## ಕರ್ನಾಟಕ ಪ್ರೌಢ ಶಿಕ್ಷಣ ಪರೀಕ್ಷಾ ಮಂಡಳಿ, ಮಲ್ಲೇಶ್ವರಂ, ಬೆಂಗಳೂರು-560003 KARNATAKA SECONDARY EDUCATION EXAMINATION BOARD MALLESHWARAM, BENGALURU-560003

ವಾಣಿಜ್ಯ ಪರೀಕ್ಷೆ COMMERCE EXAMINATION ಏಪ್ರಿಲ್ / ಮೇ -2021 APRIL / MAY -2021

ವಿಷಯ: ಪ್ರೌಢ ದರ್ಜೆ ಆಂಗ್ಲ ಬೆರಳಚ್ಚು – ಪತ್ರಿಕೆ-1 (ವೇಗ)

Subject: SENIOR GRADE ENGLISH TYPEWRITING - I PAPER (SPEED)

**ವಿಷಯ ಸಂಕೇತ: 03 X C** ಗರಿಷ್ಠ ಅಂಕಗಳು : 100

Subject Code: 03 X C Maximum Marks: 100

ಸಮಯ : ಮಧ್ಯಾಹ್ನ : 12:30 ರಿಂದ 12:45 ಅವಧಿ : 15 ನಿಮಿಷಗಳು

TIME: 12:30 PM to 12:45 PM DURATION: 15 Minutes

## ಅಭ್ಯರ್ಥಿಗಳಿಗೆ ಸಾಮಾನ್ಯ ಸೂಚನೆಗಳು / General Instructions to Candidates

1. ಅಭ್ಯರ್ಥಿಗಳು ತಮ್ಮ ಪ್ರವೇಶಪತ್ರದಲ್ಲಿ ನೀಡಿರುವ ಸೂಚನೆಗಳನ್ನು ಕಡ್ಡಾಯವಾಗಿ ಓದಿಕೊಳ್ಳುವುದು ಹಾಗೂ ಅದರಂತೆ ಅನುಸರಿಸುವುದು.

Candidates must compulsorily read and follow the instructions given in their hall ticket.

2. ಅಭ್ಯರ್ಥಿಗಳು ತಮ್ಮ ನೊಂದಣಿ ಸಂಖ್ಯೆಯನ್ನು ಪ್ರವೇಶ ಪತ್ರದಲ್ಲಿರುವಂತೆ ತಮ್ಮ ಉತ್ತರ ಪತ್ರಿಕೆಯ ಮೇಲೆ ನಿಗದಿತ ಸ್ಥಳದಲ್ಲಿ ಸ್ಪಷ್ಟವಾಗಿ ಬರೆಯತಕ್ಕದ್ದು.

Candidates should write their register number in the space provided on the answer sheets as printed in the hall ticket.

3. ಆಭ್ಯರ್ಥಿಯು ಕೇಳಿರುವ ಮಾಹಿತಿಯನ್ನು ನಿಗಧಿಗೊಳಿಸಲಾದ ಸ್ಥಳದಲ್ಲಿ ಮಾತ್ರವೇ ಬರೆಯತಕ್ಕದ್ದು. ಇದನ್ನು ಹೊರತು ಪಡಿಸಿ ಇನ್ಯಾವುದೇ ಮಟಗಳಲ್ಲಿ ನೋಂದಣಿ ಸಂಖ್ಯೆ, ಗುರುತು, ಚಿಹ್ನೆ ಇತ್ಯಾದಿ ಮಾಹಿತಿಗಳನ್ನು ಬರೆದಿರುವುದು ಕಂಡುಬಂದಲ್ಲಿ ಅಂತಹ ಉತ್ತರ ಪತ್ರಿಕೆಯನ್ನು ಮೌಲ್ಯಮಾಪನಕ್ಕೆ ಪರಿಗಣಿಸುವುದಿಲ್ಲ.

Candidates should write the details only in the space provided. Do not write the register number, mark, sign etc., in any of the sheets. Violation of the instruction, such papers will not be considered for evaluation.

4. ಪರೀಕ್ಷಾ ಸಮಯದಲ್ಲಿ ಅಭ್ಯರ್ಥಿಯು ಪರೀಕ್ಷಾ ಅವ್ಯವಹಾರ ಮಾಡುವುದು ಕಂಡು ಬಂದಲ್ಲಿ ಅಂತಹ ಅಭ್ಯರ್ಥಿಗಳ ವಿರುದ್ಧ ಪರೀಕ್ಷಾ ನಿಯಮಾನುಸಾರ ಶಿಸ್ತು ಕ್ರಮಕ್ಕೆ ಗುರಿಪಡಿಸಲಾಗುವುದು.

If any candidate is found indulged in malpractice during examination, disciplinary action will be initiated against the candidate as per the examination rules.

Instructions to the Candidates:

- 1. Type the following passage in DOUBLE spacing.
- 2. Set the margins at 10 to 75 degrees.
- 3. Type only on ONE SIDE OF THE Paper
- 4. Special attention should be paid to neatness and accuracy.

Do not be afraid to talk about their loved one freely, the memories you shared with them. Often people may fear that if they use the deceased person's name or refer to the loss, they may make the griever feel worse. However, many grievers feel better if those around them are not acting as though the person or relationship never existed and that nothing has changed. The loss is frequently beneficial to the grieving process.

person will be overwhelmed by many things to do practical help like cooking for them or arranging for last rites can go a long way to ease the burden. Very often the bereaved person would be feeling numb and confused and helping them with paper work and chores would be a relief. Be patient, Do not expect the person to become better just because you offered comfort. It takes time to overcome a loss, especially if unexpected. Your job is to be

available for the person as long as needed. Be ready to provide long term support. Understand grief, knowing about grief reaction and that people have different ways of expressing sorrow is vital. You have to be flexible. Accept that grief can trigger many different emotions. Create distractions, taking them out for a day, or accompanying them for shopping, inviting them home for dinner can create the necessary diversion. Being with others may take their mind off the sorrow. Culture plays a role here as it determines the behavior.

Recognize the difference between grief and depression, be alert to symptoms of depression and possible suicidal tendencies. As a friend or care taker, you

should be able to alert the family or seek suitable help. Encourage the person to seek help. If you find the person is depressed or unable to cope, encourage the person to meet a counselor of therapist. Grief counselors help the person work through and achieve resolution. As said earlier, there is no one perfect way to reach out to a grieving person. What is important is to reach out. Many hesitate to take initiative and wait for the grieving person to ask for help. Having a family member or friend offer support to the person can be very useful and much needed. Help should be offered in the form of specific tasks rather than a general call if you need anything. Grievers are often can move and cannot think straight so

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except their needs is a good step. Keep your remark to the difficult place without trying to frame the loss in terms of religion or god, and be simple. I am so sorry for your loss of works quite well.

Perhaps the best support one can give to listen. Often our helpful comments run the risk of being done. One can offer genuine assistance by simply being present and listening to what the grieving person has to say. All that many grievers need is someone to be there to listen to them and allow them to vent their

emotions. They are likely to need to be heard and proof, rather than being told how they should feel. Preaching and advising may should like being judged and added and add to their already sensitive state. One should curb the desire to give the mourners the benefit of their own experience. It may even create madness in the listener. They may feel that their feelings are not valued or that their suffering is under estimated. Then the person process his or her grief in his or her own way is the best one can do.