- **Ministry Category: Ministry of HRD**

- **Problem Code: #MHRD8**
- **Problem Statement:**

  Mind Education System: Increasingly, a number of countries including developed countries are giving a lot of importance to the Mind Education in the Education system of the country. With the increase in the suicide rates, attacks for minor issues, intolerance, the issue of Mind Education system becomes very important. In order to incorporate a Good Mind Education in our Education system is a big challenge. Education should while making a person more knowledgeable also should make him/her a better human being.

- **Team Leader Name:** Hrishikesh Bhaskar Kulkarni

- **Unique Team Name:** The Phoenix

- **College Code: 1-3322304793**
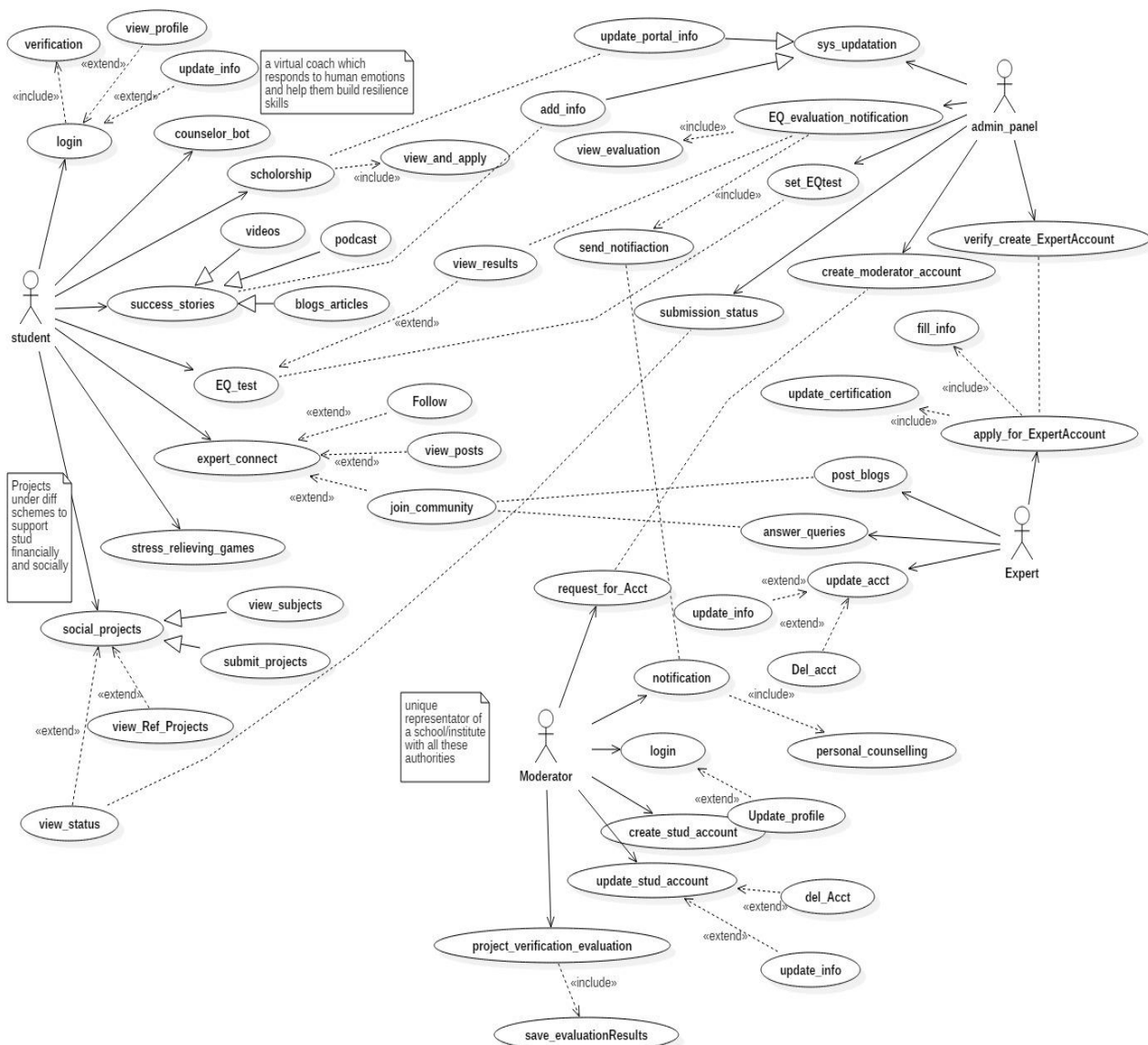 (Walchand College Of Engineering, Sangli)

Approach:

- *Mind Unwind* will be a **web portal** that will serve as a platform which primarily aims to uplift the current education system by incorporating **mind education** into the system.
- *Mind Unwind* strives to motivate, support, bring awareness and serve as a helping hand to the demotivated, intolerant and depressed students. Moreover, it provides an opportunity to students to showcase their talents and help them to build their social life. Student will login to their account and will be facilitated with different rejuvenating features like –

  - ✓ **EQ Test and Analysis**
  - ✓ **Counsellor AI based Bot (Ally)**
  - ✓ **Scholarships/Schemes(Aadhar)**
  - ✓ **Mind games (Happy Corner)**
  - ✓ **Success Talks**
  - ✓ **Expert Connect**
  - ✓ **Social Projects Development, Evaluation & Analysis(Umang)**

- The web portal facilitates users with three different types of accounts viz. a] Student Account b] Moderator Account (the SPOJ) and c] Expert Account. Every moderator with his/her unique Moderator-Account will serve as a representative for every Institution. The moderator will create unique account for each student on the *Mind Unwind* in his/her institute.
- When a student logs in into his/her account, the portal will facilitate user students with **EQ test** schedule (periodically after three months) and past EQ analysis from the database depicted statistically and analytically. In case of critical EQ analysis reports, the moderator and parents /guardian will be notified accordingly.
- A user student can always have a friendly chat with Ally, an AI-based '**emotionally intelligent**' bot, a virtual coach which can respond to the emotions user expresses using evidence- based cognitive-behavioural techniques(CBT), NLP and micro- actions to help the demotivated build mental resilience skills, feel better and in emergency notify.
- **Success Talks** i.e. Success stories, videos, podcasts will be always accessible to stimulate every other student towards success and inspire them lifelong. The portal will provide detailed information about various **scholarships and schemes (Aadhar)** by government, private or NGO viz. Scholarships/Earn and learn like schemes to support students financially. **Interactive games (Happy Corner)** will act as stress-relievers and mind refreshers for the students.
- The student will be provided a facility of connecting with his/her favourite **experts (Expert Connect)** of various domains. This will help him/her to nurture his/her skills and seek guidance from the respective mentors in his/her field of interests by viewing their posts.
- Each student will be mandated to connect and work for **social campaigns across India (Umang)**. The student has to choose his/her favourite domain from a list on the portal and make a contribution by labour, technical /science projects, ideas, finances, etc. which will be accounted to his/her academic performance evaluated at school level followed by status updation on the portal by Moderator which would in turn eventually help him/her develop socially.

In a nutshell, *Mind Unwind* strives not only for providing support to the affected class of demotivated and depressed students but also to extend a helping hand to the students of all types of intellect. Moreover, it stimulates students to work in their area of interests to enrich their lives with faith, knowledge and motivation and truly embed the values of humanity and ultimately inspiring them to be a better human being.

Use-Case Diagram:

Technology Stack:

Show Stopper:

We being the engineering students, are not fully exposed to the Mind Education System. It may cause lack of details in the structuring of the contents.