SMOKING HISTORY & ETS (SMQ)

SPID _____   **Date:** _____   **Interviewer:** _____

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*The next questions are about your history of smoking. Please **circle** 1 for Yes, 2 for NO, D if you don't know or are not sure, and R if you refuse to answer the question.*

The next set of questions will take about 10 minutes.

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1. [SMQ.020] Have you smoked 100 or more cigarettes in your entire life?

SMQ020   FMT_YES_NO

Yes	1	
No	2	**(Skip to Question 18)**
Refused	R	**(Skip to Question 18)**
Don't Know	D	**(Skip to Question 18)**

2. [SMQ.030] How old were you when you started smoking cigarettes regularly? Please type in your age at the time that you started to smoke regularly. *If you never smoked regularly, write 0.*

SMQ030   FMT_NUMCAT

|___|___|
Enter age in years

Refused	R
Don't Know	D

3. [SMQ.040] Do you smoke cigarettes now?   SMQ040   FMT_YES_NO

Yes	1	
No	2	**(Skip to Question 13)**
Refused	R	**(Skip to Question 18)**
Don't Know	D	**(Skip to Question 18)**

4. [SMQ.050] On average, how many cigarettes do you now smoke per day? Please write in the number of cigarettes you now smoke per day. 1 pack equals 20 cigarettes. If you smoke less than 1 cigarette per day, write in 1. Please ask the interviewer if you need help in calculating the amount.

SMQ050   FMT_NUMCAT

|___|___|___|
Enter number of cigarettes (per day)

Refused	R
Don't Know	D

5. [SMQ.060] For about how many years have you smoked this amount? Please write in the number of years. If you have smoked this amount for less than 1 year, write in 1.

SMQ060   FMT_NUMCAT

SMQ 3-1

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|___|___|
Enter number of years

Refused   R

Don't Know   D

6. [SMQ.062]   How soon after you wake up do you smoke your first cigarette?
Please circle one response.

	SMQ062	FMT_SMQ062_
Circle 1 if you smoke your first cigarette within 5 minutes.	1	
Circle 2 if it is within 6 to 30 minutes.	2	
Circle 3 if it is within 31 to 60 minutes.	3	
Circle 4 if you smoke your first cigarette after 60 minutes.	4	

Refused   R
Don't Know   D

7. [SMQ.064]   Would you like to completely quit smoking cigarettes?

	SMQ064	FMT_YES_NO
Yes	1	
No	2	
Refused	R	
Don't Know	D	

8. [SMQ.066]   Are you seriously considering quitting smoking within the next 6 months?

	SMQ066	FMT_YES_NO
Yes	1	
No	2	
Refused	R	
Don't Know	D	

9 [SMQ.070]   In your whole life, how many times have you stopped smoking for one day or longer because you were trying to quit smoking? Please write in the number of times.

SMQ070   FMT_NUMCAT

|___|___|___| **(If 0, skip to Question 18)**
Enter times

Refused   R

Don't Know   D

10. [SMQ.080]   About how many months ago was your most recent serious quit attempt?

Please type in numbers of months. If your most recent attempt was within the past month, please write 1. If your most recent attempt was years ago, please convert the years to months. Feel free to ask your interviewer for assistance.   SMQ080   FMT_NUMCAT

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|___|___|___|
Enter number of months

Refused   R

Don't Know   D

11. [SMQ.100] About how many months did you quit during your most recent serious quit attempt?   *SMQ100   FMT_NUMCAT*

Please write in the number of months. If your most recent attempt was within the past month, please write 1. If your most recent attempt was years ago, **please convert the years to months**. Feel free to ask your interviewer for assistance.

|___|___|___|
Enter number of months

Refused   R

Don't Know   D

12. [SMQ.115a] What methods have you used in your attempts to stop smoking?
SMQ115A,B,C,D,E,F   FMT_YES_NO
SMQ115G_1,G_2,G_3,G_4,G_5,G_6   FMT_CHAR

For each method, answer: **1 for Yes,**
2 for No,
R for Refused,
D for Don't Know

_____ a. Cold turkey (QUIT ALL AT ONCE WITH NO CUTTING DOWN AND NO OTHER HELP)

_____ b. Self-help guides

_____ c. Tobacco Quit Line

_____ d. Individual or group counseling

_____ e. Smoking cessation medication such as the nicotine patch, gum, or lozenge, or Zyban, or Chantix

_____ f. Something else (specifiy)

[After any response to Question 12, skip to Question 18.]

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13. [SMQ.120] How old were you when you stopped smoking? Please write in your age when you stopped smoking.

SMQ120   *FMT_NUMCAT*

|___|___|___|
Enter age in years

Refused   R

Don't Know   D

14. [SMQ.130] When you were smoking regularly, how soon after you woke up did you smoke your first cigarette?

SMQ130   *FMT_SMQ062_*

Please circle one response.

Circle 1 if you smoke your first cigarette within 5 minutes.   1

Circle 2 if it is within 6 to 30 minutes.   2

Circle 3 if it is within 31 to 60 minutes.   3

Circle 4 if you smoke your first cigarette after 60 minutes.   4

Refused   R
Don't Know   D

15. [SMQ.140] On average, over the entire time you smoked, how many cigarettes did you smoke per day?   *SMQ140*   *FMT_NUMCAT*

Please write in the average number of cigarettes you smoked per day. 1 pack equals 20 cigarettes. If you smoked less than 1 cigarette per day, write in 1. If you smoked more than 95 cigarettes per day, write in 95, .

|___|___|
Enter cigarettes per day

Refused   R

Don't Know   D

16. [SMQ.150] In your whole life, how many times have you stopped smoking for one day or longer because you were trying to quit smoking (including your successful attempt)?

SMQ150   *FMT_NUMCAT*

Please write the number of times.

|___|___|___|
Enter times

Refused   R

Don't Know   D

17. [SMQ.170] What methods did you use in your most recent successful attempt to stop smoking?

SMQ170A,B,C,D,E,F,G,H,I,J,K,L,M,N,O,P,Q,R,S   *FMT_YES_NO*

For each method, answer: **1 for Yes,**
                             2 for No,

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R for Refused,
D for Don't Know

Did you use……?

_____	a.	Quit cold turkey
_____	b.	Gradual Reduction
_____	c.	Tobacco quit line
_____	d.	Self-Help guides
_____	e.	Support Group
_____	f.	Group counseling/therapy
_____	g.	Hypnosis
_____	h.	Individual counseling/therapy
_____	i.	Nicotine gum
_____	j.	Nicotine inhaler
_____	k.	Nicotine lozenge
_____	l.	Nicotine nasal spray
_____	m.	Nicotine patch
_____	n.	Acupuncture
_____	o.	Bupropion
_____	p.	Chantix (varenicline)
_____	q.	Wellbutrin
_____	r.	Zyban
_____	s.	Other (Specify)

18. [SMQ.180] Do other people currently smoke cigarettes inside your home?

SMQ180   FMT_YES_NO

Yes	1	
No	2	**(Skip to Question 22)**
Refused	R	**(Skip to Question 22)**
Don't Know	D	**(Skip to Question 22)**

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19.[SMQ.190] How many people who live in your home, including yourself, smoke cigarettes inside your home? Please write in the number of people, including yourself.

SMQ190   FMT_NUMCAT

|___|___|
Enter number of people

Refused   R

Don't Know   D

20.[SMQ.200] How many cigarettes in total do they smoke per day inside your home?

SMQ200   FMT_NUMCAT

Please write in the average number of cigarettes they smoke per day. 1 pack equals 20 cigarettes. If they smoke less than 1 cigarette per day write in 1. Please ask the interviewer if you need help in calculating the amount.

|___|___|___|
Enter cigarettes per day

Refused   R

Don't Know   D

21. [SMQ.210] How much of the time are you currently exposed to cigarette smoke where you are close enough to smell the smoke inside your home?

SMQ210   FMT_NUMCAT

Please write in the number of hours per day.

|___|___]
Enter hours per day

Refused   R

Don't Know   D

22. [SMQ.220] How much of the time are you currently exposed to cigarette smoke where you are close enough to smell the smoke <u>at work</u>?

SMQ220   FMT_NUMCAT

Please write in the number of hours per day.

|___|___]
Enter hours per day

Refused   R

Don't Know   D

23. [SMQ.230] Now think about a typical week. How many hours per week are you currently exposed to cigarette smoke in social settings <u>outside</u> your own home? This would include time spent with friends or relatives who smoke, time spent in restaurants or taverns, or other social affairs where people are smoking.

SMQ230   FMT_NUMCAT

Please write in the number of hours that you are exposed to smoke in a social setting during a typical week.

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|___|___|___]
Enter hours per week

Refused	R
Don't Know	D