

LIFESTYLE AND SLEEP HEALTH DASHBOARD

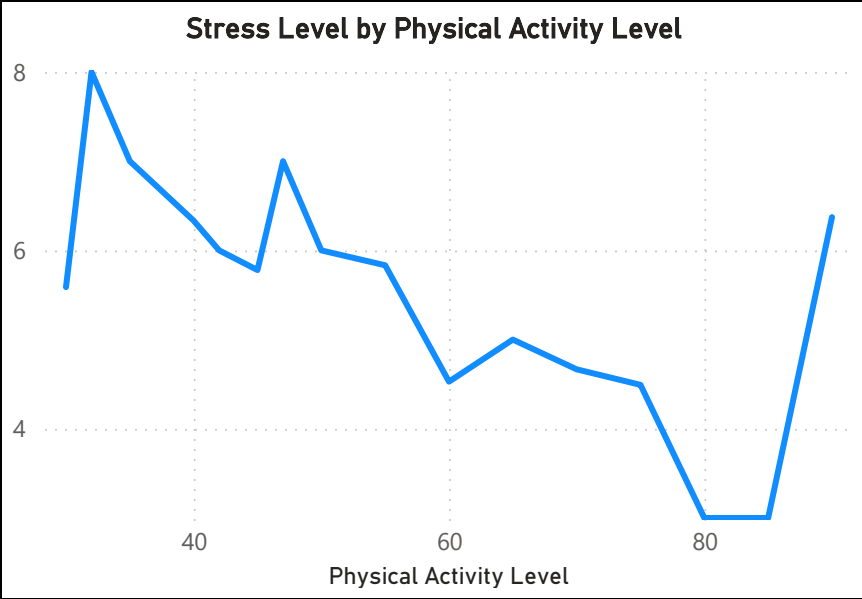
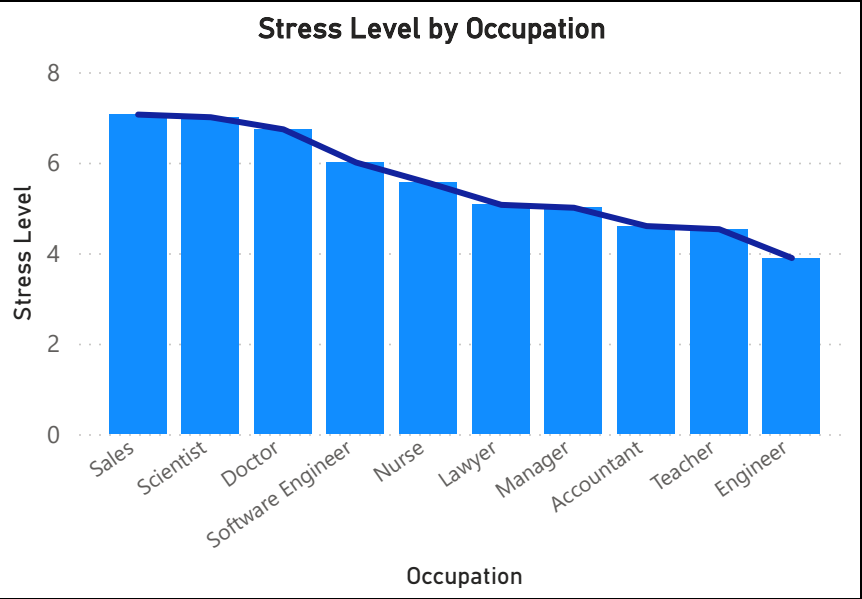
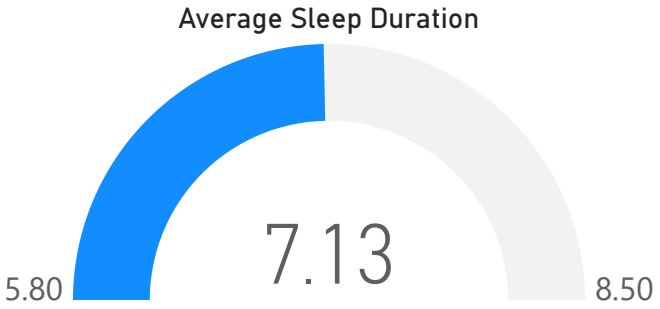
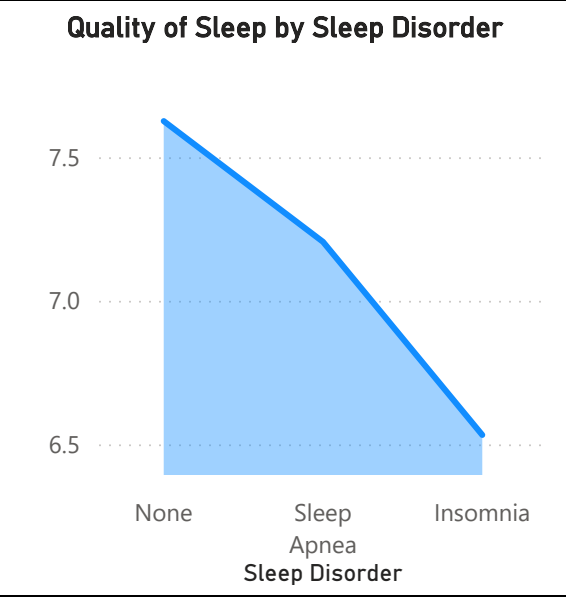
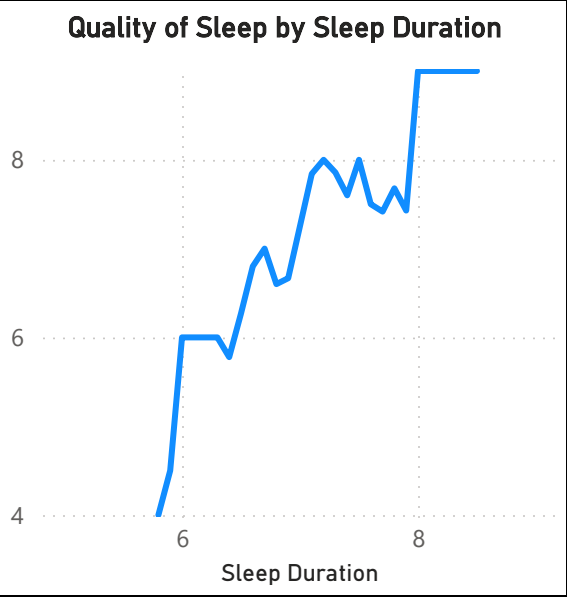
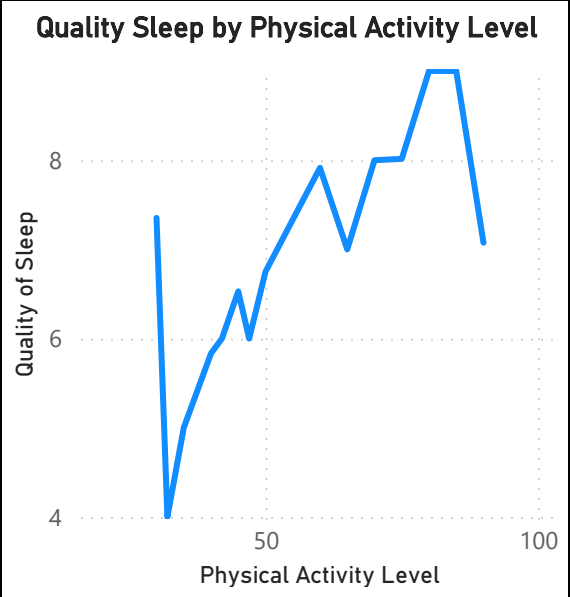
Systolic Blood Pressure
128.55

Diastolic Blood Pressure
84.65

Heart Rate
70.17

Average Age
42

Total Individuals
374



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Gender

Male Female

BMI Category

Deselect all ☒

Normal ☒

Obese ☒

Overweight ☒

Age Group

Deselect all ☒

25-30 ☒

30-35 ☒

35-40 ☒

40-45 ☒

45-50 ☒

50-55 ☒

55-60 ☒