

Q1: Define overfitting and underfitting in machine learning. What are the consequences of each, and how can they be mitigated?

Overfitting occurs when a model learns not only the underlying patterns in the training data but also the noise and random fluctuations. As a result, it performs very well on the training set but poorly on unseen data (test set), as it has become too specialized to the training data.

Consequences of Overfitting:

- High training accuracy but low test accuracy.
- The model generalizes poorly to new, unseen data.

Mitigation Strategies:

- Use simpler models (e.g., linear models instead of complex deep learning models).
- Apply regularization (e.g., L1, L2).
- Increase the size of the training dataset.
- Use techniques like cross-validation to assess model performance.
- Use early stopping in training.

Underfitting happens when the model is too simplistic and fails to capture the underlying patterns in the data. It may have high bias and low variance.

Consequences of Underfitting:

- Poor performance on both the training and test datasets.
- The model is too simple to capture the data's complexity.

Mitigation Strategies:

- Increase model complexity (e.g., using more features or a more complex model).
- Decrease regularization to allow the model to better fit the data.
- Provide more training time or improve training processes.

Q2: How can we reduce overfitting? Explain in brief.

To reduce overfitting, we can:

1. **Regularization:** Add penalty terms to the loss function (e.g., L1, L2 regularization) to constrain model complexity.
2. **Cross-validation:** Use cross-validation to detect overfitting early and ensure the model generalizes well to unseen data.
3. **Pruning:** In decision trees, prune unnecessary branches to avoid fitting noise.
4. **Dropout (for neural networks):** Randomly drop units during training to prevent the model from relying on specific features too much.
5. **Increase training data:** More data can help the model learn more general patterns and reduce overfitting.
6. **Early stopping:** Stop training when performance on the validation set starts to degrade.

Q3: Explain underfitting. List scenarios where underfitting can occur in ML.

Underfitting occurs when a model is too simple or not trained enough to capture the underlying trends in the data. It often results from an overly restrictive model, insufficient features, or inadequate training.

Scenarios where underfitting occurs:

- Using too simple a model (e.g., linear regression for data that requires a non-linear model).
- Insufficient training time or too few iterations.
- Too much regularization, which prevents the model from fitting the data properly.
- Using too few features or not capturing important patterns in the data.

Q4: Explain the bias-variance tradeoff in machine learning. What is the relationship between bias and variance, and how do they affect model performance?

Bias refers to the error introduced by overly simplistic assumptions in a model, causing it to miss important relationships in the data. **Variance** refers to the error introduced by a model's sensitivity to small fluctuations in the training data.

- **High bias:** Leads to underfitting, as the model is too simplistic to capture the underlying data patterns.
- **High variance:** Leads to overfitting, as the model becomes too sensitive to the noise in the training data.

Bias-Variance Tradeoff:

- A model with high bias and low variance tends to underfit, failing to capture important patterns.
- A model with low bias and high variance tends to overfit, fitting the training data very well but generalizing poorly to new data.
- The goal is to find a balance where both bias and variance are low, ensuring good generalization.

Q5: Discuss some common methods for detecting overfitting and underfitting in machine learning models. How can you determine whether your model is overfitting or underfitting?

Detecting Overfitting:

- **High training accuracy, low test accuracy:** The model performs well on the training data but poorly on the test data.
- **Cross-validation:** Perform k-fold cross-validation to assess model performance on multiple subsets of the data.
- **Learning curves:** Plot the training and validation error as a function of training time or model complexity. Overfitting is indicated when the training error continues to decrease, but the validation error starts to increase.

Detecting Underfitting:

- **High training error and high test error:** The model fails to perform well even on the training set, indicating it is too simplistic.
- **Cross-validation:** Similar to overfitting, underfitting is detected when the performance is poor across all validation folds.
- **Learning curves:** If both the training and validation error are high and remain flat, the model is underfitting.

Q6: Compare and contrast bias and variance in machine learning. What are some examples of high bias and high variance models, and how do they differ in terms of their performance?

- **High Bias (Underfitting):**
 - The model is too simple and makes strong assumptions about the data, leading to errors even on the training set.
 - Example: A linear regression model on non-linear data.
 - Performance: High training error, high test error.
- **High Variance (Overfitting):**
 - The model is too complex and fits the training data very closely, including noise and outliers, leading to poor generalization to new data.
 - Example: A deep decision tree or a neural network with too many layers.
 - Performance: Low training error, high test error.

Q7: What is regularization in machine learning, and how can it be used to prevent overfitting? Describe some common regularization techniques and how they work.

Regularization is a technique used to prevent overfitting by adding a penalty term to the model's loss function. The goal is to constrain the model's complexity and encourage simpler models that generalize better.

Common Regularization Techniques:

1. **L1 Regularization (Lasso):** Adds the sum of the absolute values of the model parameters to the loss function. This can drive some coefficients to zero, effectively performing feature selection.
2. Loss function = $\text{Loss} + \lambda \sum |w_i|$ $\text{Loss function} = \text{Loss} + \lambda \sum |w_i|$
3. **L2 Regularization (Ridge):** Adds the sum of the squared values of the model parameters to the loss function. It reduces the magnitude of the coefficients, making the model less sensitive to the training data.
4. Loss function = $\text{Loss} + \lambda \sum w_i^2$ $\text{Loss function} = \text{Loss} + \lambda \sum w_i^2$
5. **Elastic Net:** Combines both L1 and L2 regularization. This is useful when there are many correlated features.
6. **Dropout (for neural networks):** Randomly drops units (nodes) during training, which prevents the model from becoming overly dependent on specific features.
7. **Early Stopping:** Stops the training process before the model overfits, based on the performance on a validation set.

