

DR. MOHAMMAD SHAIQ MAHMOOD

FCPS (Paeds Medicine) MRCPCH (UK)

CONSULTANT
PEDIATRICIAN &
NEONATOLOGIST

OBJECTIVE

I am highly driven in the field of pediatric medicine and neonatology. Child health care is always a priority. I'm looking forward to working in an environment permitting me to deploy my skills effectively, gain further knowledge and contemporary skills along the way.

QUALITIES

- Team work
- Leadership skills
- Work ethos
- Effective communication skills
- Delegation & task management

PROCEDURES

- Endotracheal Intubation
- Mechanical Ventilator use
- Venesection
- NG tube
- Foley's catheterization
- Exchange transfusion
- Intraosseous needle
- Lumbar puncture
- Ascitic tap
- Pleural tap

SPECIAL INTERESTS

- Pediatric Endocrinology
- Pediatric Audiology & Vestibular Medicine
- Pediatric Pulmonology
- General Pediatrics
- Neonatology

CONTACT

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EXPERIENCE

Consultant Pediatrician & Neonatologist (April 2024 – to date)

Faisalabad International Hospital, Faisalabad

Consultant Pediatrician & Neonatologist (March 2023 - to date)

Rathore Children Clinic

Child Specialist (January 2022-March 2023)

Chiniot General Hospital, Sargodha Road, Faisalabad

FCPS Postgraduate Resident - (January 2018 - January 2022)

Pediatric Unit 1, Allied Hospital, Faisalabad Medical University

Medical Officer – (September 2016-January 2018)

Basic Health Unit 283 GB, Jaranwala, Faisalabad

House Officer/Intern (June 2015-May 2016)

Combined Military Hospital (CMH), Lahore Allied hospital Faisalabad & DHQ Faisalabad

EDUCATION

CMH Lahore Medical & Dental College, Lahore

M.B.B.S. (2009-2014)

Government College University, Faisalabad

FSC (2006-2009)

Beaconhouse School System, Faisalabad

O Levels (2004-2006)

ACADEMICS ACHIEVEMENTS

Member Royal College of Pediatric & Child Health (MRCPCH), United Kingdom (UK):

MRCPCH Clinical (September 2023)

MRCPCH 2 (February 2021)

MRCPCH 1 (November 2018)

Fellow College of Physicians & Surgeons (FCPS) Pediatric Medicine

FCPS Paeds Medicine (September 2023)

Intermediate Module (IMM) (October 2020)

Professional Linguistic Assessment Board (PLAB), United Kingdom:

PLAB 2 (February 2018)

PLAB 1 (March 2017)

Fellow of College of Physicians & Surgeons:

FCPS 1 (November 2016)

SKILLS

- History taking
- Clinical examination
- Ability to form diagnosis on clinical grounds
- Order relevant investigations
- Formulate treatment plan
- Management of life-threatening emergencies
- CPR & Neonatal Resuscitation

Clinical experience:

Child Specialist – Rathore Children Clinic (March2023 to date)

- Daily outdoor patients on walk-in basis are provided with service as needed
- Parental guidance and education about providing care for their children
- Safety netting
- Guidance about vaccination and its importance to parents

Child Specialist – Chiniot General Hospital (January 2022-March2023)

- Tasked with the care of indoor pediatric and nursery patients
- Daily outdoor patients on walk-in basis were provided with service as needed
- Doing rounds of admitted neonatal and pediatric patients

<u>Postgraduate resident – FCPS – Allied Hospital, Faisalabad (January 2018 – January 2022)</u>

- Full time resident in Pediatric department at tertiary care hospital, providing emergency, indoor, & outdoor services to neonatal and pediatric population from entire district and beyond.
- Thorough history taking, clinical examinations, investigations, and treatment plan.
- Emergency cases: fully experienced in dealing with common pediatric cases such as dehydration, pneumonia, bronchiolitis, status asthmaticus, status epilepticus, diabetic ketoacidosis, poisoning, bleeding disorders, and rare cases.
- Indoor management: deploying clinical skills, coupled with investigation to manage patients independently.
- Outdoor facility: all common cases seen and treated accordingly.
- Separate Neonatal Unit, having a total capacity of 100 beds, with separate Emergency, NICU, Phototherapy, Incubators, and Cots, for the management of neonates

Medical Officer, Basic Health Unit, 283 GB, Jaranwala, Faisalabad (September 2016 to January 2018)

- In charge of the Outdoor Patient Department (6 days/week) and 2 beds indoor facility
- Responsible for implementation of therapeutic and preventive care as per standard guidelines.
- Identifies high-risk cases and diseases not curable at BHU level and ensures an effective and timely referral to hospital.
- Ensures that relevant health education is carried out on the use/misuse of drugs in accordance with patients' situation.
- Responsible for random checks and treatment of malaria positive cases.
- Responsible for conducting Polio Campaign as per government directives.
- Provides adequate training to paramedical staff in health programs based on standard guideline such as Acute Respiratory Infection, Control of Disease, Mother Child Health, Expanded program of Immunization, Primary Eye Care etc.

HOUSE JOB, Medical Unit – 1, Allied Hospital Faisalabad (June 2015-August 2015)

- Full time duty in 68 bedded units for 03 months
- 4/7 On-Call Rota.
- 2 Emergency and 2 Outpatient clinics a week
- Daily Bedside Rounds and teaching session.
- Managing active complaints and keeping patient's records updated.
- Passing ETT tubes, Nasogastric tubes and Foley's catheters.
- 2 Weeks Rotation in HDU learning to know SOPs.
- Multiple bedside procedures like ascetic tap, pleural tap, spinal tap and sample collection.
- Performing Cardio-pulmonary Resuscitations as per ACLS protocols.

HOUSE JOB, Pediatric Unit – 1, DHQ, Faisalabad (September 2015-November 2015)

- Full time duty for 03 months
- 1/4 on call rota
- Clerking of the patients & keeping patients' records updated.
- Organizing multi-disciplinary team meetings for complicated patients.
- Daily Morning Meeting to Discuss New Admissions of Last Day.
- Managing New-Born Babies in Nursery under supervision.
- Managing Patients in Outpatient Clinics.
- IV Cannulation & Sampling of neonates and infants.
- Maintaining bubble CPAP and phototherapy in nursery.
- Providing dietary rehabilitation for severely malnourished children.

HOUSE JOB, General Surgery, CMH Lahore (December 2015-February2016)

Full time duty in 200 bedded unit for 03 months comprising of:

- 1/4 on-call rota
- 3 Outpatient clinics a week.
- Daily Bedside Rounds and Teaching Sessions.
- Minor procedures like Lipoma, sebaceous cyst, IGTN, appendectomy in OT.
- Assisting seniors in major operations.
- Closing multiple types of surgical wounds.
- 2 weeks' rotation in ITC/ICU.
- Managing Pre-op, and Post-op critical patients in ITC/ICU.

HOUSE JOB, Otorhinolaryngology (E.N.T.), CMH Lahore (April 2016 - May 2016)

- 1/4 on-call rota.
- Pre- and post-operative evaluation of ENT Surgery Patients.
- Assisting seniors in multiple procedures like FESS, myringotomy
- Attending outdoor patients on alternate days

Presentations:

- 1. 2021: Non-transfusion dependent Thalassemia at Department of Pediatrics, Allied Hospital, Faisalabad
- 2. 2018: Gigantism due to Pituitary Adenoma at Clinicopathologic Conference (CPC), Faisalabad Medical University
- 3. 2014: Polycystic Ovarian Syndrome at Clinicopathologic Conference (CPC), CMH Lahore

Research Project:

- Prevalence of Vitamin B12 deficiency among exclusively breastfed term infants article published in Pakistan Journal of Medical & Health Sciences (https://pjmhsonline.com/published-issues/2021/august/82121)
- <u>'Frequency of Hypoglycemia & its outcome in children with Severe Acute Malnutrition'</u> undertaken as a part of synopsis & dissertation writing for FCPS research program.
- "Awareness and Use of Contraceptive Methods among Lower Class of Lahore." Done as project of Community Medicine in 3rd Professional with sample size of around 500 people, of which mostly were patients of CMH Lahore.

Continual Professional Development:

- 1. June 2020: The SickKids Global Child Health Course
- 2. <u>May 2020</u>: 'UPPER AIRWAY DISORDERS AND INFECTIONS' organized by European Academy of CME (online)
- 3. March 2020: Symposium on Pediatric Oncology organized by Faisalabad Medical University
- 4. <u>February 2020</u>: Workshop on Short Stature & Growth Hormone deficiency organized by Faisalabad Medical University
- 5. <u>February 2020</u>: 5th International Pediatric Hematology Oncology Conference organized by Children Hospital, Lahore
- 6. <u>December 2019</u>: Basic Life Support (BLS) Training organized by College of Physicians and Surgeons (CPSP)
- 7. October 2019: Facilitator in Workshop of Cystic Fibrosis organized by Faisalabad Medical University
- 8. <u>August 2019</u>: Introduction to Computer & Internet organized by College of Physicians and Surgeons (CPSP)
- 9. <u>August 2019</u>: Communications skills workshop organized by College of Physicians and Surgeons (CPSP)
- 10. <u>August 2019</u>: Research Methodology, Biostatistics, & Dissertation writing organized by College of Physicians and Surgeons (CPSP)
- 11. April 2019: Workshop on Data Analysis using SPSS organized by Pakistan Health Research Council
- 12. November 2018: Mechanical Ventilation in Newborns organized by Faisalabad Medical University
- 13. October 2018: Workshop on Neonatal Resuscitation organized by Faisalabad Medical University
- 14. October 2018: Welcome to UK practice workshop organized by the General Medical Council (GMC), UK
- 15. April 2018: Workshop on Pediatric Imaging organized by Faisalabad Medical University
- 16. May 2015: 5th Diabetic & Endocrine Conference organized by University of Health Sciences
- 17. May 2014: Basic Life Support (BLS) Training organized by CMH Lahore Medical College
- 18. March 2014: Workshop on Making Medical Writing easy for beginners organized by Author Aid
- 19. March 2010: Workshop on Professional Photography organized by Art & Design Club, CMH Lahore

Academic achievements:

- 1. Cleared Professional Membership exams conducted by the Royal College of Pediatrics & Child Health (RCPCH) United Kingdom
- 2. Cleared Intermediate Module conducted by College of Physicians & Surgeons (CPSP)
- 3. Active participant in publishing of Pediatric Clerkship Book setting academic and clinical parameters for upcoming fourth & final year batches of M.B.B.S.

Leadership:

Involved in delegation and nurturing of interns in pediatric department by working as House Officer in charge (2019-2022) making on call rota and assigning them duties in ward.

Reference:

Prof. Dr. Hina Ayesha F.C.P.S Pediatrics Head of Department Pediatric Unit, Allied Hospital Faisalabad, FMU hinaayesha091@gmail.com