

## Freezer Ministry 2018-2019

### 1) Getting to know the people around you [in your year] by fellowship, sharing, and pastimes!

*"Two are better than one,  
because they have a good return for their labor:  
If either of them falls down,  
one can help the other up.  
But pity anyone who falls  
and has no one to help them up.  
Also, if two lie down together, they will keep warm.  
But how can one keep warm alone?  
Though one may be overpowered,  
two can defend themselves.  
A cord of three strands is not quickly broken."  
- Ecclesiastes 4:9-12 (NIV)*

This ministry is a place for all newcomers and first years to experience what it's like being in CCF in hope to find many long lasting friendships. Through fun games, meaningful activities and events throughout the year, we hope to create an space that gives a chance for everyone to participate and not feel left alone. Having a supportive and healthy community, especially as a first year is important. First year is usually where you have to learn to make new friends again, and we hope this ministry will be able to help you achieve this. We hope that this ministry can be a support group as well, whether for coping with stress, or celebrating a success. All of us have our faults, but together, we are strong and can help one another up when they can't on their own. At the same time, celebrating together feels amazing, and it is definitely more fulfilling. We want everyone to be empowered by each other and we believe that this ministry can be a stepping stone towards this. (TEAMWORK MAKES THE DREAM WORK)

### 2) Getting to know yourself/how to be a light on campus

*"You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven." - Matthew 5:14-16 (NIV)*

This ministry will help anyone see what it means to follow Christ and challenge themselves to be Christ-like by being a light on campus. Transitioning from high school to university can be difficult, especially when the things that defined you during your high school years don't define you in university. Finding yourself - though it might take longer than a year (and more than a ministry) to do that - is what we all long for and we believe that during your time in this ministry,

you will be able to become stronger and start to find yourself along the way. It's a long journey but it will definitely be a rewarding one.

Along with finding yourself, we also journey to find out what God has planned for us during these years at university. Part of finding yourself is discovering your skills and talents and how those can be used to serve God and be a testimony to the people around you. As a ministry dedicated for those just entering university (and those just entering the fellowship for the first time), this will be a chance for you to see what the people in CCF are like.

### **3) Getting to know God through people's stories/through the word**

*"My son, if you will receive my words  
And treasure my commandments within you,  
Make your ear attentive to wisdom,  
Incline your heart to understanding;  
For if you cry for discernment,  
Lift your voice for understanding;  
If you seek her as silver  
And search for her as for hidden treasures;  
Then you will discern the fear of the LORD And discover the knowledge of God.  
For the LORD gives wisdom; From His mouth come knowledge and understanding."  
- Proverbs 2:1-6*

Our ministry will plan to have many many fun and exciting games, but also engaging activities that give you opportunities to ask questions and share stories both as meaningful discussions and testimonies. People may have different perspectives on different topics and that can spark deep conversations, which is healthy! Communication is key! For many of us, it is hard to get into deep conversations, usually because we are afraid of being judged. We want this place to be an open and safe space for you to share anything and not feel like you will be shunned. Do not feel like you are alone in your struggles and obstacles. There may be someone else that is battling through similar struggles, and being the first one to share about it will reassure those people that they really aren't alone.

Although we do intend for this ministry to be not as Bible-heavy as other ministries, it is still a good idea for this ministry to be rooted in God's word. Having a foundation built on the Word is important, seeing as we are a Christian fellowship. Studying the Bible can give us more insight to how God is working in us/wants to work through us. By studying the Word, through games and activities, we hope to open up more deep and thought-provoking conversations, as mentioned above. As the verse says, *if we seek God and his Word, we will receive his wisdom and understanding*. This is what we hope for in this ministry -- that during the span of this year,

you will come to know more about yourself, the people around you, and most importantly, God. In return, we hope that you can leave this ministry with a deeper understanding of who you are and what role you play on and off of campus.