✏️ Micro Tasks

✅ Execution Rituals (Integrated Daily/Weekly Habits)

🔁 DAILY HABITS

Habit	Description
⌨️ Code Daily	Even 30 minutes counts. Focus on progress over perfection.
🧠 Learn Daily	Read one open-source file or article (e.g., React, Next.js).
🧪 TDD Mindset	Write at least one test *before* coding a feature.
🗣️ Standup Memo	Record a 1-minute audio/video: What you did + blockers.
📝 Push to GitHub	Daily commits with Conventional Commit style.
⏱️ Log an Insight	Add 1 tech insight per day in `DEV_LOG.md` or Notion/Obsidian.

🔁 WEEKLY HABITS

Habit	Description
🖌️ Refactor Sunday	Clean up tech debt, delete unused code, simplify functions.

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🔁 Review PRs	Re-read your own merged PRs – leave review comments as if you're your own mentor.
🚀 Deploy Something	Use Vercel/Render – even broken prototypes count.
🔍 Terminal Power	Learn 1 new command (e.g., `lsof -i :3000`, `npx kill-port`).
🛠️ Simulated Feature Task	Pretend you're on a team – pick a realistic user story and implement it solo.
🎥 Weekly Retrospective	2–5 minute video: What worked, what sucked, what you learned.
📚 Industry Read	Read one blog/post from Vercel, Dan Abramov, Kent C. Dodds, or similar.