

Section A: Your Health

The next questions ask about your views about your health. This information will help you keep track of how you feel, and how well you are able to do your usual activities.

For each question, please mark the one circle that comes closest to the way you have been feeling.

1. In general, would you say your health is:

- ☐ Excellent
☐ Very good
☐ Good
☐ Fair
☐ Poor

QA_SF12_1

FMT_EVCGFD

2. The following questions are about activities you might do during a typical day.
Does your health now limit you in these activities? If so, how much?

Yes,
limited
a lot
▼

Yes,
limited
a little
▼

No, not
limited
at all
▼

2a. Moderate activities, such as moving a table, pushing ☐ ☐ ☐
a vacuum cleaner, bowling, or playing golf QA_SF12_2A FMT_LIMITED_3CAT

2b. Climbing several flights of stairs ☐ ☐ ☐
QA_SF12_2B FMT_LIMITED_3CAT

3. During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

All of
the time
▼

Most of
the time
▼

Some of
the time
▼

A little of
the time
▼

None of
the time
▼

3a. Accomplished less than you ☐ ☐ ☐ ☐
would like QA_SF12_3A FMT_ALLTONONE_3CAT

3b. Were limited in the kind of ☐ ☐ ☐ ☐
work or other activities QA_SF12_3B FMT_ALLTONONE_3CAT

4. During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?

All of the time Most of the time Some of the time A little of the time None of the time

▼ ▼ ▼ ▼ ▼

4a. Accomplished less than you ☐ ☐ ☐ ☐ ☐

would like QA_SF12_4A FMT_ALLTONONE_SCAT

4b. Did work or activities less ☐ ☐ ☐ ☐ ☐

carefully than usual QA_SF12_4B FMT_ALLTONONE_SCAT

5. During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?

- ☐ Not at all QA_SF12_5 FMT_SATIS_SCAT
- ☐ a little bit
- ☐ Moderately
- ☐ Quite a bit
- ☐ Extremely

6. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks...

All of the time Most of the time Some of the time a little of the time None of the time

▼ ▼ ▼ ▼ ▼

6a. Have you felt calm and peaceful.... ☐ ☐ ☐ ☐ ☐

QA_SF12_6A FMT_ALLTONONE_SCAT

6b. Did you have a lot of energy..... ☐ ☐ ☐ ☐ ☐

QA_SF12_6B FMT_ALLTONONE_SCAT

6c. Have you felt downhearted and..... ☐ ☐ ☐ ☐ ☐

depressed QA_SF12_6C FMT_ALLTONONE_SCAT

7. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?

- ☐ All of the time QA_SF12_7 FMT_ALLTONONE_SCAT
- ☐ Most of the time
- ☐ Some of the time

- ☐ **A little of the time**
- ☐ **None of the time**