DailyFit

Vision

Vision

# Introduction

The purpose of this document is to collect, analyze, and define high-level needs and features of the DailyFit. It focuses on the capabilities needed by the stakeholders and the target users, and **why** these needs exist. The details of how the DailyFit fulfills these needs are detailed in the use-case and supplementary specification.

## Purpose

The purpose of this document is to define the problem addressed and how the product will solve it, to identify the users and place the document in respect to other documents.

## Definitions, Acronyms, and Abbreviations

[This subsection provides the definitions of all terms, acronyms, and abbreviations required to properly interpret the **Vision** document. This information may be provided by reference to the project’s Glossary.]

## References

[This subsection provides a complete list of all documents referenced elsewhere in the **Vision** document. Identify each document by title, report number if applicable, date, and publishing organization. Specify the sources from which the references can be obtained. This information may be provided by reference to an appendix or to another document.]

# Positioning

## Problem Statement

|  |  |
| --- | --- |
| The problem of | maintaining a healthy eating routine |
| affects | people having a busy and stressful schedule |
| the impact of which is | the increased obesity rates |
| a successful solution would be | To have a way of keeping track of your meals, that won’t complicate your life |

## Product Position Statement

|  |  |
| --- | --- |
| For | busy people with a passion for fitness and even athletes |
| Who | need an easy and convenient solution for keeping a healthy lifestyle |
| The DailyFit | is a fitness application |
| That | helps you accomplish your fitness goals |
| Unlike | other simple calorie counters |
| Our product | Provides accurate data and additional information |

# Stakeholder and User Descriptions

The users of this application could be athletes, people passionate about fitness, people who care about their health but have a busy schedule. All of these people need an easy and trustworthy way of keeping track of what they eat in a day in order to avoid stress-eating.

The stakeholders might be meal planning companies who can promote themselves, dieticians, personal trainers, sponsors.

## Stakeholder Summary

|  |  |  |
| --- | --- | --- |
| **Name** | **Description** | **Responsibilities** |
| Meal planning companies | A company who prepares custom meals for clients based on their requests(calories, macronutrients, ingredients) | ensures that there will be a market demand for the product’s features  promotes the product by promoting themselves |
| Dieticians | People with advanced knowledge in this domain | promotes the product by promoting themselves  offers trustworthy information for building the application |
| Personal trainers | People with advanced knowledge in this domain | promotes the product by promoting themselves  offers trustworthy information for building the application |

## User Summary

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **Description** | **Responsibilities** | **Stakeholder** |
| Athletes | People who have to follow a diet in order to accomplish their goals | captures details  produces reports  contributes to the database |  |
| General population | People who want to live healthy | captures details  produces reports  contributes to the database |  |

## User Environment

[Detail the working environment of the target user. Here are some suggestions:

Number of people involved in completing the task? Is this changing?

How long is a task cycle? Amount of time spent in each activity? Is this changing?

Any unique environmental constraints: mobile, outdoors, in-flight, and so on?

Which systems platforms are in use today? Future platforms?]

The user should be able to use this application every day without any assistance or additional knowledge on nutrition. Adding a meal should take only a few minutes or even less. The application can be used from the user’s laptop.