

ASSISTANT INSTRUCTOR

(Professional Level 2)

Intention of this course

The Intention of this course is to prepare the advanced diver for the work as a scuba instructor and to offer all the necessary skills that are important to support the instructor as an assistant. Second stage of ProTec professional level = PL-2.

This could be done either by learning from scratch during long period work at a dive centre by supervision of an IT or during a intensive course, called IDC (Instructor Development Course).

Every candidate who successfully completed a IDC (but not a IE) may be also certified for Assistant Instructor.

Instruction by ProTec Scuba Instructor Trainer (3*** Instructor)

Prerequisites

- very good physical condition and fitness
- excellent diving skills
- Scuba Diver 3 certification
- Minimum age 18 years.
- Sufficient dive practise, minimum 120 various dives
- First Aid certificate, made max. 1 year ago
- Medical statement

Training environment

Any open water, safe for scuba diving.

Accomplishment

The candidate supports the Instructor in different basic Scuba courses and learns to handle dive students in theory and practice. Moreover, special occasional training, theoretical and practical, for the candidate should be carried out by the Instructor (students' control, efficiency, rhetoric, the instructor's correct behaviour in practical exercises).

Theoretical lessons

For classroom

- Planning and preparation of dive courses.
- Scuba diver course standards - difference between Intro, Basic, SD 1-3
- Scuba diver 1 course content in detail
- Rhetoric & lecture.
- To stay on course schedule.
- Preparation and enforcement of dive courses (ABC, basic scuba, specialities).
- Media, tools and methods.
- Organizing and duties of the assistants
- Safety measures

For UW practise

- Tips & tricks & problematic cases on exercises UW.
- To analyse and solve a problem. UW (with patience to the goal).
- To control the “stress”.
- Students in panic – countermeasures.
- The correct behaviour and precaution. (Visual contact, distance, equipments’ control).
- To recognize the mistakes, to set and judge them.
- Abort criteria

Analyse and discuss a “worst case” scenario, as an example:

Poor visibility UW AND dive student’s chains are pulled apart (student at the front moves too fast, student at the back is very slow) AND student in the middle has a problem

- reaction & control (to make the situations better, to master them)
- and the measures to avoid...

Practical training

General dive skills checks

- Diving time Apnoea 60 sec

- Distance diving Apnoea about 45 meter
- Apnoea deep diving 8 msw.
- Scuba, about 5msw: Scuba gear UW off, take off the mask, Apnoea swimming - circle gear UW, take regulator again and gear on, then put on the mask

Classroom & Pool exercises:

- To master the subject: Be able to draft any time by different chapters.
- Be able to answer out - of - subject questions.
- How to interact with complicated students & finical questions
- To keep the topic and stay on the schedule.
- To find the right style
- Is everything under control? (Schedule, Students' regulation, Safety)

UW exercises

- Perform assistance for 3x SD 1 exercises - take care of dive students - watch out for any problems
- Perform assistance for 2x SD 2 exercises - take care of dive students - watch out for any problems
- Perform assistance for one SD 3 exercise - take care of dive students - watch out for any problems
- Perform 2x Rescue Diver skills / exercises

For open water environment: The instructor is not allowed to be incapable of acting (for example; through presenting an exercise). He should always be ready to intervene (to help the students). Set an Assistant to presentation if necessary.

Courseware

Visit [Organisation & Administration](#) for order / pricelist.

- Checklist