

## U13 Girls

1	Freya	Woodhead	Bideford AAC	U13G
2	Madeleine	Jones	City Of Plymouth AC	U13G
3	Molly	Shorey	City Of Plymouth AC	U13G
4	Verity	Tank	City Of Plymouth AC	U13G
5	Isabella	May	Erme Valley Harriers	U13G
6	Libby	Kirby	Erme Valley Harriers	U13G
7	Daisy	Rowe	Exeter Harriers	U13G
8	Isla	Bryson	Exeter Harriers	U13G
9	Poppy	McCollum	Exeter Harriers	U13G
10	Tamara	Dow	Exeter Harriers	U13G
11	Jasmine	Penfold	Newton Abbot AC	U13G
12	Nia	Harradine-Cole	Newton Abbot AC	U13G
13	Isobel	Curry	Newton Abbot AC	U13G
14	Sophie	Land	North Devon AC	U13G
15	Ellie	Dayman	North Devon AC	U13G
16	Amber	Drake	North Devon AC	U13G
17	Lauren	Carr	South Devon AC	U13G
18	Hannah	Carr	South Devon AC	U13G
19	Evie	Rowe	South Devon AC	U13G
20	Katie	Heal	Taunton AC	U13G
21	Piper	Haffenden	Tavistock AC	U13G
22	Matilda	Riggott	Tavistock AC	U13G
23	Grace	Povey	Torbay AAC	U13G

## U13 Boys

30	Edward	Watts	Erme Valley Harriers	U13B
31	William	Birchall	Exeter Harriers	U13B
32	Henry	Birchall	Exeter Harriers	U13B
33	Stanley	Wood	Exeter Harriers	U13B
34	Toby	Capps	Exeter Harriers	U13B
35	Alastair	Smith	Exeter Harriers	U13B
36	Benjamin	Sainsbury	Exeter Harriers	U13B
37	Charlie	Hague	Exeter Harriers	U13B
38	Christopher	Oliveira	North Devon AC	U13B
39	Max	Standen	North Devon AC	U13B
40	Jim	Turner	North Devon AC	U13B
41	Cassius	Beeton	North Devon AC	U13B
42	Jack	Tithecott	North Devon AC	U13B
43	Harry	Kendall	South Devon AC	U13B
44	Thomas	Harris	Tavistock AC	U13B
45	James	Crossey	Tavistock AC	U13B
46	Noah	Reid	Tavistock AC	U13B
47	Adam	Wolfenden	Tavistock AC	U13B
48	Daniel	Williams	Tiverton Harriers	U13B
49	Thomas	Ward	Torbay AAC	U13B
50	Joe	Eastman	Torbay AAC	U13B
51	Liam	McQueen-Mason	Torbay AAC	U13B
52	Oscar	Eve	Torbay AAC	U13B
53	Charley	Alcock	Torbay AAC	U13B

## U15 Girls

60	Anna	Lake	Erme Valley Harriers	U15G
61	Katie	Harries	Exeter Harriers	U15G
62	Scarlett	Livingstone	Exeter Harriers	U15G
63	Jess	Courtney	Exeter Harriers	U15G
64	Lucy	Milliner	Exeter Harriers	U15G
65	Mia	Fordham	North Devon AC	U15G
66	Sophie	Wren	North Devon AC	U15G
67	Indiana	Stephenson	North Devon AC	U15G
68	CC	Addison	North Devon AC	U15G
69	Fern	McIntyre	North Devon AC	U15G
70	Charlotte	Walker	Tavistock AC	U15G
71	Kristyna	Cade	Tavistock AC	U15G
72	Amelia	Riggott	Tavistock AC	U15G
73	Mia	Ratcliff	Torbay AAC	U15G
74	Emma	Harrison	Torbay AAC	U15G
75	Iona	Farquharson	Torbay AAC	U15G
76	Ella	Rogers	Torbay AAC	U15G
77	Hannah	Davison	Torbay AAC	U15G
78	Lucie	Broomby	Exeter Harriers	U15G

## U15 Boys

83	James	Figes	Bideford AAC	U15B
84	Thomas	Jones	City Of Plymouth AC	U15B
85	Sam	Oakshott	Erme Valley Harriers	U15B
86	Tom	Mcdowall	Erme Valley Harriers	U15B
87	Luke	Pascoe	Exeter Harriers	U15B
88	Luke	Mallon	Exeter Harriers	U15B
89	Oliver	Capps	Exeter Harriers	U15B
90	Sam	Mills	Exeter Harriers	U15B
91	Ben	Westcott	Exeter Harriers	U15B
92	Matthew	White	Newton Abbot AC	U15B
93	Caleb	Pirie	North Devon AC	U15B
94	Matthew	Silverlock	North Devon AC	U15B
95	William	Pengelly	North Devon AC	U15B
96	George	Thomas	North Devon AC	U15B
97	Matthew	Richards	Okehampton RC	U15B
98	Abraham	Reid	Tavistock AC	U15B
99	Benjamin	Wilkinson	Tavistock AC	U15B
100	Ewan	Dix	Tavistock AC	U15B
101	Isaac	Reid	Tavistock AC	U15B
102	James	Larkin	Torbay AAC	U15B
103	Samuel	Hart	Torbay AAC	U15B
104	Ben	Osmond	Torbay AAC	U15B

## U17 Men

110 Flynn	Jennings	Bideford AAC	U17M
111 William	Figes	Bideford AAC	U17M
112 Jamie	Frost	Erme Valley Harriers	U17M
113 Cameron	Bryson	Exeter Harriers	U17M
114 Johnny	Livingstone	Exeter Harriers	U17M
115 Tom	Perry	Exeter Harriers	U17M
116 Michael	Lambourne	Exeter Harriers	U17M
117 Louis	Chamberlain	Exeter Harriers	U17M
118 Adam	Leworthy	North Devon AC	U17M
119 Dylan	Dayman	North Devon AC	U17M
120 Luke	Hamley	North Devon AC	U17M
121 Finley	Ball	North Devon AC	U17M
122 Dan	Parkin	North Devon AC	U17M
123 Sam	Priday	Okehampton RC	U17M
124 William	Russell	Tavistock AC	U17M
125 Oliver	Smart	Tavistock Run Project	U17M
126 Christopher	Kirwin	Torbay AAC	U17M
127 Myles	Begley	Torbay AAC	U17M

## U17 Women

132 Olivia	Travers	City Of Plymouth AC	U17W
133 Kate	Phillips	City Of Plymouth AC	U17W
134 April	Oakshott	Erme Valley Harriers	U17W
135 Phoebe	Clark	Exeter Harriers	U17W
136 Skye	Pirie	North Devon AC	U17W
137 Millie	Ayres	North Devon AC	U17W
138 Eliza	Banbury	North Devon AC	U17W
139 Abbi	Oscroft	North Devon AC	U17W
140 Emma	German	SWRR	U17W
141 Elyse	Kedzior-Macdonough	Tavistock AC	U17W
142 Charlotte	Tilney	Tavistock AC	U17W
143 Emily	Procter	Torbay AAC	U17W
144 Emily	Procter	Torbay AAC	U17W
145 Lily	Bates	Torbay AAC	U17W
146 Holly	Leman-Liberal	Torbay AAC	U17W
147 Chloe	Weeks	Torbay AAC	U17W

## U20 Women

150 Weronika	Dabska	City Of Plymouth AC	U20W
151 Talia	Sullivan	City Of Plymouth AC	U20W
152 Molly	Canham	Exeter Harriers	U20W
153 Courtney	Howard	Exeter Harriers	U20W
154 Chloe	Olford	Newton Abbot AC	U20W
155 Harriet	Turner	North Devon AC	U20W
156 Fiona May	Corrick	South Molton Strugglers	U20W
157 Fiona	German	SWRR	U20W
158 Lauren	Burd	Tiverton Harriers	U20W

## Senior Women

162	Hannah	Blair	City Of Plymouth AC	SF
163	Hannah	Paul	City Of Plymouth AC	SF
164	Phoebe	Killen	Exeter Harriers	SF
165	Danielle	Wall	Exmouth Harriers	SF
166	Charlotte	Briggs	Exmouth Harriers	SF
167	Ana	Goncalves	Exmouth Harriers	SF
168	Martha	Neal	Newton Abbot AC	SF
169	Joanne	Page	Okehampton RC	SF
170	Kirsteen	Welch	Sidmouth RC	SF
171	Agata	Obidowicz	South Molton Strugglers	SF
172	Jennifer	Sabine	Tavistock Run Project	SF
173	Hannah	Walters	Tavistock Run Project	SF
174	Tilly	Woods	Teignbridge Trotters	SF
175	Naomi	Flanagan	Torbay Tri Club	SF

## Female Masters

180	Ami	Yetton	Plymouth Harriers	F35
181	Roz	Debenham	SWRR	F35
182	Jodi	Fisk	Tavistock AC	F35
183	Rachael	Malthouse	Tavistock Run Project	F35
184	Emma	Lake	Erme Valley Harriers	F40
185	Hannah	Bown	Exmouth Harriers	F40
186	Paula	Hawkins	Exmouth Harriers	F40
187	Karen	King	Okehampton RC	F40
188	Maddie	Horton	Plymouth Harriers	F40
189	Jenny	Debenham	SWRR	F40
190	Samantha	Lake	Tavistock AC	F40
191	Serane	Stone	Tiverton Harriers	F40
192	Jo	Meek	Winchester & District AC	F40
193	Sara	Colvin	Bideford AAC	F45
194	Cleo	Perry	Erme Valley Harriers	F45
195	Lisa	Hatchard	Exmouth Harriers	F45
196	Jo	Bradford	Okehampton RC	F45
197	Gill	Spinney	Okehampton RC	F45
198	Sarah	Marvin	Okehampton RC	F45
199	Melanie	Priday	Okehampton RC	F45
200	Jane	Allison	Plymouth Harriers	F45
201	Wendy	Goldthorp	Teignbridge Trotters	F45
202	Julie	Dixon	Bideford AAC	F50
203	Hayley	Ratcliff	Torbay AAC	F50
204	Nicola	Kelly	Exmouth Harriers	F55
205	Dawn	Lamerton	Plymstock Road Runners	F55
206	Alison	White	Exmouth Harriers	F60
207	Jenny	Reay	Exmouth Harriers	F60
208	Margaret	Jarvis	Okehampton RC	F60
209	Helen	KulaPrzezowski	Tavistock AC	F60
210	Eleanor	Taylor	Teignbridge Trotters	F60
211	Teresa	Holmes	Teignbridge Trotters	F60
212	Marilyn	Blair	Torrington AAC	F60

## U20 Men

220	Simon	Davis	Exeter Harriers	U20M
221	Callum	Choules	North Devon AC	U20M
222	Kyle	Darragh	North Devon AC	U20M
223	Hamish	James	North Devon AC	U20M
224	Toby	Garrick	Sidmouth RC	U20M
225	William	Spencer	Tiverton Harriers	U20M
226	James	Alcock	Torbay AAC	U20M

## Senior Men

230	Martin	Edwards	Bideford AAC	SM
231	Jonathan	Hall	Exeter Harriers	SM
232	Callum	Crawford	Exeter Harriers	SM
233	Joachim	Tranvag	Exeter Harriers	SM
234	Benjamin	Holmes	Exeter Harriers	SM
235	Harry	Mills	Exeter Harriers	SM
236	Tristan	Kelsall-Spurr	Exmouth Harriers	SM
237	Berihu	Hadera	Exmouth Harriers	SM
238	Tom	Merson	Exmouth Harriers	SM
239	James	Mckibbin	North Devon AC	SM
240	Michal	Lesniak	South Molton Strugglers	SM
241	Lewis	Marrow	South Molton Strugglers	SM
242	Gwylm	Gibson	SWRR	SM
243	William	Dax	Tavistock AC	SM
244	Ben	Neale	Tavistock Run Project	SM
245	Lewis	Mill	Tavistock Run Project	SM
246	Edward	Smith	Tavistock Run Project	SM
247	Sonny	Harvey	Torbay AAC	SM

## Male Masters

253	Aaron	Richmond	Bideford AAC	M35
254	Dominic	Spayne	Exeter Harriers	M35
255	Peter	Heckles	Exeter Harriers	M35
256	Robert	Kelly	Okehampton RC	M35
257	Richard	Davies	Okehampton RC	M35
258	Paul	Cooke	South Molton Strugglers	M35
259	Scott	Hunter	SWRR	M35
260	James	Armstrong	Tavistock AC	M35
261	Alistair	Peers	Tavistock AC	M35
262	Johnny	Gilby	Derby AC	M40
263	Jonathan	Hague	Exeter Harriers	M40
264	Jonathan	Hague	Exeter Harriers	M40
265	Anthony	Hatchard	Exmouth Harriers	M40
266	Adam	Miller	Exmouth Harriers	M40
267	Scott	Jamieson	Exmouth Harriers	M40
268	Andrew	Vallance	Okehampton RC	M40
269	Robert	Hicks	Okehampton RC	M40

270 Richard	Connett	South Molton Strugglers	M40
271 Paul	Morgan	South Molton Strugglers	M40
272 Adam	Stobbs	Exeter Harriers	M45
273 Peter	Belcher	Exmouth Harriers	M45
274 Rupert	Broomby	Haldon Trail Runners	M45
275 Craig	Hobson	Newton Abbot AC	M45
276 Simon	Tithecott	North Devon AC	M45
277 Paul	Crease	Okehampton RC	M45
278 Stuart	Page	Okehampton RC	M45
279 Geoffrey	Hill	Okehampton RC	M45
280 John	Porter	Plymouth Harriers	M45
281 Mark	Thomas	Plymouth Harriers	M45
282 Edward	Pickering	SWRR	M45
283 Langdon	Williams	Exmouth Harriers	M50
284 Mike	Musgrove	Exmouth Harriers	M50
285 Richard	Gannon	Plymouth Harriers	M50
286 Vince	Langdon	South Devon AC	M50
287 Mark	Batchelor	South Molton Strugglers	M50
288 Ian	Lamerton	South West Vets AC	M50
289 Peter	Rigler	Bideford AAC	M55
290 Stephen	Burns	City Of Plymouth AC	M55
291 Brian	Sansom	Exmouth Harriers	M55
292 David	Harris	Tavistock AC	M55
293 Richard	Best	Tavistock AC	M55
294 Steve	Thackham	Tavistock AC	M55
295 Steve	Morgan	Exmouth Harriers	M60
296 Hugh	Marsden	Exmouth Harriers	M60
297 Michael	McCann	Ilfracombe RC	M60
298 Richard	Drage	Tavistock AC	M60
299 John	Shapland	Bideford AAC	M65
300 Des	White	Exmouth Harriers	M65
301 James	Portus	Newton Abbot AC	M65
302 Ian	Page	Okehampton RC	M65
303 Brian	Marjoram	South Devon AC	M65
304 Roger	Webb	South Devon AC	M65
305 David	King	South West Vets AC	M65
306 Allan	Herdman	Tavistock AC	M65
307 Robert	Chapman	Tavistock AC	M70