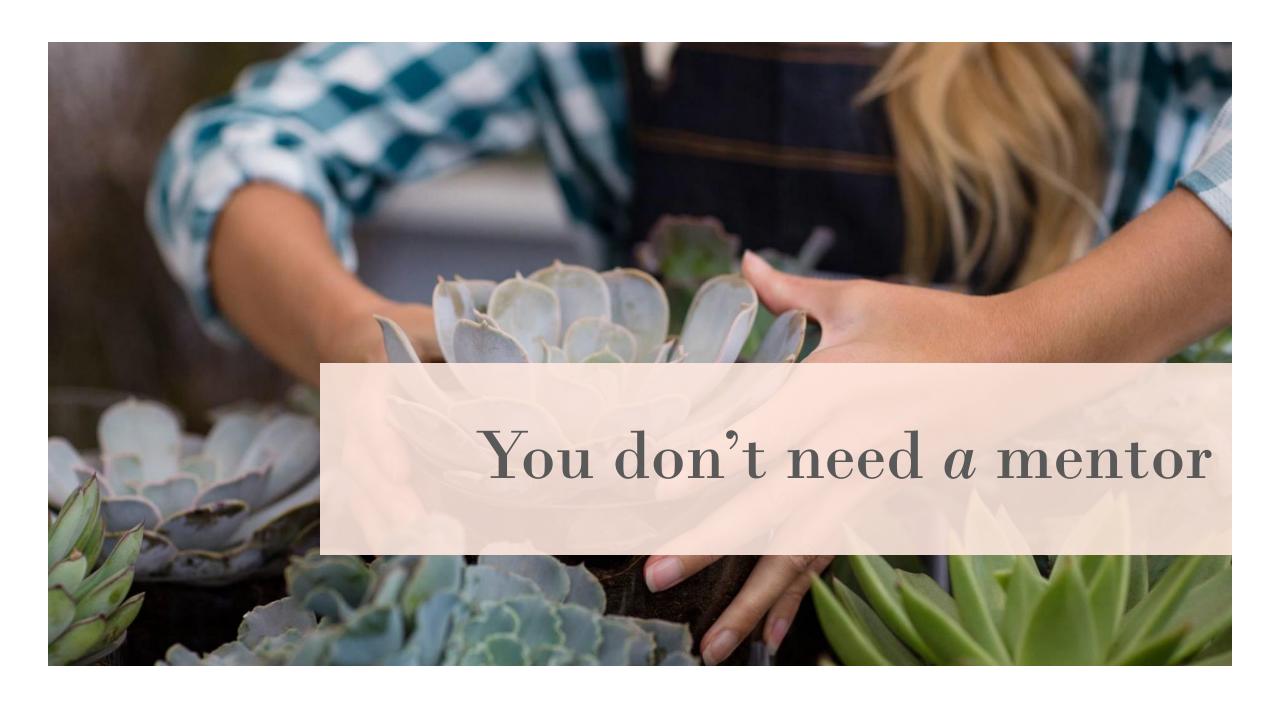


Vaishnavi Venkata Subramaniam





## Mentors

## Tiers

Traditional One-on-one Mentoring

Distance Mentoring

Group Mentoring

## A's and C's

Availability, Active listening, and Analysis

Consultant, Counselor, and Cheerleading

# Personal Board of Directors

Trusted team of individuals who have personal and professional skills, experience and insights and provide support, guidance and advice.







## The master of craft - iconic





Personal Jedi master - intuition, rigorous training, and intensive self-discipline Master Oogway - Highly venerated for his wisdom, knowledge, and experience Unacquainted





## The champion of your causeconnectors



Advocates

Someone who will talk you up to others

Have one of these in your current workplace

Introducing you to useful people in your industry

## The copilot- work bud









Listen to you vent over coffee

This kind of mentoring relationship is best when it's close to equally reciprocal Peers committed to supporting each other





# The anchor- When you hit the speedbumps



A confidante and a sounding board
Give us a psychological lift
A friend/family member





# The reverse mentor - counterpoint



Perspectives fresh and relevant collect feedback on leadership style



# Learning Styles

Unique & Authentic

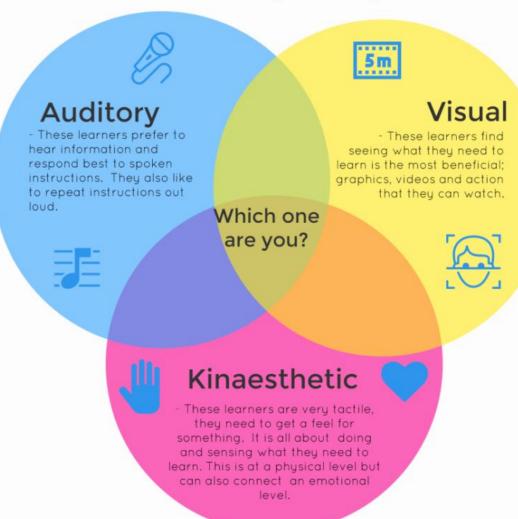
Identifying your learning style is an important part of developing effective study skills and can enhance your unique way of learning leading to better retention and recall during exams. —

- Dr. Sulata Shenoy



## **3 TYPES OF LEARNER**

Effective Learning for Everyone



# What's your style

### Touch and feel

Tactile Learners, also commonly referred to as Kinesthetic Learners, are hands-on learners

### Auditory learners

Able to learn, understand and retain information better when they hear it rather than see it.

## Mixed bag?

Not static. You can develop ability in less dominant styles, as well as further develop styles that you already use well.

## Additional learning styles and preferences

Logical (mathematical), Social (interpersonal) and Solitary (intrapersonal).



## The Bottom Line

**Mutual Respect** 

**Active Listening** 

Honest Feedback





Thank you

Vaishnavi V

Source: https://ideas.ted.com/the-5-types-of-mentors-you-need-in-your-life/