# Heart Failure

# 20125091 - Đặng Trường Duy

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# 1 About Dataset

## 1.1 Context

Cardiovascular diseases (CVDs) are the number 1 cause of death globally, taking an estimated 17.9 million lives each year, which accounts for 31% of all deaths worldwide. Four out of 5CVD deaths are due to heart attacks and strokes, and one-third of these deaths occur prematurely in people under 70 years of age. Heart failure is a common event caused by CVDs and this dataset contains 11 features that can be used to predict a possible heart disease.

People with cardiovascular disease or who are at high cardiovascular risk (due to the presence of one or more risk factors such as hypertension, diabetes, hyperlipidemia or already established disease) need early detection and management wherein a machine learning model can be of great help.

This dataset was created by combining different datasets already available independently but not combined before. In this dataset, 5 heart datasets are combined over 11 common features which makes it the largest heart disease dataset available so far for research purposes. The five datasets used for its curation are:

Cleveland: 303 observations
Hungarian: 294 observations
Switzerland: 123 observations

• Long Beach VA: 200 observations

• Stalog (Heart) Data Set: 270 observations

Total: 1190 observations

Duplicated: 272 observations Final dataset: 918 observations

Every dataset used can be found under the Index of heart disease datasets from UCI Machine Learning Repository

Reference: Heart Failure Prediction Dataset | Kaggle

#### 1.2 Attributes Information

Detail of all the columns (attributes) of the dataset:

1. Age: age of the patient [years]

- 2. Sex: sex of the patient [M: Male, F: Female]
- 3. ChestPainType: chest pain type [TA: Typical Angina, ATA: Atypical Angina, NAP: Non-Anginal Pain, ASY: Asymptomatic]
- 4. Resting BP: resting blood pressure [mm Hg]
- 5. Cholesterol: serum cholesterol [mm/dl]
- 6. FastingBS: fasting blood sugar [1: if FastingBS > 120 mg/dl, 0: otherwise]
- 7. Resting ECG: resting electrocardiogram results [Normal: Normal, ST: having ST-T wave abnormality (T wave inversions and/or ST elevation or depression of > 0.05 mV), LVH: showing probable or definite left ventricular hypertrophy by Estes' criteria]
- 8. MaxHR: maximum heart rate achieved [Numeric value between 60 and 202]
- 9. ExerciseAngina: exercise-induced angina [Y: Yes, N: No]
- 10. Oldpeak: oldpeak = ST [Numeric value measured in depression]
- 11. ST\_Slope: the slope of the peak exercise ST segment [Up: upsloping, Flat: flat, Down: downsloping]
- 12. Heart Disease: conclusion of the patient [1: heart disease, 0: Normal]

# 2 Descriptive Statistics

# 2.1 Set Up Working Space

Load some important libraries.

```
library(ggplot2)
library(GGally)
library(dplyr)
library(extrafont)
library(moments)
```

Set up working directory.

```
setwd('/home/dui/Windows/CS/APCS/Sophomore/Semester 3/STAT452/Final Project/20125091')
```

Get working directory.

```
getwd()
[1] "/home/dui/Windows/CS/APCS/Sophomore/Semester 3/STAT452/Final Project/20125091"
```

Read dataset from 'heart.csv' into data variable. Then, backup the data into 'heart.rda'.

```
heart <- read.csv('./heart.csv', header = TRUE)
save(heart, file = './heart.rda')</pre>
```

Attach the data to R.

```
attach(heart)
```

Get the number of columns (attributes) of the dataset and number of rows (instances) of the dataset.

```
ncol(heart)
[1] 12
nrow(heart)
[1] 918
```

Encode categorical data to enumerate value with *factor* function.

```
heart$Sex <- factor(heart$Sex, levels = c('M', 'F'))
levels(heart$Sex) <- c('Male', 'Female')
heart$ChestPainType <- factor(heart$ChestPainType, levels = c('TA', 'ATA', 'NAP', 'ASY'))
heart$RestingECG <- factor(heart$RestingECG, levels = c('Normal', 'ST', 'LVH'))
heart$FastingBS <- factor(heart$FastingBS)
levels(heart$FastingBS) <- c('Normal', 'Fasting Blood Sugar')
heart$ExerciseAngina <- factor(heart$ExerciseAngina, levels = c('Y', 'N'))
heart$ST_Slope <- factor(heart$ST_Slope, levels = c('Up', 'Flat', 'Down'))
heart$HeartDisease <- factor(heart$HeartDisease)
levels(heart$HeartDisease) <- c('Normal', 'Heart Disease')
```

Take a look of the data by using str function of R.

```
str(heart)
                918 obs. of 12 variables:
'data.frame':
                 : int 40 49 37 48 54 39 45 54 37 48 ...
$ Age
                 : Factor w/ 2 levels "Male", "Female": 1 2 1 2 1 1 2 1 1 2 ...
$ Sex
$ ChestPainType : Factor w/ 4 levels "TA", "ATA", "NAP", ...: 2 3 2 4 3 3 2 2 4 2 ...
$ RestingBP
                 : int 140 160 130 138 150 120 130 110 140 120 ...
$ Cholesterol
                 : int 289 180 283 214 195 339 237 208 207 284 ...
                 : Factor w/ 2 levels "Normal", "Fasting Blood Sugar": 1 1 1 1 1 1 1 1
$ FastingBS
                 : Factor w/ 3 levels "Normal", "ST", ...: 1 1 2 1 1 1 1 1 1 1 ...
$ RestingECG
$ MaxHR
                 : int 172 156 98 108 122 170 170 142 130 120 ...
$ ExerciseAngina: Factor w/ 2 levels "Y","N": 2 2 2 1 2 2 2 2 1 2 ...
$ Oldpeak
                 : num 0 1 0 1.5 0 0 0 0 1.5 0 ...
$ ST Slope
                 : Factor w/ 3 levels "Up", "Flat", "Down": 1 2 1 2 1 1 1 1 2 1 ...
$ HeartDisease : Factor w/ 2 levels "Normal", "Heart Disease": 1 2 1 2 1 1 1 1 2 1 .
```

From *summary* function of R. The output of the *summary* function include basic information of quantitative and qualitative data of the dataframe.

For quantitative data we get: Minimum value (Min.), First quartile (1st Qu.), Median (Median), Mean (Mean), Third quartile (3rd Qu.), Maximum value (Max.).

For qualitative data we have the frequency of each category.

```
summary(heart)
                                               RestingBP
      Age
                               ChestPainType
                                                              Cholesterol
                     Sex
                              TA: 46
Min.
       :28.00
                 Male :725
                                             Min.
                                                    : 0.0
                                                             Min.
                                                                    : 0.0
1st Qu.:47.00
                 Female:193
                               ATA:173
                                             1st Qu.:120.0
                                                             1st Qu.:173.2
Median :54.00
                              NAP:203
                                             Median :130.0
                                                             Median :223.0
        :53.51
                               ASY:496
                                                   :132.4
                                                             Mean
                                                                    :198.8
Mean
                                             Mean
3rd Qu.:60.00
                                             3rd Qu.:140.0
                                                             3rd Qu.:267.0
        :77.00
                                                    :200.0
Max.
                                             Max.
                                                             Max.
                                                                     :603.0
               FastingBS
                            RestingECG
                                             MaxHR.
                                                         ExerciseAngina
Normal
                    :704
                           Normal:552
                                         Min.
                                                : 60.0
                                                         Y:371
Fasting Blood Sugar:214
                           ST
                                  :178
                                         1st Qu.:120.0
                                                         N:547
                           LVH
                                  :188
                                         Median :138.0
                                         Mean
                                                :136.8
                                         3rd Qu.:156.0
                                         Max.
                                                :202.0
    Oldpeak
                   ST_Slope
                                      HeartDisease
       :-2.6000
                   Up :395
                              Normal
1st Qu.: 0.0000
                   Flat:460
                               Heart Disease:508
Median : 0.6000
                   Down: 63
       : 0.8874
Mean
3rd Qu.: 1.5000
Max.
        : 6.2000
```

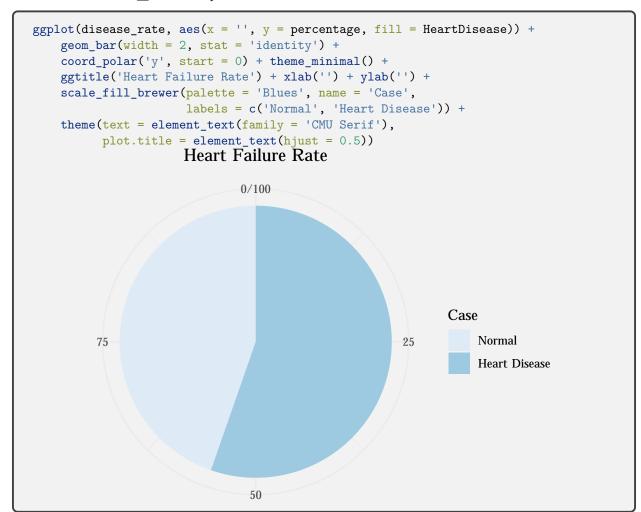
# 2.2 Basic Statistic and Analysis

## 2.2.1 "HeartDisease" attribute

Compute percentages of people have a heart disease and people have not.

```
disease_rate <- heart %>%
    group_by(HeartDisease) %>%
   summarise(count = n()) %>%
   mutate(percentage = count / sum(count) * 100)
disease_rate
# A tibble: 2 x 3
 HeartDisease count percentage
  <fct>
                <int>
                           <dbl>
                            44.7
1 Normal
                  410
2 Heart Disease
                  508
                            55.3
```

Visualize the **disease** rate with pie chart.



**Comments:** The rate of people have a heart disease and normal people are not much difference, the percentage of having disease cases larger than the percentage of normal cases about 11%.

# 2.2.2 "Age" attribute

Visualize a box plot for age of people suffer a heart failure and normal people.

```
ggplot(heart, aes(x = Age, y = HeartDisease, fill = HeartDisease)) +
   geom_boxplot() +
   coord_flip() +
   ggtitle('Box Plot Age by Heart Disease') +
   xlab('Age') +
   ylab('Case') +
   scale_fill_brewer(palette = 'Blues', name = 'Case',
                      labels = c('Normal', 'Heart Disease')) +
   theme_minimal() +
   theme(text = element_text(family = 'CMU Serif'),
          plot.title = element_text(hjust = 0.5), legend.position = 'none')
                             Box Plot Age by Heart Disease
  70
  60
  40
  30
                        Normal
                                                           Heart Disease
                                           Case
```

Get the average age of normal cases and heart disease cases.

To find the number of people suffer a heart disease in age groups, age will be divided into 3 groups:

- Young adults (0-39)
- Middle-aged adults (40-59)
- Old-aged adults (above 60)

We then encode **categorized\_age** to a vector of enumerate value by using **factor** function.

Use *table* function to get the frequency table of these groups.

```
table(categorized_age)
categorized_age
Young Middle aged Old aged
80 585 253
```

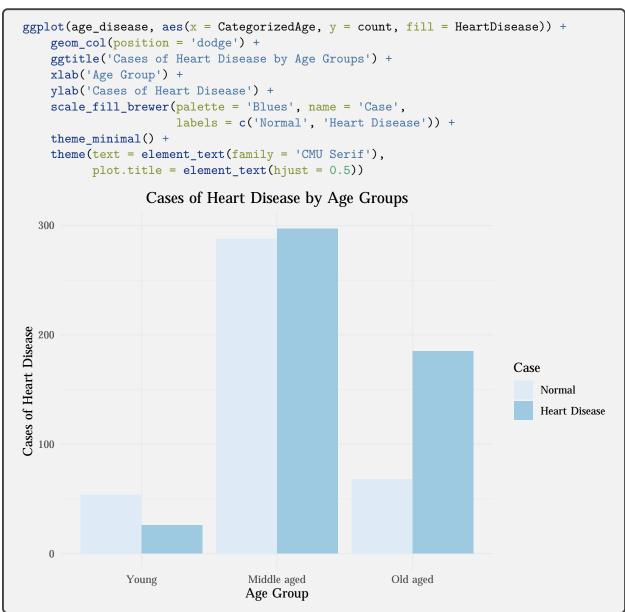
Next, we add the **categorized\_age** as a new column named 'CategorizedAge' to our **heart** dataframe.

```
heart$CategorizedAge <- categorized_age
```

Next, The number of heart disease cases and normal cases in each age group is calculated.

```
age_disease <- heart %>%
   group_by(CategorizedAge, HeartDisease) %>%
    summarise(count = n()) %>%
   mutate(percentage = count / sum(count) * 100)
age_disease
# A tibble: 6 x 4
           CategorizedAge [3]
# Groups:
  CategorizedAge HeartDisease count percentage
  <fct>
                <fct>
                       <int>
                                        <dbl>
1 Young
                Normal
                               54
                                         67.5
2 Young
                Heart Disease
                               26
                                         32.5
3 Middle aged
                                         49.2
                Normal
                               288
4 Middle aged
                Heart Disease
                               297
                                         50.8
5 Old aged
                Normal
                                68
                                         26.9
6 Old aged
                Heart Disease
                               185
                                         73.1
```

We then plot the bar chart to show the frequency of number of normal cases and heart disease cases in each group.



- The mean age of heart disease cases ( $\approx 56$ ) larger than the mean age of normal cases ( $\approx 51$ ).
- The range of age suffer a heart disease is between 51 and 62.
- Middle-aged group is the most surveyed group with 585 instances and over 50% of them have a heart disease.
- Old-aged group ranks second with 253 instances but has the highest ratio of suffering a heart disease which is about 73%
- Young group ranks last with 80 instances and 26 of them have a heart disease, this implies young people in the age below 39 also have a chance of suffering a heart disease.

#### 2.2.3 "Sex" attribute

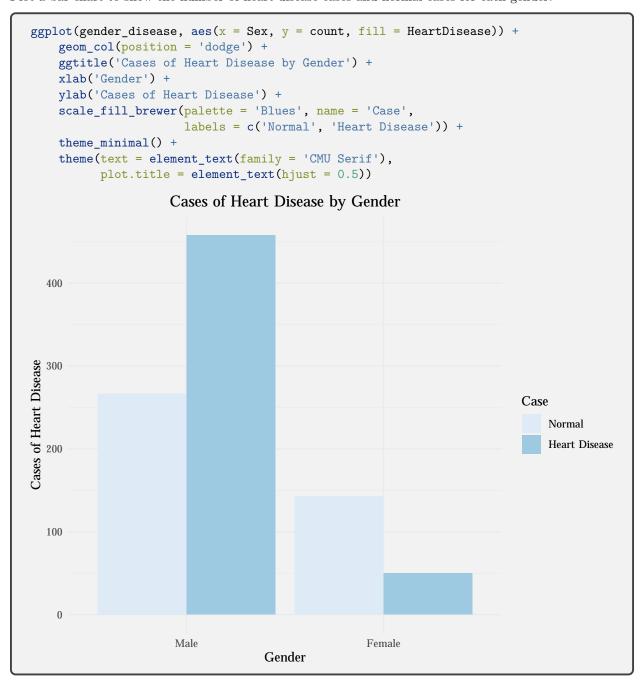
Count the number of male and female instances by using *table* function. Then, calculate the number of normal cases and heart disease cases in each gender.

```
table(Sex)
Sex
 F
      М
193 725
gender_disease <- heart %>%
    group_by(Sex, HeartDisease) %>%
    summarise(count = n()) %>%
    mutate(percentage = count / sum(count) * 100)
gender_disease
# A tibble: 4 x 4
# Groups:
            Sex [2]
         HeartDisease count percentage
  <fct> <fct>
                        <int>
                                   <dbl>
1 Male
         Normal
                                    36.8
                          267
2 Male
         Heart Disease
                          458
                                    63.2
3 Female Normal
                          143
                                    74.1
4 Female Heart Disease
                                    25.9
                           50
```

Use pie chart to show the rate of heart disease in each gender.



Plot a bar chart to show the number of heart disease cases and normal cases for each gender.



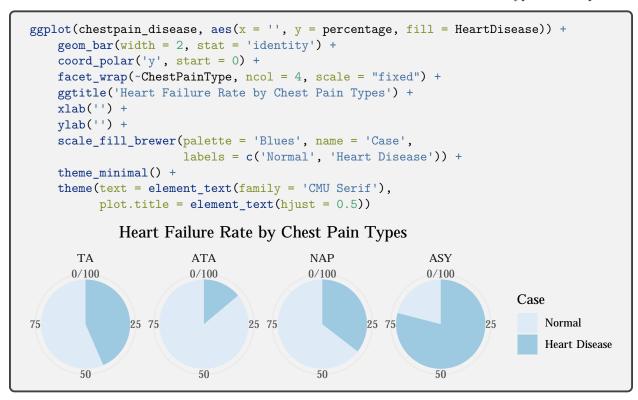
- The number of male instances is over 3.5 times the number of female instances.
- For 725 male instances, the ratio of having a heart disease is over 60%.
- But for 193 the female instances, this ratio is only 26%.

# 2.2.4 "ChestPainType" attribute

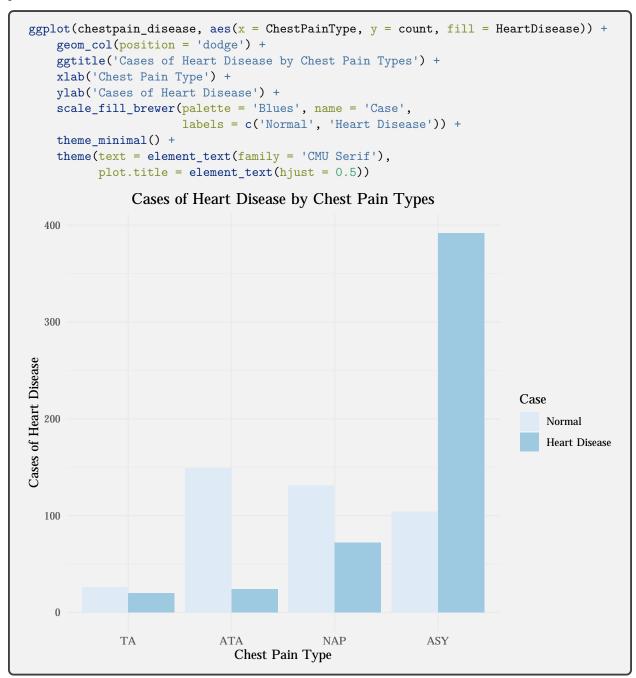
Count the number of instances in each type of chest pain. Then, calculate the number of normal cases and heart disease cases in each type.

```
table(heart$ChestPainType)
TA ATA NAP ASY
 46 173 203 496
chestpain_disease <- heart %>%
    group_by(ChestPainType, HeartDisease) %>%
    summarise(count = n()) %>%
    mutate(percentage = count / sum(count) * 100)
chestpain disease
# A tibble: 8 x 4
# Groups:
            ChestPainType [4]
  ChestPainType HeartDisease
                               count percentage
                <fct>
                               <int>
                                          <dbl>
                                           56.5
1 TA
                Normal
                                  26
2 TA
                Heart Disease
                                  20
                                           43.5
                Normal
                                 149
                                           86.1
3 ATA
4 ATA
                Heart Disease
                                  24
                                           13.9
5 NAP
                Normal
                                 131
                                           64.5
                Heart Disease
6 NAP
                                  72
                                           35.5
                Normal
7 ASY
                                 104
                                           21.0
                Heart Disease
                                           79.0
8 ASY
                                 392
```

Plot a bar chart to show the number of heart disease cases and normal cases for each type of chest pain.



Generate a bar plot to show number of people suffer a heart disease and normal people for each type of chest pain.



- The most occurred chest pain is ASY (Asymptomatic) which is over 54% patients.
- Almost 80% patients, who suffer an ASY chest pain, have a heart disease.
- Over 86% patients, who suffer an ATA (Atypical Angina) chest pain, don't have a heart disease.

# 2.2.5 "RestingBP" attribute

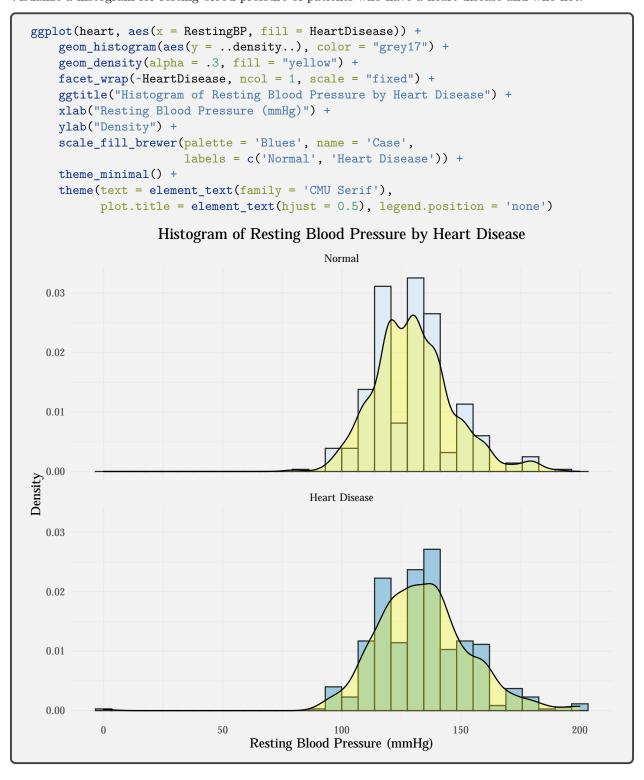
Visualize a box plot for resting blood pressure of patients who have a heart disease and who not.

```
ggplot(heart, aes(x = RestingBP, y = HeartDisease, fill = HeartDisease)) +
    geom_boxplot() +
    coord_flip() +
    ggtitle('Box Plot Resting Blood Pressure by Heart Disease') +
    xlab('Resting Blood Pressure (mmHg)') +
    ylab('Case') +
    scale fill brewer(palette = 'Blues', name = 'Case',
                        labels = c('Normal', 'Heart Disease')) +
    theme minimal() +
    theme(text = element_text(family = 'CMU Serif'),
           plot.title = element_text(hjust = 0.5), legend.position = 'none')
                      Box Plot Resting Blood Pressure by Heart Disease
  200
Resting Blood Pressure (mmHg) 00 10 101
    0
                          Normal
                                                               Heart Disease
                                              Case
```

Calculate skewness and kurtosis of resting blood pressure.

```
bp_normal <- subset(heart, HeartDisease == 'Normal')$RestingBP
skewness(bp_normal)
[1] 0.5638636
kurtosis(bp_normal)
[1] 3.835007
bp_disease <- subset(heart, HeartDisease == 'Heart Disease')$RestingBP
skewness(bp_disease)
[1] -0.08056757
kurtosis(bp_disease)
[1] 7.167892</pre>
```

Visualize a histogram for resting blood pressure of patients who have a heart disease and who not.



RestingBP will be divided into 4 stage of Hypertension:

- Normal: resting blood pressure < 120 mm Hg.
- Prehypertension: resting blood pressure between 120 and 139 mm Hg.
- Stage 1: resting blood pressure between 140 and 159 mm Hg.
- Stage 2: resting blood pressure > 160 mm Hg.

We then encode categorized\_resting BP to a vector of enumerate value by using **factor** function and add it as a new columns of our **heart** dataframe.

Use *table* function to get frequency table of these groups.

```
table(categorized_restingBP)
categorized_restingBP

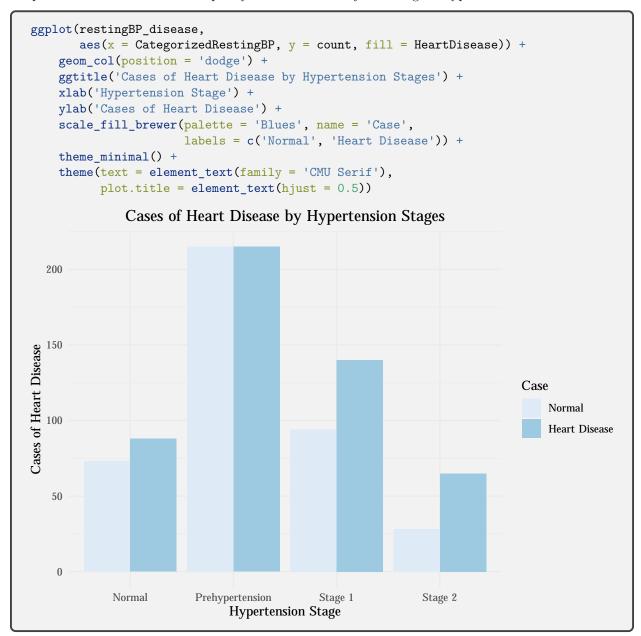
Normal Prehypertension Stage 1 Stage 2

161 430 234 93
```

Then, we count the normal patients and patients with heart disease in each group.

```
restingBP_disease <- heart %>%
    group_by(CategorizedRestingBP, HeartDisease) %>%
    summarise(count = n()) %>%
    mutate(percentage = count / sum(count) * 100)
restingBP_disease
# A tibble: 8 x 4
            CategorizedRestingBP [4]
# Groups:
  CategorizedRestingBP HeartDisease count percentage
  <fct>
                        <fct>
                                                 <dbl>
                                      <int>
1 Normal
                        Normal
                                         73
                                                  45.3
                       Heart Disease
2 Normal
                                         88
                                                  54.7
3 Prehypertension
                       Normal
                                        215
                                                  50
4 Prehypertension
                       Heart Disease
                                        215
                                                  50
                                                  40.2
5 Stage 1
                       Normal
                                         94
6 Stage 1
                       Heart Disease
                                        140
                                                  59.8
7 Stage 2
                       Normal
                                         28
                                                  30.1
8 Stage 2
                       Heart Disease
                                         65
                                                  69.9
```

Graph a bar chart to show the frequency of heart disease by each stage of hypertension.

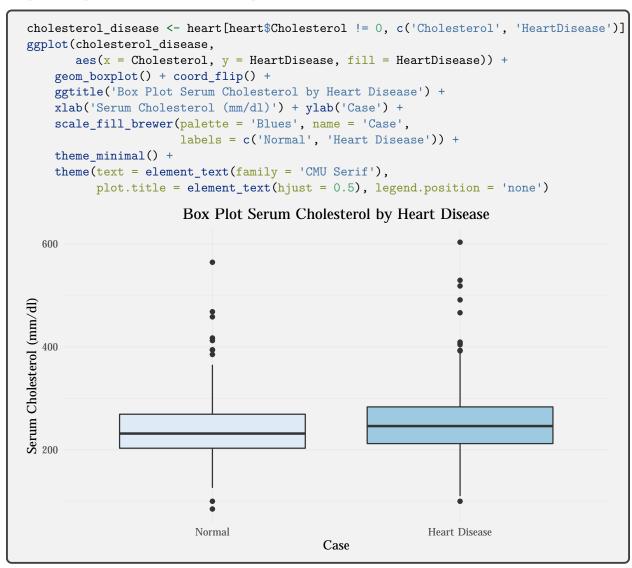


- Box plot shows that resting blood pressure of people have a heart disease nearly the same as the one of normal people and have corresponds median are 130 and 132.
- Patients, who have a heart disease, also have resting blood pressure in the range between 120 145 (mmHg) which is a little higher than normal resting blood pressure ( < 120).
- Skewness and kurtosis of normal patients shows that the distribution of resting blood pressure is nearly normal distribution with a right skewness (0.5638636 > 0).
- For patients who have a heart disease the distribution of resting blood pressure is leptokurtic distribution (7.167892 > 3) with a little left skewness (-0.08056757 < 0).
- Prehypertension is the most occurrence stage, but only 50% patients have a heart disease.
- The chance of suffering a heart disease of normal, stage 1 and stage 2 is 54.7%, 59.8% and 70.0%.

#### 2.2.6 "Cholesterol" attribute

There is many zero value of serum cholesterol which is the cause for the imbalanced data. Hence, we will plot patients records that have no zero serum cholesterol.

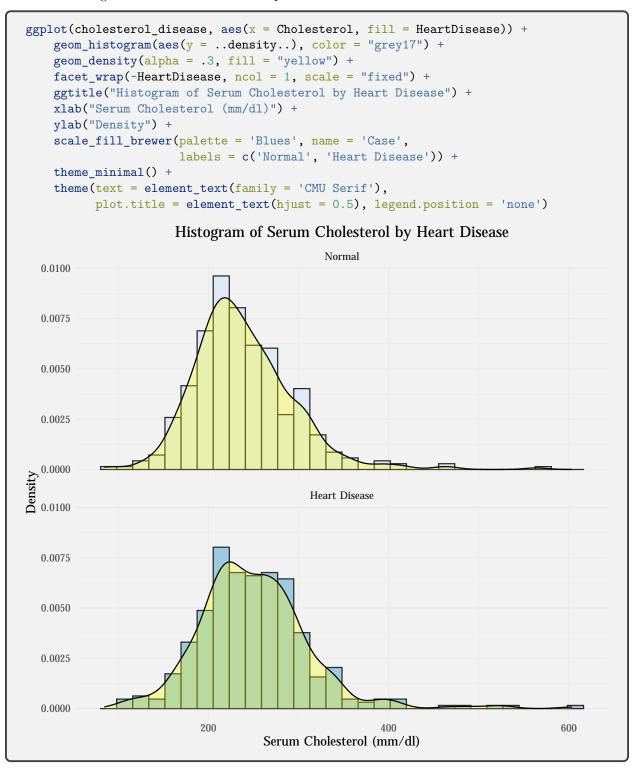
Graph a box plot for serum cholesterol of patients who have a heart disease and who not.



Calculate skewness and kurtosis of serum cholesterol.

```
cl_normal <- subset(cholesterol_disease, HeartDisease == 'Normal')$Cholesterol
skewness(cl_normal)
[1] 1.160466
kurtosis(cl_normal)
[1] 6.945497
cl_disease <- subset(cholesterol_disease, HeartDisease == 'Heart Disease')$Cholesterol
skewness(cl_disease)
[1] 1.251591
kurtosis(cl_disease)
[1] 7.661417</pre>
```

Visualize a histogram for serum cholesterol of patients who have a heart disease and who not.



Serum cholesterol will be divided into 3 levels:

- Normal: serum cholesterol < 200 mg/dl.
- High: serum cholesterol between 200 and 239 mg/dl.
- Very High: serum cholesterol > 240 mg/dl.

We then encode categorized\_cholesterol to a vector of enumerate value by using **factor** function and add it as a new columns of our **cholesterol\_disease** dataframe.

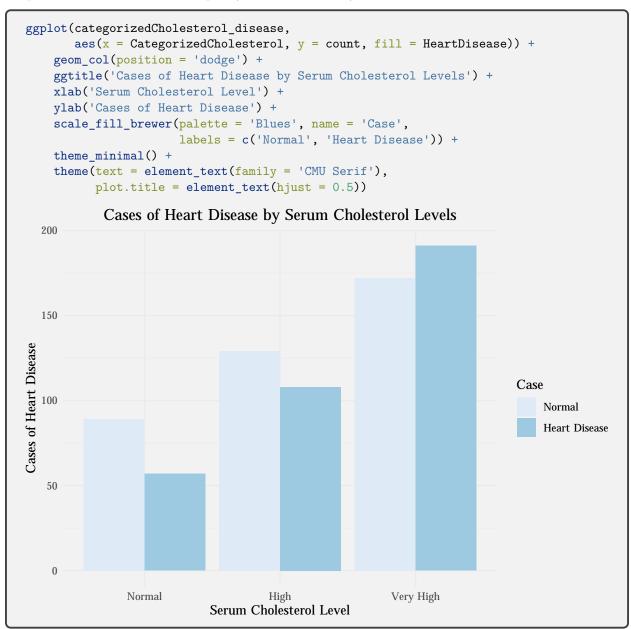
Use **table** function to get frequency table of these groups.

```
table(categorized_cholesterol)
categorized_cholesterol
Normal High Very High
146 237 363
```

Then, we count the normal patients and patients with heart disease in each group.

```
categorizedCholesterol_disease <- cholesterol_disease %>%
    group by(CategorizedCholesterol, HeartDisease) %>%
    summarise(count = n()) %>%
    mutate(percentage = count / sum(count) * 100)
categorizedCholesterol_disease
# A tibble: 6 x 4
# Groups:
            CategorizedCholesterol [3]
  CategorizedCholesterol HeartDisease count percentage
  <fct>
                         <fct>
                                        <int>
                                                   <dbl>
1 Normal
                         Normal
                                          89
                                                    61.0
2 Normal
                         Heart Disease
                                          57
                                                    39.0
3 High
                         Normal
                                          129
                                                    54.4
4 High
                         Heart Disease
                                          108
                                                    45.6
5 Very High
                         Normal
                                          172
                                                    47.4
6 Very High
                         Heart Disease
                                         191
                                                    52.6
```

Graph a bar chart to show the frequency of heart disease by each level of serum cholesterol.



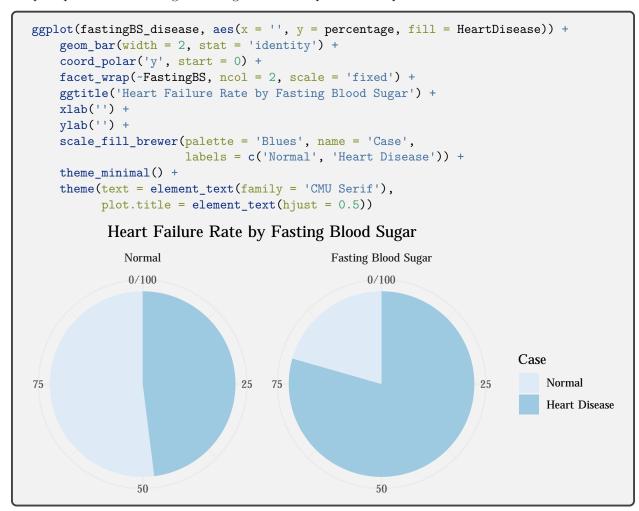
- Box plot shows that serum cholesterol of two groups is nearly the same but the median of the patients who have a heart disease (246.0) is higher than the one of normal patients (231.5).
- Patients, who have a heart disease, also have serum cholesterol in the range between 212 283.25 (mm/dl) which is a higher than normal serum cholesterol (< 200).
- Skewness and kurtosis of two groups show that the two distributions are leptokurtic distribution (kurtosis > 3) with a positive skewness (skewness > 0).
- Normal and High serum cholesterol patients have a chance of suffering a heart disease are 39.0% and 45.57%.
- But Very High serum cholesterol patients have the highest chance of suffering a heart disease which is about 52.6%.

## 2.2.7 "FastingBS" attribute

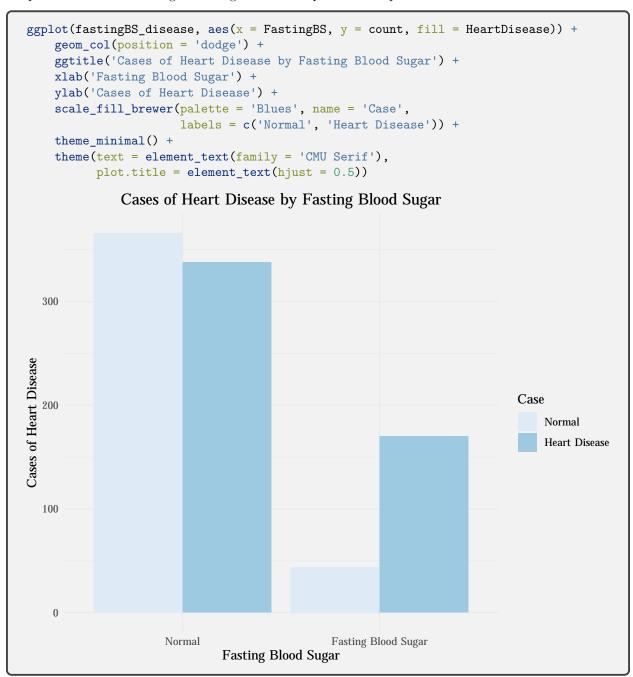
Count the number of records of normal patients and patients who suffer a disease by each type of fasting blood sugar.

```
fastingBS_disease <- heart %>%
    group_by(FastingBS, HeartDisease) %>%
    summarise(count = n()) %>%
    mutate(percentage = count / sum(count) * 100)
fastingBS_disease
# A tibble: 4 x 4
# Groups: FastingBS [2]
  FastingBS
                      HeartDisease count percentage
  <fct>
                      <fct>
                                    <int>
                                                <dbl>
1 Normal
                      Normal
                                      366
                                                 52.0
2 Normal
                      Heart Disease
                                      338
                                                 48.0
3 Fasting Blood Sugar Normal
                                       44
                                                 20.6
                                                 79.4
4 Fasting Blood Sugar Heart Disease
                                      170
```

Graph a pie chart for fasting blood sugar of normal patients and patients suffer a heart disease.



Graph a bar chart for fasting blood sugar of normal patients and patients suffer a heart disease.



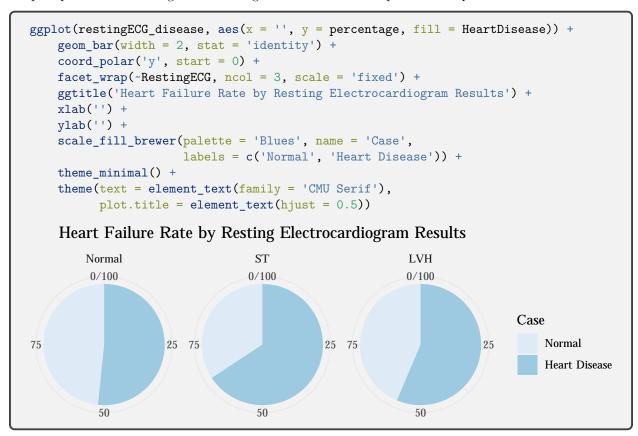
- The records of normal blood sugar patients is over 3 times of patients with fasting blood sugar.
- The pie chart of normal blood sugar show that patients, who have normal blood sugar, have almost 52% chance for not suffer a heart disease.
- For the pie chart of fasting blood sugar, it is almost 80% patients suffer a heart disease.

# 2.2.8 "RestingECG" attribute

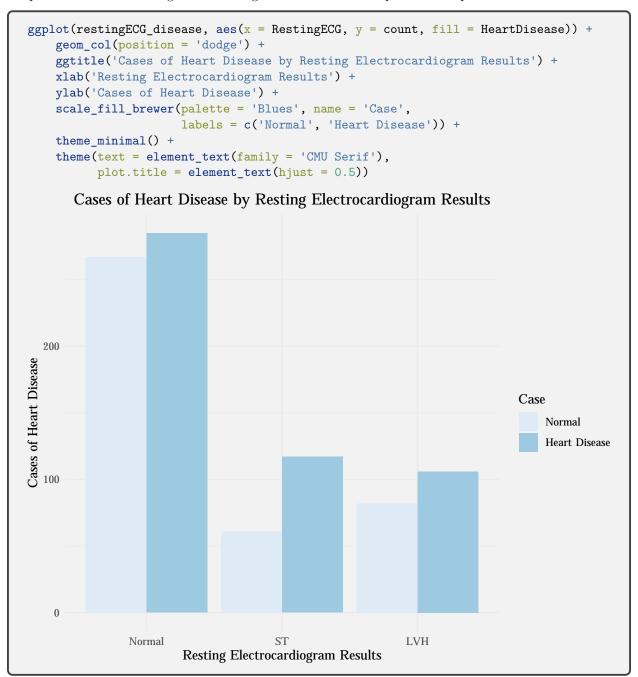
Count the number of normal patients and patients suffer a heart disease by each type of resting electrocardiogram results.

```
restingECG_disease <- heart %>%
    group_by(RestingECG, HeartDisease) %>%
    summarise(count = n()) %>%
    mutate(percentage = count / sum(count) * 100)
restingECG disease
# A tibble: 6 x 4
# Groups:
            RestingECG [3]
  RestingECG HeartDisease count percentage
  <fct>
             <fct>
                            <int>
                                       <dbl>
1 Normal
             Normal
                             267
                                        48.4
2 Normal
             Heart Disease
                             285
                                        51.6
3 ST
             Normal
                              61
                                        34.3
                                        65.7
4 ST
             Heart Disease
                             117
5 LVH
             Normal
                              82
                                        43.6
6 LVH
             Heart Disease
                             106
                                        56.4
```

Graph a pie chart for resting electrocardiogram results of normal patients and patients suffer a heart disease.



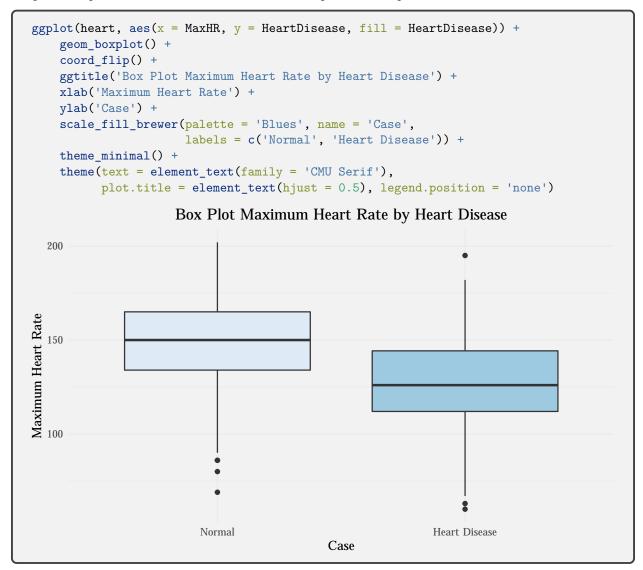
Graph a bar chart for resting electrocardiogram results of normal patients and patients suffer a heart disease.



- The most RestingECG results is normal which is about 552 records and over 3 times ST and LVH type.
- Patients with normal RestingECG have over 51% that suffer a heart disease.
- This ratio of ST and LVH is over 65% and 56%, respectively.

## 2.2.9 "MaxHR" attribute

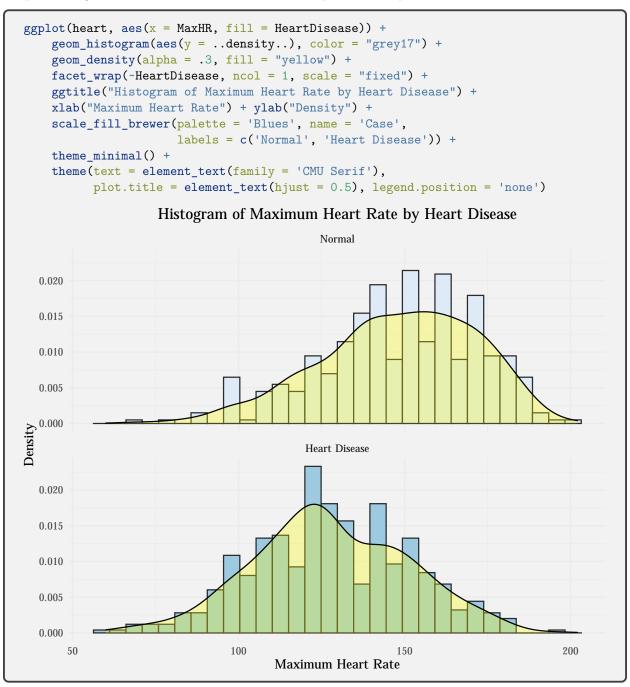
Graph a box plot for maximum heart rate of normal patients and patients with heart disease.



Calculate skewness and kurtosis of maximum heart rate

```
maxHR_normal <- subset(heart, HeartDisease == 'Normal')$MaxHR
skewness(maxHR_normal)
[1] -0.4452592
kurtosis(maxHR_normal)
[1] 2.833873
maxHR_disease <- subset(heart, HeartDisease == 'Heart Disease')$MaxHR
skewness(maxHR_disease)
[1] -0.003628364
kurtosis(maxHR_disease)
[1] 2.793901</pre>
```

Graph a histogram for maximum heart rate of normal patients and patients with heart disease.



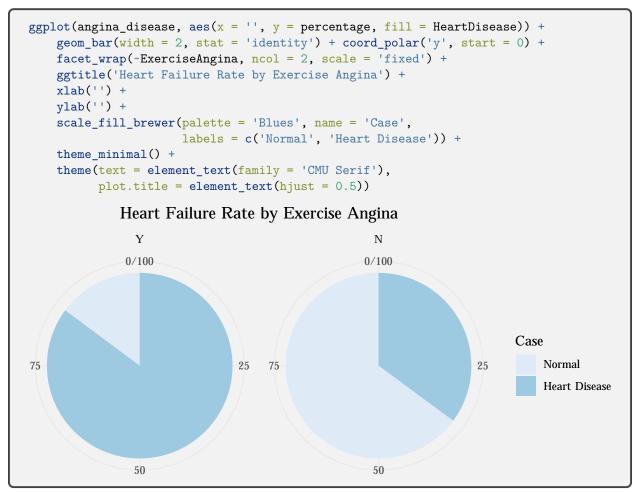
- The median of maximum heart of patients with heart disease (126) is much smaller than the one of normal patients (150).
- Patients, who have a heart disease, have a maximum heart rate between 112 and 144.
- Box plot also indicates that both groups have a maximum rate heart which is larger than normal maximum heart rate (> 60 and < 100).
- The distribution of patients with heart disease is nearly normal with a little platykurtotic (2.793901) and a little left skewness (-0.0036).
- The distribution of normal patients is also nearly normal with a little platykurtotic and left skewness (0.4452592).

# 2.2.10 "ExerciseAngina" attribute

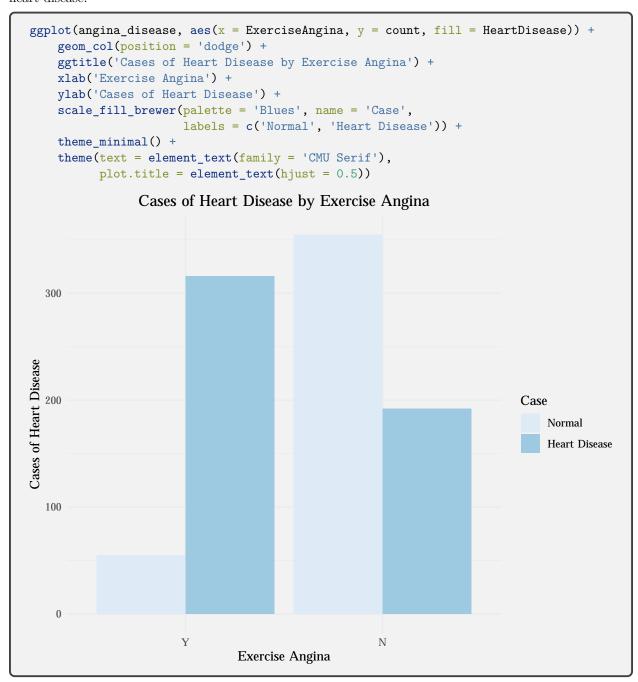
Count the number of angina when exercising of normal patients and patients with a heart disease.

```
angina_disease <- heart %>%
    group_by(ExerciseAngina, HeartDisease) %>%
    summarise(count = n()) %>%
    mutate(percentage = count / sum(count) * 100)
angina_disease
# A tibble: 4 x 4
# Groups:
            ExerciseAngina [2]
  ExerciseAngina HeartDisease count percentage
                 <fct>
                               <int>
1 Y
                                            14.8
                 Normal
                                  55
2 Y
                 Heart Disease
                                 316
                                            85.2
3 N
                 Normal
                                 355
                                            64.9
                 Heart Disease
                                 192
                                            35.1
```

Graph a pie chart for whether there is an angina when exercising of normal patients and patients with a heart disease.



Graph a bar chart for whether there is an angina when exercising of normal patients and patients with a heart disease.



- The number of records of patients without angina when exercising is almost 1.5 times the number of records of patients with angina when exercising.
- Pie chart shows that patients with angina when exercising have a high rate about 85% to suffer a heart disease.
- For patients with no angina when exercising this ratio is only about 35%.

# 2.2.11 "Oldpeak" attribute

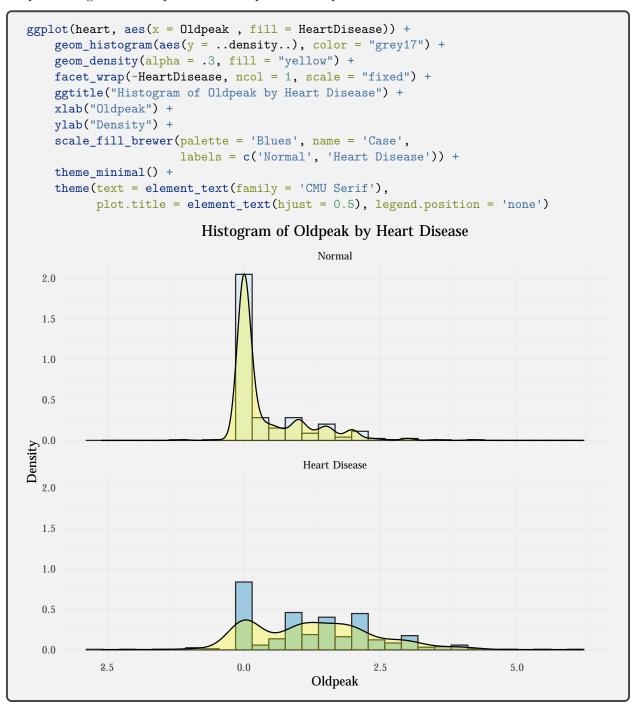
Graph a box plot for old-peak of normal patients and patients with heart disease.

```
ggplot(heart, aes(x = Oldpeak, y = HeartDisease, fill = HeartDisease)) +
    geom_boxplot() +
    coord_flip() +
    ggtitle('Box Plot Oldpeak by Heart Disease') +
    xlab('Oldpeak') +
    ylab('Case') +
    scale_fill_brewer(palette = 'Blues', name = 'Case',
                      labels = c('Normal', 'Heart Disease')) +
    theme_minimal() +
    theme(text = element_text(family = 'CMU Serif'),
          plot.title = element_text(hjust = 0.5), legend.position = 'none')
                           Box Plot Oldpeak by Heart Disease
  5.0
  0.0
  2.5
                        Normal
                                                           Heart Disease
                                           Case
```

Calculate skewness and kurtosis of maximum heart rate

```
oldpeak_normal <- subset(heart, HeartDisease == 'Normal')$0ldpeak
skewness(oldpeak_normal)
[1] 1.882717
kurtosis(oldpeak_normal)
[1] 6.825291
oldpeak_disease <- subset(heart, HeartDisease == 'Heart Disease')$0ldpeak
skewness(oldpeak_disease)
[1] 0.5103819
kurtosis(oldpeak_disease)
[1] 3.68208</pre>
```

Graph a histogram for old-peak of normal patients and patients with heart disease.



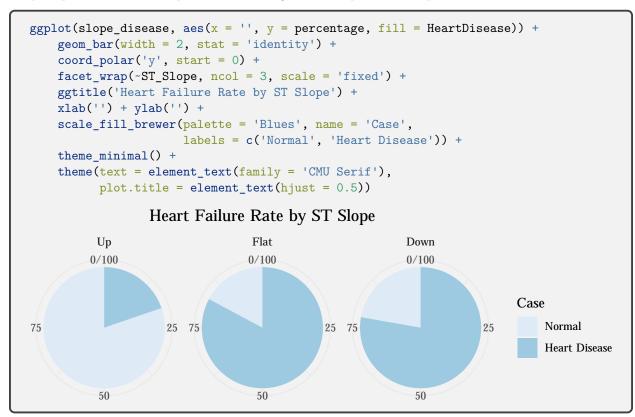
- The median of old-peak of normal patients (0.0) is much smaller than the one of patients with heart disease (1.2).
- Patients, who have a heart disease, have an old-peak between 0.0 and 2.0.
- Box plot also indicates that both groups have old-peak values which are in low range of old-peak value.
- The distribution of normal patients is leptokurtic (6.825291) and right skewness (1.882717).
- The distribution of patients with heart disease is nearly normal with a little leptokurtic (3.68208) right skewness (0.5103819).

# 2.2.12 "ST\_Slope" attribute

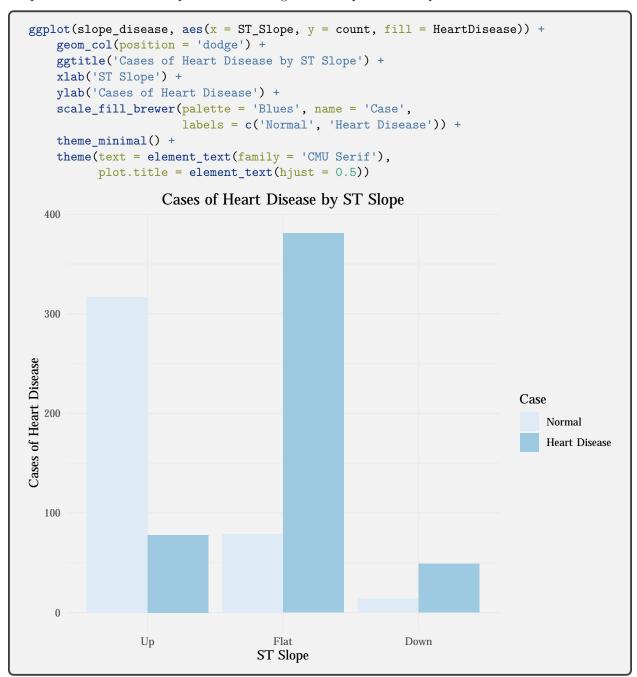
Count number of ST Slope types when exercising of normal patients and patients with a heart disease.

```
slope_disease <- heart %>%
        group_by(ST_Slope, HeartDisease) %>%
        summarise(count = n()) %>%
        mutate(percentage = count / sum(count) * 100)
slope_disease
# A tibble: 6 x 4
# Groups:
            ST Slope [3]
  ST_Slope HeartDisease count percentage
  <fct>
           <fct>
                         <int>
                                     <dbl>
                           317
                                      80.3
1 Up
           Normal
2 Up
           Heart Disease
                            78
                                      19.7
3 Flat
           Normal
                            79
                                      17.2
4 Flat
           Heart Disease
                           381
                                      82.8
           Normal
                                      22.2
5 Down
                            14
6 Down
           Heart Disease
                                      77.8
```

Graph a pie chart for ST Slope when exercising of normal patients and patients with a heart disease.



Graph a bar chart for ST Slope when exercising of normal patients and patients with a heart disease.

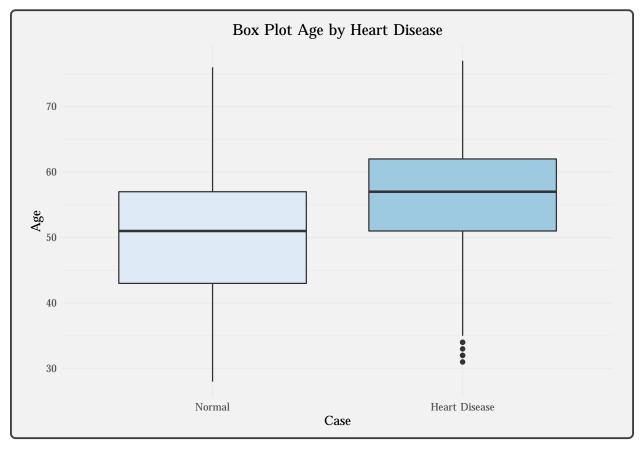


- Down type have the least number of records.
- The number of records of Up and Flat type is almost equal.
- Patients, who have ST Slope Up when exercising, have the least chance of suffering a heart disease which is almost 20%.
- Patients, who have ST Slop Flat or Down when exercising, have very high chance of suffering a heart disease which are about 83% and 78%, respectively.

# 3 Inferential Statistics

# 3.1 Hypothesis Testing for Means and Proportions

# 3.1.1 "Age" attribute



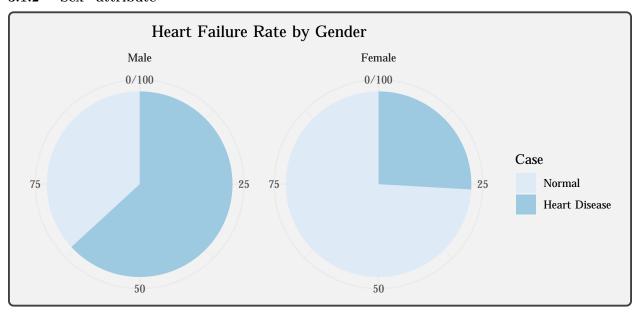
 $H_0$ : The mean age of patients with heart disease less than or equal to the mean age of normal patients.

 $H_{\alpha}$ : The mean age of patients with heart disease greater than the mean age of normal patients.

Hypothesis Testing: Use t.test function to test whether the mean age of patients with heart disease greater than the mean age of normal patients.

Comment: Because p-value < 2.2e-16, which is very close to 0, is less than significant level  $\alpha = 5\%$ . We reject the null hypothesis  $H_0$  and accept the alternative hypothesis  $H_{\alpha}$  that the mean age of patients with heart disease greater than the mean age of normal patients.

## 3.1.2 "Sex" attribute



 $H_0$ : The rate of men have a heart disease less than or equal to the rate of women have a heart disease.

 $H_{\alpha}$ : The rate of men have a heart disease greater than the rate of women have a heart disease.

Use *table* function to group and count the number of normal patients and patients with heart disease by gender. Then, we need to put the heart disease group in the first column.

Hypothesis Testing: Use *prop.test* function to test whether the rate of men have a heart disease greater than the rate of women have a heart disease.

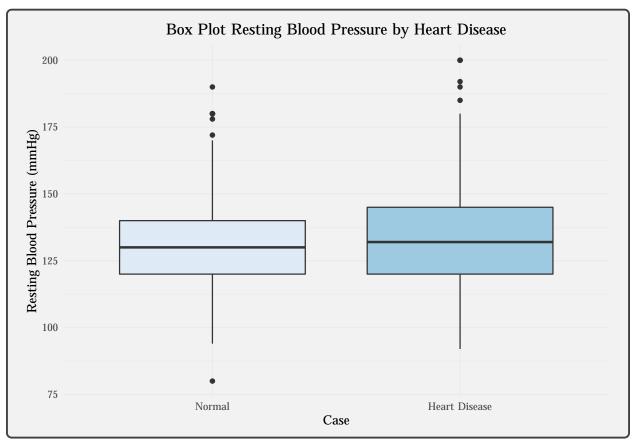
```
prop.test(gender_disease_table, correct = FALSE, alternative = 'greater')
    2-sample test for equality of proportions without continuity
    correction

data: gender_disease_table
X-squared = 85.646, df = 1, p-value < 2.2e-16
alternative hypothesis: greater
95 percent confidence interval:
    0.3129991 1.0000000
sample estimates:
    prop 1    prop 2
0.6317241 0.2590674</pre>
```

**Comment:** Because p-value < 2.2e-16, which is very close to 0, is less than significant level  $\alpha = 5\%$ . We reject the null hypothesis  $H_0$  and accept the alternative hypothesis  $H_\alpha$  that the rate of men have a heart disease greater than the rate of women have a heart disease.

# 3.1.3 "RestingBP" attribute

From boxplot of resting blood pressure of descriptive statistics section. We can see that there is one instance of the data that has 0 resting blood pressure, so we need to replace its resting blood pressure with the mean of resting blood pressure. Then, we graph a new boxplot for resting blood pressure.



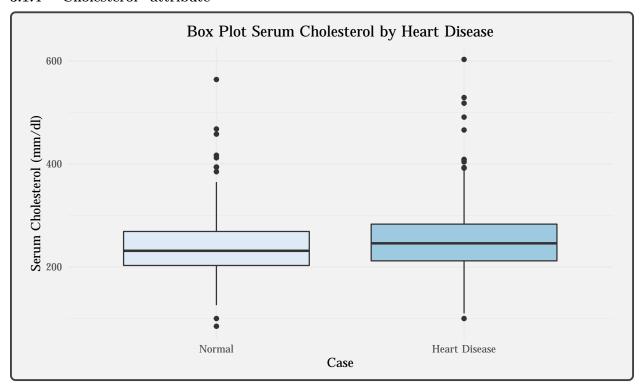
 $H_0$ : The mean of resting blood pressure of normal patients and patients with heart disease is equal.

 $H_{\alpha}$ : The mean of resting blood pressure of normal patients and patients with heart disease is not equal.

Hypothesis Testing: Use t.test function to test whether the mean of resting blood pressure of normal patients and patients with heart disease is equal.

Comment: Because p-value = 0.0002804 is less than significant level  $\alpha = 5\%$ , we reject the null hypothesis  $H_0$  accept the alternative hypothesis  $H_\alpha$  that the mean of resting blood pressure of normal patients and patients with heart disease is not equal.

#### 3.1.4 "Cholesterol" attribute



 $H_0$ : The mean of serum cholesterol of patients with heart disease is less than or equal to than the mean of serum cholesterol of normal patients.

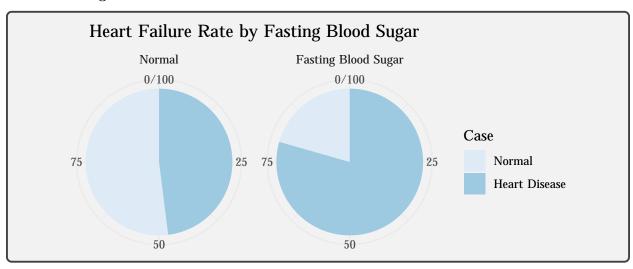
 $H_{\alpha}$ : The mean of serum cholesterol of patients with heart disease is greater than the mean of serum cholesterol of normal patients.

Hypothesis Testing: Use t.test function to test whether the mean of serum cholesterol of patients with heart disease is greater than the mean of serum cholesterol of normal patients.

Noticed that, we use the **cholesterol\_disease** dataframe created before because we need to remove records that have zero value of cholesterol.

Comment: Because p-value = 0.002371 is less than significant level  $\alpha = 5\%$ . We reject the null hypothesis  $H_0$  and accept the alternative hypothesis  $H_{\alpha}$  that the mean of serum cholesterol of patients with heart disease is greater than the mean of serum cholesterol of normal patients.

### 3.1.5 "FastingBS" attribute



 $H_0$ : Heart failure rate of fasting blood sugar patients is less than or equal to heart failure rate of normal blood sugar patients.

 $H_{\alpha}$ : Heart failure rate of fasting blood sugar patients is greater than heart failure rate of normal blood sugar patients.

Use *table* function to group and count the number of normal patients and patients with heart disease by each type of blood sugar. Then, we need to put the heart disease group in the first column.

Hypothesis Testing: Use *prop.test* function to test whether heart failure rate of fasting blood sugar patients is greater than heart failure rate of normal blood sugar patients.

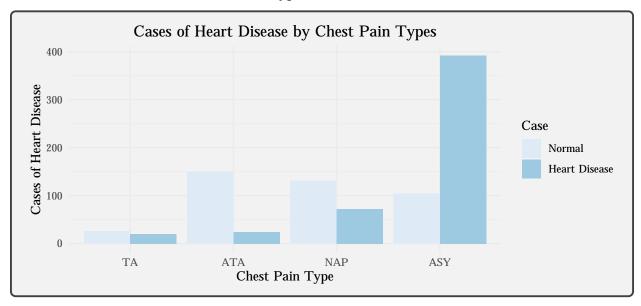
```
prop.test(fastingBS_disease_table, correct = FALSE, alternative = 'less')
    2-sample test for equality of proportions without continuity
    correction

data: fastingBS_disease_table
X-squared = 65.586, df = 1, p-value = 2.781e-16
alternative hypothesis: less
95 percent confidence interval:
    -1.0000000 -0.2592859
sample estimates:
    prop 1    prop 2
0.4801136 0.7943925
```

Comment: Because p-value = 2.781e-16, which is very close to 0, is less than significant level  $\alpha = 5\%$ . We reject the null hypothesis  $H_0$  and accept the alternative hypothesis  $H_\alpha$  that heart failure rate of fasting blood sugar patients is greater than heart failure rate of normal blood sugar patients.

## 3.2 Test of Independence

### 3.2.1 "HeartDisease" and "ChestPainType"



We will test whether there is a relationship between type of chest pain of patients and whether they suffer a heart disease.

 $H_0$ : "HeartDisease" and "ChestPainType" are independent.

 $H_{\alpha}\!\!:$  "Heart Disease" and "ChestPainType" are not independent.

Use *table* function to group and count the number of normal patients and patients with heart disease by each type of chest pain.

```
chestpain_disease <- table(heart$ChestPainType, heart$HeartDisease)
chestpain_disease
    Normal Heart Disease
    TA 26 20
ATA 149 24
NAP 131 72
ASY 104 392
```

Hypothesis Testing: Use *chisq.test* function to test whether there is a relationship between type of chest pain of patients and whether they suffer a heart disease.

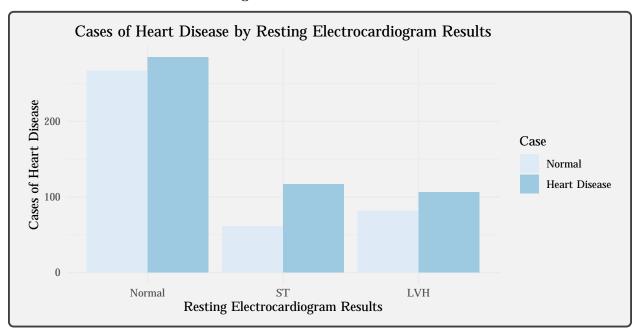
```
chisq.test(chestpain_disease)
    Pearson's Chi-squared test

data: chestpain_disease
X-squared = 268.07, df = 3, p-value < 2.2e-16</pre>
```

Comment: Because p-value < 2.2e-16, which is very close to 0, is less than the significant level  $\alpha=5\%$ . We reject the null hypothesis  $H_0$  and accept the alternative hypothesis  $H_\alpha$  that "HeartDisease" and "ChestPainType" are not independent.

Hence, the test shows that there is a relationship between type of chest pain of patients and whether they suffer a heart disease.

### 3.2.2 "HeartDisease" and "RestingECG"



We will test whether there is a relationship between resting electrocardiogram result of patients and whether they suffer a heart disease.

 $H_0$ : "Heart Disease" and "Resting<br/>ECG" are independent.

 $H_{\alpha}$ : "HeartDisease" and "RestingECG" are not independent.

Use *table* function to group and count the number of normal patients and patients with heart disease by each resting electrocardiogram result.

```
restingECG_disease <- table(heart$RestingECG, heart$HeartDisease)
restingECG_disease
Normal Heart Disease
Normal 267 285
ST 61 117
LVH 82 106
```

Hypothesis Testing: Use *chisq.test* function to test whether there is a relationship between resting electrocardiogram result of patients and whether they suffer a heart disease.

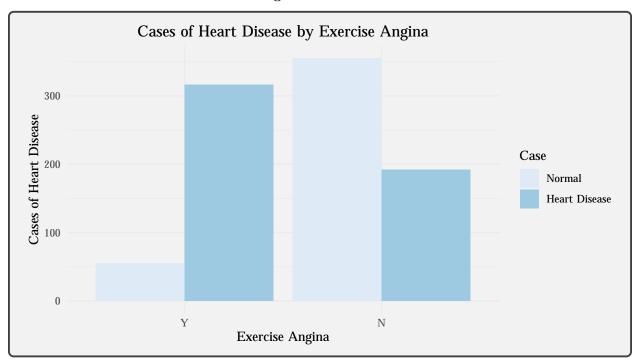
```
chisq.test(restingECG_disease)
    Pearson's Chi-squared test

data: restingECG_disease
X-squared = 10.931, df = 2, p-value = 0.004229
```

Comment: Because p-value = 0.004229 is less than the significant level  $\alpha=5\%$ . We reject the null hypothesis  $H_0$  and accept the alternative hypothesis  $H_\alpha$  that "HeartDisease" and "RestingECG" are not independent.

Hence, the test shows that there is a relationship between resting electrocardiogram result of patients and whether they suffer a heart disease.

### 3.2.3 "HeartDisease" and "ExerciseAngina"



We will test whether there is a relationship between whether patients have angina when exercising and whether they suffer a heart disease.

 $H_0$ : "Heart Disease" and "Exercise Angina" are independent.

 $H_{\alpha}$ : "Heart Disease" and "Exercise Angina" are not independent.

Use *table* function to group and count the number of normal patients and patients with heart disease by whether they have angina when exercising.

```
angina_disease <- table(heart$ExerciseAngina, heart$HeartDisease)
angina_disease
Normal Heart Disease
Y 55 316
N 355 192
```

Hypothesis Testing: Use *chisq.test* function to test whether there is a relationship between whether patients have anging when exercising and whether they suffer a heart disease.

```
chisq.test(angina_disease)
    Pearson's Chi-squared test with Yates' continuity correction

data: angina_disease
X-squared = 222.26, df = 1, p-value < 2.2e-16</pre>
```

**Comment:** Because p-value < 2.2e-16, which is very close to 0, is less than the significant level  $\alpha=5\%$ . We reject the null hypothesis  $H_0$  and accept the alternative hypothesis  $H_\alpha$  that "HeartDisease" and "ExerciseAngina" are not independent.

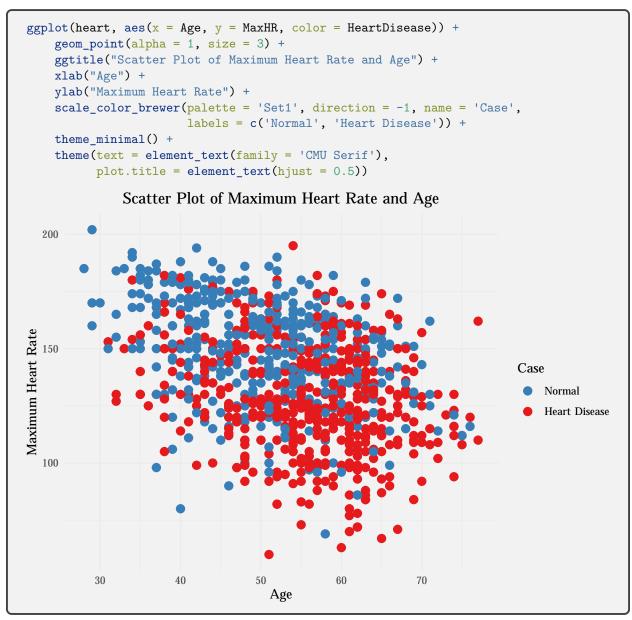
Hence, the test shows that there is a relationship between whether patients have angina when exercising and whether they suffer a heart disease.

# 4 Regression

## 4.1 Simple Linear Regression Model

### 4.1.1 "MaxHR" from "Age"

Graph a scatter plot between "MaxHR" and "Age".



**Comment:** From the previous descriptive statistics and this scatter plot we can see that most of the patients with heart disease have age between 51 and 62 and maximum heart rate between 112 and 144.

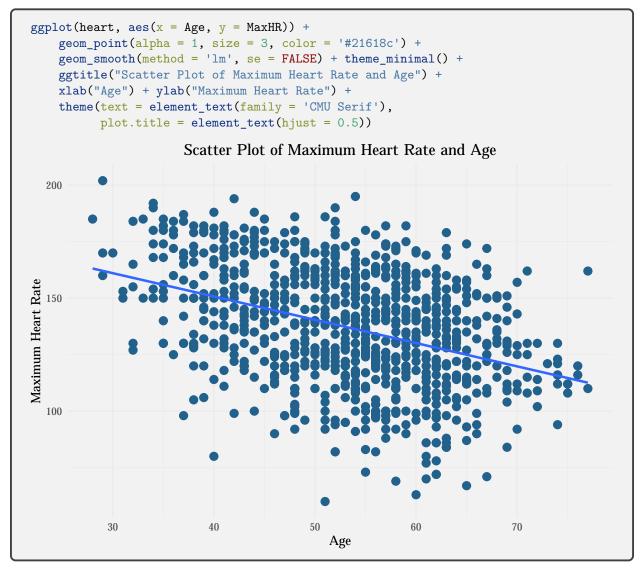
$$MaxHR = \beta_0 + \beta_1 \times Age$$

Hence, we have the equation:

$$MaxHR = 191.990 - 1.031 \times Age$$

**Comment**: The model presents that if the age is 0, the maximum heart rate is 191.990 (based on  $\beta_0$ ) and if the age is increased by 1 unit, the maximum heart rate is decreased by 1.031 unit (based on  $\beta_1$ ).

Fit the regression line to the scatter plot above by using  $geom\_smooth$  function.



```
summary(maxHR_age_model)
Call:
lm(formula = MaxHR ~ Age)
Residuals:
   Min
            1Q Median
                            3Q
                                   Max
-79.399 -15.922
                 0.726 18.196 58.695
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept) 191.99020
                        4.47820
                                 42.87
            -1.03121
                        0.08242 -12.51
                                          <2e-16 ***
Age
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 23.54 on 916 degrees of freedom
Multiple R-squared: 0.146, Adjusted R-squared: 0.145
F-statistic: 156.5 on 1 and 916 DF, p-value: < 2.2e-16
```

**Comment**: p-value < 2.2e-16, which is very close to 0, is less than significant level  $\alpha = 5\%$ , so we can conclude that  $\beta_1$  is different from 0. Hence, age has a statically significant effect on maximum heart rate.

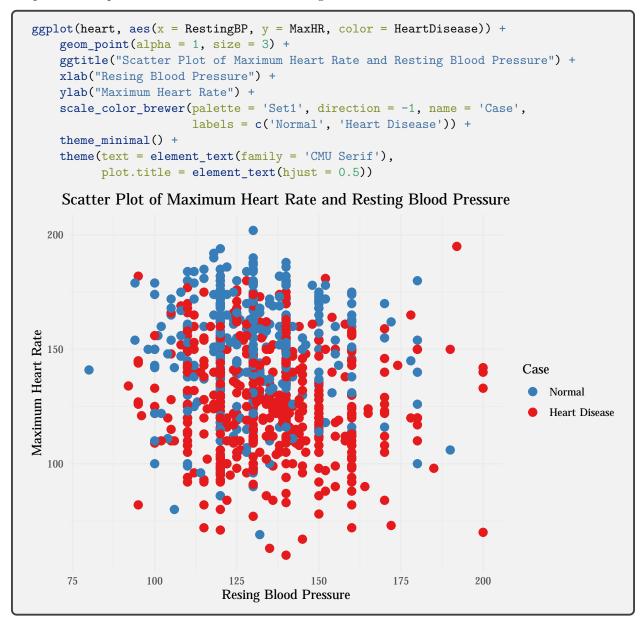
Use confint function to estimate the 95% confidence interval for the coefficients.

```
confint(maxHR_age_model)
2.5 % 97.5 %
(Intercept) 183.201480 200.7789274
Age -1.192958 -0.8694569
```

Comment: The 95% confidence interval of  $\beta_0$  is (183.201480, 200.7789274) and  $\beta_1$  is (-1.192958, -0.8694569).

### 4.1.2 "MaxHR" from "RestingBP"

Graph a scatter plot between "MaxHR" and "RestingBP".



**Comment:** From the previous descriptive statistics and this scatter plot we can see that most of the patients with heart disease have resting blood pressure between 120 and 145 and maximum heart rate between 112 and 144.

$$MaxHR = \beta_0 + \beta_1 \times ResingBP$$

```
maxHR_restingBP_model <- lm(MaxHR ~ RestingBP)
maxHR_restingBP_model
Call:
lm(formula = MaxHR ~ RestingBP)

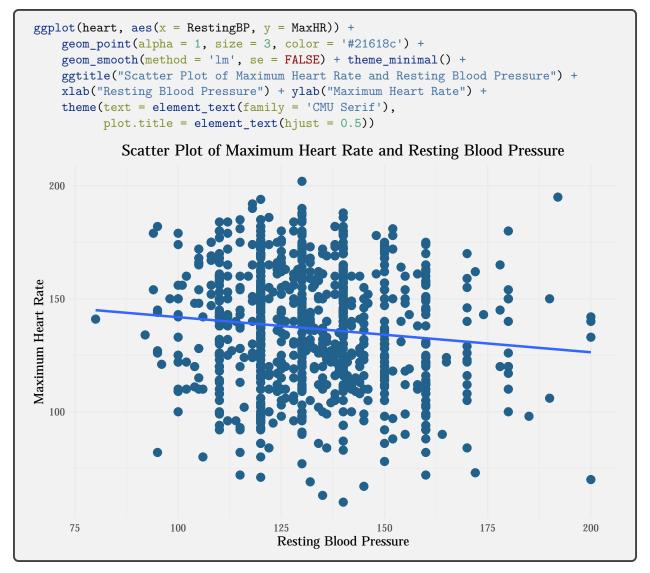
Coefficients:
(Intercept) RestingBP
157.2257 -0.1542</pre>
```

Hence, we have the equation:

$$MaxHR = 157.2257 - 0.1542 \times RestingBP$$

**Comment:** The model presents that if the resting blood pressure is 0, the maximum heart rate is 157.2257 (based on  $\beta_0$ ) and if the resting blood pressure is increased by 1 unit, the maximum heart rate is decreased by 0.1542 unit (based on  $\beta_1$ ).

Fit the regression line to the scatter plot above by using **geom\_smooth** function.



```
summary(maxHR_restingBP_model)
Call:
lm(formula = MaxHR ~ RestingBP)
Residuals:
   Min
            1Q Median
                            ЗQ
                                   Max
                0.319 19.343 67.382
-75.637 -17.720
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept) 157.22571 6.03590 26.048 < 2e-16 ***
RestingBP
            -0.15421
                        0.04515 -3.415 0.000665 ***
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 25.31 on 916 degrees of freedom
Multiple R-squared: 0.01257, Adjusted R-squared: 0.0115
F-statistic: 11.66 on 1 and 916 DF, p-value: 0.000665
```

**Comment**: p-value = 0.000665, which is less than significant level  $\alpha = 5\%$ , so we can conclude that  $\beta_1$  is different from 0. Hence, resting blood pressure has a statically significant effect on maximum heart rate.

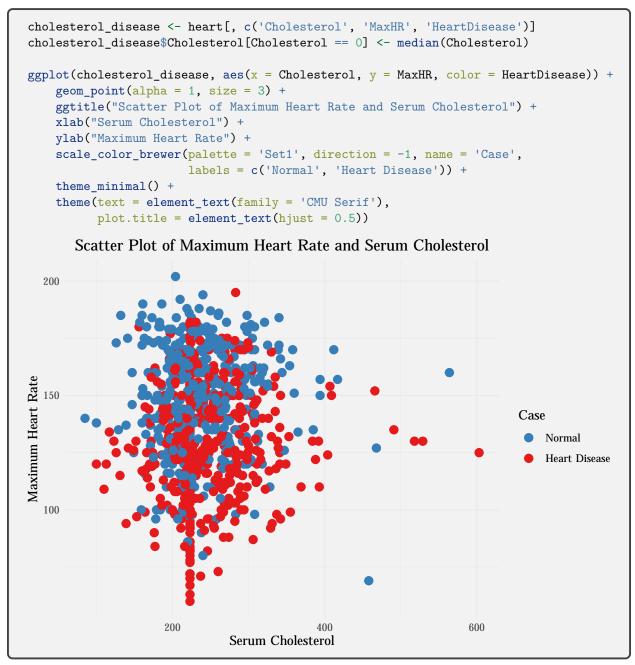
Use *confint* function to estimate the 95% confidence interval for the coefficients.

```
confint(maxHR_restingBP_model)
2.5 % 97.5 %
(Intercept) 145.3799126 169.07150955
RestingBP -0.2428169 -0.06559517
```

**Comment:** The 95% confidence interval of  $\beta_0$  is (145.3799126, 169.07150955) and  $\beta_1$  is (-0.2428169, -0.06559517).

#### 4.1.3 "MaxHR" from "Cholesterol"

First, because there are many outliers (0 value of cholesterol) we need to replace all records that have 0 cholesterol with the median of cholesterol. Then, we graph a scatter plot between "MaxHR" and "Cholesterol".



**Comment:** From the previous descriptive statistics and this scatter plot we can see that most of the patients with heart disease have serum cholesterol between 212 and 284 and maximum heart rate between 112 and 144.

$$MaxHR = \beta_0 + \beta_1 \times Cholesterol$$

```
maxHR_cholesterol_model <- lm(MaxHR ~ Cholesterol, data = cholesterol_disease)
maxHR_cholesterol_model
Call:
lm(formula = MaxHR ~ Cholesterol, data = cholesterol_disease)

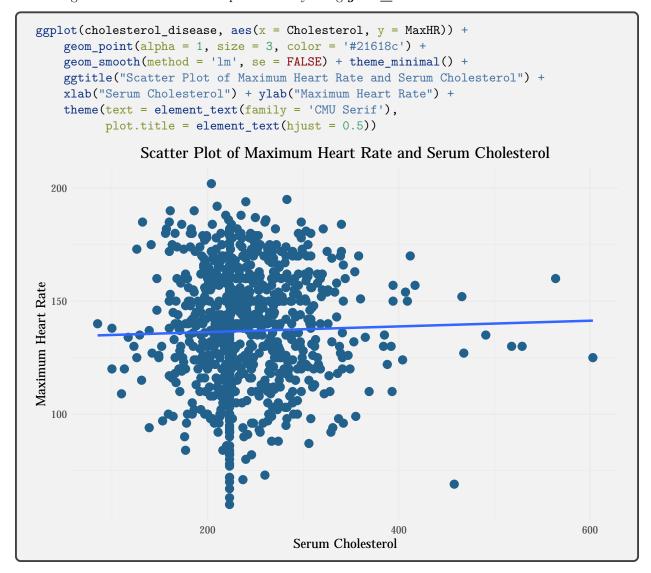
Coefficients:
(Intercept) Cholesterol
133.77597 0.01261</pre>
```

Hence, we have the equation:

$$MaxHR = 133.77597 + 0.01261 \times Cholesterol$$

**Comment:** The model presents that if the serum cholesterol is 0, the maximum heart rate is 133.77597 (based on  $\beta_0$ ) and if the serum cholesterol is increased by 1 unit, the maximum heart rate is increased by 0.01261 unit (based on  $\beta_1$ ).

Fit the regression line to the scatter plot above by using **geom\_smooth** function.



```
summary(maxHR_cholesterol_model)
Call:
lm(formula = MaxHR ~ Cholesterol, data = cholesterol_disease)
Residuals:
    Min
             1Q Median
                             3Q
                                   Max
-76.588 -17.455
                 1.538 18.601
                                65.652
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept) 133.77597
                        3.84081 34.830
Cholesterol
             0.01261
                        0.01558
                                 0.809
                                           0.418
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 25.47 on 916 degrees of freedom
Multiple R-squared: 0.0007147, Adjusted R-squared: -0.0003762
F-statistic: 0.6551 on 1 and 916 DF, p-value: 0.4185
```

**Comment**: p-value = 0.4185, which is much greater than significant level  $\alpha = 5\%$ , so we can conclude that  $\beta_1$  is equal to 0. Hence, cholesterol has no statically significant effect on maximum heart rate.

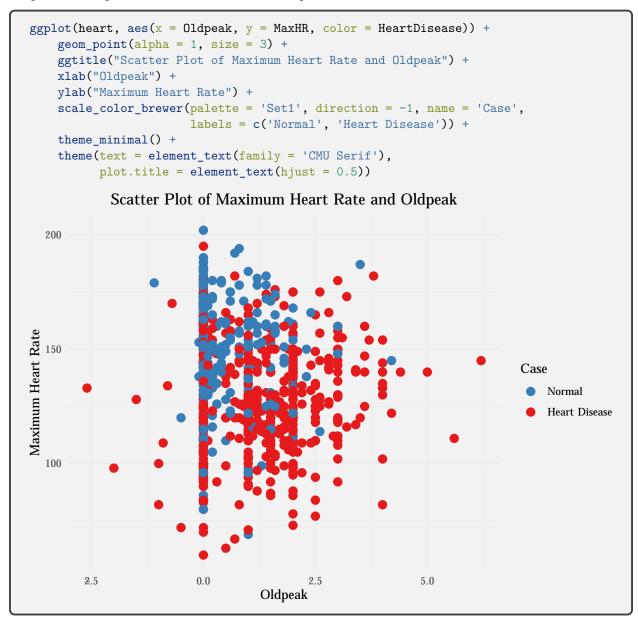
Use confint function to estimate the 95% confidence interval for the coefficients.

```
confint(maxHR_cholesterol_model)
2.5 % 97.5 %
(Intercept) 126.23816673 141.31376921
Cholesterol -0.01796359 0.04318081
```

**Comment:** The 95% confidence interval of  $\beta_0$  is (126.23816673, 141.31376921) and  $\beta_1$  is (-0.01796359, 0.04318081).

### 4.1.4 "MaxHR" from "Oldpeak"

Graph a scatter plot between "MaxHR" and "Oldpeak".



**Comment:** From the previous descriptive statistics and this scatter plot we can see that most of the patients with heart disease have old-peak between 0.0 and 2.0 and maximum heart rate between 112 and 144.

$$MaxHR = \beta_0 + \beta_1 \times Oldpeak$$

```
maxHR_oldpeak_model <- lm(MaxHR ~ Oldpeak)
maxHR_oldpeak_model
Call:
lm(formula = MaxHR ~ Oldpeak)

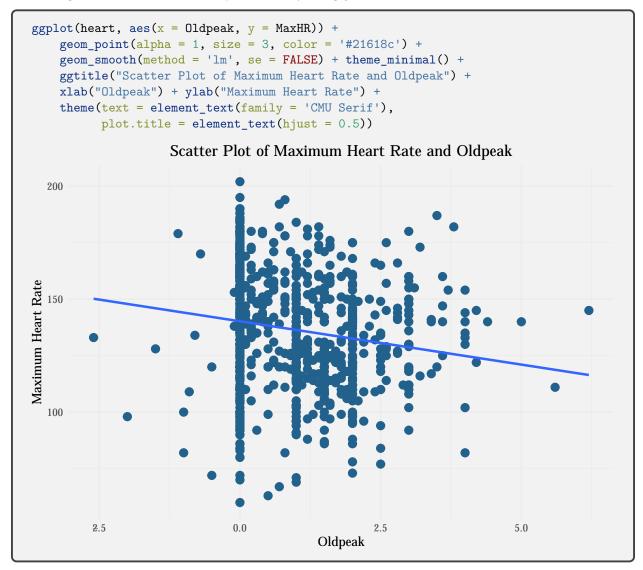
Coefficients:
(Intercept) Oldpeak
140.213 -3.836</pre>
```

Hence, we have the equation:

$$MaxHR = 140.213 - 3.836 \times Oldpeak$$

**Comment**: The model presents that if the old-peak is 0, the maximum heart rate is 140.213 (based on  $\beta_0$ ) and if the old-peak is increased by 1 unit, the maximum heart rate is decreased by 3.836 unit (based on  $\beta_1$ ).

Fit the regression line to the scatter plot above by using **geom\_smooth** function.



```
summary(maxHR_oldpeak_model)
Call:
lm(formula = MaxHR ~ Oldpeak)
Residuals:
   Min
            1Q Median
                            3Q
                                   Max
-80.213 -17.528 -0.213 19.150 61.787
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 140.2132
                     1.0797 129.858 < 2e-16 ***
Oldpeak
            -3.8359
                        0.7785 -4.927 9.89e-07 ***
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 25.14 on 916 degrees of freedom
Multiple R-squared: 0.02582, Adjusted R-squared: 0.02476
F-statistic: 24.28 on 1 and 916 DF, p-value: 9.886e-07
```

Comment: p-value = 9.886e-07, which is very close to 0, is less than significant level  $\alpha = 5\%$ , so we can conclude that  $\beta_1$  is different from 0. Hence, old-peak has a statically significant effect on maximum heart rate.

Use *confint* function to estimate the 95% confidence interval for the coefficients.

```
confint(maxHR_oldpeak_model)
2.5 % 97.5 %
(Intercept) 138.094133 142.332246
Oldpeak -5.363687 -2.308073
```

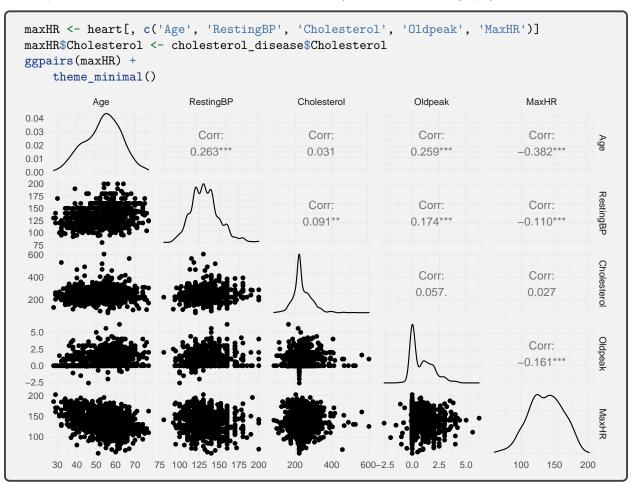
**Comment:** The 95% confidence interval of  $\beta_0$  is (138.094133, 142.332246) and  $\beta_1$  is (-5.363687, -2.308073).

### 4.2 Multiple Linear Regression Model

We consider the multiple linear regression model of maximum heart rate from age, resting blood pressure, cholesterol and old-peak:

$$MaxHR = \beta_0 + \beta_1 \times Age + \beta_2 \times RestingBP + \beta_3 \times Cholesterol + \beta_4 \times Oldpeak$$

First, we need to create a new dataframe that only includes these attributes. Again, let take a look at the scatter plot of these attributes with maximum heart rate (the last row of the graph).



Use  ${\it lm}$  function to get the coefficients of our multiple linear regression model.

```
maxHR_model <- lm(MaxHR ~ Age + RestingBP + Cholesterol + Oldpeak, data = maxHR)
maxHR model
Call:
lm(formula = MaxHR ~ Age + RestingBP + Cholesterol + Oldpeak,
    data = maxHR)
Coefficients:
                                                          Oldpeak
(Intercept)
                     Age
                             RestingBP
                                        Cholesterol
 187.147263
               -0.983217
                             -0.008287
                                           0.019998
                                                        -1.620203
```

Hence, we have the equation:

**Comments**: Based on  $\beta_0$ ,  $\beta_1$ ,  $\beta_2$ ,  $\beta_3$  and  $\beta_4$ , we have:

- If the age, resting blood pressure, serum cholesterol and old-peak are all 0, the maximum heart rate is 187.147263.
- If the age is increased by 1 unit, the maximum heart rate is decreased by 0.983217 unit.
- If the resting blood pressure is increased by 1 unit, the maximum heart rate is decreased by 0.008287
- If the serum cholesterol is increased by 1 unit, the maximum heart rate is increased by 0.019998 unit.
- If the old-peak is increased by 1 unit, the maximum heart rate is decreased by 1.620203 unit.

Use *summary* function to extract more information about our model.

```
summary(maxHR_model)
lm(formula = MaxHR ~ Age + RestingBP + Cholesterol + Oldpeak,
Residuals:
    Min
             1Q
                 Median
                             3Q
                                    Max
-80.302 -15.679
                  0.838
                        18.169
                                 56.878
Coefficients:
              Estimate Std. Error t value Pr(>|t|)
(Intercept) 187.147263
                         7.230411 25.883
                                            <2e-16 ***
             -0.983217
                         0.087495 -11.237
                                             <2e-16 ***
             -0.008287
RestingBP
                         0.045150
                                   -0.184
                                              0.854
Cholesterol
              0.019998
                         0.014447
                                    1.384
                                              0.167
                                  -2.135
                                              0.033 *
Oldpeak
             -1.620203
                         0.758774
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 23.5 on 913 degrees of freedom
Multiple R-squared: 0.1518,
                                Adjusted R-squared: 0.1481
F-statistic: 40.86 on 4 and 913 DF, p-value: < 2.2e-16
```

#### **Comments:**

- P-value of  $\beta_1$  is less than 2e-16, which is very close to 0, is less than significant level  $\alpha = 5\%$ , so we can conclude that  $\beta_1$  is different from 0. Hence, age has a statically significant effect on maximum heart rate.
- On the other hands, p-value of  $\beta_2$  and  $\beta_3$  are 0.854 and 0.167 respectively, which are much greater than significant level  $\alpha=5\%$ , so we can conclude that they are equal to 0. Hence, resting blood pressure and cholesterol have no statically significant effect on maximum heart rate.
- P-value of  $\beta_4$  is 0.033, which is less than significant level  $\alpha = 5\%$ , so we can conclude that  $\beta_4$  is different from 0. Hence, old-peak has a statically significant effect on maximum heart rate.

Use *confint* function to estimate the 95% confidence interval for the coefficients.

```
confint(maxHR_model)

2.5 % 97.5 %

(Intercept) 172.957105713 201.33741945

Age -1.154932176 -0.81150189

RestingBP -0.096898073 0.08032347

Cholesterol -0.008356139 0.04835122

Oldpeak -3.109345690 -0.13105958
```

Comment: The 95% confidence interval:

- $\beta_0$ : (172.957105713, 201.33741945).
- $\beta_1$ : (-1.154932176, -0.81150189).
- $\beta_2$ : (-0.096898073, 0.08032347).
- $\beta_3$ : (-0.008356139, 0.04835122).
- $\beta_4$ : (-3.109345690, -0.13105958).

From the results showed above, we can just use Age and Oldpeak attribute to build a new multiple linear regression and compare it with the first one.

$$MaxHR = \beta_0 + \beta_1 \times Age + \beta_2 \times Oldpeak$$

```
maxHR_age_oldpeak_model <- lm(MaxHR ~ Age + Oldpeak)
summary(maxHR_age_oldpeak_model)
Call:
lm(formula = MaxHR ~ Age + Oldpeak)
Residuals:
             1Q Median
                             3Q
                                    Max
-80.687 -15.778
                0.629
                        18.252 57.267
Coefficients:
             Estimate Std. Error t value Pr(>|t|)
(Intercept) 190.91771
                         4.49889 42.437
                                           <2e-16 ***
             -0.98491
                         0.08516 -11.565
                                           <2e-16 ***
Age
             -1.58326
                         0.75316 -2.102
                                           0.0358 *
Oldpeak
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 23.5 on 915 degrees of freedom
Multiple R-squared: 0.1501,
                               Adjusted R-squared: 0.1482
F-statistic: 80.78 on 2 and 915 DF, p-value: < 2.2e-16
```

Hence, we have the equation:

$$MaxHR = 190.91771 - 0.98491 \times Age - 1.58326 \times Oldpeak$$

#### **Comments:**

- If the age and the old-peak are 0, the maximum heart rate is 190.91771 (based on  $\beta_0$ ).
- If the age is increased by 1 unit, the maximum heart rate is decreased by 0.98491 unit (based on  $\beta_1$ ).
- If the old-peak is increased by 1 unit, the maximum heart rate is decreased by 1.58326 unit (based on  $\beta_2$ ).
- P-value of  $\beta_1$  and  $\beta_2$  still indicate that age and old-peak have a statically significant effect on maximum heart rate.

Use *confint* function to estimate the 95% confidence interval for the coefficients.

Comment: The 95% confident interval:

- $\beta_0$ : (182.088372, 199.7470465).
- $\beta_1$ : (-1.152046, -0.8177743).
- $\beta_2$ : (-3.061391, -0.1051372).

Compare the new model with the first one by using anova function.

```
anova(maxHR_age_oldpeak_model, maxHR_model)
Analysis of Variance Table

Model 1: MaxHR ~ Age + Oldpeak
Model 2: MaxHR ~ Age + RestingBP + Cholesterol + Oldpeak
Res.Df RSS Df Sum of Sq F Pr(>F)
1 915 505224
2 913 504163 2 1060.9 0.9606 0.3831
```

**Comment:** Because Pr(>F) = 0.3831, which is much greater than significant level  $\alpha = 5\%$ . Hence, there is strong evidence to accept that coefficients of resting blood pressure and serum cholesterol is equal to 0.

Conclusion About Multiple Linear Regression Model: After showing the ineffectiveness of resting blood pressure and serum cholesterol attributes to our model, we would choose maxHR\_age\_oldpeak\_model, which was built from age and old-peak attributes, to estimate the maximum heart rate attribute:

$$MaxHR = 190.91771 - 0.98491 \times Age - 1.58326 \times Oldpeak$$