

RESORT DIVER

(Basic Scuba, Supervised Diver)

Intention of this course

The intention of this course is to offer a certification of a scuba diver course which is close to the Scuba Diver 1 range. It is a kind of preliminary stage, a basis course that should rapidly offer the chance to the first diving experiences in shallow water.

This RESORT DIVER courses concentrate only on the main skills for a quick step into diving in a special well known area (Resort), with very short limits. Usually this applies to typical holiday dive education, where courses has to be shortened up due to limited time or money.

The Resort diver is allowed to dive up to max. 12 msw., guided by an experienced diver (min. SD3, CMAS***, Dive Master).

Instruction by ProTec PL-3 instructor.

Training environment

Any open water, safe for scuba diving.

Prerequisites

A good physical condition that to be proved by a medical statement as well as an appropriate swimming knowledge. Age min. 14 years.

Accomplishment

Like Scuba Diver 1, but limited to the essential exercise area, adapt to the respective diving region. The diving depth will be limited to max.10-12 m, therefore deco & tables and thus nitrogen saturation stage are no topics. Dives that are close to any deco time are not allowed.

Partial pressure, oxygen poisoning and nitrogen narcosis can be cancelled as well as some scuba diver 1 equipments exercises (gear on and off UW), some special diving techniques and diving conditions (each according to the environment).

There is a checklist for every ProTec course, where all important skills and exercises are listed. The ProTec Instructor has to use this list absolute. When finished, the duly signed original has to be handed to the student, while a copy have to remain over 5 years at the instructors records for quality assurance.

Theoretical lessons

Everything only briefly and essential for the practice.

- To check the ABC/snorkel diving knowledge.
- Diving physic: Pressure laws
- Diving medicine: Excess pressure, stress, panic.
- Diving technique: Scuba equipments, swimming and submerging techniques, buoyancy control, ascending, the behavior on the surface.

Practical training

Surface:

- Gear on and off
- To practise how to get in and out with full gear.

Pool:

- Check ABC skills.
- Buoyancy (using the BCD and the right amount of weight)
- Behavior on the surface (usage of snorkel and BCD)
- Regulator exercises (proper breathing, changing UW)
- Correct decent/accident (buoyancy, breathing, dangers on the surface)danger).
- UW swimming and buoyancy control.
- To clear mask, buddy breathing, to ask for help UW.

Lake/See:



INSTRUCTOR MANUAL DIVING PROGRAM

- 5 msw: buoyancy control, emergency - ascent, buddy breathing,
- Guided dives down to 10 msw, max. shortly 12 msw.

Courseware

Visit ProTec members area for any material / price list.

- Checklist Pool
- Checklist Open Water