Devon County Track and Field Championship Records

200 metres 13.2 Charlotte Maxwell 2004 100 metres 32.6 26 Mudg 1987 200 metres 14.8 28 29 Mudg 2014 200 metres 14.8 28 29 Mudg 1987 200 metres 14.8 29 Mudg 2014 200 metres 14.0 20 Mudg 2014 200 metres 2.2 2.5 2.5 metre m 2015 200 metres 2.2 2.5 2.5 metre m 2015 200 metres 3.5 2.3 4 Harrison Sime 2015 2.	Event Under 13 Girls	СВР	Record Holder	Year	Event Under 13 Boys	СВР	Record Holder	Year
200 metres	100 metres	13.2	Charlotte Maxwell	2004	100 metres	13.06	Rhys Stephens	2017
800 metres							· · ·	_
	600 metres				600 metres		<u> </u>	
1500 metres	800 metres	2.29.5		1994	800 metres	2.21.3	Daniel Carthy	1993
Tom Hurdles								
AX 100 Metres High Jump			-				Ü	
High Jump		11.4	Charlotte Maxwell	2004			Joshua Taylor	2019
Long Jump		1.50	Katia Chanman	2016			LEollowoo	1000
Shot 9.94 Kalie Chapman 2016 Pole Yault 2.40 Noah Jones 2017	•		•		•			
Discus 31.44 Nubia Evans-Shields 2019 Shot 3.25kg 8.98 Nubia Maczugowski 2019 Discus 27.72 Davey Platt 2003 2019 Discus 27.72 Davey Platt 2004 2019 Discus 2019 Discus 27.72 Davey Platt 2004 Davey Platt 2019								
Javelin 28.34 Eve Russell 1995 Shot 3 kg 8.89 Nicolas Maczugowski 2019 Joiscus 27.72 Davey Plett 2019 Javelin 37.27 Jack Moncur 2011 Javelin 37.27 Jack Moncur 2010 Javelin 2000			-					
Under 15 Girls					•			
Under 15 Girls	Hammer	20.12	Nubia Evans-Shields	2019	Discus		Davey Platt	
Under 15 Girls								
100 metres					Hammer	15.78	Owen Fileman	2019
200 metres	Under 15 Girls				Under 15 Boys			
25.64w Eden Robinson 2021 300 metres 33.4 Ben Sutton 2012 200 metres 43.32 Charlotte Sutton 2015 400 metres 53.4 Michael Cole 2004 2006 metres 2.16.23 Molly Canham 2015 800 metres 2.05.8 Michael Cole 2004 2000 metres 10.16.52 Scarlett Lingstone 2019 3000 metres 9.25.8 Michael Cole 2011 3000 metres 10.16.52 Scarlett Lingstone 2019 3000 metres 9.25.8 Michael Cole 2011 3000 metres 1.36 Samantha Harris 2016 80m Hurdles 11.47 Sam Tallot 2013 3000 metres 5.5.7 41.00 metres 53.7 3000 metres 53.7 30000 me	100 metres	12.44	Eden Robinson	2021	100 metres	11.6	Gary Hosking	2000
300 metres 43.32 Charlotte Sutton 2015 400 metres 5.34 Michael Cole 2004 800 metres 2.16.23 Molly Canham 2015 800 metres 2.05.8 Michael Cole 2004 1500 metres 4.14.4 Manion McKie 1980 1500 metres 4.17.59 Jed Hutchings 2021 3000 metres 10.16.52 Scarlett Livingstone 2019 3000 metres 9.25.8 Ned Oliver 2011 75m Hurdles 11.36 Samanthal Harris 2016 80m Hurdles 11.47 Sam Tallot 2013 1500m Skchase 5.54,55 Isabella Trowell 2022 1500m Skchase 6.08.17 Luke Richards 2022 4 X 100 metres 5.12 Ber Date Schall 2018 Handy 19.18 Mandy Keating 19.77 Pole Vault 3.10 Noah Jones 2011 High Jump 1.78 B Dumont 1992 1992 1900 5.45 Katie Chapman 2016 High Jump 1.78 B Dumont 1992 1992 <td>200 metres</td> <td></td> <td></td> <td></td> <td>200 metres</td> <td></td> <td></td> <td></td>	200 metres				200 metres			
800 metres 2.16.23 Molly Canham 2015 800 metres 2.05.8 Michael Cole 2004 1500 metres 1.01.6.52 Scarlett Livingstone 2019 3000 metres 9.25.8 Ned Oliver 2011 75m Hurdles 11.36 Samantha Harris 2016 80m Hurdles 11.47 Sam Talbot 2021 1500m S/chase 5.54,55 Isabella Trowell 2022 1500m S/chase 6.08.17 Luke Richards 2022 4 X 100 metres 5.3.7 3000 m Walk 19.45.7 Ben Taylor 2004 Pole Vault 2.25 Mille Ayres 2018 4X 100 metres 51.2 Exeter Harriers 2001 Long Jump 1.68 Mandy Keating 1977 Pole Vault 3.10 Noah Jones 2018 Long Jump 1.68 Katie Chapman 2018 Long Jump 1.78 B Dumont 1992 Javelin Gol 11.28 Rosergia Scot 2018 Triple Jump 11.38 George Western 2003 Shot 3kg								
1500 metres								
3000 metres			-					
Toom Sychase							•	
1500m S/chase			_					
A N100 metres 53.7 3000 m Walk 19.45.7 Ben Taylor 2004						6.08.17		
High Jump	4 X 100 metres				3000 m Walk	19.45.7	Ben Taylor	2004
Long Jump								
Triple Jump								
Triple Jump	Long Jump							
Shot 3.25kg	Triple lump							
Shot 3kg			•				_	
Discus	•							
Under 17 Women		37.94	Nubia Evans-Shields	2021	Javelin	48.22	Jack Moncur	
Under 17 Women	Javelin 600g		•		Hammer	39.22	Josh Tyler	2016
Under 17 Women 12.1 L Wilson 1985 100 metres 11.06 Ian Leaman 1995 200 metres 25.26 Megan Webber 2017 200 metres 22.54 Ian Leaman 1995 300 metres 40.80 Miranda Hardacre 2012 400 metres 50.87 Ben Sutton 2015 800 metres 2.14.31 Molly Canham 2017 800 metres 1.57.3 Nic Andrews 1998 1500 metres 4.35.0 Jo Davis 1990 1500 metres 4.09.3 Dave Mattock 1987 3000 metres 10.18.70 Molly Shorey 2022 3000 metres 9.16.94 David Weir 2012 80m Hurdles 11.52 Emily Bee 2018 100m Hurdles 13.60 Sam Talbot 2014 300m Hurdles 45.69 Megan Gallagher 2016 400m Hurdles 56.1 David Warwick 1999 1500m S/chase 5.10.57 Eevee-May Banbury 2017 1500m S/chase 4.37.83 Elliot Moran 2017 4 X 100 metres 53.0 Exeter Harriers 2000 4X100 metres 48.4 N Abbot AC 1998 High Jump 1.71 Mandy Keating 1979 3000m Walk 19.45.7 Billy Morley-Williams 2004 Long Jump 5.63 Jade Simson 2014 High Jump 1.95 Sean Sinclair 1982 Triple Jump 11.30 Claire Linskill 2004 Long Jump 6.60 Grant Batten 2003 Pole Vault 2.21 Hannah Gray 1997 Triple Jump 13.37 Jak Field 2004 Shot 3kg 13.60 Olivia Dobson 2017 Shot 16.12 David L Dawson 2000 Discus 38.51 Emma Carpenter 1988 Javelin 600g 47.32 Mandy Liverton 1988 Javelin 61.44 Steve Turnock 2009 Javelin 500g 40.44 Maia Dart 2016 Hammer 55.82 Edward Fileman 2019	-		-					
100 metres 12.1 L Wilson 1985 100 metres 11.06 Ian Leaman 1995 200 metres 25.26 Megan Webber 2017 200 metres 22.54 Ian Leaman 1995 300 metres 40.80 Miranda Hardacre 2012 400 metres 50.87 Ben Sutton 2015 800 metres 2.14.31 Molly Canham 2017 800 metres 1.57.3 Nic Andrews 1998 1500 metres 4.35.0 Jo Davis 1990 1500 metres 4.09.3 Dave Mattock 1987 3000 metres 10.18.70 Molly Shorey 2022 3000 metres 9.16.94 David Weir 2012 80m Hurdles 11.52 Emily Bee 2018 100m Hurdles 13.60 Sam Talbot 2014 300m Hurdles 45.69 Megan Gallagher 2016 400m Hurdles 56.1 David Warwick 1999 1500m S/chase 510.57 Eevee-May Banbury 2017 1500m S/chase 4.37.83 Elliot Moran 2017	Hammer	44.39	Phoebe Milburn	2021				
200 metres 25.26 Megan Webber 2017 200 metres 22.54 lan Leaman 1995 300 metres 40.80 Miranda Hardacre 2012 400 metres 50.87 Ben Sutton 2015 800 metres 2.14.31 Molly Canham 2017 800 metres 1.57.3 Nic Andrews 1998 1500 metres 4.35.0 Jo Davis 1990 1500 metres 4.09.3 Dave Mattock 1987 3000 metres 10.18.70 Molly Shorey 2022 3000 metres 9.16.94 David Weir 2012 80m Hurdles 11.52 Emily Bee 2018 100m Hurdles 13.60 Sam Talbot 2014 300m Hurdles 45.69 Megan Gallagher 2016 400m Hurdles 56.1 David Warwick 1999 1500m S/chase 5.10.57 Eevee-May Banbury 2017 1500m S/chase 4.37.83 Elliot Moran 2014 4 X 100 metres 53.0 Exeter Harriers 2000 4X100 metres 48.4 N Abbot AC 1998 <td>Under 17 Women</td> <td></td> <td></td> <td></td> <td>Under 17 Men</td> <td></td> <td></td> <td></td>	Under 17 Women				Under 17 Men			
200 metres 25.26 Megan Webber 2017 200 metres 22.54 lan Leaman 1995 300 metres 40.80 Miranda Hardacre 2012 400 metres 50.87 Ben Sutton 2015 800 metres 2.14.31 Molly Canham 2017 800 metres 1.57.3 Nic Andrews 1998 1500 metres 4.35.0 Jo Davis 1990 1500 metres 4.09.3 Dave Mattock 1987 3000 metres 10.18.70 Molly Shorey 2022 3000 metres 9.16.94 David Weir 2012 80m Hurdles 11.52 Emily Bee 2018 100m Hurdles 13.60 Sam Talbot 2014 300m Hurdles 45.69 Megan Gallagher 2016 400m Hurdles 56.1 David Warwick 1999 1500m S/chase 5.10.57 Eevee-May Banbury 2017 1500m S/chase 4.37.83 Elliot Moran 2014 4 X 100 metres 53.0 Exeter Harriers 2000 4X100 metres 48.4 N Abbot AC 1998 <td>100 metres</td> <td>12.1</td> <td>L Wilson</td> <td>1985</td> <td>100 metres</td> <td>11.06</td> <td>lan Leaman</td> <td>1995</td>	100 metres	12.1	L Wilson	1985	100 metres	11.06	lan Leaman	1995
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3000 metres 10.18.70 Molly Shorey 2022 3000 metres 9.16.94 David Weir 2012 80m Hurdles 11.52 Emily Bee 2018 100m Hurdles 13.60 Sam Talbot 2014 300m Hurdles 45.69 Megan Gallagher 2016 400m Hurdles 56.1 David Warwick 1999 1500m S/chase 5.10.57 Eevee-May Banbury 2017 1500m S/chase 4.37.83 Elliot Moran 2017 4 X 100 metres 53.0 Exeter Harriers 2000 4X100 metres 48.4 N Abbot AC 1998 High Jump 1.71 Mandy Keating 1979 3000m Walk 19.45.7 Billy Morley-Williams 2004 Long Jump 5.63 Jade Simson 2014 High Jump 1.95 Sean Sinclair 1982 Triple Jump 11.30 Claire Linskill 2004 Long Jump 6.60 Grant Batten 2003 Pole Vault 2.21 Hannah Gray 1997 Triple Jump 13.37 Jak Field 2004<			_					
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High Jump 1.71 Mandy Keating 1979 3000m Walk 19.45.7 Billy Morley-Williams 2004 Long Jump 5.63 Jade Simson 2014 High Jump 1.95 Sean Sinclair 1982 Triple Jump 11.30 Claire Linskill 2004 Long Jump 6.60 Grant Batten 2003 Pole Vault 2.21 Hannah Gray 1997 Triple Jump 13.37 Jak Field 2004 Shot 4kg 11.64 Claire Burnett 1988 Pole Vault 3.20 Alexander Stewart 1997 Shot 3kg 13.60 Olivia Dobson 2017 Shot 16.12 David L Dawson 2000 Discus 38.51 Emma Carpenter 1998 Discus 47.38 Adam Squires 1991 Javelin 600g 47.32 Mandy Liverton 1988 Javelin 61.44 Steve Turnock 2009 Javelin 500g 40.44 Maia Dart 2016 Hammer 55.82 Edward Fileman			-					
Long Jump 5.63 Jade Simson 2014 High Jump 1.95 Sean Sinclair 1982 Triple Jump 11.30 Claire Linskill 2004 Long Jump 6.60 Grant Batten 2003 Pole Vault 2.21 Hannah Gray 1997 Triple Jump 13.37 Jak Field 2004 Shot 4kg 11.64 Claire Burnett 1988 Pole Vault 3.20 Alexander Stewart 1997 Shot 3kg 13.60 Olivia Dobson 2017 Shot 16.12 David L Dawson 2000 Discus 38.51 Emma Carpenter 1998 Discus 47.38 Adam Squires 1991 Javelin 600g 47.32 Mandy Liverton 1988 Javelin 61.44 Steve Turnock 2009 Javelin 500g 40.44 Maia Dart 2016 Hammer 55.82 Edward Fileman 2019								
Triple Jump 11.30 Claire Linskill 2004 Long Jump 6.60 Grant Batten 2003 Pole Vault 2.21 Hannah Gray 1997 Triple Jump 13.37 Jak Field 2004 Shot 4kg 11.64 Claire Burnett 1988 Pole Vault 3.20 Alexander Stewart 1997 Shot 3kg 13.60 Olivia Dobson 2017 Shot 16.12 David L Dawson 2000 Discus 38.51 Emma Carpenter 1998 Discus 47.38 Adam Squires 1991 Javelin 600g 47.32 Mandy Liverton 1988 Javelin 61.44 Steve Turnock 2009 Javelin 500g 40.44 Maia Dart 2016 Hammer 55.82 Edward Fileman 2019								
Shot 4kg 11.64 Claire Burnett 1988 Pole Vault 3.20 Alexander Stewart 1997 Shot 3kg 13.60 Olivia Dobson 2017 Shot 16.12 David L Dawson 2000 Discus 38.51 Emma Carpenter 1998 Discus 47.38 Adam Squires 1991 Javelin 600g 47.32 Mandy Liverton 1988 Javelin 61.44 Steve Turnock 2009 Javelin 500g 40.44 Maia Dart 2016 Hammer 55.82 Edward Fileman 2019	Triple Jump	11.30	Claire Linskill		Long Jump			2003
Shot 3kg 13.60 Olivia Dobson 2017 Shot 16.12 David L Dawson 2000 Discus 38.51 Emma Carpenter 1998 Discus 47.38 Adam Squires 1991 Javelin 600g 47.32 Mandy Liverton 1988 Javelin 61.44 Steve Turnock 2009 Javelin 500g 40.44 Maia Dart 2016 Hammer 55.82 Edward Fileman 2019			-					
Discus 38.51 Emma Carpenter 1998 Discus 47.38 Adam Squires 1991 Javelin 600g 47.32 Mandy Liverton 1988 Javelin 61.44 Steve Turnock 2009 Javelin 500g 40.44 Maia Dart 2016 Hammer 55.82 Edward Fileman 2019	_							
Javelin 600g 47.32 Mandy Liverton 1988 Javelin 61.44 Steve Turnock 2009 Javelin 500g 40.44 Maia Dart 2016 Hammer 55.82 Edward Fileman 2019	-							
Javelin 500g 40.44 Maia Dart 2016 Hammer 55.82 Edward Fileman 2019			-				-	
	_		-					
	_					30.02		_5.0

Under 20 Women Under 20 Men

100 metres		12.3	Lucy Sings	2004	100 metres		<u>11.11</u>	Dan Hamilton-Strong	
000		12.3	Rebecca Chapman	2011	000		10.89w	Dan Hamilton-Strong	2021
200 metres		24.8	Lucy Sings	2004	200 metres		21.8	lan Leaman	1997
400 metres		56.72	Rosie Chamberlain	2014	400 metres		50.7	Nic Andrews	1999
800 metres		2.15.0	Isabelle Stoate	2004	800 metres		1.55.3	Simon Rusbridge	2001
1500 metres			Victoria Weir	2016	1500 metres		4.00.2	Royston Green	2000
3000 metres		10.43.41	Courtney Howard	2019	3000 metres		8.57.4	Josh Trigwell	2011
5000 metres			Naomi Flanagan	2003	5000 metres		15.18.1	Steven Waldron	2003
100m Hurdles	S	13.93	Emily Bee	2021	110m Hurdles		14.2	David King	2012
400m Hurdles	S	64.65	Megan Gallagher	2017	400m Hurdles		57.8	Byron Fitzgerald	2011
1500m S/cha	se	4.50.49	Victoria Weir	2016	2000m S/chas	se	5.56.74	William Battershill	2015
High Jump		1.70	Emily Bee	2021	3000 m Walk		19.24.5	Adam Holland	2004
Long Jump		5.88	Emily Tyrrell	2021	Pole Vault		4.20	Jack Turner	2019
Triple Jump		12.63	Georgina Scoot	2022	High Jump		2.01	Jack Turner	2018
Pole Vault					Long Jump		6.73	Jack Turner	2018
Shot		12.97	Olivia Dobson	2019	Triple Jump		14.02	Sam Trigg	2012
Discus		47.63	Emma Carpenter	2000	Shot		16.87	David L Dawson	2003
Javelin		37.85	Maia Dart	2018	Discus		49.51	Edward Fileman	2021
Hammer		46.56	Hannah Gellatly	2021	Javelin		62.48	Jonno Engelking	2016
Tidillilloi		40.00	Tidililan Ochany	2021	Hammer		53.69	Edward Fileman	2021
							33.09	Luwaiu i lieman	2021
Women					Men				
100 metres		11.6	Katherine Endacott	2004	100 metres		10.5	Steve Phillips	1981
200 metres		23.9	Katherine Endacott	2004	200 metres		21.8	Paul Batten	1981
400 metres		55.2	Karen Gear	2001	400 metres		47.4	Jim Douglas	1971
800 metres		2.11.9	Janet Prictoe	1986	800 metres		1.54.6	Andrew Ingle	2000
1500 metres		4.30.1	Andrea Wallace	1991	1500 metres		3.47.4	Jim Douglas	1971
3000 metres		10.26.3	Heather Fell	2011	3000 metres		9.17.37	Benjamin Di Salvo	2021
5000 metres			Michelle Wannell	2002	5000 metres		14.20.2	Rees Ward	1977
100m Hurdle		14.34	Emily Tyrrell	<u>2022</u>	110m Hurdles		15.2	Shaun Harris	1983
400 m Hurdle		62.0	Hilary Selway	1980	400m Hurdles		53.7	Darren McCabe	1993
400 111 1 101016	50	02.0	Nicola Sutton	1998	2000m S/c		6.14.00	Jack Hutchens	2015
2000m Walls		10 20 4	Gale Cann		3000m S/c		9.28.3		1992
3000m Walk	_		Gale Cann	1997				Ricky Butler	
4X100 metres		50.9			4X100 metres		45.6	NDAC	2000
4X400 metres	S				4X400 metres	i			4000
High Jump		1.75	Lindsey McDonnell	2000	3000m Walk		15.17.8	Chris Maddocks	1998
Long Jump		5.96	Jill Morton	1981	High Jump		2.00	Ian Allen	1993
Triple Jump		12.24	Claire Linskill	2011	Pole Vault		3.70	Alex Macgregor	2011
					Long Jump		7.39	Chris Cotter	1993
Shot		16.16	Maggie Lynes	1988	<u>Triple Jump</u>		<u>15.08</u>	Sam Trigg-Petrovic	<u>2022</u>
Discus		51.26	Lesley Mallin	1981	Shot		16.14	A Bone	1983
Javelin		54.28	Mandy Liverton	1993	Discus		50.96	Ted Kelland	1975
<u>Hammer</u>		<u>48.55</u>	Emma Sharpe	<u> 2022</u>	Javelin		66.57	Steve Turnock	2012
					Hammer		64.08	Jonathan Edwards	2014
Female Mast	ers				Male Masters				
					100 metres	M35	11.76	Andrew Morey	2011
						M40	11.92	Andrew Morey	2012
100 metres	W35	12.8				M45	12.75	Jerry Kevern	2017
	W40	13.6	Tamzin Gribble	2011		M50	12.99	Mark Turner	2012
	W45	16.88	Clare Frank	2019		<u>M55</u>	<u>13.08</u>	lan Allen	<u>2022</u>
200 metres	W40	29.3	Georgia Martin	2011		M60	14.54	Mario Lapka	2018
	W45	35.58	Clare Frank	2015		M65	14.98	Derek Mardles	2015
	W50	36.61	Clare Frank	2021		M70	15.81	Derek Mardles	2019
400 metres	W35	64.10	Julia Hubbard	2011		M75	17.39	Keith Bowles	2021
	W40	67.61	Georgia Martin	2011	200 metres	M35	23.6	Richard Scott	2011
	W50	64.8	Jacqueline Walpole	2004		M40	24.68	Richard Scott	2018
800 metres	W35	2.30.30	Alexandra Cutts	2017		M45	25.79	Neal Edwards	2021
200 11101100	W40	2.29.5	Jacqueline Walpole	1998		M50	24.9	Steve Lang	2004
	W45	2.28.7	Jacqueline Walpole	1999		M55	27.2	Rob Sheridan	1999
			Jacqueline Walpole	1000		M60	30.2	Rob Sheridan	2004
1500 metres			Alexandra Cutts	2015		M65	31.27	Derek Mardles	2015
1000 11161169	W40		Anne Darby	1998		M70	30.58	Lyndsey Fairbrother	2015
			Marilyn Blair	2012		M75	32.15	Lyndsey Fairbrother	2015
					100 matras	M35			
2000			Marilyn Blair	2015	400 metres		51.28	Richard Scott	2012
Sood metres			Debbie Marsden	2015		M40	55.8	Bob Minting	1999
	vv4U	11.38.22	Samantha Lake	2021		M45	58.5	Mark Bramley	2011

	W55	11.55.98	Marilyn Blair	2015		M50	56.0	Mark Turner	2012
5000 metres			-	2012		M55	58.74	Mark Turner	2017
			Hilary Collins	1999		M60	70.4	Ian Snow	2011
				2012		M65	71.4	Maurice Ault	2004
			Lucy Owen						
			Marilyn Blair	2012		M70	81.47	Derek Mardles	2018
	W55	19.47.83	Karen Cook	2012		M75	72.16	Lyndsey Fairbrother	2017
					800 metres	M35	1.58.55	Richard Scott	2012
						M40	2.00.58	Richard Scott	2018
						M45	2.03.42	Richard Scott	2019
80m Hurdles	WAO	13.54	Tamzin Gribble	2012		M50	2.09.74	Simon Anderson	2015
		13.54	Tamzin Gribble	2012					
400m Hurdles	S		0.1.0	1000		M55	2.21.97	Stephen Burns	2021
3000m Walk		19.59.5	Gale Cann	1998		M60	2.22.40	Allan Herdman	2017
High Jump						M65	2.56.2	Maurice Ault	2004
					1500 metres	M35	4.49.75	Ewan Walton	2019
Shot	W40	<u>5.61</u>	Karen Bumby	<u>2022</u>		M40	4.10.0	Simon Anderson	2004
Shot	W50		Gillian Hoskins	1998		M45	4.09.01	Simon Anderson	2012
Shot	W55	7.55	Margaret Woodger	2004		M50	4.41.45	Richard Drage	2012
								<u> </u>	
Shot	W60	6.91	Kathryn Strong	2015		M55	4.54.3	Bob Chapman	2004
						M60	5.00.26	Steve Lang	2017
Javelin		25.22	Gillian Hoskins	1999		M65	5.36.12	Bob Chapman	2012
Discus	W45	36.05	Clare Taylor	2018		M70	6.03.52	Bon Chapman	2017
	W50	31.93	Gillian Hoskins	1999					
		31.00	- man riodanio	1000	3000 metres	M35	10.58.19	Tom Davies	2022
However :	\^/	04.40	Morgoret Manadana	0004	2000 11161162				
Hammer	W55	24.13	Margaret Woodger	2004			10.22.06	Ewan Walton	2021
						M45	9.22.56	Simon Anderson	2012
						M50	10.14.7	Tony Symons	2011
						M55	10.52.91	Martin Havill	2012
							11.05.72	Richard Drage	2021
							13.13.57	David King	2019
						IVIOS	13.13.31	David King	2019
					5000 metres	M35	15.57.67	Robert Ellis	2022
					0000 11101100	M40	15.30.7	Simon Anderson	2004
						M45		Simon Anderson	2011
						M50	17.04.4	Robert Chapman	1999
						M55	20.37.6	Edmund Shillabeer	1998
						M60		Rob Millward	2011
								John Perratt	2012
						1017 0	22.10.10	oonin i cirati	2012
					110m Hurdles		25.5	Brian Webster	1998
						MEO			
					100m Hurdles	M50	22.55	Stephen Blackford	2012
					100m Hurdles	M55	21.24	Steve Waddington	2011
					100m Hurdles	M60	20.22	Steve Waddington	2012
					400 m Hurdles	M35	56.5	Richard Scott	2011
						M40			
						M45	63.17	Neal Edwards	2021
						M50	<u>60.71</u>	Neal Edwards	2022
						M55	67.7	Ian Cann	1998
					300m Hurdles	M60	57.11	Stephen Blackford	2021
					3000m S/c	M40	11.07.5	Mike Baddick	1998
						M50		Stephen Blackford	2012
						M55		John Drennan	2012
					2000m C/c				
					2000m S/c	M60	8.00.98	lan Snow	2011
					3000m Walk	M40	15.17.8	Chris Maddocks	1998
						M50	16.25.2	Ian Cann	1998
						M55	17.25.7	Edmund Shillabeer	1998
Discus	M35	41.60	David L Dawson	2019	High Jump	M35	1.60	Geoff Hill	2011
	M40	34.05	Geoffrey Whaley	1998	٩٠٠٠٠٠	M40	1.55	Raymond Ashford	1998
			Jon Milum	2011			1.79	-	
	M45	36.80				M45		lan Allen	2012
	M50	31.61	Dave Knight	2004		M50	1.10	Brian Webster	1999
	M55	19.98	Nigel Rendle	2004		M55	1.55	Ian Allen	2021
	M60	35.44	George Eccles	2004		M60	<u>1.25</u>	Steve Blackford	<u> 2022</u>
	M65	37.96	Mike Bourcier-Mayo	2016	Long Jump	M35	6.43	Andrew Morey	2011
	M70	<u>24.86</u>	Colin Petty	<u>2022</u>	9 - 1	M40	6.28	Andrew Morey	2012
	IVI / U	<u> </u>	Com Felly	<u> 2022</u>				•	
	_					M45	5.93	Ian Allen	2012
Javelin	M35	63.82	Simon Bennett	2012		M50	4.63	Allan Herdman	2004
	M40	60.41	Simon Bennett	2015		M55	<u>5.39</u>	lan Allen	<u> 2022</u>
	M45	37.67	Daniel Clayden	2021		M60	4.66	Mario Lapka	2016
					Triple lumn				
	M50	29.49	Colin Petty	2004	Triple Jump	M40	13.13	Jevgeni Judin	2021
	M60	35.21	George Eccles	2004		M45	12.03	Ian Allen	2012
	M65	28.74	Mike Bourcier-Mayo	2016		M50			

	M70	19.34	Les Parker	1998		M55	10.67	Mario Lapka	2011
						M60	7.99	Steve Waddington	2012
Hammer	M35	<u>36.90</u>	David L Dawson	<u> 2022</u>	Shot	M35	14.10	David L Dawson	2019
	M40	48.98	Geoffrey Whaley	1998		M40	13.10	David Dawson	1998
	M45	47.65	Jon Milum	2011		M45	11.31	Stephen Evans	2016
	M50	23.54	David Knight	2004		M50	10.29	Dave Knight	2004
	M60	20.70	George Eccles	2004		M55	8.69	Mark Turner	2016
	M65	30.71	Mike Bourcier-Mayo	2016		M65	10.33	Mike Bourcier-Mayo	2016
	M70	29.15	Clive Thomson	2022		M70	8.20	Les Parker	1998