



# 1Password Emergency Kit

Created for Usman Shabbir on 11/21/2021.

If you get locked out of your account, you'll need these account details to sign in — **including your Secret Key, which we cannot access or recover for you.**

1. Get your Emergency Kit off your computer and print out a copy.
2. Fill in your account password below so you don't forget it.
3. Store it somewhere safe (such as with your birth certificate, your will, or on your personal cloud storage).

## 1Password Account Details

SIGN-IN ADDRESS

<https://team-parallel.1password.com>

EMAIL ADDRESS

usman@useparallel.com

SECRET KEY

A3-M5EV73-GJJYPK-L55MJ-4QEC8-85DW9-MR6EB



PASSWORD



## Need help?

Contact 1Password at:  
[support@1password.com](mailto:support@1password.com)



## Setup Code

Scan this code from the  
1Password apps to set up  
your account quickly and  
easily.