# Module 1 — System Map + Signal Trace

Emergent Stitching: Foundations & Orientation

## Part 1 — Map the System

* List the key parts (nodes) of your system.
* Mark your position: above, within, or at the edge.
* Draw connections between nodes.

## Part 2 — Trace the Signal

* Choose one signal (bell, alert, ripple, etc.).
* Show where it starts.
* Show who/what responds.
* Show the outcome.

## Part 3 — Feedback Check

* Is the feedback stabilizing (negative feedback) or amplifying (positive feedback)?
* What changes or affects this feedback loop?

## Part 4 — Reflection

* \*One thing I saw differently today was… because…\*

# Module 2 — Edge & Threshold Mapping

Emergent Stitching: Boundaries, Edges & Thresholds

## Part 1 — Define the Boundary

* Describe the inside of the system.
* Describe the outside.
* List what can cross the boundary.
* List what is filtered or blocked.

## Part 2 — Identify the Edge Zone

* Where do inside and outside meet?
* What exchanges happen here?
* Are there areas of strain or tension?

## Part 3 — Spot Thresholds & Tipping Points

* Name a threshold condition the system might reach.
* What signs would warn you it’s near?
* Predict what phase shift could follow.

## Part 4 — Reflection

* \*This edge supports the system by… / could trigger change if…\*

# Module 3 — Flow & Resistance Diagram

Emergent Stitching: Flow, Friction & Resource Dynamics

## Part 1 — Map the Flow

* Identify the sources (inputs).
* Trace the paths through the system.
* Mark the destinations (outputs).

## Part 2 — Locate Resistance Points

* Find where movement slows or stops.
* Is the resistance natural (terrain, limits), structural (rules, design), or relational (trust, communication)?

## Part 3 — Classify Resistance

* Constructive: helps guide, stabilize, or regulate.
* Obstructive: blocks or depletes system capacity.

## Part 4 — Propose a Shift

* How could harmful friction be reduced?
* How could useful resistance be harnessed?

## Part 5 — Reflection

* \*In this system, resistance is most useful when… / most harmful when…\*

# Module 4 — Pattern Cycle Map

Emergent Stitching: Patterns, Memory & Adaptation

## Part 1 — Identify Repeated Patterns

* What pattern do you see repeating?
* Where or how did it start?

## Part 2 — Communication Channels

* How is this pattern shared or passed on?
* What signals reinforce it?

## Part 3 — Adaptation Moments

* When or why does the pattern change?
* What pressures or events trigger change?

## Part 4 — Co-Regulation Check

* Who or what influences the system’s emotional climate?
* How could this climate shift the pattern?

## Part 5 — Reflection

* \*One pattern I think should stay is… / One pattern I think should evolve is…\*

# Module 5 — Collapse–Renewal–Closure Chart

Emergent Stitching: Modeling & Scenario Navigation

## Part 1 — Map the System

* List the core parts of the system.
* Show how they are connected.
* Mark the main flows of energy, resources, or information.

## Part 2 — Introduce a Disruption

* What event or change disrupts the system?
* Which parts are most vulnerable?
* Which parts remain stable?

## Part 3 — Predict the Path

* Will the system likely collapse (lose coherence), renew (adapt/recover), or close (end intentionally)?
* Why do you think this outcome is most likely?

## Part 4 — Plan an Intervention

* What could help the system renew or adapt?
* If closure is best, how could it be done ethically and respectfully?

## Part 5 — Reflection

* \*The most important factor in this system’s future is…\*

# Module 6 — Legacy Design Canvas

Emergent Stitching: Legacy & Systemic Stewardship

## Part 1 — Inherit

* What assets, values, and patterns have you received from the system?
* Which of these are core to its identity?

## Part 2 — Adapt

* Which elements need to evolve to meet future needs?
* How might you adapt them without losing their essence?

## Part 3 — Release

* What practices, structures, or patterns should be let go?
* Why would releasing them benefit the system’s future?

## Part 4 — Steward

* What is one concrete action you can take now to ensure healthy continuity or responsible transformation?
* Who else needs to be involved in this stewardship?

## Part 5 — Reflection

* \*The most valuable legacy I can help protect or transform is…\*