

Dr Shahzer Farooq

MBBS



Personal details

Name

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Address

Gulistan Colony Faisalabad

Profile

Motivated MBBS graduate with extensive hands-on experience as a House Officer at Aziz Fatimah Hospital Faisalabad . Proficient in emergency procedures, diagnostic services, and collaborating within interdisciplinary healthcare teams.Demonstrated ability to manage high-pressure situations in ERs and urgent care settings. Committed to delivering quality patient care while continuously seeking growth and development opportunities within a dynamic healthcare environment.

Languages

English

Urdu

Objective

Compassionate doctor dedicated to delivering exceptional patient care through evidence-based medicine and effective communication. Committed to improving health outcomes and making a positive impact in the lives of individuals.

Professional Affiliation

Pakistan Medical and Dental Council (PMDC)

Education

2023	BSC (ADP)
2017 - 2022	Bachelor Of Medicine and Bachelor Of Surgery Aziz Fatimah Medical And Dental College
2015	Intermediate (FSc Pre Medical) Punjab college Faisalabad
2013	Matriculation AL Faisal Grammar High school

Experience Details

	Housejob I trained as a house officer at Aziz Fatima Hospital, Faisalabad , Pakistan which is one of the largest teaching hospitals in town. This one year internship contained of four rotations, 3 months each.
Jun 2023 - Sep 2023	House Officer-Neuropsychiatry Dept <ul style="list-style-type: none">Conducted comprehensive psychiatric assessments, including mental status examinations and DSM-5 diagnoses.Prescribed and monitored psychiatric medications, understanding indications, side effects, and necessary monitoring.Communicated effectively with patients, families, and multidisciplinary teams, ensuring culturally competent care.Managed psychiatric emergencies and participated in crisis intervention, maintaining accurate documentation.Conducted Lectures of Behavioural Science to Allied Health Sceince(AHS) and 3rd year MBBS
Sep 2023 - Dec 2023	House Officer-General Medicine <ul style="list-style-type: none">Managed Outdoor patients having Infectious diseases, Diabetes Mellitus, Hypertension and GERDManaged patients of CLD and COPD in ward

Skills

ICU/CCU

BLS/CPR

Neonatal resuscitation

Arterial line/ABG's

Intravenous cannulation

CV pressure measurement

Nasogastric tube insertion

Urinary Foley catheterization

Ascitic tap

Pleural tap

Airway suctioning

Blood transfusions

Lumber puncture

Interpretation of ECG and X ray

Qualities

- Effective communication
- Good interpersonal skills
- Empathy and culture competence
- Collaboration and team work
- Creativity and innovation
- Flexibility and Adaptability
- Resilience and persistence
- Time Management and organizational

- Dealt with medical emergencies including Diabetic Coma, Diabetic keto acidosis, Hepatic encephalopathy, Acute exacerbation of Asthma and Epilepsy.
- Performed procedures like I/V cannulation, blood sampling, N/G intubation, Foley's catheterization, ascitic tap

Dec 2023 - Mar 2024

House Officer-General Surgery

- Dealt with all types of Surgical Emergencies confidently.
- Assisted in operations like laparotomy, laparoscopic cholecystectomy, thyroidectomy and hernioplasty.
- Gained experience of pre- and post- operative care of patients.
- Performed procedures like suturing, wound debridement, incision and drainage.

Mar 2024 - Jun 2024

House Officer-Neurosurgery Dept

- Managed Outdoor patients having Disc herniation, Epilepsy, Cervical stenosis etc.
- Managed cases of Extradural hematoma, Subdural hematoma, Subarachnoid hemorrhage.
- Assisted in operations like Laminectomy, Brain Tumor removal , Shunt placement etc.

Volunteer Work

- National deputy head Synch Pakistan
- National head Education department PCOS help Lahore
- Blood Donation Society

Research

Topic
Incidence of Stress related hypertension among Medical students
Status
Completed

References

References available upon request.