Method	Blocking	Style	<b>Reads Full File</b>	Best For
fs.readFileSync()	<b>V</b> Yes	Sync	✓ Yes	Simple scripts, setup tasks
fs.readFile()	<b>X</b> No	Callback	<b>✓</b> Yes	General async usage
fs.promises.readFile()	× No	Promise	✓ Yes	Modern async/await code
fs.createReadStream()	<b>X</b> No	Stream		Large files, efficient memory use