

Contact No. 7011577271

Approved by Vaibhav Agarwal
PERSONAL ASSESSMENT FORM

NAME Vaibhav Agarwal DATE 16/02/23 Employee Number 2023103

PERSONAL DETAILS

HEIGHT 173 cm

Weight - 67.8 kg.

SEX Male

MEMBERSHIP NO

EMAIL ID Vaibhav. agarwal @partner.samsung.com

BLOOD PRESSURE

SYSTOLIC 133 PULSE 107 DIASTOLIC 87

LUNG FUNCTION

FVC NA

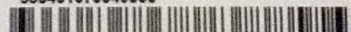
FEV NA

FLEXIBILITY

FORWARD FLEX Good

CARDIO / RESPIRATORY

PULSE READING 107 DURATION 1min



Have you at any time suffered from any of the following ailments

Arthritis	Yes / No <input checked="" type="checkbox"/>	If yes please specify _____ --
Asthma	Yes / No <input checked="" type="checkbox"/>	If yes please specify _____ --
Chest pain	Yes / No <input checked="" type="checkbox"/>	If yes please specify _____ --
Varicose vein	Yes / No <input checked="" type="checkbox"/>	If yes please specify _____ --
Diabetes	Yes / No <input checked="" type="checkbox"/>	If yes please specify _____ --
Epilepsy	Yes / No <input checked="" type="checkbox"/>	If yes please specify _____ --
Gall stones	Yes / No <input checked="" type="checkbox"/>	If yes please specify _____ --
Heart attack	Yes / No <input checked="" type="checkbox"/>	If yes please specify _____ --
Rheumatism	Yes / No <input checked="" type="checkbox"/>	If yes please specify _____ --
High or Low BP	Yes / No <input checked="" type="checkbox"/>	If yes please specify _____ --
Joint or Ligament Problem	Yes / No <input checked="" type="checkbox"/>	If yes please specify _____ --
Are you consuming any medicine	Yes / No <input checked="" type="checkbox"/>	If yes please specify _____ --
Others _____		

Disclaimer

If answer to any of these questions is YES, it may be advisable to check with your doctor as to your suitability for exercise. This is mainly for precaution. It will put mind at ease on starting your exercise program.

I agree that the above answers are correct and I will not hold SAMSUNG or Medfit Consultants responsible for any injuries as of my participation in these premises.

Signature Vaibhav

Date 16/02/2023