



# Freezer

Gabriel Ng & Lauren Chee

### **Purpose**

The freezer ministry is geared towards first years and newcomers to CCF. We hope for it to be a time of fellowship and also a time to take a break from school and studying where you can share about your week and struggles with other first years. We hope the community that is built as a result of this ministry will grow strong and will support each other in the years to come. We hope that the friendships built through the freezer will last even after you leave this ministry.

### **When**

- General meetings every week
- Planning at the beginning of each semester
- Debrief once a week

### **Possible Events (from last year):**

- Collaborations with other ministries (arts/worship/sports)
- Games night
- Worship night
- Dinner
- Small group discussions
- Movie night
- Guys/Girls night

### **Lauren**

I've heard that for many people the size of CCF was what was most intimidating for them. Coming from a big, Chinese church with a big high school fellowship, the high concentration and sheer volume of Asians all more or less my age in one place wasn't super scary. For me CCF was the one part of university life that wasn't all that different from high school life for me. I think I am already quite a different person from the person I



was coming out of high school including my relationship with God. Through the year, school definitely challenged me a lot and the friendships I made as a result of freezer were part of what kept me coming to Friday large groups even when I felt like I was drowning in work. One thing university taught me was how to budget my time and make time for what was really important to me. Sometimes it felt like there were not enough hours in the day to get everything done that needs to be done. This really made me re-evaluate how important God was to me. I hope that for the incoming first years, they too will be able to see freezer as a place where they can develop friendships with other first years who are probably worrying about the same thing as them and as a place where they can grow in their relationship with our heavenly father. Freezer was sort of like an academic rest period taken in the form of fellowship and I think it's part of what kept me sane and kept my eyes focused on God and not on a textbook.

### **Gabriel**

Before entering my first year at the University of Toronto, I didn't know what to expect because I was entering a new chapter of my life where many aspects of it will change. I needed to adjust my work habit to keep up with other competitive and hard-working students, learn how to live independently with my roommates in the residence, and much more. It was definitely difficult as I learned and experienced a lot of new things. Looking back, I couldn't imagine going through the last year without CCF and the freezer ministry. Through freezer, I have found a bunch of brothers and sisters who also share similar experiences and struggles as me in a very comfortable setting. I loved this ministry because it provided a space for me to relax, hangout and develop friendships with others. Throughout the year we have grown together as a group. From a bunch of strangers at the beginning of the year, we have become a group of brothers and sisters filled with love, support, and care for one another. I have personally learned and gained a lot through this ministry. I would love to bring this exciting experience to the upcoming froshies and provide them with a social space where they can just enjoy and have fun.