

**Dr. Maria Mufti**  
**MBBS, FCPS (Physiology)**

---

- Contact No: +92-321-7525151
- Email: [mariamufti292@yahoo.com](mailto:mariamufti292@yahoo.com)

Date of birth: 04.11.1992

Nationality: Pakistan

**Career Objective:**

**Teaching the medical graduates is my field of expertise** thereupon my career goal also revolves around learning the modern teaching modalities of medical education and imparting them to my students. As physiology is about the functioning of the body and is among the basic medical sciences which form the basis for doing post graduations in the clinical as well as basics field in the long run, so the **assessment of the learning capabilities of the students** and grooming to enhance them is my second objective. The **medical science is all about Research** and I would like to involve my students in research projects leading to writing research publications as well, I believe that successful doctors are those who remain connected to the research (the basis of medical science).

**Academic Qualifications:**

<b><u>Qualification</u></b>	<b><u>Institution</u></b>	<b><u>Major subjects</u></b>	<b><u>Year of passing</u></b>
FCPS	College of Physicians & Surgeons, Pakistan	Physiology	2022
MBBS	University of Health Sciences, Pakistan	Medicine & Surgery	2014
CHPE	Faisalabad, Medical University, Pakistan	Medical Education	2023

**Academic Awards/Honours:**

1. Authorised examiner for physiology by University of Health Sciences, Pakistan.
2. Passed fellowship exam (FCPS) in **1<sup>st</sup> attempt**.
3. **Gold Medal in Medicine & Allied** in MBBS.
4. **Silver medal in Anatomy & Histology** in both 1<sup>st</sup> year and 2<sup>nd</sup> year MBBS.
5. **Silver medal in General pathology & Microbiology** in 3<sup>rd</sup> year MBBS.
6. **Silver medal in Obstetrics & Gynaecology** in final year of MBBS.
7. Passed MBBS as **Best Graduate** of Lahore Medical and Dental College.
8. Article reviewer in peer reviewed medical journals.

**Thesis Research Topic for FCPS:**

Effect of Vitamin D on Diclofenac sodium induced nephrotoxicity in male rats.

**Teaching Experience:**

<b><u>Medical College</u></b>	<b><u>Designation</u></b>	<b><u>Disciplines</u></b>	<b><u>Nature of experience</u></b>	<b><u>From</u></b>	<b><u>To</u></b>
Niazi Medical & Dental College, Sargodha, Pakistan.	Assistant Professor	• MBBS • Post RN-Nursing • Doctorate of Physiotherapy	Teaching	Oct,2023	Till date
Independent Medical College, Faisalabad, Pakistan.	Assistant Professor	• MBBS • Post RN-Nursing • Doctorate of Physiotherapy	Teaching	May,2023	Sep,2023
Akhter Saeed Medical & Dental College, Lahore, Pakistan.	Demonstrator	• MBBS • Post RN-Nursing • Doctorate of Physiotherapy	Teaching	Jan,2018	Apr,2023

Abwa Medical College, Faisalabad, Pakistan	Demonstrator	MBBS	Teaching	Sep,2017	Dec,2017
Mayo Hospital, Lahore, Pakistan	House Officer	Patient Care	Clinical	May,2015	May,2016

### **Total Teaching Experience:**

Year 2016 - Till date = 7+ years.

### **Workshops/Conferences:**

1. Attended International Conferences on Medical Education by College of Physicians and Surgeons Pakistan in February,2023 & February,2024.
2. Attended International conference on physiology conducted by Pakistan Physiological Society in October,2023.
3. Attended four(04) International Workshops on **Medical Education** held by College of Physicians and Surgeons Pakistan on:
  - **Systematic review & meta analysis.**
  - **Ethical dilemmas in research & publications.**
  - **Institutional interpretation of global accreditation standards.**
  - **Vancouver referencing workshop.**
4. Attended 4 supervisory workshops conducted by College of Physicians & Surgeons, Pakistan; prerequisite for becoming supervisor.
5. Workshop on **Educational planning and evaluation** held by College of Physicians and Surgeons Pakistan.
6. Workshop on **Assessment of competence** held by College of Physicians and Surgeons Pakistan.
7. Workshop on **Research Methodology, Biostatistics & Medical Writing** held by College of Physicians and Surgeons Pakistan.
8. Online Physiology Journal Club on **Updates in Uterine Smooth Muscle Physiology** held by University of Health Sciences Lahore.
9. Workshop on **Basic Life Saving (BLS)** conducted by *American Heart Association at CPSP.*

### **Publications:**

1. Tabassum M. Nasrullah C, Mufti M, Yasin B, Zareen S, Saleem F. Effect of hyperlipidemia on fertility parameters in male albino rats. JAMDC 2023; 5(1) :13-18
2. Aziz A, Qamar M, Tufail N, Abbas H, Hussain W, Mufti M. Obesity :A Risk factor of hypertension in adult male population. PJMHS 2023 ;17(3) : 17-18

### **Recommendations/References:**

- Prof.Dr.Hamid Javaid Qureshi (Supervisor/Principal/Head of Department of Physiology, Akhter Saeed Medical College, Lahore, Pakistan). (Recommendation letter of supervisor attached with).Contact: +92-300-8128661.
- Prof. Khalid Masood Gondal, President of College of Physicians & Surgeons, Pakistan. Contact: +92-332-8483823, Email:president@csp.edu.pk.
- Prof.Dr.Asghar Butt, Vice President/DG International Relations, College of Physicians & Surgeons, Pakistan. Contact:+92-300-9654044, Email: [rc\\_faisalabad@csp.edu.pk](mailto:rc_faisalabad@csp.edu.pk).
- Prof.Dr.Asghar Ali Randhawa,Teacher/Ex-Principal of Punjab Medical College,Faisalabad,Pakistan. Contact:+92-300-8650669.

### **Teaching statement:**

- Teaching gross physiology to undergraduate students enrolled in MBBS,Post-RN nursing & Doctorate of Physiotherapy (DPT).

- Supporting the core Physiological Sciences faculty in teaching including PBL/TBL/LAB PRACTICALS).
- Participate as a facilitator in problem based learning session.
- Teaching experience with several learning modalities such as lectures, problem-based learning (PBL), team-based learning, small group sessions, and journal clubs.
- Attending **Departmental** academic as well as managerial meetings.
- Prepare MCQs and OSPEs of physiology for each block especially for MBBS students.
- Prepare scenario based exams and enhance practical learning of students.
- Ensuring attendance of all departmental staff in workshops organized by the Department of Medical Education for keeping the teaching practices updated.
- Creating a liaison between the students and the management of the medical college.
- Participate in invigilation duties as organized by the assessment office.
- Performs all other related duties as required or assigned by the Head of the Department as well as Principal of Medical College directly.
- Contribute in scholarly research and publication activity related to basic sciences as well as medical education.
- Undertaking a range of administrative tasks through various committees, university services and social responsibilities.
- Ensure that the courses are taught in accordance with the learning objectives & as per latest principles of medical education.

#### **Teaching Skills:**

- Excellent communication and interpersonal skills to enhance student-teacher relationship.
- I have learnt **Problem Based Learning (PBL)** during my post graduation. Now I am heading the PBL development committee of Independent Medical College, Faisalabad.
- I am **authorized MCQs developer** of C3 level for College of Physicians & Surgeons, Pakistan. As I have my own MCQ pool at my official fellowship portal.
- Leadership skills to **motivate students** and giving them confidence to learn new practices of medical science.
- **Adaptive thinking** due to which I keep on attending International workshops on medical education which let me adapt the latest teaching skills being practiced around the world.
- Ability to set and achieve goals by **determination** to let my student's highest grades in my subjects in exams.
- **Ability to build trust** with students, colleagues, staff and stakeholders which enables me to assist the management in smartly managing the academic affairs of the university.
- **Ability to impart knowledge** learnt at different workshops to my colleagues & students as I take volunteer sessions of my colleagues after attending any International training workshop.



*Know all men by these Presents, that we, the  
President and Council of the College of Physicians  
and Surgeons Pakistan admit*

*Dr. Maria Mufti*

*a Fellow of the College*

*in the subject of Physiology*

*In witness thereof, we have subscribed our names  
and caused the seal of the College to be hereunto  
affixed this 19th day of March 2023*



*[Signature] President*

*[Signature] Member  
Executive Committee*

*[Signature] Registrar  
of the College*





# COLLEGE OF PHYSICIANS AND SURGEONS PAKISTAN

7th Central Street, Phase II, Defence Housing Authority, Karachi-75500, Pakistan  
Tel: 99266400-10; Fax: 99266432; UAN: 111-606-606  
E-mail: registrar@csp.edu.pk; Website: www.csp.edu.pk

## REGISTRAR DEPARTMENT

Ref. No: Reg/CPSP/Transcript/ 5294

Dated: 09-05-2023

## TRANSCRIPT

Name : Dr. Maria Mufti Subject : Physiology  
Father / Husband Name : Muhammad Safdar Mufti Fellowship# : PHY-22-33906  
C.N.I.C# : 33104-3723273-8

It is certified that Dr. Maria Mufti passed the Fellowship FCPS examination of the College of Physicians and Surgeons, Pakistan (CPSP) in the discipline of Physiology and was admitted to the Fellowship of the College of Physicians and Surgeons, Pakistan (FCPS) in March, 2023.

Having passed the entry examination FCPS Part-1, she completed prescribed post graduate higher specialists' training including rotations, in CPSP accredited institutions under approved supervisors. She completed all prescribed requirements for Fellowship including attending workshops conducting Research, writing Dissertation and maintaining Log Book / E-Log.

Institution	Discipline	From	To	Supervisor
Akhtar Saeed Medical & Dental College, Lahore	Physiology	01-01-2018	30-06-2018	Prof. Hamid Javaid Qureshi
		29-09-2018	31-03-2022	

Total training period is 04 years.

She has been a full time registered resident of this College and has completed the residency program as mentioned above.

It is also confirmed that all examinations are conducted in English language without use of any translator and at least 75% of any Clinical and Academic activity as part of course of study was conducted in English.

FCPS is an exit qualification consisting of structured residency training and a standardized examination system. After getting registered with PM&DC, she is now eligible to practice independently in her relevant discipline.

Prof. Abdul Razaque Shaikh  
MBBS (SMC), FCPS-Surgery (Pak), FACS (USA),  
FRCS (Glasgow), FICLS (India), MCPS-HPE (CPSP),  
FCSSL (Sri Lanka), Diploma Laparoscopy (France),  
Registrar  
College of Physicians & Surgeons Pakistan

Prof. Abdul Razaque Shaikh  
MBBS (SMC), FCPS-Surgery (Pak), FACS (USA),  
FRCS (Glasgow), FICLS (India), MCPS-HPE (CPSP),  
FCSSL (Sri Lanka), Diploma Laparoscopy (France),  
Registrar  
College of Physicians & Surgeons Pakistan



Verified From The College  
Record And Certified To Be True

DR. MUHAMMAD SHARIF  
Chief Controller of Examinations  
College of Physicians & Surgeons Pakistan

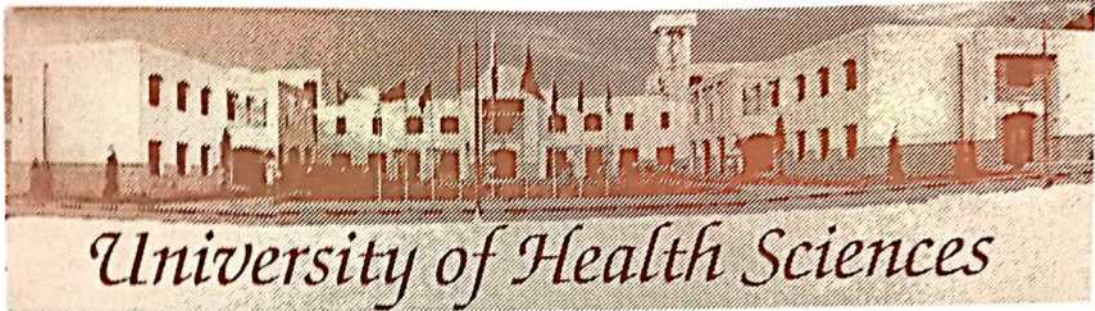
11/5/2023



Serial No. 017114

Roll No. 91747

Registration No. 2009-LMDCL-0050-UHS



*University of Health Sciences*

Session 2009-2014

*This is to Certify that*

*Maria Mufti*

*Son/daughter of*

*Muhammad Safdar Mufti*

*of the*

**Lahore Medical & Dental College, Lahore**

*is conferred the Degree of*

*Bachelor of Medicine  
&  
Bachelor of Surgery*

*In the Examination held in* December 2014



*Ammu*  
Registrar

Lahore, PAKISTAN  
The 1<sup>st</sup> December, 2015.

*R-*  
Vice Chancellor

*Adin*  
Controller of Examinations





# UNIVERSITY OF HEALTH SCIENCES, LAHORE

Khayaban-e-Jamia Punjab, Lahore - 54600, Pakistan (www.uhs.edu.pk)  
Cell: +924299231304 upto 9, Fax: +924299231857 UAN: +9242111333366

## TRANSCRIPT

Date:  
14-Sep-2023

Book No.
1893

Name	MARIA MUFTI
Father's Name	MUHAMMAD SAFDAR MUFTI
Registration No	2009-LMDC-0050-UHS
Degree	Bachelor of Medicine & Bachelor of Surgery (MBBS)
Affiliated Institute	Lahore Medical & Dental College, Lahore.

Affiliated Institute		University of Medicine & Health Sciences		First Professional Part-I Annual Examination 2010, held in October 2010.			Max. Marks	Result
Roll #.		003554		Marks Obtained				
Sr. #.		Subjects		Theory	Practical	Total		
1		Anatomy (Including Histology)		73	85	158	200	Pass
2		Physiology		70	84	154	200	Pass
3		Biochemistry		62	51	113	150	Pass
		Total					425	550
		Percentage					77.27%	

First Professional Part-II Annual Examination 2011, held in October 2011.						
Roll #. 006236		Marks Obtained			Max. Marks	Result
Sr. #.	Subjects	Theory	Practical	Total		
1	Anatomy (Including Histology)	84	85	169	200	Pass
2	Physiology	77	81	158	200	Pass
3	Biochemistry	75	87	162	200	Pass
Total				489	600	Pass
4	Islamic Studies / Ethics & Pakistan Studies			61	100	Pass
Percentage				81.50%		

Second Professional Annual Examination 2012, held in October - November 2012.						
Roll #. 032993		Marks Obtained			Max. Marks	Result
Sr. #.	Subjects	Theory	Practical	Total		
1	Pharmacology & Therapeutics	121	119	240	300	Pass
2	Forensic Medicine & Toxicology	68	84	152	200	Pass
3	General Pathology & Microbiology	107	125	232	300	Pass
4	Behavioural Sciences	82	91	173	200	Pass
Total				797	1000	Pass
Percentage				79.70%		

Third Professional Annual Examination 2013, held in November - December 2013.						
Roll #. 021155		Marks Obtained			Max. Marks	Result
Sr. #.	Subjects	Theory	Practical	Total		
1	Community Medicine	111	121	232	300	Pass
2	Special Pathology	106	131	237	300	Pass
3	Otorhinolaryngology	74	73	147	200	Pass
4	Ophthalmology	77	67	144	200	Pass
Total				760	1000	Pass
Percentage				76.00%		

Final Professional Annual Examination 2014, held in December 2014 & January - February 2015.							
Roll #. 091747		Marks Obtained				Max. Marks	Result*
Sr. #.	Subjects	(1) Theory	(2) Clinical	(3) Aggregate of Clinical & Practical	Total of (1+3)		
1	Medicine & Allied	176	175	247	423	500	Pass
2	Surgery & Allied	183	114	185	368	500	Pass
3	Obstetrics and Gynaecology	113	51	125	238	300	Pass
4	Paediatrics	78	37	78	156	200	Pass
Total					1185	1500	Pass
Percentage					79.00%		

\*The Minimum pass percentage is 50% in each subject of each Professional examination. A student has to score 50% each in theory & practical / clinical in each subject separately to pass the said examination.

Accumulated Result	Obtained Marks	Total Marks	Percentage	CGPA	Letter Grade
	3656	4650	78.62%	3.86	A-

Prepared by :

Checked by :

Deputy Controller of Examinations (T)



UHS/EXD/TS-00602

# PAKISTAN MEDICAL AND DENTAL COUNCIL

G-10/4, Maize Area, Islamabad  
Website : www.pmdc.pk



## CERTIFICATE OF PERMANENT MEDICAL REGISTRATION

Registration Number : 76711-P  
CNIC/Passport : 3310437232738  
Name : MARIA MUFTI  
Father Name : MUHAMMAD SAFDAR MUFTI  
Present Address : FATIMA PETROL PUMP, 2-KM GOJRA-SAMUNDARI  
ROAD, PAKISTAN  
Contact Number : 03217525151  
Permanent Address : 467-B, HOUSING COLONY, JARANWALA  
DISTT. FAISALABAD



Registration Date : 13/04/2015 Valid Upto : 16/10/2027

Qualification	Institute/University	Year
1 MBBS	[UNIVERSITY OF HEALTH SCIENCES LAHORE]	2014
2 FCPS - Physiology	[CPSP]	2023

It is hereby certified that the Permanent license holder is authorised to treat all ordinarily recognized common medical ailments and as permissible under section 42 of the Pakistan Medical & Dental Council Act 2022. The license holder shall not represent himself/herself as a specialist/consultant or practice as a specialist until his/her postgraduate qualification in the relevant field is registered by the Council.

### IMPORTANT NOTICE

1. A copy of this certificate has to be displayed prominently in the place of practice.
2. The issuing Authority reserves the right to recall, correct or cancel this Certificate.



REGISTRAR





# AKHTAR SAEED MEDICAL & DENTAL COLLEGE PRIVATE LIMITED

Tulip Block Sector C, Bahria Town, Lahore.  
Ph: 042-3596341-3 [www.amdc.edu.pk](http://www.amdc.edu.pk)

Ref. No. 8 /AMDC, Dated 24/11 /2022

**PROF. DR. HAMID JAVAID QURESHI**

MBBS, M. Phil, FCPS

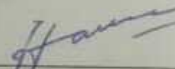
Head & Professor of Physiology

Akhtar Saeed Medical & Dental College, Lahore.

Cell: 0300-8128661 Res: 92-42-35851921

It is my pleasure to write these comments about Dr. Maria Mufti who is working as senior demonstrator in the Physiology Department since 01-01-2018.

Dr. Maria Mufti completed her 04 years FCPS-II training under my supervision. She appeared in FCPS-II examination and passed this examination in her 1st attempt. She is very hardworking and possesses sound knowledge in Physiology. She is a competent teacher. Her conduct and behavior has been excellent. I wish her a bright future.

  
**Prof. Dr. Hamid Javaid Qureshi**

Head, Department of Physiology  
Akhtar Saeed Medical & Dental  
College, Bahria Town, Lahore.

Head Office: Farooq Hospital 2 - 3 Asif Block, Main Boulevard, Allama Iqbal Town, Lahore.

Ph : +92 42 37813471, 37813472, 37813473 37805175, Fax: 042-37814051

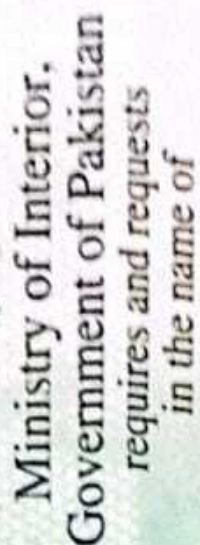
Akhtar Saeed Trust Hospital: EME D.H.A Sector Multan Road, Lahore. Ph: +92-42-35234102-5

Farooq Hospital West Wood Branch: 262-263 West Wood Colony, Main Canal Road, Thokhar Niaz Baig, Lahore. Ph: 042-37498596

Avenue 71a P-Block, DHA, Main Ghazi Road, Lahore. Ph: 042-35708407-9

OPPO F17 Pro





## The President Islamic Republic of Pakistan

all those to whom it may concern  
to allow the bearer  
to pass freely without let or hindrance  
and to afford the bearer such assistance  
and protection as may be necessary

Director General  
Immigration and Passports.

R3816553

## PASSPORT



**MUFTI**

Given Names  
**MARIA**

PAKISTANI

04 NOV 1992

Case

F

Edward Norton

RANDHAWA, AHSEN ALI

19 JUL 2023

17 JUL 2028

Country Code  
**PAK**

Transport Number  
BG0572732

Citizenship Number  
33104-3723273-8

Issuing Authority  
**PAKISTAN**

Tracking number  
10403100758

Booklet Number  
**R3216553**

[illegible]

BG05727323PAK9211041F28071773310437232738<80