

Devon Open Track & Field Timetable Tavistock 14th July 2019

Track Timetable

<u>Time</u>	<u>Event</u>	<u>Age Group</u>
11:00	300m Hur 400m Hur	U17W & V60M U17M SW SM
11:15	75m 75m	U10 G&B U11 G&B
11:45	1500m 1500m 1500m	U15G & B U17W & M SW, SM, VW & VM
12:10	100m	U13G & B
12:25	100m	U15G & B
12:25	100m	U17W & M
12:40	100m	SW, SM, VW & VM
12:40	3000m 3000m	U15G/B & U17W/M U20s and Seniors

LUNCH BREAK

13:45	70m Hur 75m Hur 80m Hur 80m Hur 80m Hur	U13G U13B/U15G U17W V40W & V70M U15B
14:20	800m 800m 800m	U15G & B U17W & M SW, SM, VW & VM
14:45	Mt. 3 1500m	U13G & B
15:00	100m Hur 100m Hur 110m Hur	SW, V35W & V60M U17M & V50M U20M, SM, V40M
15:15	300m 400m 400m	U15G/U17W/U15B U17M/SW/VW SM,& VM
15:30	150m 200m 200m 200m	U13G & B U15G & B U17W & M SW, SM, VW & VM
16:00	600m	U10 G&B
16:20	600m	U11 G&B
16:45	4x100m Relay 4x100m Relay 4x100m Relay	U11G & B U13G & B U15 and upwards

Field Timetable

<u>Time</u>	<u>Event</u>	<u>Age Group</u>
11:00	Discus Discus Shot Long Jump	U17M & U20M SM & VM U17W, SW & VW U13B & U15B
11:45	Javelin Shot	U15B U13G & U15G
	Long Jump Long Jump	U17M, SM & VM U17W, SW & VW
12:30	High Jump	U13G & U15G
	High Jump Long Jump Vortex Throw	U17W, SW & VW U10G U10B
12:50	Hammer Hammer Hammer Hammer	U13G & U13B U15B/G & U17M/W U20M, SM & VM SW & VW
13:30	Javelin Javelin Shot	U15G & U17W SW & VW U13B & U15B
	Long Jump	U13G & U15G
14:00	High Jump	U17M, SM & VM
	Vortex Throw Long Jump	U10G U10B
14:15	Discus Discus Long Jump	U17W, SW & VW U13G & B U11 G&B
15:00	Javelin	U17M, SM & VM
15:15	High Jump Vortex Throw Shot Shot	U13B & U15B U11 G&B U17M & U20M SM & VM
16:00	Discus	U15G & B
	Triple Jump Triple Jump Triple Jump	U15G & B U17W, SW & VW U17M, SM & VM

Medals to athletes who compete in all four fixtures.

Entry on the Day

£5 Juniors, £6 Seniors

U13s and U15s may not compete in more than 1 event of 800m or over on the same day.

U10's and U11's take part in a QuadKids event at this meeting