**PERSONAL**

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| Name | Mr. KEVIN E. CARPIO | | |
| Rank/Title First Name M.I. Surname | | |
| Position(s) | Faculty member | | |
| Discipline | Nutrition and Dietetics | | |
| Department | Nutrition and Dietetics | | |
| Phone (Office) | 406 1611 loc 8476 | | |
| Email address  (official) | kecarpio@ust.edu.ph | | |
| Consultation Period  (2nd Term, AY 2016-2017) | W, 1:00 - 3:00 PM | | |
| Qualifications | Degree | School | Year Graduated |
| Doctorate |  |  |  |
| Masterate | Master of Science in Clinical Nutrition | Philippine Women’s University | 2016 |
| Undergraduate | Bachelor of Science in Nutrition and Dietetics | University of Santo Tomas | 2012 |
| Professional Memberships | Name of organization | Position | Inclusive years |
| Philippine Association of Nutrition, Inc. | Member | 2016 – present |
| Philippine Society of Parenteral and Enteral Nutrition | Member | 2012 – present |
| Nutritionist-Dietitians’ Association of the Philippines | Member | 2012 – present |
| American Society for Parenteral and Enteral Nutrition | Member | 2016 – present |

**BIOGRAPHY (Bionote: 75-100 words only)**

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| Type below:  Kevin E. Carpio, MSc, RND is an Instructor III at the Department of Nutrition and Dietetics of the University of Santo Tomas, where he handles professional nutrition courses such as Nutrition Therapy, Food Service Systems, and Applied Wellness and Sports Nutrition.  Mr. Carpio earned his Bachelor’s degree in Nutrition and Dietetics at UST, where he received several awards including 4th place in the Board Licensure Examinations for Nutritionist-Dietitians. He obtained his Master’s degree in Clinical Nutrition at the Philippine Women’s University. Prior to joining the academe, Mr. Carpio was a Therapeutic Dietitian, specializing in hospital dietetics and food service administration. He also worked in the health and wellness industry where he was honed in weight management, sports nutrition, and medical nutrition therapy. |

**TEACHING**

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| Academic Year | Courses handled |
| 2016-2017 | Nutrition Therapy I, Food Service Systems I, Food Service and Catering, Bakery Science, Applied Wellness and Sports Nutrition |

**EXPERIENCE**

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| --- | --- | --- | --- |
| Academic Year | Committee Memberships | | |
| Role/Position | Committee/Event | Inclusive Dates/ Period |
| 2016-2017 | Registration Committee - Member | Workshop on the Standards and Practice of the Nutrition Care Process: Strengthening the Role of RNDs in Patient Care | March 6-7, 2017 |
| Program Committee- Member | Oh My Rice! | April 25, 2017 |
| Committee Member | Functional Foods: Options, Notions, Directions | April 26, 2017 |

**PUBLICATIONS AND CREATIVE WORKS**

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| BOOKS (since 2011) |
| Type below in APA format (from latest): |
| PUBLICATIONS (since 2011) |
| Type below in APA format (from latest):  Carpio, K., Esculto M., Umali, M., Velasco I., Oliveros E., Panlasigui, L., Llido, L. (2016). Prevalence of Sarcopenia in the Philippines: report from a weight management center in the Philippines. *PHILSPEN Online Journal of Parenteral and Enteral Nutrition, Jan to Jun 2016: 111-120.*  Carpio, K., Panlasigui, L. (2016). Effects of L-carnitine drinks on the Body Composition of Young Overfat Filipino Adults ages 20 to 35 years old. *PHILSPEN Online Journal of Parenteral and Enteral Nutrition. Master of Science in Clinical Nutrition Theses Abstracts.* Retrieved from: http://www.philspenonlinejournal.com/pwu\_mscn\_theses.php |
| CREATIVE WORKS (since 2011) |
| Type below in APA format (from latest):  Carpio, K. et al. Cooking Healthy: 12 Easy Pulse Recipes. *United States Department of Agriculture, US Dry Pea and Lentil Council, US Dry Bean Council.* November 2016. Print.  Carpio, K. Unilever Sustainable Living Plan: Healthy Sandwiches as a Means for Healthy Snacking*. 2016 Joint Philippine Association of Nutrition and Philippine Society for Nutritionist Dietitians Convention Souvenir Program*. July 2016. Print.  Carpio, K. ABCs of Sports Nutrition. *Philippine Daily Inquirer Health and Wellness Section*. March 13, 2016. Print |

**AWARDS/RECOGNITIONS** (since 2011 including fellowships)

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| --- | --- | --- |
| Type  (Academic Honors, Professorship, Fellowships) | Details | Year |
| Academic Honor | 4th place – Board Licensure Examination for Nutritionist Dietitian | 2012 |
| Academic Honor | 1st prize – Food and Nutrition Research Institute Undergraduate Research Competition | 2012 |

**SPEAKERSHIP** (since 2011)

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| --- | --- | --- |
| Role  (Speaker, Expert Panel Member, Trainor, etc.) | Seminar/Workshop/Conference/Training – Sponsoring Organization | Year |
| Speaker | “Right Food and Fitness: An Effective Way to Weight Management” (Organized by Silliman University Department of Nutrition and Dietetics) | 2017 |
| Panel Member | Nutrition Research Undergraduate Thesis Defense (Organized by Philippine Women’s University – School of Nutrition) | 2017 |
| Speaker | “Weight Management: Tips and Tools for Eating Smart” (Organized by UST College of Education in celebration of World Nutrition Day) | 2016 |
| Speaker | “Addressing Overweight and Obesity through D.I.E.T” (Organized by UST Central Student Council and the Philippine Association of Nutrition-Omega Chapter)` | 2016 |
| Speaker | “42nd Ship for Southeast Asian and Japanese Youth Programme” (Organized by Philippine Women’s University) | 2015 |
| Panel Member | Food and Nutrition Research Undergraduate Thesis Defense (Organized by Colegio de San Juan de Letran) | 2015 |
| Speaker | “PANkaalaman 2015: Wastong Timbang Makakamtan sa Tamang Nutrisyon, Ehersisyo, at Bagong Kaalaman” (Organized by the Philippine Association of Nutrition-Omega Chapter) | 2015 |
| Speaker | “Food and Fitness: Raising the Bar in Weight Management” (Organized by Philippine Women’s University- School of Nutrition) | 2015 |
| Speaker | “Unveiling Recent Issues and Controversies in Glycemic Index and Nutrigenomics” (Organized by Philippine Women’s University- School of Nutrition) | 2014 |
| Oral Presenter | “Food and Nutrition Research Institute Undergraduate Research Competition – Nutrition Category” (Organized by the Food and Nutrition Research Institute) | 2011 |

**SUPERVISION**

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| Undergraduate researches supervised (since 2011) |
| Type below in APA format (from latest): |