

Diagnosing COVID-19



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Two Kinds of Tests

- ▶ **Diagnostic tests** identify virus in the body
 - ▶ These are polymerase chain reaction (PCR) tests (also called molecular tests)
 - ▶ These tests give a sign that the virus is reproducing in your cells
- ▶ **Antibody tests** identify antibodies to the virus, usually in blood
 - ▶ Antibodies are made by your immune system to fight off viruses or bacteria
 - ▶ Some antibodies (IgG) begin to develop when you are sick and can be identified after you recover
- ▶ Remember that no tests are perfect!

How We Test for Active Infection

- ▶ The PCR test is usually done to test people with signs and symptoms
- ▶ It detects the RNA (genetic material) of the virus
- ▶ Swab is taken from nose, throat, or mouth
 - ▶ Specimen typically comes from somewhere in the respiratory tract
 - ▶ Saliva can also be tested
- ▶ A positive PCR test ...
 - ▶ Shows that there are virus particles in the sample
 - ▶ Means there is active infection
- ▶ There are sometimes false negative results
 - ▶ Not all people with infection will have RNA in their sample

How We Test for Past Infection

- ▶ IgG antibody is the most common antibody test
 - ▶ The body starts to produce IgG antibodies 10 to 14 days after infection
 - ▶ Antibody tests are usually performed on blood
 - ▶ They can be performed after someone recovers or in people who never had symptoms
- ▶ A positive IgG antibody test ...
 - ▶ Shows that you were infected with the virus in the past
 - ▶ Does not tell you when you were infected
 - ▶ Could mean that you have some protection from future SARS-CoV-2 infection (we are not sure yet)

Timeline of Testing

Diagnostic test—viral RNA
detectable in respiratory tract

Past infection—antibodies
to virus detectable in blood

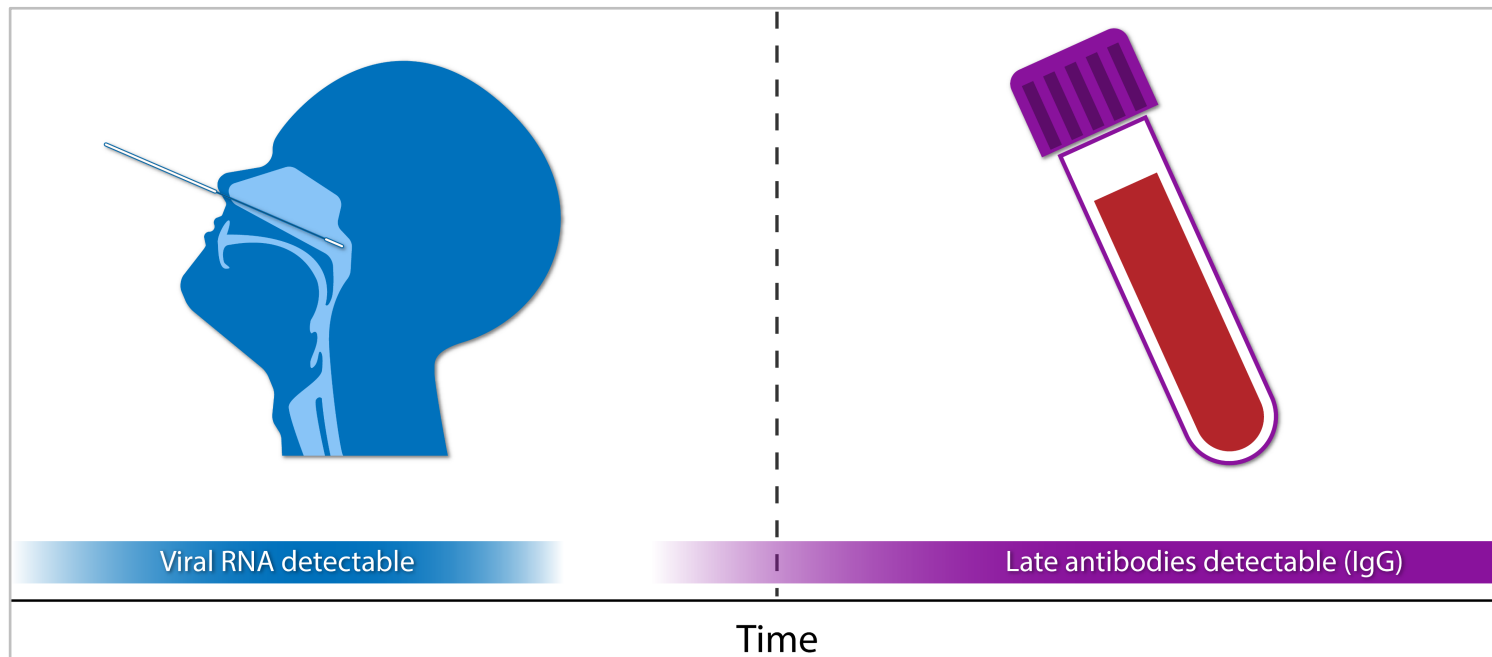


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