

# 5 Types of Tea Recipes

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**Prep: 5 Cook: 10 Rest: 0 Servings: 1**

## Ingredients

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- cup ▸ Milk
- tsp ▸ Sugar
- 1 pinch ▸ Cardamom (optional)
- ½ tsp ▸ Lemon juice (optional)
- tsp ▸ Tea
- 15 ▸ Mint (optional)
- 1 tsp ▸ Honey (optional)
- ▸ Ice (optional)
- cup ▸ Water
- ½ tsp ▸ Cocoa powder (optional)
- 1 pinch ▸ Black pepper (optional)
- 15 ▸ Tulsi/Indian Basil Leaves (optional)
- ½ inch ▸ Ginger (optional)

## Instructions

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### 1. Prepare Ingredients

Gather all ingredients. Chop mint and tulsi leaves if using.

### 2. Brew Tea

Combine water, tea leaves, and other ingredients (sugar, spices, etc.) in a pot. Bring to a boil, then reduce

heat and simmer for a few minutes. Strain if needed.

### 3. **Serve**

Pour tea into cups. Add ice, lemon, honey, or other desired additions. Garnish as needed.

*Source:* <https://youtu.be/HaDcyW6GPMg>