

# Chairperson - Richard Kwan

**Years at CCF:** 4  
**Years as a Christian:** 10-12  
**Current Church:** Mississauga Carmel Mandarin Alliance Church  
**Home Church:** Mississauga Carmel Mandarin Alliance Church

## Vision Statement

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### **"Hold on to the Promise"**

#### **Fears and anxieties**

These are what keep us Christians disconnected from God. You are not alone on these feelings. But what are we to do to tackle fear and anxiety, knowing that they are not in line with God's good and perfect design? Do we let our fears and anxieties take over our lives, or do we run from it?

#### **He provides a way out it**

God promises us a steadfast, unceasing love that ultimately brings us to eternal life. In 1 John 4:18, God says:

*"There is no fear in love, but perfect love casts out fear".*

It is through the love God promises us that we can overcome the things that we fear, and finally be intertwined with Him. He promises us patience because he does not want anyone to perish but to come to repentance.

*"The Lord is not slow in keeping his promise, as some understand slowness. He is patient with you, not wanting anyone to perish, but everyone to come to repentance." -2 Peter 3:9*

As a community, we should remind each other who can help us overcome our fears. The encouragement from brothers and sisters will help us understand why we do so for the fellowship.

#### **What can we do?**

##### **Acknowledge the fear:**

The worst thing that we can do about our fears and anxieties is to pretend that we are strong and say that we do not have any. Since it is God who justifies us, there is no reason to hide our sin and shame. Admit our fears.

Example:

At the Garden of Gethsemane, Jesus isolates himself to pray to the Father about his impending death. He is in deep fear of the crucifixion that he cries out to escape it and begins to sweat blood. But by God's will, he chose to stay and face the fear. If Christ, who is God and man in one, can experience fear and overcome it through the Father's perfect and pleasing will, then we can too.

**Be strong and courageous:**

This is a lifelong process. Every fear that is overcome will create a new fear to bring you down. But we need to remember that God is the one that gives us the boldness to overcome fear. It will be hard, but God will be with us wherever we go.

Example:

The Lord commands Joshua to be strong and courageous (three times) when leading his people to inherit the land he promised. He reminds Joshua to obey and meditate on the Law of Moses, day and night. He instructs him to be careful because only then will he be successful and prosperous.

**Hold on to the promise:**

When the things of the world seem overwhelming, we need to remember that if it was God's promise that got us this far, then we need to trust that he can get us through even more. Constant prayer for boldness and courage will be the way to fight our fear. We are to turn to the Father, repent for our sins and pray to remind us when all else fails, he remains.

Remember this: Abraham left his home and his family, while trusting God under one promise. There were accounts where he failed to trust, yet the promise was still fulfilled

Example:

God promises us the Holy Spirit:

*The Holy Spirit, whom the Father will send in my name, will teach you all the things and bring to your remembrance all that I have said to you. – John 14:26*

God promises us a new life:

*Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him. – James 1:12*

God promises eternal life:

*And this is the promise that he made to us – eternal life. – 1 John 2:25*