

PERSONAL STATEMENT BY JESSICA ELORM TSORME ON APPLIED HEALTH SCIENCES.

The health discipline is a rapidly growing discipline and also a vital topic every individual is concerned about. I have always had a great interest in the health of people and I am always eager to contribute to their wellness. One thing that has been an inspiration in the field of health is the determination and passion with which, health workers perform their tasks.

During my undergraduate studies, I was honored to be tutored by amazing lecturers in courses like Anatomy and Physiology, Pharmacology, Laboratory Techniques, Forensic Biology, and Microbiology among others. These courses gave me a great understanding of how the field of Biology in the human body works, the mechanism of drugs, the negative effect of microorganisms on humans, and other exciting facts. The study of these courses inspired me to pursue a Postgraduate course in Applied Health Sciences at the prestigious University of Aberdeen. The knowledge I acquired in the courses above made me zealous to achieve a future career in Health Sciences and also help others achieve optimal health and fitness in their lives.

During my internship period at the Fire Service Station, I was able to improve my skills in communication and teamwork. I was part of the coordinating team; where our work was to speak to the victims of the fire and get them to narrate every act of theirs which might have caused the ignition. My role was also to assign roles to other colleagues.

Through my work experience as a National Service Person in the position of a Teaching and Administrative assistant, I interacted with some students during the lecture period and tutorial sessions. The administrative assistantship also helped me develop a network with most senior lecturers and professors. During my National Service period, I developed an ability to manage pressure while still meeting expectations. An example is when I enrolled in the Future-Learn online education platform. I combined roles during this time by being at work during the day and spending the nights working on assignments on the courses I read on future-Learn.com. I continued to successfully meet deadlines without struggle.

In my alma mater, the University of Cape Coast-Ghana, I excelled in extracurricular activities which gave me much knowledge in other areas outside the academic field. I have acquired good

leadership skills and good teamwork abilities. I also have the enthusiasm to learn new things in life.

Post graduating, I plan to contribute my acquired knowledge in health sciences to the ongoing developing health fields in my country Ghana. I firmly believe that studying at the University of Aberdeen will give me the firm foundation I need for my future career. If given a chance in this institution, I can be a great asset to my country, Ghana, as I am motivated and willing to put in my best to contribute to its development.

I look forward to speaking with you more about my application.

Jessica Tsorme