# Enabling Quantified Self with HealthVault

Vaibhav Bhandari



# **Enabling Quantified Self with HealthVault** by Vaibhav Bhandari

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## **Preface**

### Conventions Used in This Book

The following typographical conventions are used in this book:

Italic

Indicates new terms, URLs, email addresses, filenames, and file extensions.

#### Constant width

Used for program listings, as well as within paragraphs to refer to program elements such as variable or function names, databases, data types, environment variables, statements, and keywords.

#### Constant width bold

Shows commands or other text that should be typed literally by the user.

#### Constant width italic

Shows text that should be replaced with user-supplied values or by values determined by context.



This icon signifies a tip, suggestion, or general note.



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# **Chapter Title**

Some text...

