



SAVEETHA

INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES
(Declared as Deemed to be University under Section 3 of UGC Act 1956)

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| Title | Smoke Free Policy |
| Issue Date | 24/03/2017 |
| Review Date | 23/03/2020 |
| Total Number of Pages | 05 |
| Owner | SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES |

SMOKE FREE POLICY

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Section 1. Preamble:

SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES is committed to providing a safe and healthy working and learning environment for the students, faculty, and staff on its campus, it hereby adopts the following smokefree and tobacco-free policy.

Section 2. Context

This policy aims to:

- Protect all staff and those visiting and working in Saveetha Institute of Medical and Technical Sciences buildings from the harmful effects of second-hand tobacco smoke;
- Ensure that all parties have a clear understanding of their rights and responsibilities;
- Ensure that the Saveetha Institute of Medical and Technical Sciences complies with relevant legislation.

This policy recognizes that second-hand smoke adversely affects the health of all employees and is therefore concerned about where people smoke and the effect this has on other employees and members of the public. This policy has been created to ensure that the Saveetha Institute of Medical and Technical Sciences complies with current legislation.

Section 3. SCOPE

Careful scientific studies based upon both highly accurate mathematical modelling techniques as well as actual real-life measurements have shown that concentrations of second hand tobacco smoke in many outdoor areas are often as high or higher than in some indoor areas and that the risks posed by such outdoor exposure, while small to most individuals, are well beyond generally accepted norms when large numbers of people are involuntarily exposed. Indeed, for these very reasons the report summarising much of this evidence was prepared and now declared OUTDOOR tobacco smoke as a "toxic air pollutant.

As mandated by the Cigarettes and other Tobacco Products Act –2003 (COTPA Act – 2003), Saveetha Institute of Medical and Technical Sciences has fulfilled the National guidelines to achieve Tobacco Free Education Institution.

Section 4. Statement of Policy

Section 4.1. Definitions.

The smoke free policy covers all types of burnt and smoked products including cigarettes, tobacco and non-tobacco cigarette products. This policy also applies to e cigarettes and vapour pipes.

Section 4.2. Electronic Smoking Device:

Electronic Smoking Device means any product containing or delivering nicotine or any other substance intended for human consumption that can be used by a person in any manner for the purpose of inhaling vapour or aerosol from the product. The term includes any such device, whether manufactured,

distributed, marketed, or sold as an e-cigarette, e-cigar, e-pipe, e-hookah, or vape pen, or under any other product name or descriptor.

Section 4.3. Hookah:

Hookah means a water pipe and any associated products and devices which are used to produce fumes, smoke, and/or vapour from the burning of material including, but not limited to, tobacco, shisha, or other plant matter.

Section 4.4. Smoking:

Smoking means inhaling, exhaling, burning, or carrying any lighted or heated cigar, cigarette, pipe, hookah, or any other lighted or heated tobacco or plant product intended for inhalation, including marijuana, whether natural or synthetic, in any manner or in any form. "Smoking" also includes the use of an electronic smoking device which creates an aerosol or vapor, in any manner or in any form, or the use of any oral smoking device for the purpose of circumventing the prohibition of smoking in this Article.

Section 4.5. Tobacco Product:

Tobacco Product means any substance containing tobacco leaf, including but not limited to, cigarettes, cigars, pipe tobacco, hookah tobacco, snuff, chewing tobacco, dipping tobacco, bidis, blunts, clove cigarettes, or any other preparation of tobacco; and any product or formulation of matter containing biologically active amounts of nicotine that is manufactured, sold, offered for sale, or otherwise distributed with the expectation that the product or matter will be introduced into the human body by inhalation, ingestion, or absorption; but does not include any cessation product specifically approved by the U.S.

Food and Drug Administration for use in treating nicotine or tobacco dependence.

Section 5. Review:

This policy will be reviewed every three years.

Section 6. Tobacco Control Committee:

The Saveetha Institute of Medical and Technical Sciences has set up a Tobacco Control Committee for the purpose of monitoring and usage of smoking or chewing of tobacco inside the premises of institution students, teachers, other staff members and visitors. Tobacco Control Monitoring Committee shall be in place. It may be chaired by institution head including the following members

- 1 Principal
2. Executive member
3. Executive member
4. Executive member
5. Executive member

Committee shall monitor the tobacco control initiatives of the Institution. The committee shall meet quarterly and report to the Administration head.

Section 7.

Promotion and Sale of Smoking and Tobacco Products Prohibited In and Around SIMATS.

No tobacco-related advertising or sponsorship shall be permitted inside Saveetha Institute of Medical and Technical Sciences and we have also display of sign boards and warning boards in prominent places such as library, bathroom, auditorium, canteen, playground, entry area, main office, bank, hostel, etc. and also took action to remove the tobacco products selling shops around 100 Mt. from the university.

Section 8. Dissemination of Policy:

Copies of this policy shall be distributed to all faculty and staff and shall be included with information given to all admitted students. Information about the policy and how to comply with it shall also be posted on the Saveetha Institute of Medical and Technical Sciences website.

Section 9. Transition Period.

This policy is being announced 90 days prior to its implementation in order to give smokers time to adapt to its restrictions and to facilitate a smooth transition to a tobacco-free environment.

Section 10. Penalties

This policy shall be enforced by the Saveetha Institute of Medical and Technical Sciences. Each violation of this policy is punishable by a fine not exceeding Two Thousand Rupees Only (Rs.2,000) and/or appropriate campus disciplinary procedures.

This Policy shall be effective on




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