

➤ Researcher Recommends: (contd..)

➤ Managers should realize that becoming workaholics, they are becoming wise to the penny and foolish to the pound, hence they should take the middle ground.

➤ A stress free manager is a boon to the organization.

Directions for Future Research

- Present day management principles are a subset of the ancient Vedic Management Principles and Practices.
- Integration of the two will enhance the productivity of present day managers and promote the welfare of all the stakeholders of the organization.