ReadWorks 19. seksping Med

FIRST THANKSGIVING MEAL

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For many Americans, the Thankophing med includes areasonal dishes such as read turkey with stuffing cranhenry sacos, masked pot acres and pumpkin pie. The heistle fract dates back to blow melbor 3525, when the newly arrived Pligition and the Vising-aven, picklains gather oil of Plymouth for an autumn have celebration, an event regarded as America's "Eral Thanksgiving." But what uses really on the menu at the famous hamper, and which of today's time honered favorites dain't earn a place at the table until later in the holdar's 1600 visit holdary."

TURKEY

Whitener exceeds exist of the exact bill of fiver, the Prigrim described of diseased Window nation in his pursual that the colony's governor, William Bradford, sent flour men on a "Evaling" intoin in preparation for the the code day event. Wild—but not demonstr—bushes was indeed plottful in the region and a common fixed course for both English settlers and Native Americans, But it injust as likely that the four leggestry inturned with other birds settlers and Native Americans, But it injust as likely that the four leggestry inturned with other birds settlers and Native Americans, But it injust as likely that the four leggestry inturned with other birds settlers and Native Americans, But it injust as likely that the four leggestry inturned with other birds are income.

DID YOU KNOW?

Many people report feeling drowing after eating a Thanksgiving mest. Turkey often gets blamed decision it contains togotophins, an amino-acid that can have a assimation offers. But studies suggest it is the surboly-printer rish sides and discorts that allow byystigation is enter the brain. In other words, eating furliey without the trimmings could prevent that poor. Thanksgiving everys is all.

Turkey or no turkey, the first Thankopking's attondens almost certainly got their fill of most. We size we note that the Viangenong genets are set with an offering of five dex. Cultural historians speculate that the deer was reacted on a spit over a smallering five and that the colonists might have used some of the venium to while us a history time.

FIRSTS AND VIOLETIANS

The 1621 Thankinghing colorsation marked the Pilgrims' first autumn harvest, so it is likely that the coloraists featable on the bounty they had reaped with the help-of their feative American neighbors. Social regardables that likely appeared on the table include orions, beans, lettuce, quivach, calibage, carvists and perhaps peas. Com, which results show was plantiful at the first harvest, might also have been served, but not in the was

