


# Dr. Javeria Urooj

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## ABOUT ME

Dedicated and compassionate about medical professional. Adept at diagnosing and treating a wide array of medical conditions with a patient-centered approach, ensuring high standards of care and improved patient outcomes. Proficient in utilizing evidence-based practices to develop effective treatment plans, and experienced in leading multidisciplinary healthcare teams. Demonstrates exceptional communication and interpersonal skills, fostering a supportive and collaborative environment for both patients and healthcare staff. Committed to continuous professional development through ongoing education and participation in clinical research. Recognized for excellence in patient care, mentorship of medical residents, and contributions to the medical community through research and publications.

## WORK EXPERIENCE

### House Officer in Paediatrics Unit

**Allied Hospital Faisalabad** [ 01/06/2023 – 31/08/2023 ]

**City:** Faisalabad | **Country:** Pakistan

- Conducted comprehensive physical examinations of neonates, infants, children, and adolescents to assess growth and development, diagnose illnesses, and monitor chronic conditions.
- Provided acute care for pediatric patients with a variety of conditions, including respiratory infections, gastroenteritis, and other common childhood illnesses.
- Assisted in the management and care of pediatric patients in the neonatal intensive care unit (NICU) and pediatric intensive care unit (PICU), including those requiring ventilator support and other advanced medical interventions.
- Performed routine procedures such as lumbar punctures, venipunctures, catheter insertions, and immunizations.
- Participated in daily rounds, case presentations, and departmental meetings to discuss patient care strategies and updates.

### House Officer in Medicine Unit

**Allied Hospital Faisalabad** [ 09/2023 – 11/2023 ]

**City:** Faisalabad | **Country:** Pakistan

- Conducted thorough patient assessments, including detailed medical histories and physical examinations, to diagnose and manage a wide range of internal medicine conditions.
- Managed and treated patients with acute and chronic illnesses such as hypertension, diabetes, cardiovascular diseases, respiratory disorders, and gastrointestinal conditions.
- Performed and assisted in various medical procedures including lumbar punctures, thoracentesis and paracentesis.
- Developed and implemented individualized patient care plans in collaboration with multidisciplinary teams, including physicians, nurses, pharmacists, and social workers.

### House Officer in Surgery

**Allied Hospital Faisalabad** [ 12/2023 – 02/2024 ]

**City:** Faisalabad | **Country:** Pakistan

- Conducted pre-operative assessments, including taking detailed patient histories, performing physical examinations, and ordering necessary diagnostic tests.
- Provided intra-operative support, including maintaining sterile fields, handling surgical instruments, and assisting with suturing and wound closure.

- Managed post-operative care, including monitoring patients' recovery, managing pain and other post-surgical symptoms, and preventing and addressing complications.
- Performed minor surgical procedures independently, such as wound debridement, incision and drainage of abscesses, and suturing of lacerations.

## House Officer in Gynaecology Unit

**Allied Hospital Faisalabad** [ 03/2024 – 05/2024 ]

City: Faisalabad | Country: Pakistan

- Assisted in the assessment and management of gynecological patients presenting with various conditions, including menstrual disorders, pelvic pain, infertility, and gynecological malignancies.
- Performed NVDs, EnCs and assisted in C-section
- Conducted thorough gynecological examinations, including pelvic exams, Pap smears, and breast examinations, to screen for abnormalities and diagnose underlying conditions.
- Participated in the evaluation and management of obstetric patients, including prenatal care, labor and delivery support, and postpartum care under the supervision of attending obstetricians.

## EDUCATION AND TRAINING

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### MBBS Doctor

**Faisalabad Medical University** [ 2017 – 2022 ]

City: Faisalabad | Country: Pakistan | Website: [www.pmc.edu.pk](http://www.pmc.edu.pk)

## SEMINAR

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[ 16/04/2022 – 16/04/2022 ]

**Interpretation of endoscopic Biopsies Webinar**

## SKILLS

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### Skills

- Clinical Skills
- Good Communication
- Ability to work under pressure
- Preventive Care
- Diagnosing Conditions
- Triage and patient assessment
- Leadership and decision making
- Teamwork and collaboration
- Time management and organization

## LANGUAGE SKILLS

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**Mother tongue(s):** Urdu

**Other language(s):** English