

VitaMin Vision

What's VitaMin?

We all have questions about the Bible, and we all want answers. VitaMin (a play on words with “vitamin” and “ministry”) serves as a supplement or extension to CCF bible study, where we'll meet to examine the passages in depth and to explore some of those questions. Felt pushed for time on Friday night? Didn't get a chance to participate in the conversation? VitaMin is the place where we'll go through the Scripture and examine the details, discuss the implications, address any confusion, and talk about what it means for us and how we can apply it in our lives. We hope to help ignite a passion for God's word, as well as to encourage an appreciation and a reverence for Scripture and its truths.

Why VitaMin?

“... If you receive my words and treasure up my commandments with you, making your ear attentive to wisdom and inclining your heart to understanding, if you call out for insight and raise your voice for understanding, if you seek it like silver and search for it as for hidden treasures, then you will understand the fear of the Lord and find the knowledge of God.” -Proverbs 2:1-5 (ESV)

“All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work.” -2 Timothy 3:16-17 (ESV)

To us, Vitamin is a hidden gem in CCF that has yet to be discovered. VitaMin provides a time of fun and fellowship as well as a time of serious and intense study of the Word. As much as it is about resolving questions, the desire to want to know the Word better and the process of seeking are also important. One reason Jesus spoke in parables instead of imparting the information directly was because He wanted the people to develop a curiosity and an amazement for the Kingdom through the process of developing their own understanding. It's not always about finding the one correct or logical answer, but it's about the heart to seek and understand God's word. In seeking and desiring to know Him more, we build and strengthen our relationship with God.

How VitaMin?

Maybe we'll start off with a casual game, or maybe a question that prompts discussion; encouraging bonding with one another to create an open and relaxed environment helps make anyone feel comfortable sharing questions about the Bible that might have come up during CCF bible studies, church, or daily devotions. After that, we'll go into reading the Scripture. We'll have various creative ways of reading the passages aloud to inspire new perspectives on and new ways of understanding the passages. Perhaps the Spirit will highlight a specific aspect or reveal something that never stood out before. There'll also be time for personal reflection. Then, we'll share our questions and observation as we study the Word. We're committed to finding references, consulting various sources, and lots of praying to prepare for each week's meeting. We hope everyone can come away with a “Wow, I actually learned something!”

or an “I’m mind-blown.” Lastly, we’ll end with a time of sharing and prayer, and we can also check in with one another throughout the week. Our hope is that VitaMin can help develop an interest, amazement, and passion for God’s Word, and that we can become a group that helps keep each other accountable to consistently reading the Bible.