

Different Learning Styles and Types of  
Mentors to help you thrive and succeed -  
One size need not fit all.



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You don't need *a* mentor





# Mentors

## Tiers

Traditional One-on-one Mentoring

Distance Mentoring

Group Mentoring

## A's and C's

Availability, Active listening, and  
Analysis

Consultant, Counselor, and  
Cheerleading

## Personal Board of Directors

Trusted team of individuals who  
have personal and professional  
skills, experience and insights and  
provide support, guidance and  
advice.



# The master of craft - iconic



Personal Jedi master - intuition, rigorous training, and intensive self-discipline

Master Oogway - Highly venerated for his wisdom, knowledge, and experience

Unacquainted



# The champion of your cause- connectors



Advocates

Someone who will talk you up to others

Have one of these in your current workplace

Introducing you to useful people in your industry



# The copilot- work bud



Listen to you vent over coffee

This kind of mentoring relationship is best when it's close to equally reciprocal

Peers committed to supporting each other





# The anchor- When you hit the speedbumps



A confidante and a sounding board

Give us a psychological lift

A friend/family member





# The reverse mentor - counterpoint



Perspectives fresh and relevant  
collect feedback on leadership style





# Learning Styles

# Learning Styles

Unique & Authentic

Identifying your learning style is an important part of developing effective study skills and can enhance your unique way of learning leading to better retention and recall during exams. —

- Dr. Sulata Shenoy





# 3 TYPES OF LEARNER

Effective Learning for Everyone



## What's your style

### Touch and feel

Tactile Learners, also commonly referred to as Kinesthetic Learners, are hands-on learners

### Auditory learners

Able to learn, understand and retain information better when they hear it rather than see it.

### Mixed bag?

Not static. You can develop ability in less dominant styles, as well as further develop styles that you already use well.

### Additional learning styles and preferences

Logical (mathematical), Social (interpersonal) and Solitary (intrapersonal).



# The Bottom Line

Mutual Respect

Active Listening

Honest Feedback







Thank you

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Source : <https://ideas.ted.com/the-5-types-of-mentors-you-need-in-your-life/>

