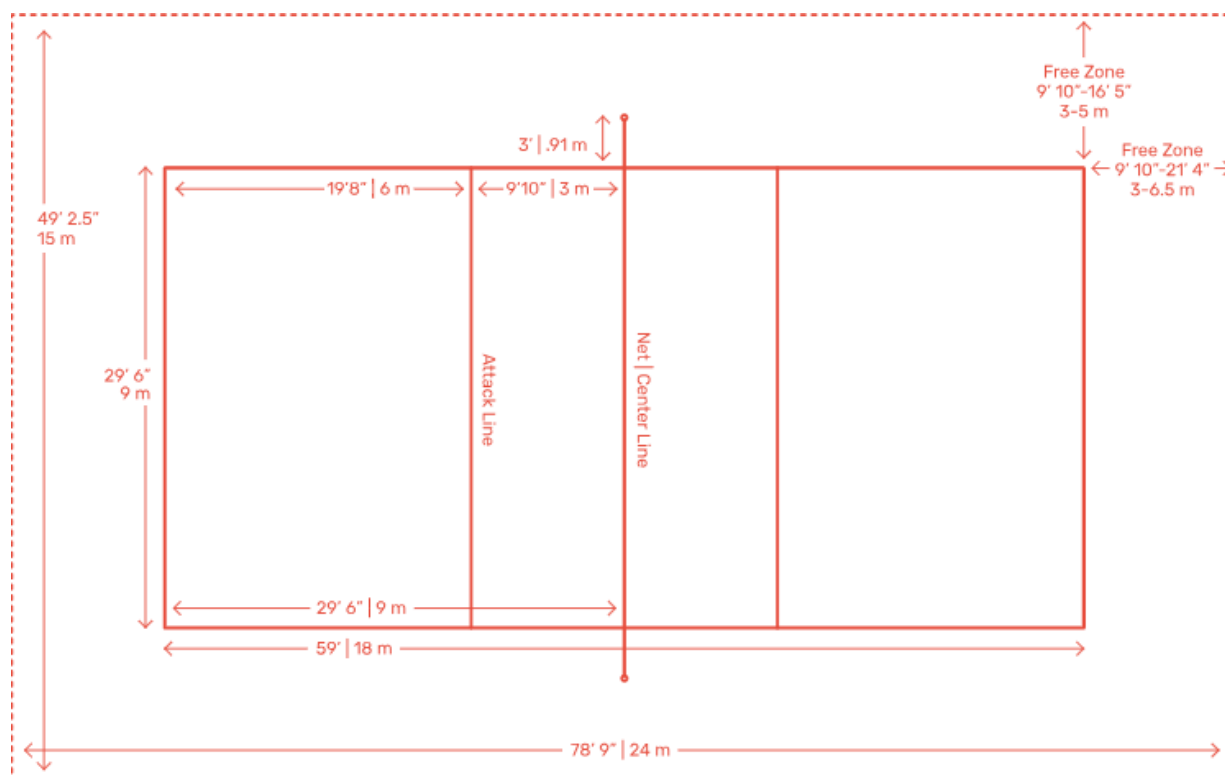


# **VOLLEYBALL FOR SPANDAN 2025**

- Player Per Team: (6Min-12Max -> including substitutes) (men-women mix voluntarily)
- League Matches: (2Groups-> Group A, Group B)(25/25/15-> Points Per Set)
- For League Matches, teams will be divided randomly in 2 groups.
- Winning teams will be awarded one point and losing team will not be awarded any points. In case of no result, no points will be awarded.
- If any two teams have same points, then the group holding will be decided from the margin difference in total points.
- After League Matches Top 2 teams from each group will be qualified for qualifier matches.
- Qualifier Matches (25/25/15->Points Per Set)
- Final(25/25/25/25/15-> Points Per Set)

## **Volleyball Court and Net Measurements:**

- Placed vertically over the centre line there is a net whose top is set at the height of **2.43 m**.



## Volleyball Rules

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- To start, flip a coin to determine which team serves the ball first or can choose ground.
- During a set play a total of 6 players will be on the ground and there is no rotation among the players.
- If any team does not arrive until 15 minutes after the scheduled time the match will be in the favor of the other team. If both teams fail to show up then that match will be cancelled. Warm up time of 10 minutes will be provided.
- After each set the courts will be switched. 3 minutes gap will be there between two sets.
- One can serve until the serve is broken; after a point is scored a new player must serve.
- After the whistle is blown the player has 10 seconds to serve the ball, otherwise a point will be given to the other team.
- Blocking or spiking an opponent's service is forbidden.
- While serving the ball the player has to toss the ball before hitting it.
- While the ball is in play a team is allowed to touch the ball three times in one rally and a single player cannot touch the ball twice in a row.
- The ball must cross the court from between the antennas.
- A Block contact is not counted as a team hit. Consequently, after a block contact, a team is entitled to three hits to return the ball.
- The first hit after the block may be executed by any player, including the one who has touched the ball during the block.
- During a set a maximum of 2 substitutions are available for each team.
- During a set three timeout of 1 minute each is available for each team.
- In case of injury the new player will not be accounted as a substitute. In case of unavailability of substitutes, game should be conducted using 5 players only.
- A ball falling on the court's boundary line will be considered inside the court.
- **\*\*All decisions taken by the referee will be final, any kind of misconduct or misbehavior by either team will result in cancelling the match or disqualifying of the team in all matches. Referee can give timeout as per his or her will.\*\***
- **All appeals should be made by the captain.**

## Volleyball Rule Violations:

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- Stepping on or across the service line when serving while making contact with the ball.
- Ball-handling errors and contacting the ball illegally (double touching, lifting, carrying, throwing, etc.)
- Touching the net with any part of the body while the ball is in play.
- The ball or the player should not touch the antenna during the ball is in play.
- Contacting the ball by reaching over the net AND has a player there to make a play on the ball.
- Attacking/spiking a ball coming from the opponent's court and contacting the ball when reaching over the net when the ball has not yet broken the vertical plane of the net.
- Penetration into the opponent's court, beyond the centre line:
  - to touch the opponent's court with a foot (feet) is permitted, provided that some part of the penetrating foot (feet) remains either in contact with or directly above the centre line and this action does not interfere with the opponent's play;
  - to touch the opponent's court with any part of the body above the feet is permitted provided that it does not interfere with the opponent's play.