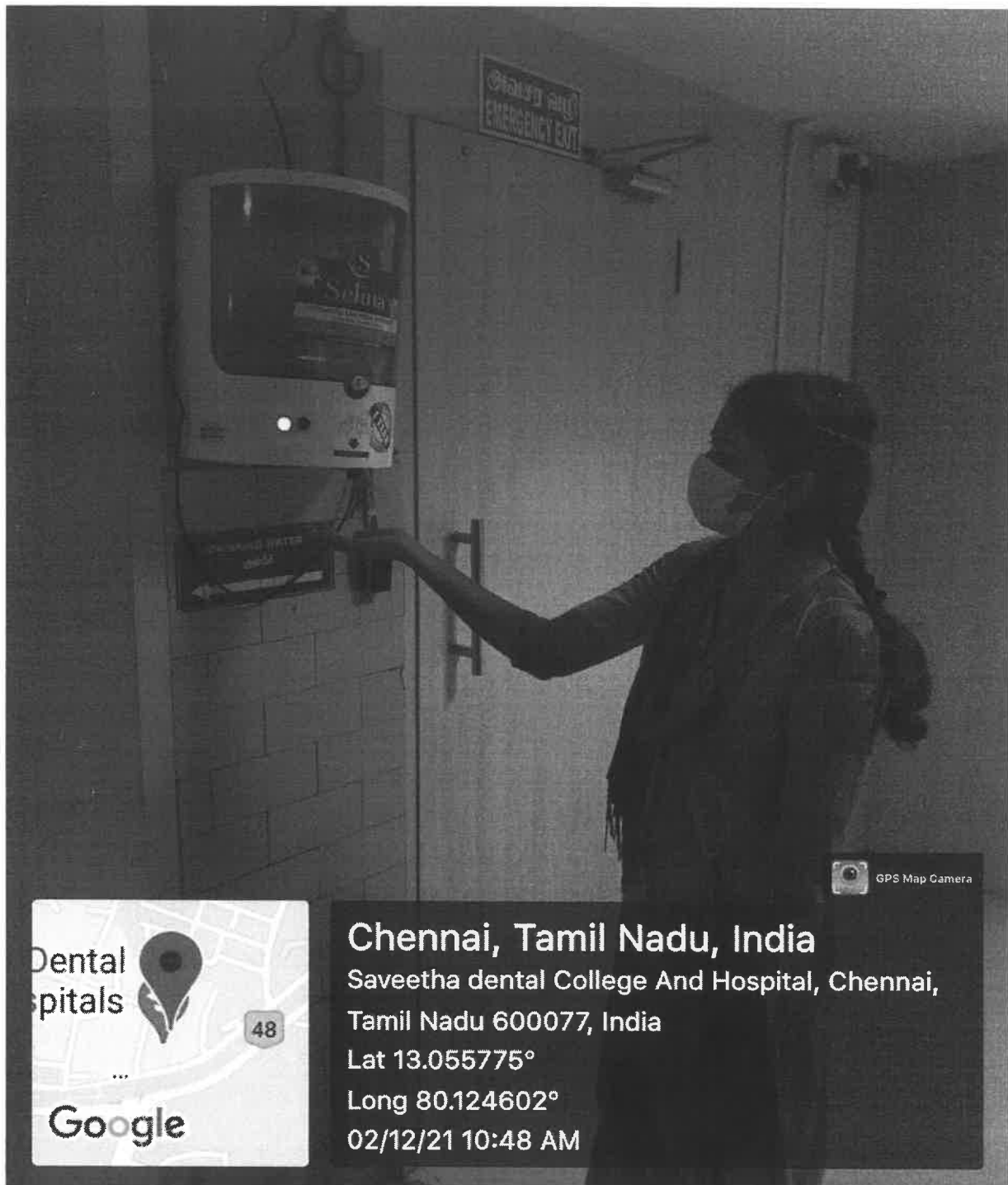
Playground at Thandalam campus

Healthy practices during COVID-19



COVID-19 Precaution at Poonamallee campus


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COVID-19 Precaution at Poonamallee campus