



# Freezer

Joanne Gui and Ambrose Ng

### **Ambrose:**

Entering my first year of university, there was a lot to be anxious about. There was a lot to get used to: living away from home, meeting new friends, and learning how to study at a university level. I've been really blessed, however, in the past year with the brothers and sisters I met through CCF, especially through freezer. We were able to support each other every step of the way through our first year. They were 1 Peter 3:8--Finally, all of you, live in harmony with one another; be sympathetic, love as brothers, be compassionate and humble--coming to life! Freezer was something I looked forward to every week. It helped me forget about school pressure and just fellowship and have fun.

### **Joanne:**

I was blessed this past year to have gotten to know so many people through freezer, to talk and share with them, knowing that we all had similar feelings of anxiousness, excitement, and knowing especially that we would be journeying through the next few years of university together. It was inspiring to listen and comforting to be supported as we shared various aspects of our lives. As the disciples had fellowship with one another, God calls us to do likewise, to build each other up and to 'consider how we may spur one another on toward love and good deeds' (Hebrews 10:24). Having brothers and sisters in Christ I could count on was important, especially as a frosh trying to adjust, and I hope that freezer will continue to be a place where froshies find a sense of comfort and belonging.



### **Characters and Time Frame:**

- Geared towards first years and newcomers, but anyone is welcome.
- General Meetings: every week
- Debriefing/Planning Session: once a month

### **Purpose:**

To create a smaller group environment for first years/newcomers of CCF to come out and get to know one another, in hope of helping them feel more comfortable at CCF large group gatherings as well. We hope that friendships will be built and that members will be able to share with and support each other in the difficulties they may meet throughout the year. We also see Freezer as a night to escape from school and just enjoy each other's company and have fun!

### **Style/Content:**

A casual gathering with different activities planned every week, also drawing ideas from what the members want to do. Once a month, we will have discussions on our spiritual walk/journey to share and build each other up, and also to keep each other accountable.

Some ideas:

- Collaborations with other ministries (arts/worship/sports)
- Games night
- Worship night
- Baking
- Dinner
- Small group discussions