

# Improved estimators for constrained Markov chain models

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## Abstract

Suppose we observe an ergodic Markov chain and know that the stationary law of one or two successive observations fulfills a linear constraint. We show how to improve given estimators exploiting this knowledge, and prove that the best of these estimators is efficient.

*AMS 2000 subject classifications.* Primary 62M05;    secondary 62G05, 62G20.

*Key words and Phrases.* Empirical estimator, asymptotically linear estimator, influence function, regular estimator, Markov chain model, reversible chain, symmetric chain, linear autoregression.

## 1 Introduction

To begin let  $X_1, \dots, X_n$  be *independent* with distribution  $P$ . Let  $t(P)$  be a real-valued functional, and  $\hat{t}$  an estimator with influence function  $b$  in  $L_2(P)$ ,

$$n^{1/2}(\hat{t} - t(P)) = n^{-1/2} \sum_{i=1}^n b(X_i) + o_P(1),$$

with  $Pb = Eb(X) = 0$ . If the distribution fulfills a constraint  $Pv = 0$  for a known vector-valued function  $v$  with components in  $L_2(P)$ , we can introduce new estimators for  $t(P)$ ,

$$\hat{t}(c) = \hat{t} - c^\top \frac{1}{n} \sum_{i=1}^n v(X_i)$$

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\*Supported in part by NSF Grant DMS0072174

with influence function  $b - c^\top v$  and asymptotic variance  $P[(b - c^\top v)^2]$ . If  $P[vv^\top]$  is invertible, then by the Schwarz inequality the asymptotic variance is minimized by  $c = c_b$  with

$$c_b = (P[vv^\top])^{-1}P[vb].$$

The constant  $c_b$  depends on the unknown distribution and must be estimated, say by

$$\hat{c}_b = \left( \sum_{i=1}^n v(X_i)v(X_i)^\top \right)^{-1} \sum_{i=1}^n v(X_i)\hat{b}(X_i),$$

leading to the estimator  $\hat{t}(\hat{c}_b)$ . It is easily seen to be efficient if all we know about the distribution is that it fulfills the constraint  $Pv = 0$ . If  $t(P)$  is linear, say  $t(P) = Pf$ , then estimation of  $t(P)$  and  $c_b$  is particularly easy. A simple estimator of  $t(P)$  is the empirical estimator  $\hat{t} = \frac{1}{n} \sum_{i=1}^n f(X_i)$ , with influence function  $b(x) = f(x) - Pf$ . Then  $P[vb] = P[vf]$ , and a consistent estimator of  $P[vb]$  is the empirical estimator  $\frac{1}{n} \sum_{i=1}^n v(X_i)f(X_i)$ . We refer to Levit (1975), Haberman (1984) and the monograph of Bickel, Klaassen, Ritov and Wellner (1998, Section 3.2, Example 3).

In Section 2 we extend the results from the i.i.d. case to Markov chains  $X_0, \dots, X_n$  with transition distribution  $Q$  and invariant distribution  $\pi$ . We consider constraints  $\pi \otimes Qv = \int \pi(dx)Q(x, dy)v(x, y) = 0$  for vector-valued functions  $v$ , now of two arguments. Our estimators can be further improved if the chain is known to be reversible. In Section 3 we illustrate our results with a simple example, estimating the variance of the invariant distribution when the mean is known to be zero. The efficient estimator simplifies for the linear autoregressive model. In Examples 3 and 4 we show how reversibility and symmetry can be described by linear constraints  $\pi \otimes Qv = 0$  with infinite-dimensional  $v$ . We also construct efficient estimators for these models.

## 2 Results

Let  $X_0, \dots, X_n$  be observations from a positive Harris recurrent and  $V^2$ -uniformly ergodic Markov chain on an arbitrary state space  $S$  with countably generated  $\sigma$ -field, with transition distribution  $Q$  and invariant distribution  $\pi$ . See e.g. Meyn and Tweedie (1993) for these concepts. We use the notation  $\pi \otimes Q(dx, dy) = \pi(dx)Q(x, dy)$  and  $Q_x w = \int Q(x, dy)w(y)$ .

Let  $v$  be a  $k$ -dimensional measurable function defined on  $S^2$  such that the constraint  $\pi \otimes Qv = 0$  holds for all transition distributions  $Q$  in the model. Fix the true transition distribution  $Q$ , and let  $W$  be the set of all real-valued measurable functions  $w$  on  $S^2$  such that  $Q_x|w|/V(x)$  is bounded in  $x$ . Assume that  $v$  is in  $W$ . We refer to Schick and Wefelmeyer (2000a) for a discussion of this assumption. Set

$$H = \{h \in L_2(\pi \otimes Q) : Qh = 0\}.$$

Then  $h(X_{i-1}, X_i)$  is a martingale increment.

1. Let  $t(Q)$  be a real-valued functional of the transition distribution. Following the approach outlined in the Introduction for the i.i.d. case, call an estimator  $\hat{t}$  *asymptotically linear* with *influence function*  $b$  if  $b \in H$  and  $\hat{t}$  admits the martingale approximation

$$n^{1/2}(\hat{t} - t(Q)) = n^{-1/2} \sum_{i=1}^n b(X_{i-1}, X_i) + o_P(1).$$

By a martingale central limit theorem, see Meyn and Tweedie (1993, Theorem 17.4.4),  $\hat{t}$  is asymptotically normal with variance  $\pi \otimes Qb^2$ . From the constraint  $\pi \otimes Qv = 0$  we obtain new estimators

$$\hat{t}(c) = \hat{t} - c^\top \frac{1}{n} \sum_{i=1}^n v(X_{i-1}, X_i). \quad (2.1)$$

By the martingale approximation of Gordin (1969), see Meyn and Tweedie (1993, Section 17.4), we have

$$n^{-1/2} \sum_{i=1}^n \left( v(X_{i-1}, X_i) - Av(X_{i-1}, X_i) \right) = o_P(1) \quad (2.2)$$

with

$$Av(x, y) = v(x, y) - Q_x v + \sum_{j=1}^{\infty} (Q_y^j - Q_x^{j+1})v.$$

From (2.1) and (2.2),

$$n^{1/2}(\hat{t}(c) - t(Q)) = n^{-1/2} \sum_{i=1}^n \left( b(X_{i-1}, X_i) - c^\top Av(X_{i-1}, X_i) \right) + o_P(1).$$

By construction,  $Av(X_{i-1}, X_i)$  is a martingale increment. Hence  $\hat{t}(c)$  is asymptotically linear with influence function  $b - c^\top Av$ . Again by the martingale central limit theorem,  $\hat{t}(c)$  is asymptotically normal with variance  $\sigma^2 = \pi \otimes Q[(b - c^\top Av)^2]$ . Assume that  $\pi \otimes Q[Av \cdot Av^\top]$  is invertible. By the Schwarz inequality, the variance is minimized for  $c = c_b$  with

$$c_b = (\pi \otimes Q[Av \cdot Av^\top])^{-1} \pi \otimes Q[Av \cdot b].$$

The minimal asymptotic variance is

$$\sigma_b^2 = \pi \otimes Qb^2 - \pi \otimes Q[bAv^\top](\pi \otimes Q[Av \cdot Av^\top])^{-1} \pi \otimes Q[Av \cdot b].$$

The optimal vector  $c_b$  depends on the unknown transition distribution and must be replaced by a consistent estimator  $\hat{c}_b$ . The estimator  $\hat{t}(\hat{c}_b)$  has the same asymptotic variance as  $\hat{t}(c_b)$ . We arrive at the following result.

**Theorem 1.** *If  $\hat{c}_b$  is consistent for  $c_b$ , then the estimator  $\hat{t}(\hat{c}_b)$  is asymptotically linear for  $t(Q)$  with influence function  $b - c_b^\top Av$  and asymptotic variance  $\sigma_b^2$ .*

**2.** We show now that if  $\hat{t}$  is asymptotically linear and regular, then  $\hat{t}(\hat{c}_b)$  is regular and efficient in the sense of Hájek's convolution theorem. The set  $H$  introduced above consists of the functions  $h$  on  $S^2$  for which one can construct Hellinger differentiable perturbations of  $Q$  of the form

$$Q_{nh}(x, dy) \doteq Q(x, dy)(1 + n^{-1/2}h(x, y))$$

that are again transition distributions. This means that  $H$  is the *tangent space* of the full nonparametric model. By Kartashov (1985), see also Kartashov (1996) and Greenwood and Wefelmeyer (1999), we have the perturbation expansion

$$n^{1/2}(\pi_{nh} \otimes Q_{nh}v - \pi \otimes Qv) \rightarrow \pi \otimes Q[hAv]. \quad (2.3)$$

The constraints  $\pi \otimes Qv = 0$  and  $\pi_{nh} \otimes Q_{nh}v = 0$  now lead to a constraint on  $h$ , namely  $\pi \otimes Q[hAv] = 0$ . Hence the tangent space of the constrained model consists of all functions  $h$  orthogonal to  $Av$ ,

$$H_* = \{h \in H : \pi \otimes Q[hAv] = 0\}.$$

The functional  $t(Q)$  is called *differentiable* at  $Q$  with *gradient*  $g$  if  $g \in H$  and

$$n^{1/2}(t(Q_{nh}) - t(Q)) \rightarrow \pi \otimes Q[hg] \quad \text{for } h \in H_*. \quad (2.4)$$

The *canonical gradient* is the projection  $g_*$  of  $g$  onto  $H_*$ . The estimator  $\hat{t}$  is called *regular* at  $Q$  with *limit*  $L$  if

$$n^{1/2}(\hat{t} - t(Q_{nh})) \Rightarrow L \quad \text{under } P_{nh} \text{ for } h \in H_*.$$

Here  $P_{nh}$  is the law of  $X_0, \dots, X_n$  when  $Q_{nh}$  is the true transition distribution.

We recall two characterizations from the theory of efficient estimation; for appropriate versions see e.g. Wefelmeyer (1999, Sections 3 and 5). (1) *An asymptotically linear estimator is regular if and only if its influence function is a gradient.* (2) *A regular estimator is efficient if and only if it is asymptotically linear with influence function equal to the canonical gradient.*

By definition,  $H$  has the orthogonal decomposition  $H = H_* \oplus [Av]$ , where  $[Av]$  is the linear span of  $Av$ . Hence the canonical gradient, the projection  $g_*$  of  $g$  onto  $H_*$ , can be written  $g_* = g - g_v$ , where  $g_v$  is the projection of  $g$  onto  $[Av]$ , i.e.  $g_v = c_*^\top Av$  with

$$c_* = (\pi \otimes Q[Av \cdot Av^\top])^{-1} \pi \otimes Q[Av \cdot g].$$

Now let  $\hat{t}$  be a regular and asymptotically linear estimator for  $t(Q)$ . By characterization (1), its influence function is a gradient, say  $g$ . By Theorem 1, the estimator  $\hat{t}(\hat{c}_*)$  has influence function  $g - c_*^\top Av = g_*$ . From characterization (2) we obtain the following result.

**Theorem 2.** *If  $\hat{t}$  is a regular and asymptotically linear estimator for  $t(Q)$ , and  $\hat{c}_*$  is consistent for  $c_*$ , then  $\hat{t}(\hat{c}_*)$  is regular and efficient for  $t(Q)$  in the model constrained by  $\pi \otimes Qv = 0$ .*

Note that for the improvement  $\hat{t}(c)$  we needed the constraint  $\pi \otimes Qv = 0$  only for the true  $Q$ , while for efficiency of  $\hat{t}(\hat{c}_*)$  we needed the constraint also for perturbations  $Q_{nh}$ , at least in the direction of the canonical gradient.

**3.** Suppose we know, in addition to  $\pi \otimes Qv = 0$ , that the Markov chain is *reversible*,  $\pi(dx)Q(x, dy) = \pi(dy)Q(y, dx)$ . By Greenwood and Wefelmeyer (1999), this puts the following additional constraint on the tangent space:

$$H_*^{\text{rev}} = \{h \in H_* : Bh \text{ symmetric}\}.$$

Here  $B$  is the *adjoint* of  $A$  in the sense that for  $h \in H$  and  $w \in W$ ,

$$\pi \otimes Q[hAw] = \pi \otimes Q[Bh \cdot w].$$

Let  $t(Q)$  be differentiable at  $Q$  with gradient  $g \in H$  in this doubly constrained model in the sense that (2.4) holds for  $h \in H_*^{\text{rev}}$ . As in the proof of Theorem 2 of Greenwood and Wefelmeyer (1999), the projection  $g_*^{\text{rev}}$  of  $g$  onto  $H_*^{\text{rev}}$  is obtained by symmetrizing  $g_*$ ,

$$\begin{aligned} g_*^{\text{rev}}(x, y) &= \frac{1}{2}(g(x, y) + g(y, x)) - c_*^{\text{rev}} \frac{1}{2}(v(x, y) + v(y, x)), \\ c_*^{\text{rev}} &= (E[Av(X_0, X_1) \cdot Av(X_0, X_1)^\top])^{-1} \\ &\quad \frac{1}{2}E[Av(X_0, X_1)(g(X_0, X_1) + g(X_1, X_0))]. \end{aligned}$$

Here and in the following, expectations are taken with respect to the *stationary* law of the chain. Note that if  $\hat{t}$  has influence function  $g \in H$ , then the symmetrized estimator

$$\frac{1}{2}(\hat{t}(X_0, \dots, X_n) + \hat{t}(X_n, \dots, X_0))$$

has influence function  $\frac{1}{2}(g(x, y) + g(y, x))$ . We arrive at the following result.

**Theorem 3.** *If  $\hat{t}$  is a regular and asymptotically linear estimator for  $t(Q)$ , and  $\hat{c}_*^{\text{rev}}$  is consistent for  $c_*^{\text{rev}}$ , then*

$$\frac{1}{2}(\hat{t}(X_0, \dots, X_n) + \hat{t}(X_n, \dots, X_0)) - \hat{c}_*^{\text{rev}} \frac{1}{2n} \sum_{i=1}^n (v(X_{i-1}, X_i) + v(X_i, X_{i-1}))$$

is regular and efficient for  $t(Q)$  in the model constrained by  $\pi \otimes Qv = 0$  and reversibility.

4. In this subsection we treat the problem of estimating  $c_*$  for linear functionals  $t(Q) = \pi \otimes Qf$  with  $f$  in  $W$ , and constraint  $\pi \otimes Qv = Ev(X_0, X_1) = 0$ . In the i.i.d. case,  $c_*$  was easy to estimate. For Markov chains,  $c_*$  involves the operator  $A$ , and estimation is less straightforward. By the martingale approximation (2.2), the empirical estimator

$$\hat{t} = \frac{1}{n} \sum_{i=1}^n f(X_{i-1}, X_i)$$

is asymptotically linear with influence function  $b = Af$  in  $H$ . By the perturbation expansion (2.3),  $Af$  is a gradient of  $\pi \otimes Qf$ . Hence the empirical estimator is regular by characterization (1). If nothing is known about  $Q$ , the empirical estimator is efficient: see Penev (1991) and Bickel (1993) for functions  $f$  of one argument, and Greenwood and Wefelmeyer (1995) for functions  $f$  of two arguments; or simply note that  $H$  is the tangent space of the full nonparametric model, and hence  $Af$  is the canonical gradient of  $\pi \otimes Qf$ .

For  $t(Q) = \pi \otimes Qf$  we have

$$c_* = c_f = (\pi \otimes Q[Av \cdot Av^\top])^{-1} \pi \otimes Q[Av \cdot Af] = \Sigma^{-1}F,$$

say. One checks that for vectors  $w$  and  $z$  with components in  $W$ ,

$$\begin{aligned} \pi \otimes Q[Aw \cdot Az^\top] &= E[(w(X_0, X_1) - Ew(X_0, X_1))z(X_0, X_1)^\top] \\ &\quad + \sum_{j=1}^{\infty} \left( E[(w(X_0, X_1) - Ew(X_0, X_1))z(X_j, X_{j+1})^\top] \right. \\ &\quad \left. + E[(w(X_j, X_{j+1}) - Ew(X_0, X_1))z(X_0, X_1)^\top] \right). \end{aligned}$$

For functions of *one* argument compare Meyn and Tweedie (1993, Section 17.4.3). Now we use the constraint  $Ev(X_0, X_1) = 0$  to estimate  $\Sigma = \pi \otimes Q[Av \cdot Av^\top]$  by

$$\hat{\Sigma} = \frac{1}{n} \sum_{i=1}^n v(X_{i-1}, X_i)v(X_{i-1}, X_i)^\top + \sum_{j=1}^{m(n)} \frac{2}{n-j} \sum_{i=1}^{n-j} v(X_{i-1}, X_i)v(X_{i+j-1}, X_{i+j})^\top$$

and  $F = \pi \otimes Q[Av \cdot Af]$  by

$$\begin{aligned} \hat{F} &= \frac{1}{n} \sum_{i=1}^n v(X_{i-1}, X_i)f(X_{i-1}, X_i) \\ &\quad + \sum_{j=1}^{m(n)} \frac{1}{n-j} \sum_{i=1}^{n-j} \left( v(X_{i-1}, X_i)f(X_{i+j-1}, X_{i+j}) + v(X_{i+j-1}, X_{i+j})f(X_{i-1}, X_i) \right). \end{aligned}$$

Since the chain is assumed  $V^2$ -uniformly ergodic, it is  $V^2$ -uniformly mixing by Meyn and Tweedie (1993, Theorem 16.1.5). To prove consistency of  $\hat{F}$ , set  $v_K = -K \vee v \wedge K$  and write  $\hat{F}_K$  for the corresponding estimator with truncated  $v$ . Since  $\sum_{j=1}^{\infty} Q^j f$  converges in  $L_2(\pi)$ , we obtain from the Cauchy–Schwarz inequality that for each  $\varepsilon > 0$  there is a  $K$  such that

$$E|\hat{F}_K - \hat{F}| \leq \varepsilon, \quad |\pi \otimes Q[Av_K \cdot Af] - \pi \otimes Q[Av \cdot Af]| \leq \varepsilon.$$

Furthermore, by straightforward calculation, for  $m(n)$  tending to infinity more slowly than  $n$ ,

$$E[\hat{F}_K - \pi \otimes Q[Av_K \cdot Af]]^2 \rightarrow 0.$$

Hence  $\hat{F}$  is consistent. In practice  $m(n)$  will be taken small. Consistency of  $\hat{\Sigma}$  is proved similarly. We arrive at the following result.

**Theorem 4.** *If  $m(n)$  tends to infinity more slowly than  $n$ , then  $\hat{c}_f = \hat{\Sigma}^{-1} \hat{F}$  is consistent for  $c_f$ .*

### 3 Applications

**Example 1.** If the function  $v$  is constant in one argument, say  $v(x, y) = v_1(y)$ , then the constraint is  $\pi \otimes Qv = \pi v_1 = 0$ . In particular, for real state space  $S = \mathbf{R}$  and constraint  $\pi v = 0$  with  $v(x, y) = y$ , the chain has mean zero. A natural estimator for the variance  $t(Q) = E(X - EX)^2$  of the invariant distribution is the empirical estimator  $\frac{1}{n} \sum_{i=1}^n X_i^2 - (\frac{1}{n} \sum_{i=1}^n X_i)^2$ . Since  $EX = 0$ , we have  $E(X - EX)^2 = EX^2$ , and an asymptotically equivalent estimator is the empirical second moment  $\frac{1}{n} \sum_{i=1}^n X_i^2$ . By Theorem 2, a better estimator is

$$\hat{t}(\hat{c}_f) = \frac{1}{n} \sum_{i=1}^n X_i^2 - \hat{c}_f \frac{1}{n} \sum_{i=1}^n X_i,$$

with  $\hat{c}_f$  a consistent estimator of  $(\pi \otimes Q[(Av)^2])^{-1} \pi \otimes Q[Av \cdot Af]$  for  $v(x, y) = y$  and  $f(x, y) = y^2$ .

**Example 2.** Consider the linear autoregressive model of order one,  $X_i = \rho X_{i-1} + \varepsilon_i$ , where the innovations  $\varepsilon_i$  are i.i.d. with mean zero, finite variance  $\sigma^2$ , finite fourth moment and  $|\rho| < 1$ . Then the invariant distribution  $\pi$  has mean zero. This is a submodel of Example 1. For this submodel, the operator  $A$  and the estimator for  $c_f$  simplify. Let us again consider the problem of estimating the variance  $t(Q) = E(X - EX)^2 = EX^2$  of the invariant distribution. For  $w \in L_2(\pi)$ ,

$$Q_y^j w = Ew \left( \sum_{k=0}^{j-1} \rho^k \varepsilon_{i-k} + \rho^j y \right).$$

In particular, for  $v(x, y) = y$  and  $f(x, y) = y^2$ ,

$$Av(x, y) = \frac{1}{1 - \rho}(y - \rho x), \quad Af(x, y) = \frac{1}{1 - \rho^2}(y^2 - \rho^2 x^2 - \sigma^2).$$

Hence

$$\pi \otimes Q[(Av)^2] = \frac{\sigma^2}{(1 - \rho)^2}, \quad \pi \otimes Q[Av \cdot Af] = \frac{\alpha_3}{(1 - \rho)(1 - \rho^2)},$$

where  $\alpha_3 = E\varepsilon^3$  is the third moment of the innovation distribution.

Estimate the autoregression coefficient  $\rho$  by the least squares estimator

$$\hat{\rho} = \sum_{i=1}^n X_{i-1} X_i / \sum_{i=1}^n X_{i-1}^2,$$

the innovations  $\varepsilon_i$  by  $\hat{\varepsilon}_i = X_i - \hat{\rho}X_{i-1}$ , and  $\sigma^2$  and  $\alpha_3$  by the empirical moments based on the estimated innovations,

$$\hat{\sigma}^2 = \frac{1}{n} \sum_{i=1}^n \hat{\varepsilon}_i^2, \quad \hat{\alpha}_3 = \frac{1}{n} \sum_{i=1}^n \hat{\varepsilon}_i^3.$$

We obtain

$$\hat{t}(\hat{c}_f) = \frac{1}{n} \sum_{i=1}^n X_i^2 - \frac{\hat{\alpha}_3}{(1 + \hat{\rho})\hat{\sigma}^2} \frac{1}{n} \sum_{i=1}^n X_i.$$

We note that for  $\rho = 0$  the observations are  $X_i = \varepsilon_i$  and i.i.d., and the estimator  $\hat{t}(\hat{c}_f)$  is asymptotically equivalent to the estimator obtained in the i.i.d. case.

To estimate  $c_f$ , we have used the information that the Markov chain is an AR(1) model. This information simplifies  $\hat{c}_f$  but does not improve the estimator  $\hat{t}(\hat{c}_f)$  asymptotically. We refer to Schick and Wefelmeyer (2000b, Section 6) for better estimators of  $EX^2$ , and to Schick and Wefelmeyer (2000c) for efficient estimators of general linear functionals of invariant laws of linear time series.

**Remark 1.** Constraints  $\pi \otimes Qv = 0$  for functions  $v(x, y) = u(x)w(y) - u(y)w(x)$  describe symmetries of the joint law of two successive observations with respect to time reversal. If such constraints hold for a sufficiently large class of functions, e.g. — in the case of real state space — for all indicators  $u(x) = 1_{(-\infty, a]}(x)$  and  $w(y) = 1_{(-\infty, b]}(y)$  with  $a, b \in \mathbf{R}$ , then the chain is reversible. Let  $t(Q)$  be differentiable, and let  $\hat{t} = \hat{t}(X_0, \dots, X_n)$  be an asymptotically linear estimator for  $t(Q)$ . By the arguments in Subsection 3 of Section 2, the symmetrized estimator

$$\frac{1}{2}(\hat{t}(X_0, \dots, X_n) + \hat{t}(X_n, \dots, X_0))$$



is efficient for  $t(Q)$  if the chain is known to be reversible.

**Remark 2.** For real state space, constraints  $\pi \otimes Qv = 0$  for functions  $v(x, y) = z(x, y) - z(-x, -y)$  describe symmetries of the joint law of two successive observations with respect to reflection at zero. If such constraints hold for a sufficiently large class of functions, e.g. for all functions  $z(x, y) = 1_{(-\infty, a]}(x)1_{(-\infty, b]}(y)$  with  $a, b \in \mathbf{R}$ , then

$$\pi(dx)Q(x, dy) = \pi(-dx)Q(-x, -dy)$$

and therefore  $\pi(dx) = \pi(-dx)$  and  $Q(x, dy) = Q(-x, -dy)$ . In this case, we do not need the results of Section 2. Note also that the condition  $Q(x, dy) = Q(-x, -dy)$  implies

$$\int \pi(-dx)Q(x, dy) = \int \pi(-dx)Q(-x, -dy) = \pi(-dy),$$

and hence  $\pi(dx) = \pi(-dx)$  holds automatically. The tangent space of the model constrained by symmetry of the transition distribution,  $Q(x, dy) = Q(-x, -dy)$ , is

$$H_* = \{h \in H : h(x, y) = h(-x, -y)\}.$$

Write  $f^-(x, y) = f(-x, -y)$ . It is straightforward to check that  $Af^- = (Af)^-$ . For  $h \in H_*$  we have  $h = h^-$  and

$$\pi \otimes Q[hAf] = \pi \otimes Q[h^-(Af)^-] = \frac{1}{2}\pi \otimes Q[h(Af + (Af)^-)] = \frac{1}{2}\pi \otimes Q[hA(f + f^-)].$$

Hence the projection of  $Af$  onto  $H_*$  is  $\frac{1}{2}A(f + f^-)$ . By the martingale approximation (2.2), this is the influence function of the symmetrized empirical estimator

$$\hat{t}_* = \frac{1}{2n} \sum_{i=1}^n (f(X_{i-1}, X_i) + f(-X_{i-1}, -X_i)),$$

which is therefore efficient for  $\pi \otimes Qf$  under the constraint  $Q(x, dy) = Q(-x, -dy)$ .

Similarly as in Remark 1, the result generalizes to arbitrary differentiable functionals  $t(Q)$  with gradient  $g \in H$ . Let  $\hat{t}$  be an asymptotically linear estimator for  $t(Q)$  with influence function  $g$ . Then the symmetrized estimator

$$\hat{t}_* = \frac{1}{2}(\hat{t}(X_0, \dots, X_n) + \hat{t}(-X_0, \dots, -X_n))$$

is efficient for  $t(Q)$  if the chain is known to be symmetric.

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