



VISION

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Introduction

The theme of our project is self-efficiency. Our app promotes self-efficiency, time management, self-realization. Through our app, we urge our users to realize the importance of being efficient and provide them with possible solutions for procrastination.

Our Aim

As responsible citizens of our nation, we took it upon ourselves to highlight a major problem that is not being talked about as it should be. Procrastination.

About us

The app has a journal that aims to give a structure and organize our users' thoughts so that they can be more relaxed and not have several thoughts running across with minds while working. Our journal urges and helps our users to analyze the root cause of procrastination and the solution to stop procrastination. We give importance to our users feelings and thoughts.

Goals— We realize the importance of making goals and targets in our life that is why have a different section for goals. It consists of a to-do list, weekly and monthly goals. The To-do list helps users to organize and manage their valuable time. It will help boost the user's confidence and motivate them to stick to their goals and set goals for as long as a year. Users that can stick to the to-do list can make weekly and monthly goals to have a clear vision in their mind.

Helping hands— This section of the app gives the user information on what factors can lead to unproductive working. What are the possible solutions our users can opt for to attain self—efficiency. It helps users to gain basic knowledge about procrastination and time management techniques to manage time.

Functioning of our app

As you click into the app there are three sections that lead to different pages.

Journal— Users can write in the journal as there is a text box.

Goals— The users have access to three types of goals to-do lists (today's goals), weekly and monthly goals.

Helping hands— Gives information to the user about the problem (procrastination), the solutions to eliminate the problem