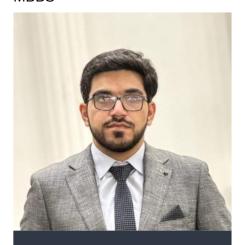
# Dr Shahzer Farooq

**MBBS** 



# Personal details

Name

Dr Shahzer Farooq

Email address shahzerfarooq@gmail.com

Phone number +923070281196

**Address**Gulistan Colony Faisalabad

## **Profile**

Motivated MBBS graduate with extensive hands-on experience as a House Officer at Aziz Fatimah Hospital Faisalabad. Proficient in emergency procedures, diagnostic services, and collaborating within interdisciplinary healthcare teams.Demonstrated ability to manage high-pressure situations in ERs and urgent care settings. Committed to delivering quality patient care while continuously seeking growth and development opportunities within a dynamic healthcare environment.

# Languages

**English** 

Urdu

# **Objective**

Compassionate doctor dedicated to delivering exceptional patient care through evidence-based medicine and effective communication. Committed to improving health outcomes and making a positive impact in the lives of individuals.

# **Professional Affiliation**

Pakistan Medical and Dental Council (PMDC)

### **Education**

2023 BSC (ADP)

2017 - 2022 Bachelor Of Medicine and Bachelor Of Surgery

Aziz Fatimah Medical And Dental College

2015 Intermediate (FSc Pre Medical)

Punjab college Faisalabad

2013 Matriculation

AL Faisal Grammar High school

# **Experience Details**

#### Housejob

I trained as a house officer at *Aziz Fatima Hospital*, *Faisalabad*, Pakistan which is one of the largest teaching hospitals in town. This one year internship contained of four rotations, 3 months each.

Jun 2023 - Sep 2023

### **House Officer-Neuropsychiatry Dept**

- Conducted comprehensive psychiatric assessments, including mental status examinations and DSM-5 diagnoses.
- Prescribed and monitored psychiatric medications, understanding indications, side effects, and necessary monitoring.
- Communicated effectively with patients, families, and multidisciplinary teams, ensuring culturally competent care.
- Managed psychiatric emergencies and participated in crisis intervention, maintaining accurate documentation.
- Conducted Lectures of Behavioural Science to Allied Health Sceince(AHS) and 3rd year MBBS

Sep 2023 - Dec 2023

### **House Officer-General Medicine**

- Managed Outdoor patients having Infectious diseases, Diabetes Mellitus, Hypertension and GERD
- · Managed patients of CLD and COPD in ward

# Skills

#### ICU/CCU

#### **BLS/CPR**

Neonatal resuscitation

Arterial line/ABG's

Intravenous cannulation

CV pressure measurement

Nasogastric tube insertion

Urinary Foley catheterization

Ascitic tap

Pleural tap

Airway suctioning

**Blood transfusions** 

Lumber puncture

Interpretation of ECG and X ray

# Qualities

- Effective communication
- Good interpersonal skills
- Empathy and culture competence
- Collaboration and team work
- Creativity and innovation
- Flexibility and Adaptability
- Resilience and persistence
- Time Management and organizational

- Dealt with medical emergencies including Diabetic Coma, Diabetic keto acidosis, Hepatic encephalopathy, Acute exacerbation of Asthma and Epilepsy.
- Performed procedures like I/V cannulation, blood sampling, N/G intubation, Foley's catheterization, ascitic tap

#### Dec 2023 - Mar 2024

### **House Officer-General Surgery**

- Dealt with all types of Surgical Emergencies confidently.
- Assisted in operations like laparotomy, laparoscopic cholecystectomy, thyroidectomy and hernioplasty.
- Gained experience of pre- and post- operative care of patients.
- Performed procedures like suturing, wound debridement, incision and drainage.

#### Mar 2024 - Jun 2024

#### **House Officer-Neurosurgery Dept**

- Managed Outdoor patients having Disc herniation, Epilepsy, Cervical stenosis etc.
- Managed cases of Extradural hematoma, Subdural hematoma, Subarachnoid hemorhage.
- Assisted in operations like Laminectomy, Brain Tumor removal , Shunt placement etc.

# **Volunteer Work**

- National deputy head Synch Pakistan
- National head Education department PCOS help Lahore
- Blood Donation Society

### Research

#### Topic

Incidence of Stress related hypertension among Medical students

#### **Status**

Completed

#### References

References available upon request.