

University of Regina

Seminar II Reflection

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Buss 100

Instructor: Dr. David Rozell

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My Reflection from Seminar II is as follows:

1. **Focus on Writing** – In the Seminar, I learned to focus on my writing and to make sure I follow the proper rules by citing everything
2. **Organization** - I learned how to schedule everything and work towards my agenda. I discovered different ways to work on my calendar and how much time to spend on each activity.
3. **Learn from Mistakes** – I understood the importance from learning from the mistakes and taking feedback positively to work and improve my self