

Insights on Nutritional Facts in McDonald's Menu

Avg. Calories/Total Fat for each of the Categories.

We observe high amount of calories in BreakFast and Chicken/fish followed by Beef and Pork.

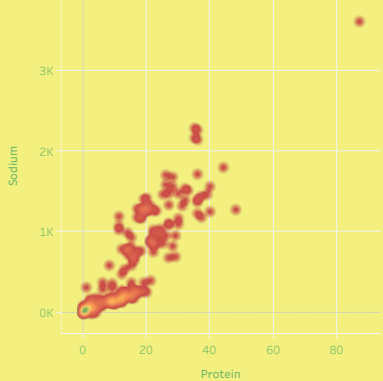


Avg. % Daily Values for Each of the Constituents.

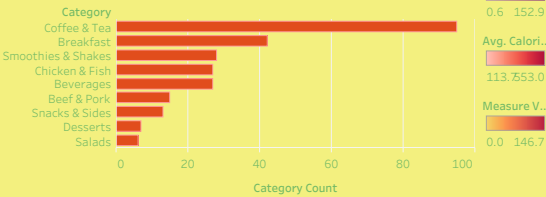
Category	Avg. Dieta..	Avg. Iron (...)	Avg. Sodi...	Avg. Vitam...	Avg. Vita...
Beef & Pork	9.9	23.3	42.5	6.9	7.3
Beverages	0.1	0.3	1.7	0.7	23.5
Breakfast	12.8	17.1	50.5	6.9	8.9
Chicken & Fish	11.8	16.4	52.3	20.4	12.6
Coffee & Tea	3.2	2.1	5.7	10.7	0.0
Desserts	3.4	4.0	5.0	5.1	4.1
Salads	18.5	10.3	24.5	146.7	28.3
Smoothies & Shakes	5.8	4.0	7.8	18.8	7.0

Sodium and Protein Variation

We observe positive relation between sodium and protein. Initially it can be observed a higher density of correlation pertaining to increase in protein value with an increase in sodium value. High amount of sodium and protein is observed in meals included in categories of Breakfast and chicken/fish.



Category Count



Cholesterol/Calories Relationship.

Calories positively change with cholesterol and is the highest for meals included in Breakfast followed by Chicken/Fish.

