



# DR. RIDA NASEER

MBBS(Gold Medalist), RMP

## About Me

AS A SKILLED PHYSICIAN AND SURGEON, I POSSESS A STRONG FOUNDATION IN MEDICAL KNOWLEDGE AND PATIENT CARE, WITH EXPERTISE IN DIAGNOSING AND TREATING VARIOUS HEALTH CONDITIONS. I AM DEDICATED TO PROVIDING COMPASSIONATE AND COMPREHENSIVE HEALTH SERVICES. MY COMMITMENT TO CONTINUOUS LEARNING ENSURES THAT I STAY UPDATED WITH THE LATEST ADVANCEMENTS IN THE FIELD TO DELIVER THE HIGHEST STANDARD OF CARE TO MY PATIENTS.



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Faisalabad

## Language

- English
- Urdu
- Punjabi

## Expertise

- Management Skills
- Multi Tasking
- Critical Thinking
- Leadership
- IV insertion
- ABGs Sampling
- Gynecological and medical emergency management
- NG and Folley's Catheterization
- Wound Debridement and Wound wash
- Suturing and Aseptic dressing
- ECG interpretations
- PRP and Intra-lesional Injection
- Cauterisation of warts
- Phototherapy

## Experience

**House Officer in Medical Unit 1&2 in Aziz Fatimah Hospital, Faisalabad | 15 June - 14 Sep 2023**

ATTEND WARD ROUNDS AND PERFORM EMERGENCY AND NIGHT DUTIES. PERFORM PROCEDURES LIKE LUMBER PUNCTURE, PLEURAL AND ASCITIC TAP, IV LINE INSERTION, ABGs SAMPLING, NASOGASTRIC INTUBATION. MANAGED OUTDOOR AND EMERGENCY PATIENTS UNDER SUPERVISION.

**House Officer in Dermatology in Aziz Fatimah Hospital, Faisalabad | 15 Sep - 14 Dec 2023**

MANAGEMENT OF DIFFERENT DISEASES LIKE SCABIES, PSORIASIS, ACNE, WARTS, KELOID AND HYPERTROPHIC SCARS, VITILIGO, TINEA INFECTION, WORM INFESTATION, BALDNESS, DISEASES OF NAILS UNDER SUPERVISION OF OUR RESPECTED HOD. PERFORMED PROCEDURES LIKE PRP, FOR HAIR GROWTH, INTRA-LESIONAL INJECTION, PHOTOTHERAPY, CAUTERISATION OF WART ETC.

**House Officer in Gynaecology and Obstetrics in Aziz Fatimah Hospital, Faisalabad | 15 Dec 2023 - 14 March 2024**

ASSESSMENT AND MANAGEMENT OF DISEASES LIKE MISCARRIAGES, FIBROID, PMS, PCOS, OVARIAN CYST, PREGNANCY WORKUP AND MANAGEMENT OF DIFFERENT DISEASE LIKE CHOLESTASIS OF PREGNANCY, PRE-ECLAMPSIA, ECLAMPSIA COUNSELLING AND DEALING IUD. PERFORMED PV AND PS EXAMINATIONS ALONG WITH GROWTH SCAN, ANOMALY SCAN. ASSISTED VARIOUS PROCEDURES LIKE NVD, C-SECTION, HYSTEROTOMY, TAH, TVH, OOPHORECTOMY, BTL ETC

**House Officer in General Surgery in Aziz Fatimah Hospital, Faisalabad | 15 March - 14 June 2024**

PERFORMED EMERGENCY DUTIES AND MANAGED PRE AND POST OPERATIVE PATIENTS. MANAGED OUTDOOR PATIENTS UNDER SUPERVISION. ASSISTED IN VARIOUS SURGICAL PROCEDURES INCLUDING LAPAROSCOPIC CHOLECYSTECTOMY, LAPAROTOMY, APPENDECTOMY, MODIFIED RADICAL MASTECTOMY, ILEOSTOMY REVERSAL, RAYS' AMPUTATION, BELOW AND ABOVE KNEE AMPUTATION AND CHEST INTUBATIONS ETC.

## Education

**MBBS(Gold Medalist)**

University of Health Sciences, Lahore  
2017-2022

**Intermediate (Pre-Medical)**

Punjab College (For women) Jaranwala  
road Fsd. ( 2015-2017 )

## Certificates

Distinction in Biochemistry in 2nd Year of MBBS  
Distinction in Behavioural sciences in 3rd Year of MBBS  
Deputy Head of Medical Research Department SYNCH, AFMDC  
Member of Shaukat Khanum Society, AFMDC Fsd

## Publications

- 1- A comparative study of Emotional Quotient with relation to Blood Groups among medical students of Punjab
- 2- VARIABILITY OF EMOTIONAL QUOTIENT AMONG MALE AND FEMALE MEDICAL STUDENTS OF PUNJAB: A COMPARATIVE CROSS-SECTIONAL STUDY
- 3- EMOTIONAL QUOTIENT OF MEDICAL STUDENTS IN FAISALABAD, PAKISTAN: OVERALL AND BY SEX, AGE GROUPS AND RESIDENCE