



# WorkoutApp

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# WorkoutApp Overview

- Workout and Meal Tracking Website
- Helps analyze your workout routines to help understand what you are changing within these routines.
- Simple and intuitive UI makes logging and viewing data easy for any user.

# Features

- Secure user account
- Workout and Meal data tracking
- Easily navigable progress graph
- Calorie and Macronutrient distribution graph
- Links to external sites with more information

## Tools and Frameworks

- HTML- Site Creation
- Bootstrap and CSS for site formatting
- Django- Python Web Framework.
- Python- used to implement Django

# HTML



# CSS



Demonstration