

Spandan 25 - Football

Rules & Regulations

Field of Play

1. The game will be played as 9 v 9. The participating teams should consist of minimum 9 players and maximum of 15 players (the squad should have at least 1 goalkeeper).
2. Offside rule will be applicable (According to FIFA regulations).
3. Any part of body except hand will be considered for the offside rule.
4. Offside will result in an indirect freekick
5. 1 goalkeeper should always be present during field of play.
6. Intentional back-pass cannot be handled by the keeper. Will result in an indirect free kick. But a headed pass can be held by the keeper.
7. Throw-ins to be taken by hand.
8. A goal cannot be scored directly from a throw-in.
9. Thrower must not touch the ball again until it has touched another player while throwing the ball, both feet should be grounded and should be on or behind the touchline.
10. A minimum of 7 players should be present on the field, failing to do so will result in 3-0 defeat.
11. Stud up challenges will result in a direct red card. No arguments.
12. A maximum of 4 substitutes can be made at 3 intervals. Maximum of 2 at a time.
13. Two 10 mins half will be played in league matches. Extra time will be provided depending on the game.
14. Two 25 mins half will be played in Semi-finals and Two 30 mins half will be played in Finals. Extra time will be provided depending on the game. If the game remains draw in the knockout stage 20mins of extra time will be played further. If it still ends in draw, penalty shootout will decide the winner.
15. The ball cannot be handled intentionally by any outfield player.
16. The ball cannot be held in possession by the keeper for more than 6 seconds.
17. The opposition should stand at least 10 yards away from a dead ball situation.
18. Drop ball will be played if the play is stopped for an injury.
19. No diving and simulation. Maintain sportsmanship.
20. No arguments with the referees. Referee's word is final, arguing can lead to disciplinary action against the player.
21. Two yellow cards in a single match led to a red card and the player will be suspended for the next match. A direct red card will also result in suspension for next match.
22. Two yellow cards in consecutive matches will lead to player getting suspended for the next

match.

23. Three points are awarded for a win, zero for a loss and point each in case of a draw. If two teams

are tied on points, goal difference will be taken into consideration for advancement into further rounds. If still it gets tied then No. of cards they have goΣen will be taken into consideration.

Equipment

1. Players should wear shoes, either studs or sport shoes. No barefoot play will be allowed.
2. Any kind of jewelry should not be present on the body during play.
3. Make sure the nails are trimmed.
4. Jersey numbers should be present on the jersey's.
5. Outfield Players should wear shorts only. Only keeper can wear trouser.
6. Shin pads are recommended to be worn but are of player's personal preference.
7. Ensure the stockings/socks are of different colours than the opposition one's.
8. Goalkeeper gloves will be provided.
9. Goalkeeper kits should be different from team colours. If not, bib will be provided that is to be worn during the entire game.