



# Parkland

## August 2021

### EMA'S THREE RULES OF SUCCESS:

1. ALWAYS DO YOUR BEST
2. KNOW WHAT YOUR DOING
3. LOOK GOOD DOING IT

#### Important Dates

8/14 Movie Night 6-10pm

8/20 Summer Raffle 7:30pm

8/21 BBLP FITNESS 1:00pm

8/27 BBLP SEMINAR 7:30pm

9/3 BBLP ACHIEVEMENT 7:30pm

\*This month's patch\*

#### Goal Setting

\*Schools Closed 9/4, 9/5, & 9/6  
Labor Day Weekend.

\*Test Review days require full  
uniform for marked attendance.

\*Red belts and up must bring  
sparring gear to sparring classes  
for monthly requirement.

\*Registration for Movie Night  
must be done prior to drop off.  
(Space is Limited!)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>L E A D E R S H I P  S K I L L S</b>	2  TEST REVIEW	3  T-SHIRT DAY Pad Kicking	4  TEST REVIEW	5  T-SHIRT DAY Open Practice	6  FORMS DAY BBLP July Achievement 7:30pm	7  T-SHIRT DAY Self Defense
	9  T-SHIRT DAY Kungfu	10  TEST REVIEW	11  T-SHIRT DAY Sparring Drills  *Gold and Above Bring Sparring Gear	12  TEST REVIEW	13  FORMS DAY	14  T-SHIRT DAY Flexibility  <i>Movie Night!! 6-10pm</i>
	16  TEST REVIEW	17  T-SHIRT DAY Circuit Training  <i>Last Summer Intensive Training Session</i>	18  TEST REVIEW	19  T-SHIRT DAY Clapper Drills	20  FORMS DAY <i>Summer Raffle!! 7:30pm</i>	21  T-SHIRT DAY Instructors Choice  BBLP Fitness 1:00pm
	23  T-SHIRT DAY Kungfu	24  TEST REVIEW	25  T-SHIRT DAY Sparring Drills  *Gold and Above Bring Sparring Gear	26  TEST REVIEW	27  FORMS DAY  BBLP Seminar Sword #2 7:30pm	28  T-SHIRT DAY Jump Kicks
	30  TEST REVIEW	31  T-SHIRT DAY Creative Combos	September 1  TEST REVIEW	September 2  T-SHIRT DAY Pad Kicking	September 3  FORMS DAY BBLP Achievement 7:30pm	September 4  Labor Day Weekend Closed 9/4 – 9/6