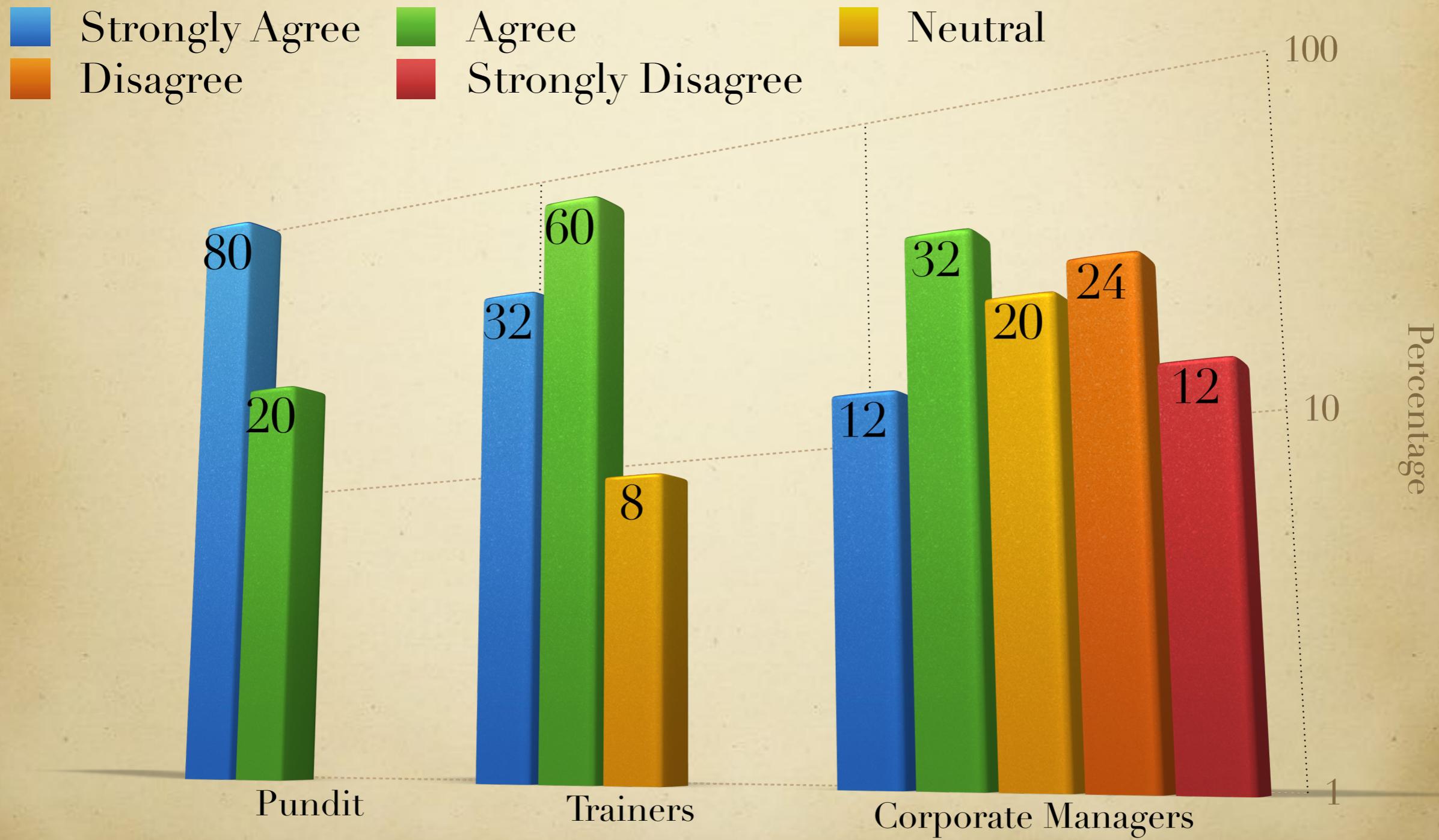


# Personal excellence can be gained from the practice of Vedic philosophy and principles



# Major elements of Vedic Principles that can help achieve Personal Excellence

Major Elements	Vedic Pundits	Vedic Trainers	Corporate Managers
Loosing attachment	10/10	21/25	22/25
Greed mitigation	9/10	18/25	11/25
Heightened humility	8/10	19/25	13/25
Anger mitigation	7/10	23/25	14/25
Higher level of self control	6/10	22/25	18/25
Overcoming delusion	6/10	20/25	20/25
Stress reduction	5/10	25/25	21/25