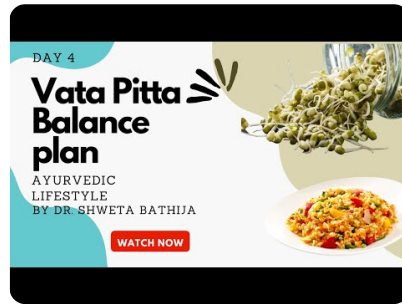


# Amaranth Porridge with Almond Milk

This recipe was downloaded from [getrex.co.nz](https://getrex.co.nz). Download the REX app today to extract, organize and manage your recipes.



**Prep: 5 Cook: 5 Rest: 0 Servings: 1**

## Ingredients

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- 1 tsp ▶ Cinnamon powder
- 1 cup ▶ Almond milk
- 1 ▶ Sweet apple (grated/chopped)
- 1 cup ▶ Amaranth seeds (roasted/popped)

## Instructions

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### 1. Add spices and fruit

Stir in cinnamon powder and chopped or grated apple. Tip: Adjust the amount of cinnamon and apple to your taste preference.

### 2. Combine ingredients

Mix roasted or popped amaranth seeds with warm almond milk. Tip: Using warm almond milk helps the amaranth absorb the liquid better.

Source: <https://youtu.be/W9X3Nys1nQQ?si=ZGwBVGd7kSWenVd3>