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Designing for Neurodiversity, Empathy, Human Centric Design and Inclusion in Software Applications

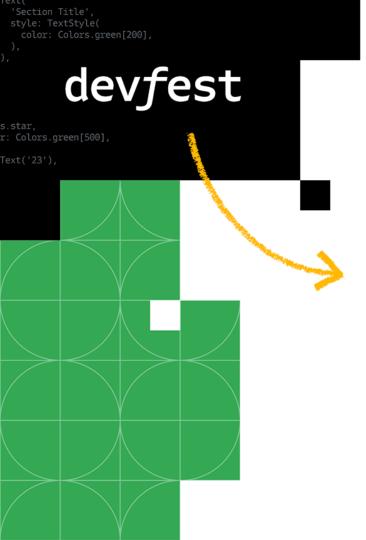




Glossophobia









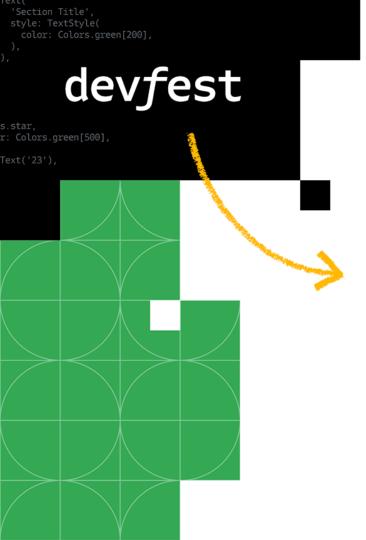
Agenda

What is Neurodiversity?

Accessibility vs ND

Guidelines for Design

Concluding Remarks



SOME DISABILITIES LOOK LIKE THIS



OTHERS LOOK LIKE THIS

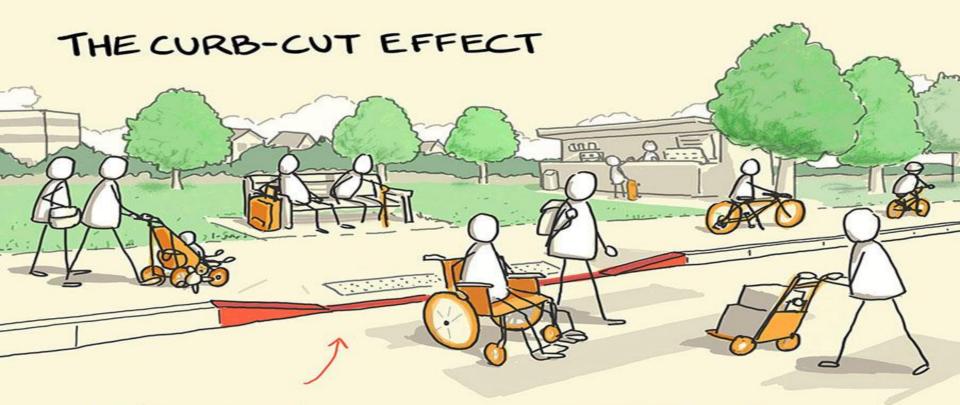


NOT ALL DISABILITIES ARE VISIBLE



Neurodivergent brains are biologically different.

One cannot be "trained out of" the way their brain works

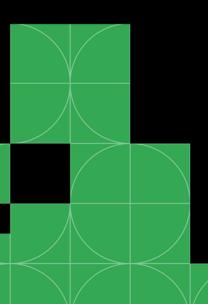


WHEN WE DESIGN FOR DISABILITIES ... WE MAKE THINGS BETTER FOR EVERYONE

sketchplanations

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s.star,
:: Colors.green[500]
Text('23'),
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Not legally required until 1990 with the signing of Americans with Disabilities Act





Solve for one, extend to many

NOTHING ABOUT US WITHOUT US



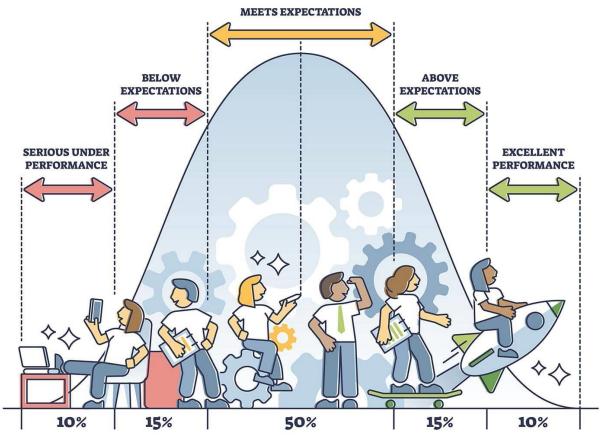


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'Simple Statement or URL',
     devfest
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ext('23'),

Risk marginalization and only cater to the central, normal values as peak users in the Gaussian(bell) curve.

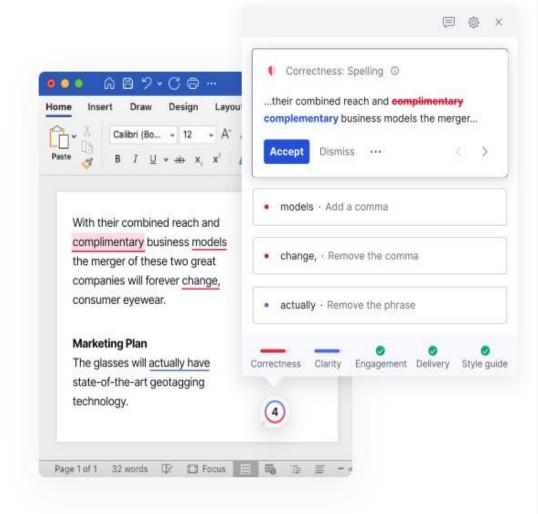
BELL CURVE



Source: https://www.simplypsychology.org/normal-distribution.html

Be Kind and Forgiving

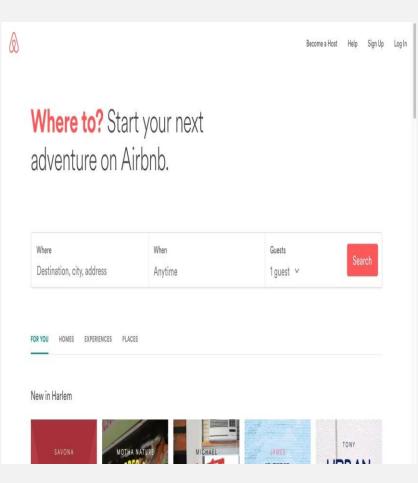
Grammarly - Disneyland of Spelling



Implement a Forgiving Format to Accommodate Users' Mistakes

"We don't make mistakes, just happy little accidents."
—Bob Ross, American painter, painting instructor, and TV show host



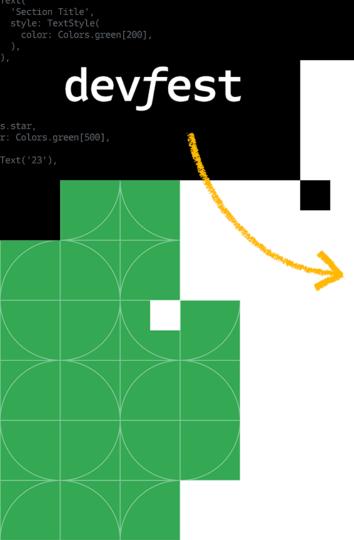


Forgot attachment?

Attachments first, message second, subject third, and recipients last. This is my way.

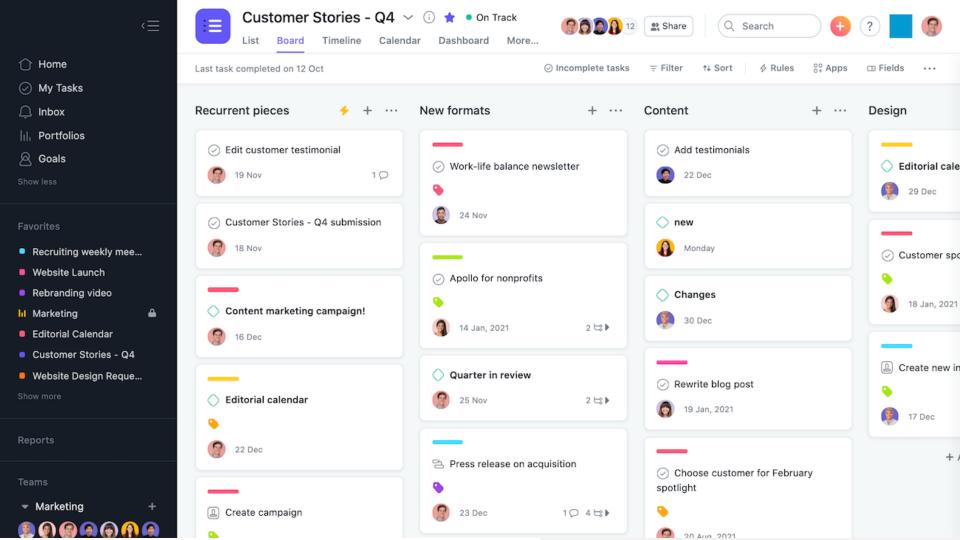








Abundance and not redundance



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Google Developer Groups

Canary in the coalmine



Often the first to sense danger akin to canaries in the coal mine **Preventing** miscommunication and not overwhelming the users





Guidelines

Interpretable messages

Avoid use of characters that look alike

E.g. 111, B8, QOOCD, and try to break up long strings in phone numbers e.g. (000) 000-0000

- Stick to active voice: Passive voice sentences are longer and harder to comprehend. Users
 with ADHD will get bored, dyslexics will have even more trouble reading, and so will readers on
 the spectrum.
- **Avoid metaphors**: Trouble understanding metaphors, such as idioms and other abstract figures of speech.

E.g. Instead of calling it a day, it's more inclusive to say that something is done.

Guidelines

Format your writing: Divide large chunks of text into smaller paragraphs. It is challenging for people struggling with limited attention spans.

Use descriptive buttons: No vague microcopy, such as Click here.

Describe the purpose of the button.

Example: Upload images, Register, Download the e-book.

This simple change makes navigation smoother and reduces anxiety.

Be careful with animations: Too much stimulation can induce anxiety in people on the autism spectrum, which may even lead to physical pain, withdrawal, or meltdown.

Use of animated elements: should be limited to instances when it serves a purpose. Also remember not to make them too invasive.

Avoid autoplay

Unexpected movement is surprising and scary, not to mention the sound!



Bring in the perspective of ND users

Perform user testing and focus groups with them.







Takeaways

Aim to visually please, rather than disturb.

Abstain from auto play and music that suddenly appears out of nowhere.

Skip highly vibrant colors.

Designing for users on the autistic spectrum Don't... Do... use bright use simple contrasting colours colours write in use figures of Do this. plain English speech and idioms use simple create a wall sentences and of text bullets make buttons make buttons Click here! vague and **Attach files** descriptive unpredictable build simple and build complex and



consistent layouts

cluttered layouts

Designing for users with dyslexia



Do...

Don't...

use images and diagrams to support text



use large blocks of heavy text



align text to the left and keep a consistent layout



underline words, use italics or write in capitals



consider producing materials in other formats (for example audio or video)



force users to remember things from previous pages - give reminders and prompts



keep content short, clear and simple



rely on accurate spelling - use autocorrect or provide suggestions



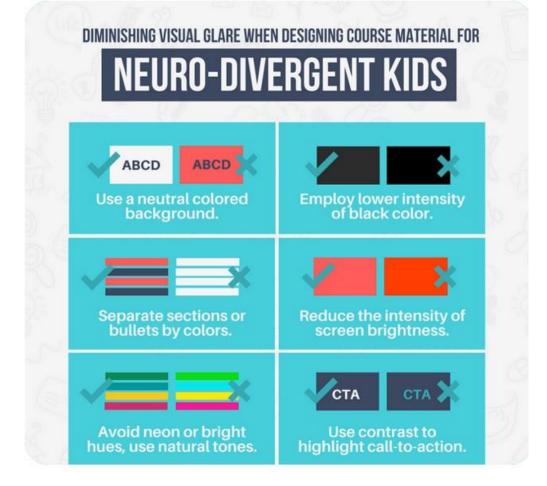
let users change the contrast between background and text



put too much information in one place





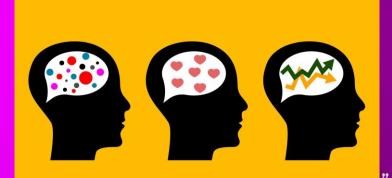


Credit : DesignMantic

of reusable components,

Great Minds Think Unalike And Learn Differently

Representation Matters!





of reusable components,

rds,

A design with inclusivity and neurodiversity in mind is not just 'nice to have' – it's imperative





makeameme.org