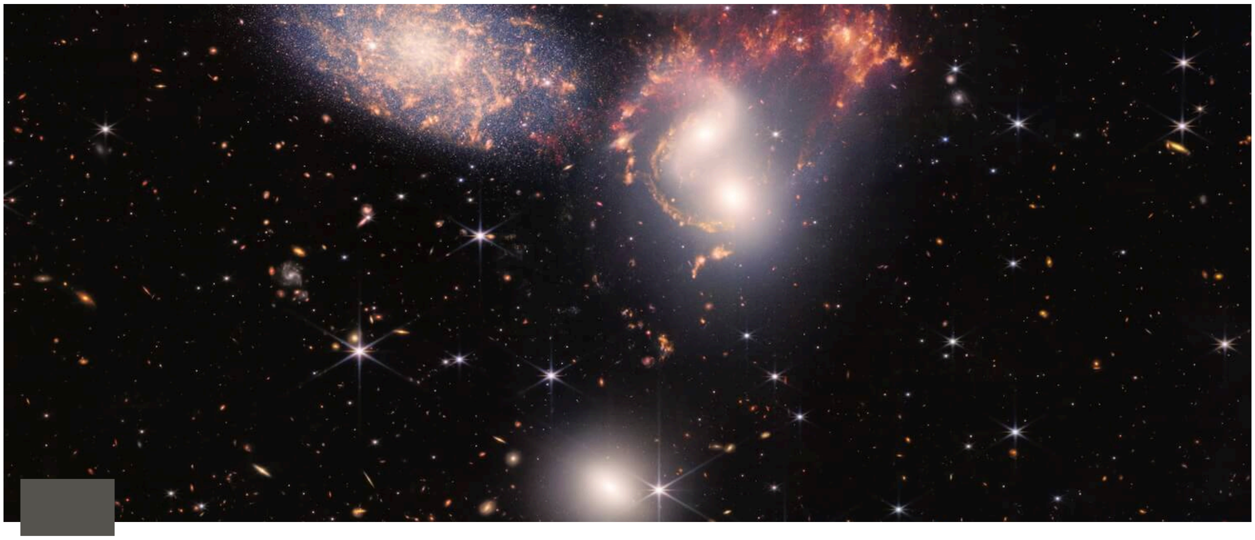

📈 Real Dev Habits

✅ DAILY DEV HABITS (Non-Negotiables)

Habit	Why It Matters
🧠 **Code every day**	Builds momentum. Even 30 minutes.
🔀 **Write meaningful commits**	Use Conventional Commits – not "Update stuff".
📖 **Read open-source code**	Pick 1 file daily (Next.js, shadcn, etc.). Deepen intuition.
🧪 **TDD-first thinking**	Write test cases (unit/UI) *before* features where possible.
🎙️ **Record a 1-min standup**	Just to yourself. What you did, learned, blocked on.
⌨️ **Touch your terminal**	Use git, grep, curl, `lsof`, etc. Build shell fluency.
🧠 **Log 1 technical "aha!"**	In Notion, Obsidian, or `dev-diary.md`. Lock in learnings.
📤 **Push to GitHub daily**	Streaks are discipline, not vanity.

📆 WEEKLY DEV HABITS (Every Sunday or Saturday)

Habit	Why It Matters
🧹 **Refactor 1 old file**	Improve past code. Prevent legacy mess.
🔬 **Review 1 PR (yours)**	Pretend you're a tech lead. Write feedback.

Habit	Why It Matters
🚀 **Deploy something**	Live link = real dev. Use Vercel/Render/Fly.io.
📹 **Record a retrospective**	2–5 min recap: what worked, what sucked, what's next.
📚 **Read 1 deep industry post**	e.g., from Kent C. Dodds, Vercel blog, Dan Abramov, Theo.
💡 **Simulate a real feature request**	Pick a small feature. Build it like it was assigned by a PM.
🧪 **Try 1 new testing tool or CLI trick**	e.g., Playwright snapshot tests, `npx`, Bun CLI.

📋 PROJECT-LEVEL DEV HABITS

Habit	Best Practices
📄 `README-first development`	Always plan projects before coding (goals, features, scope).
📦 Use `starter-template` repo	Shared lint rules, prettier config, CI/CD, env handling.
📁 Structured folders	Follow modern structure: `/lib`, `/app`, `/components`, `/types`
🧑‍💻 Dev Diary per project	Log daily notes, decisions, bugs, fixes.
⏱️ Timebox tasks	e.g., 2 days for auth, 1 day for UI polish. No perfection spiral.
🔁 Use feature branches	`feat/login-ui` → PR → self-review → merge to `main`
🔒 Use `.env.example`	Show config template for all projects
🔬 Add `tests/` folder	Even 1–2 meaningful tests show you're job-ready

🔄 META-EXECUTION HABITS

Fix	How to Implement
🧭 **Roadmap overwhelm**	Break weekly goal into 3–5 daily sub-goals. Track in Notion.
🔁 **Project paralysis**	Use timeboxing. If time runs out → deploy whatever works.
🎯 **Too many ideas**	Log all extra project ideas in backlog, not your head.
🧘 **Context switching**	Work in 90-min deep focus blocks. No tabs, no distractions.

✨ EXTRA GROWTH HABITS (Optional, but powerful)

Habit	Why It Rocks
🧵 **Tweet your learning**	Build a personal brand. People hire those they trust.
🧑‍🏫 **Teach what you learn**	Blog, YouTube, or explain in Discord — teaching solidifies skills.
🔎 **Contribute to OSS**	Fix small bugs in projects you use (e.g. shadcn/ui, tRPC).
📈 **Track metrics**	How many hours coded this week? Which concepts are fuzzy?
💬 **Talk to other devs**	Reddit, X, Discord, GitHub Discussions — don't learn in a vacuum.