

CV: DR. LAIBA NADEEM;PT

PERSONAL INFORMATION

Date of Birth: 17-August-1995

Address: House#p-386, Shadab Colony, Jhang Road, Faisalabad.

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EDUCATION

- **2020-2022**

MS-OMPT (Orthopedic Manual Physical Therapy) from The University of Faisalabad (CGPA: 3.71/4)

- **2015-2019**

Doctor of physical therapy (DPT) from The University of Faisalabad (CGPA: 3.79/4)

- **2011-2013**

F.SC (pre-medical) from Lahore College of Education, Faisalabad.

- **2009-2011**

Matriculation (Science) from The Educators School, Faisalabad.

WORK EXPERIENCE

- **DPT Lecturer at Faisalabad Institute of Management and Sciences.**
Current Job (01.07.2022)
- **Clinical residency at Madina Teaching hospital, Faisalabad.**
288 contact hours
- **Clinical Physiotherapist at Syeda Khatoon-E-Jannat Trust Hospital, Faisalabad.**
05.10.20 to 01.05.21
- **Clinical physiotherapist at Health Care Physiotherapy Clinic, Faisalabad.**
01.01.2020 to 01.03.2020
- **Internship at healthcare physiotherapy sports, spine and rehabilitation centre.**
19.10.2019 to 30.12.2019
- **Internship at Allied hospital, Faisalabad.**
16.05.2018 to 15.07.2018

CERTIFICATES

- Distinction certificates in all the academic years.
- Workshop on comprehensive hands on training on knee joint complex by Sports Medicine Association of Pakistan.
- Workshop on Splinting Techniques of Upper and Lower limb.
- Workshop on Movement Based Joint Mobilization.
- Workshop on Spine Function, Posture and Management.
- Workshop on Basic Life Support and Synopsis Writing.

- Workshop on Exercise Physiology.
- Workshop on Core Stability.

PROJECTS

- Research Project titled "Effectiveness of yoga on Premenstrual Syndrome Among University Students".
- Comparative effects of Functional and Open pack Patellofemoral joint mobilization on Patellofemoral pain syndrome.

COMPUTER LITERACY

- Microsoft office.
- SPSS
- End Note.

STRENGTHS

- Always willing to innovate the new things.
- Cope with challenges very well.
- Highly motivated and eager to learn new things.
- Ability to produce best result in pressure situation.
- Face difficulties very strongly.

CAREER STATEMENT

To make a sound position as physiotherapist and work enthusiastically in team to achieve goal of the organization with devotion and hard work. To succeed in an environment of growth and excellence and earn a job which provides me job satisfaction and self development and help me achieve personal as well as organization goals. To seek challenging assignment and responsibility, with an opportunity for growth and career advancement as successful achievements.