

## Devon Open Track & Field Timetable 2019 - Braunton 11th August

<u>Track Timetable</u>			<u>Field Timetable</u>		
<u>Time</u>	<u>Event</u>	<u>Age Group</u>	<u>Time</u>	<u>Event</u>	<u>Age Group</u>
11:00	300m Hur	U17W & V60M	11:00	Discus	U17M & U20M
	400m Hur	U17M SW SM		Discus	SM & VM
11:15	75m	U10 G&B		Shot	U17W, SW & VW
				Long Jump	U13B & U15B
11:45	100m	U11 G&B	11:45	Javelin	U15B
				Shot	U13G & U15G
				Shot	U11G
	1 Mile	U15G & B		Long Jump	U17M, SM & VM
	1 Mile	U17W & M		Long Jump	U17W, SW & VW
	1 Mile	SW, SM, VW & VM	12:30	High Jump	U13G & U15G
12:10	100m	U13G & B		High Jump	U11G
	100m	U15G & B		High Jump	U17W, SW & VW
12:25	100m	U17W & M		Long Jump	U10G
	100m	SW, SM, VW & VM		Vortex Throw	U10B
12:40	3000m	U15G/B & U17W/M	12:50	Hammer	U13G & U13B
				Hammer	U15B/G & U17M/W
				Hammer	U20M, SM & VM
				Hammer	SW & VW
<b>LUNCH BREAK</b>			13:30	Javelin	U15G & U17W
13:45	70m Hur	U13G		Javelin	SW & VW
	75m Hur	U13B/U15G		Shot	U13B & U15B
	80m Hur	U17W		Shot	U11B
	80m Hur	V40W & V70M		Long Jump	U13G & U15G
	80m Hur	U15B	14:00	High Jump	U17M, SM & VM
14:20	800m	U15G & B		Vortex Throw	U10G
	800m	U17W & M		Long Jump	U10B
	800m	SW, SM, VW & VM	14:15	Discus	U17W, SW & VW
14:45	800m	U13G & B	14:45	Long Jump	U11 G&B
15:00	100m Hur	SW, V35W & V60M	15:00	Javelin	U17M, SM & VM
	100m Hur	U17M & V50M		Javelin	U13G & B
	110m Hur	U20M, SM, V40M	15:15	High Jump	U13B & U15B
15:15	300m	U15G/U17W/U15B		High Jump	U11B
	400m	U17M/SW/VW		Shot	U17M & U20M
	400m	SM, & VM		Shot	SM & VM
15:30	150m	U11 G&B	16:00	Discus	U15G & B
	200m	U13G & B		Triple Jump	U15G & B
	200m	U15G & B		Triple Jump	U17W, SW & VW
	200m	U17W & M		Triple Jump	U17M, SM & VM
	200m	SW, SM, VW & VM			
16:00	600m	U10 G&B			
	800m	U11 G&B			
16:20	5000m	U20/S/V M&W			
	1500m/2000m S/C	U17M/U20M/SM			
16:45	4x100m Relay	U11G & B			
	4x100m Relay	U13G & B			
Mt 4	Mixed Medley**	U15 and upwards			
	300m/100m/ 200m/200m				

**Medals to athletes who compete in all four fixtures.**

**Entry on the Day**

**£5 Juniors, £6 Seniors**

\*\* 300m Male, 100m Female, 200m Male, 200m Female

U13s and U15s may not compete in more than 1 event of 800m or over on the same day.

U10's take part in a QuadKids event.  
U11/U13/U15/U17 can do a maximum of 3 events plus a relay.