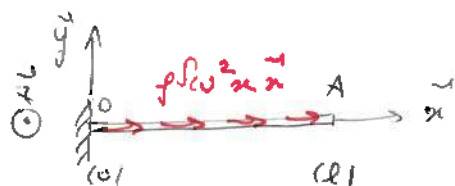


TD1

Exo 1: $x \equiv x$; $\vec{t} = \vec{x}$; $\vec{n} = \vec{y}$; $\vec{b} = \vec{z}$ (pb plan)



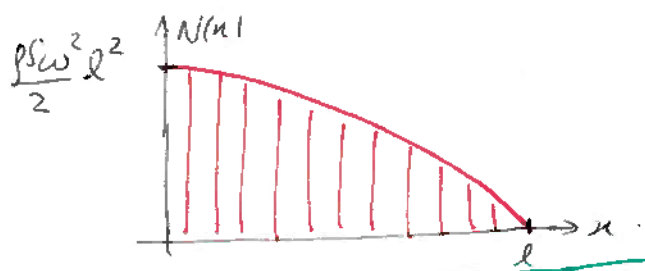
1) $\frac{d\vec{R}(x)}{dx} + \vec{f} = \vec{0} \Rightarrow \frac{d\vec{R}(x)}{dx} = -\vec{f} = -p\omega^2 x \vec{x} \Rightarrow \vec{R}(x) = -p\omega^2 \frac{x^2}{2} \vec{x} + \vec{C}$

2) $\vec{R}(l) = \vec{0} \Rightarrow \vec{C} = p\omega^2 \frac{l^2}{2} \vec{x}$ soit $\vec{R}(x) = p\omega^2 \frac{(x^2 - l^2)}{2} \vec{x} = N(x) \vec{x} + T_y(x) \vec{y}$

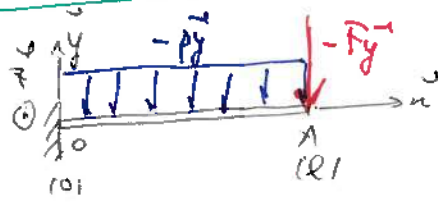
$N(x) = -p\omega^2 \frac{(x^2 - l^2)}{2}$ et $T_y(x) = 0$

• $\frac{dM_z(x)}{dx} + \vec{t} \wedge \vec{R}(x) + \vec{m}(x) = \vec{0} \Rightarrow \frac{d}{dx} [M_z(x) \vec{z}] + T_y(x) \vec{z} = \vec{0}$

soit $\frac{dM_z(x)}{dx} = -T_y(x) = 0 \Rightarrow M_z(x) = k = M_z(l) = 0 \Rightarrow M_z(x) = 0$



Exo 2: 1) $\text{eq. d'équilibre locaux: } x \equiv x; \vec{t} = \vec{x}; \vec{n} = \vec{y}$



• $\frac{d\vec{R}(x)}{dx} + \vec{f}(x) = \vec{0} \quad (1)$
 • $\frac{d\vec{R}(x)}{dx} + \vec{x} \wedge \vec{R}(x) + \vec{m}(x) = \vec{0} \Rightarrow \frac{dM_z(x)}{dx} + T_y(x) = 0 \quad (2)$

④ Conditions aux extrémités $\left\{ \begin{array}{l} \vec{R}(l) = -F_y \vec{y} \\ \vec{M}(l) = \vec{0} \end{array} \right.$ ligne effort et $\left\{ \begin{array}{l} \vec{R}(0) = -\vec{R}_0 \\ \vec{M}(0) = -\vec{M}_0 \end{array} \right.$ efforts liaison d'un encastrement

2) a) Méthode d'intégration des eq. d'équilibre locaux:

(1) $\Rightarrow \frac{d\vec{R}(x)}{dx} = -\vec{f}(x) = +p\vec{y} \Rightarrow \vec{R}(x) = +p x \vec{y} + \vec{C}$
 or $\vec{R}(l) = -F_y \vec{y} = +p l \vec{y} + \vec{C} \Rightarrow \vec{C} = -(p l + F) \vec{y}$
 $\vec{R}(x) = +[p(x-l) - F] \vec{y} = N(x) \vec{x} + T_y(x) \vec{y} \Rightarrow$

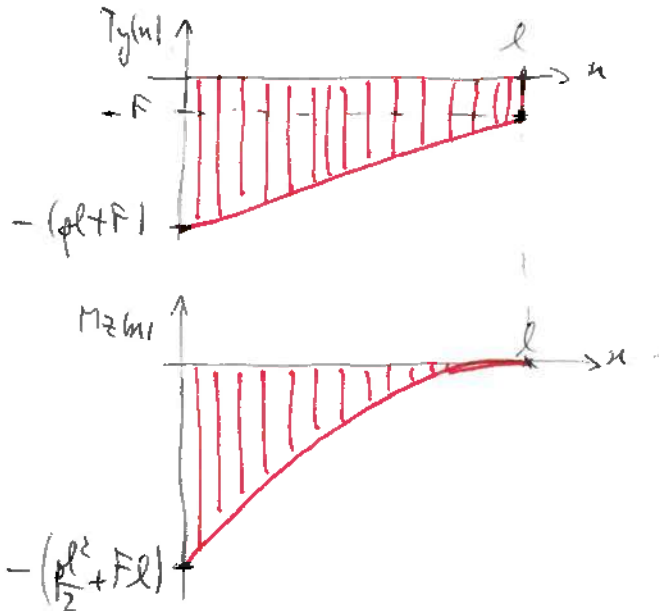
$N(x) = 0$
 $T_y(x) = +[p(x-l) - F]$

$$(2) \Rightarrow 0 \frac{dM_z(n)}{dn} = -T_y(n) = -p(n \cdot l) + F \Rightarrow M_z(n) = -p \frac{(n \cdot l)^2}{2} + F(n \cdot l) + k$$

$$\text{or } M_z(l) = 0 \Rightarrow k = 0 \Rightarrow$$

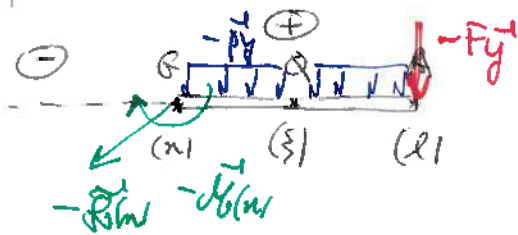
$$M_z(n) = -p \frac{(n \cdot l)^2}{2} + F(n \cdot l)$$

Diagramme des efforts de cohésion:



b) Méthode des coupures:

On coupe la poutre [OA] en G d'abscisse n et on applique l'équilibre du tronçon [GA] pour évaluer les efforts de cohésion.



$$\text{ici } \ominus \rightarrow \oplus \Rightarrow -\{Q_{int}\}_F = -\int_{\vec{OA}} \vec{R}(n) d\vec{OA}$$

Th de la résultante: $-\vec{R}_{nw} + \int_n^l -p\vec{y} d\xi - F\vec{y} = \vec{0} \Rightarrow \vec{R}_{nw} = -p(l-n)\vec{y} - F\vec{y}$

$$\vec{R}(n) = [p(n \cdot l) - F]\vec{y}$$

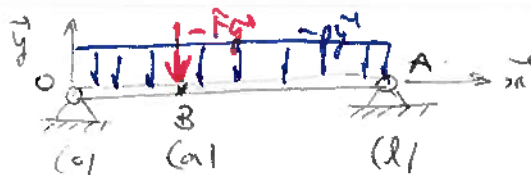
Th du m^e en G: $-\vec{M}_{nw} + \int_n^l \underbrace{\xi \otimes (-p\vec{y})}_{(\xi-n)\vec{n}} d\xi + \underbrace{\xi \otimes (-F\vec{y})}_{(l-n)\vec{n}} = \vec{0}$

$$\Rightarrow \vec{M}_{nw} = \int_n^l -p(\xi-n) d\xi \vec{z} + F(n-l)\vec{z}$$

$$-p \left[\frac{(\xi-n)^2}{2} \right]_n^l = -p \frac{(l-n)^2}{2}$$

$$\text{donc } \vec{M}(n) = \left[-\frac{p}{2}(n \cdot l)^2 + F(n \cdot l) \right] \vec{z}$$

Ex 3:



$$1) \begin{cases} \frac{d\vec{R}(x)}{dx} + \vec{f}(x) = \vec{0} \\ \frac{dM_z(x)}{dx} + T_y(x) = 0 \end{cases}$$

eq^s d'équilibre locales. pour $x \neq a$.

$$\begin{cases} [\vec{R}](a) - F\vec{y} = \vec{0} \\ [\vec{M}](a) = \vec{0} \end{cases}$$

condit^{ns} de saut en $x=a$ car il y a une force ponctuelle à l'intérieur
de $[0, l] \Rightarrow$ 2 domaines | ① $\equiv [0, a]$
| ② $\equiv [a, l]$

$$\begin{cases} \vec{R}(l) = R_A \vec{y} \\ \vec{M}(l) = \vec{0} \end{cases} \text{ et } \begin{cases} \vec{R}(0) = -R_0 \vec{y} \\ \vec{M}(0) = \vec{0} \end{cases} \rightarrow \text{condit^{ns} aux extrémités}$$

ici pas d'efforts normaux (précision dans l'énoncé...) et condit^{ns} d'appuis.

2) Résultat via intégrat^{ns} des eq^s d'équilibre locales:

On a besoin du calcul des efforts de liaison en 0 et A \Rightarrow équilibre global de $[0, l]$.

IFS: • Th de la résultante: $R_0 \vec{y} - F\vec{y} + R_A \vec{y} + \int_0^l -p\vec{y} dx = \vec{0}$

$$\Rightarrow R_0 + R_A = pl + F \quad (x)$$

• Th du m^t en 0: $\underbrace{\vec{OB}}_{\text{à l'axe}} \wedge \underbrace{(-F\vec{y})}_{\text{à l'axe}} + \underbrace{\vec{OA}}_{\text{à l'axe}} \wedge \underbrace{R_A \vec{y}}_{\text{à l'axe}} + \int_0^l \underbrace{\vec{OB}}_{\text{à l'axe}} \wedge \underbrace{(-p\vec{y})}_{\text{à l'axe}} dx = \vec{0}$

$$\Rightarrow \frac{l}{2} (-aF + lR_A) - \frac{pl^2}{2} = 0 \quad (xx) \Rightarrow \boxed{R_A = \frac{pl}{2} + a \frac{F}{l}}$$

dans (x) $\Rightarrow R_0 = -\frac{pl}{2} - \frac{aF}{l} + pl + F = \boxed{\frac{pl}{2} + (l-a) \frac{F}{l} = R_0}$

\Rightarrow soit $t_A \in [0, B]$ $0 \leq x \leq a$.

$$\begin{cases} \frac{d\vec{R}^{(1)}(x)}{dx} - p\vec{y} = \vec{0} \quad (1) \Rightarrow \vec{R}^{(1)}(x) = px\vec{y} + \vec{C}_1 \\ \frac{dM_z^{(1)}(x)}{dx} + T_y^{(1)}(x) = 0 \quad (2) \quad \text{ou } \vec{R}^{(1)}(0) = -R_0 \vec{y} = \vec{C}_1 \end{cases} \Rightarrow \vec{R}^{(1)}(x) = (px - R_0)\vec{y}$$

$$\vec{R}^{(1)}(x) = (px - R_0) \vec{y} = N^{(1)}(x) \vec{x} + T_y^{(1)}(x) \vec{y}$$

4/

$$\Rightarrow \boxed{N^{(1)}(x) = 0}$$

$$T_y^{(1)}(x) = \underline{px - R_0} = p\left(x - \frac{l}{2}\right) - (l-a)\frac{F}{l}$$

d'après (21): $\frac{dM_z^{(1)}(x)}{dx} = -T_y^{(1)}(x) = -px + R_0 \Rightarrow M_z^{(1)}(x) = \underline{-\frac{p}{2}x^2 + R_0 x + k_1}$

et $M_z^{(1)}(0) = 0 \Rightarrow k_1 = 0 \Rightarrow \boxed{M_z^{(1)}(x) = -\frac{p}{2}x^2 + \left[\frac{pl}{2} + (l-a)\frac{F}{l}\right]x}$

sur $B_2 \in [BA]: \underline{a < x < l}$

$$\begin{cases} \frac{d\vec{R}^{(2)}(x)}{dx} - p\vec{y} = \vec{0} & (1) \\ \frac{dM_z^{(2)}(x)}{dx} + T_y^{(2)}(x) = 0 & (2) \end{cases} \Rightarrow \vec{R}^{(2)}(x) = px\vec{y} + \vec{C}_2$$

$$\hat{=} \vec{R}^{(2)}(l) = R_A\vec{y} = pl\vec{y} + \vec{C}_2 \Rightarrow \vec{C}_2 = (R_A - pl)\vec{y}$$

et $\vec{R}^{(2)}(x) = [p(x-l) + R_A]\vec{y} = N^{(2)}(x)\vec{x} + T_y^{(2)}(x)\vec{y}$

donc $\boxed{N^{(2)}(x) = 0}$

$$T_y^{(2)}(x) = \underline{p(x-l) + R_A} = p\left(x - \frac{l}{2}\right) + \frac{aF}{l}$$

d'après (22): $\frac{dM_z^{(2)}(x)}{dx} = -T_y^{(2)}(x) \Rightarrow -p\frac{(x-l)^2}{2} - R_A(x-l) + k_2 = M_z^{(2)}(x)$

et $M_z^{(2)}(l) = 0 \Rightarrow k_2 = 0 \Rightarrow \boxed{M_z^{(2)}(x) = -\frac{p(x-l)^2}{2} - R_A(x-l) + \left(\frac{pl}{2} + \frac{aF}{l}\right)}$

Vérification des conditions de saut en $x=a$:

- $[\vec{R}](a) = [T_y^{(2)}(a) - T_y^{(1)}(a)]\vec{y} = \left\{ [p(a-l) + R_A] - [pa - R_0] \right\} \vec{y}$
 $= \left\{ -pl + R_A + R_0 \right\} \vec{y} \stackrel{(\vec{x})}{=} F\vec{y}$ donc $[\vec{R}](a) - F\vec{y} = \vec{0} \quad \underline{\text{OK}}$
- $[\vec{M}](a) = [M_z^{(2)}(a) - M_z^{(1)}(a)]\vec{z} = \left\{ \left[-p\frac{(a-l)^2}{2} - R_A(a-l) \right] - \left[-\frac{pa^2}{2} + R_0a \right] \right\} \vec{z}$
 $= \left\{ -\frac{p}{2}(a^2 + l^2 - 2al) - \left(\frac{pl}{2} + \frac{aF}{l}\right)(a-l) + \frac{pa^2}{2} - \frac{R_0a}{2} - (l-a)a\frac{F}{l} \right\} \vec{z}$

$$= \left\{ -\frac{pl^2}{2} + \cancel{pal} - \frac{pal}{2} + \cancel{\frac{pl^2}{2}} - \frac{aF}{l} + \cancel{aF} - \frac{pla}{2} - \cancel{aF} + \cancel{\frac{aF}{l}} \right\} \frac{1}{l}$$

$$= 0$$

$$\Rightarrow \llbracket \vec{R}_0 \rrbracket(a) = \vec{0} \quad \underline{\text{OK}}$$

diagrammes des efforts de cohésion:

pour voiture de 1500 kg $\Rightarrow F \approx 15 \text{ kN}$ or $pl \approx 60 \text{ kN} = 4F$

pour $a = \frac{l}{2}$ et $F = \frac{pl}{4}$ alors $R_0 = R_A = \frac{pl}{2} + \frac{l}{2} \times \frac{p}{4} = \underline{\underline{\frac{5pl}{8}}}$

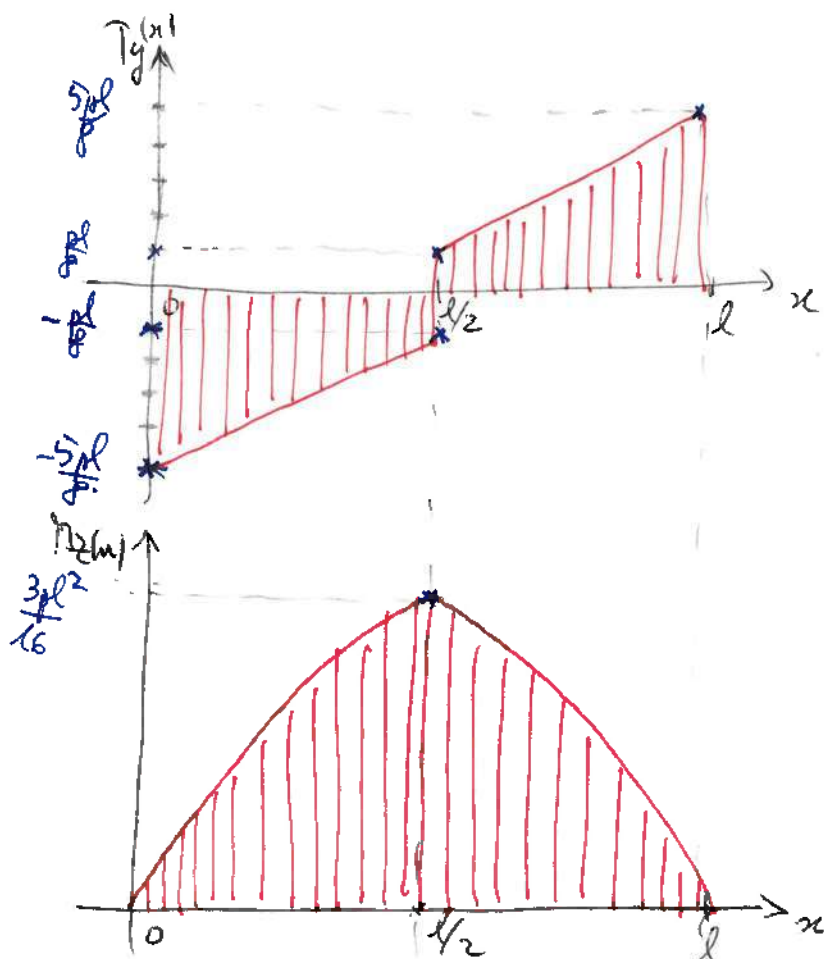
$\bullet T_y^{(1)}(x) = px - R_0 = p \left(x - \frac{5l}{8} \right) \quad T_y^{(1)}(0) = -\frac{5pl}{8} ; T_y^{(1)}\left(\frac{l}{2}\right) = -\frac{pl}{8}$

$\bullet T_y^{(2)}(x) = p(x-l) + R_A = p \left(x - l + \frac{5l}{8} \right) = p \left(x - \frac{3l}{8} \right) \quad T_y^{(2)}\left(\frac{l}{2}\right) = +\frac{pl}{8} ; T_y^{(2)}(l) = \frac{5pl}{8}$

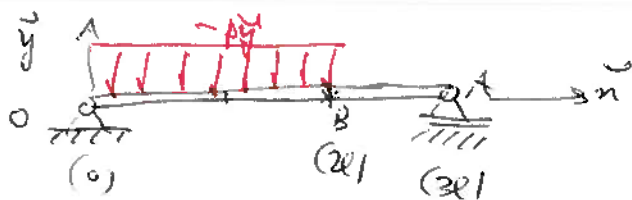
$\bullet M_z^{(1)}(x) = -\frac{px^2}{2} + R_0 x = -\frac{px^2}{2} + \frac{5pl}{8} x = -\frac{p}{2} x \left(x - \frac{5l}{4} \right) \quad M_z^{(1)}(0) = 0$

$\bullet M_z^{(2)}(x) = -\frac{p}{2} (x-l)^2 - \frac{5pl}{8} (x-l) = -\frac{p}{2} (x-l) \left[x-l + \frac{5l}{4} \right] = -\frac{p}{2} (x-l) \left(x + \frac{l}{4} \right)$

$M_z^{(1)}\left(\frac{l}{2}\right) = M_z^{(2)}\left(\frac{l}{2}\right) = -\frac{p}{2} \frac{l}{2} \left(\frac{l}{2} - \frac{5l}{4} \right) = +\frac{3pl^2}{16} \quad M_z^{(2)}(l) = 0$



Exo 4



$$\text{P.F.S.} : R_0 + R_A \vec{y} - p(2l) \vec{y} = \vec{0} \Rightarrow R_0 + R_A = 2pl \quad (1)$$

$$\bullet \text{ M.E. en } O : \underbrace{O\vec{A} \wedge R_A \vec{y}}_{3l R_A} + \int_0^{2l} \underbrace{O\vec{M} \wedge (-p\vec{y})}_{\xi \vec{x}} d\xi = \vec{0} \Rightarrow 3l R_A = p \left[\frac{\xi^2}{2} \right]_0^{2l} \Rightarrow \boxed{R_A = \frac{2pl}{3}}$$

$$\text{d'ap (1)} : R_0 = 2pl - R_A = \underline{\underline{\frac{4pl}{3}}}$$

Efforts de cohésion:

* partie (OB) ≡ ① (0 < x < 2l) : eqs d'équilibre locales

$$\bullet \frac{d\vec{R}^{(1)}(x)}{dx} - p\vec{y} = \vec{0} \Rightarrow \vec{R}^{(1)}(x) = px\vec{y} + \vec{C} \quad \text{or} \quad \vec{R}^{(1)}(0) = -R_0\vec{y} = -\frac{4pl}{3}\vec{y} = \vec{C}$$

$$\text{d'où } \vec{R}^{(1)}(x) = p(x - \frac{4l}{3})\vec{y}$$

$$\Rightarrow \boxed{\begin{array}{l} N^{(1)}(x) = 0 \\ T_y^{(1)}(x) = p(x - \frac{4l}{3}) \end{array}}$$

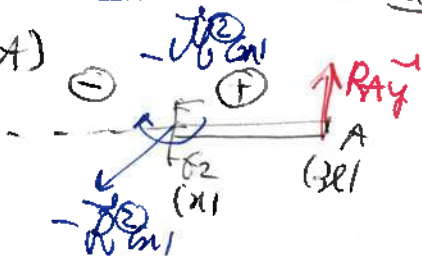
$$T_y^{(1)}(0) = -\frac{4pl}{3}; \quad T_y^{(1)}(2l) = \frac{2pl}{3}$$

$$\bullet \frac{dM_z^{(1)}(x)}{dx} + T_y^{(1)}(x) = 0 \Rightarrow \frac{dM_z^{(1)}(x)}{dx} = -T_y^{(1)}(x) = -p(x - \frac{4l}{3})$$

$$\text{or } M_z^{(1)}(x) = -p\left(\frac{x^2}{2} - \frac{4l}{3}x\right) + \frac{C}{1}$$

$$\text{car } M_z^{(1)}(0) = 0 \Rightarrow \boxed{M_z^{(1)}(x) = -\frac{p}{6}x(3x - 8l)}$$

$$M_z^{(1)}(0) = 0; \quad M_z^{(1)}(2l) = \frac{2pl^2}{3}$$

* partie (BA) ≡ ② (2l < x < 3l) : méthode des coupuresor $G_2 \in (BA)$ 

$$\ominus \rightarrow \oplus \Rightarrow - \text{flèche}$$

$$\bullet -\vec{R}^{(2)}(x) + R_A \vec{y} = \vec{0} \Rightarrow \vec{R}^{(2)}(x) = R_A \vec{y} = \frac{2pl}{3} \vec{y}$$

$$\Rightarrow \boxed{\begin{array}{l} N^{(2)}(x) = 0 \\ T_y^{(2)}(x) = \frac{2pl}{3} \end{array}}$$

$$\bullet -\vec{J}_G^{(2)}(x) + \underbrace{G_2 \vec{A} \wedge R_A \vec{y}}_{(3l-x)\vec{x}} = \vec{0} \Rightarrow M_z^{(2)}(x) = (3l-x)R_A$$

$$\Rightarrow \boxed{M_z^{(2)}(x) = -\frac{2pl}{3}(x - 3l)}$$

$$M_z^{(2)}(2l) = \frac{2pl^2}{3}$$

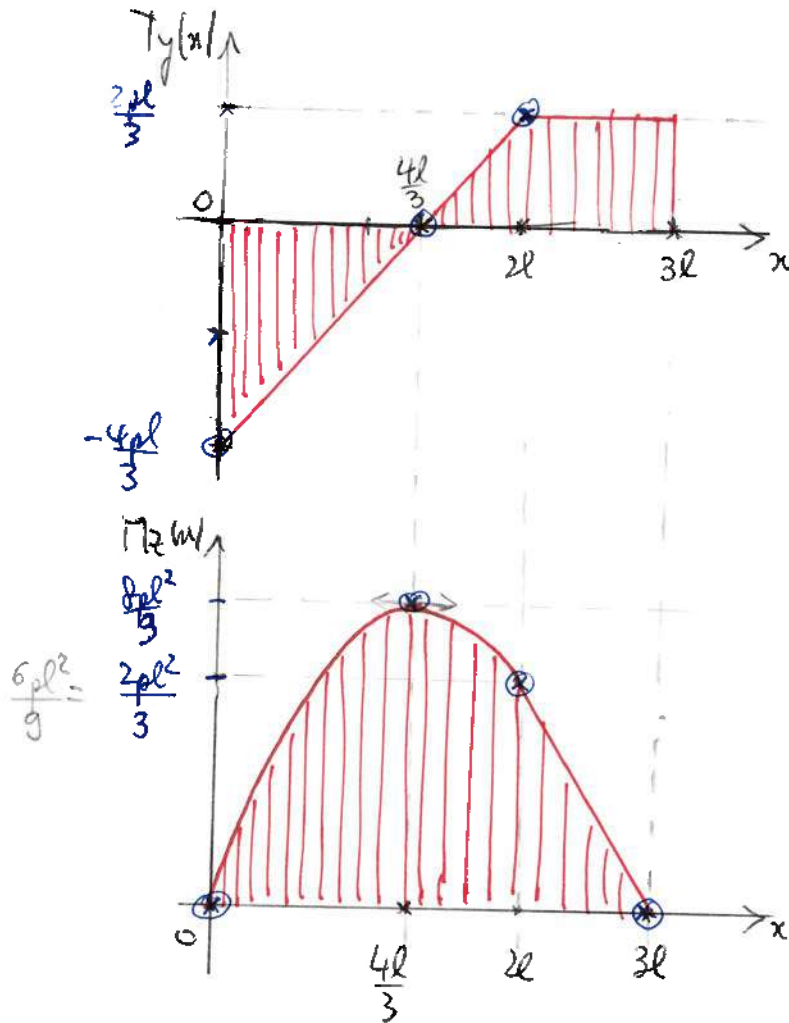
$$M_z^{(2)}(3l) = 0$$

• Diagrammes:

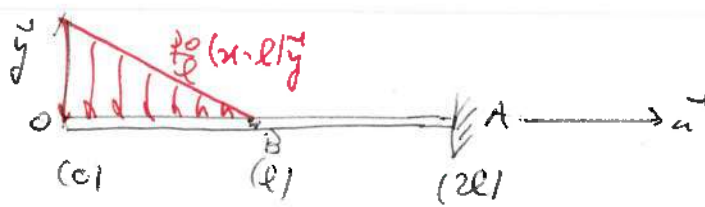
$$T_y^{(1)}(x) = p \left(x - \frac{4l}{3} \right) \Rightarrow T_y^{(1)}(x) = 0 \text{ pour } x = \frac{4l}{3}$$

$$\text{or } \frac{dM_z^{(1)}(x)}{dx} = -T_y^{(1)}(x) \Rightarrow \text{en } x = \frac{4l}{3} \text{ maximum pour } x = \frac{4l}{3}$$

$$M_z^{(1)}\left(\frac{4l}{3}\right) = -\frac{p}{6} \times \frac{4l}{3} \times \left(3 \times \frac{4l}{3} - 8l \right) = -\frac{pl}{9} (-4l) = \frac{8pl^2}{9}$$



Etois:



8/

$0 < x < l$

$$\frac{d\vec{R}^{(1)}}{dx} + \frac{p_0}{l}(x-l)\vec{y} = \vec{0} \Rightarrow \vec{R}^{(1)}(x) = -\frac{p_0}{l}\left(\frac{x^2}{2} - lx\right)\vec{y} + \vec{C}_1 \quad \text{car } \vec{R}^{(1)}(0) = \vec{0}$$

$$\frac{d}{dx} \boxed{N^{(1)}(x) = 0}$$

$$\boxed{T_y^{(1)}(x) = -\frac{p_0}{2l}x(x-l)} \quad T_y^{(1)}(0) = 0 \text{ et } T_y^{(1)}(l) = \frac{p_0 l}{2}$$

$$\frac{dM_z^{(1)}}{dx} + T_y^{(1)}(x) = 0 \Rightarrow \frac{dM_z^{(1)}}{dx} = \frac{p_0 x}{2l}(x-l) \Rightarrow M_z^{(1)}(x) = \frac{p_0}{2l}\left(\frac{x^3}{3} - lx^2\right) + k$$

$$\Rightarrow \boxed{M_z^{(1)}(x) = \frac{p_0}{6l}x^2(x-3l)} \quad M_z^{(1)}(0) = 0; \quad M_z^{(1)}(l) = -\frac{p_0 l^2}{3}$$

$l < x < 2l$

$$\frac{d\vec{R}^{(2)}}{dx} = \vec{0} \Rightarrow \vec{R}^{(2)}(x) = \vec{C}_2 \quad \text{or } [\vec{R}^{(2)}](2l) = \vec{0} \Rightarrow \vec{C}_2 = -\frac{p_0}{2l}xl(-l)\vec{y} = \frac{p_0 l}{2}\vec{y}$$

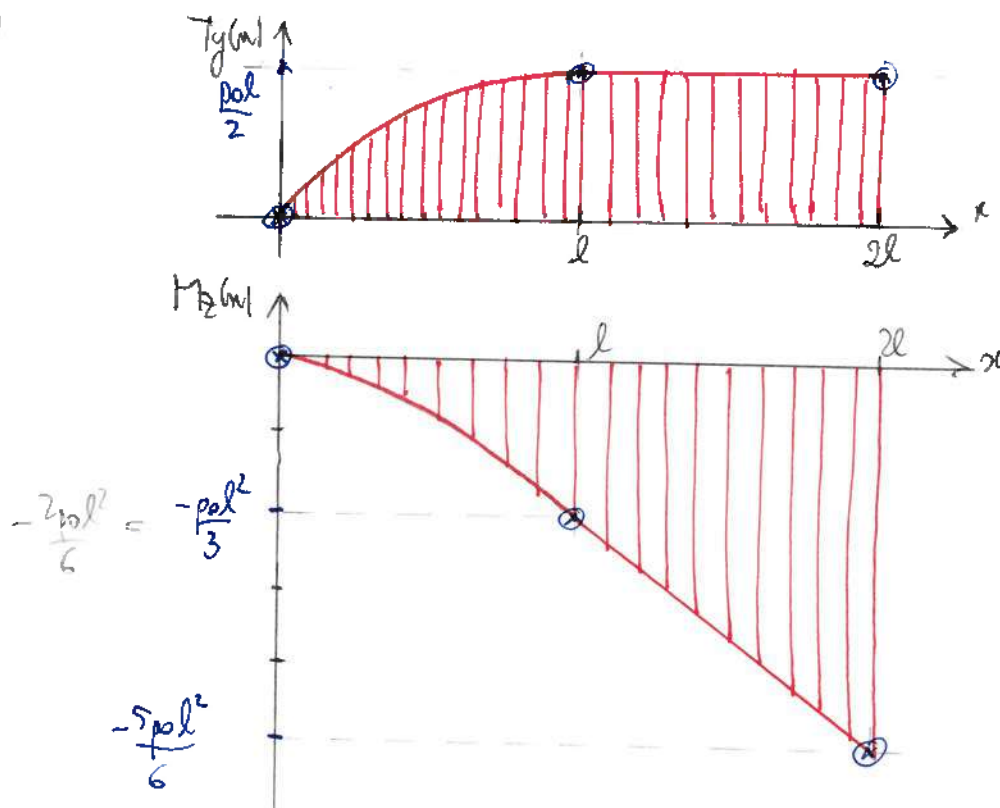
$$\Rightarrow \boxed{N^{(2)}(x) = 0} \text{ et } \boxed{T_y^{(2)}(x) = \frac{p_0 l}{2}}$$

$$\frac{dM_z^{(2)}}{dx} = -T_y^{(2)}(x) = -\frac{p_0 l}{2} \Rightarrow M_z^{(2)}(x) = -\frac{p_0 l}{2}x + k_2$$

$$\text{or } [M_z](2l) = 0 \Rightarrow -\frac{p_0 l}{2}2l + k_2 = 0 \Rightarrow k_2 = \frac{p_0 l^2}{2} \Rightarrow M_z^{(2)}(x) = \frac{p_0 l^2}{2}\left(\frac{1}{2} - \frac{x-l}{l}\right) = \frac{p_0 l^2}{6}\left(\frac{1}{2} - \frac{x-l}{l}\right)$$

$$\frac{d}{dx} \boxed{M_z^{(2)}(x) = -\frac{p_0 l}{6}(3x-l)} \quad M_z^{(2)}(2l) = -\frac{5p_0 l^2}{6}$$

diagrammes:



Ex 6:

Force ponctuelle $-F\vec{y}$ appliquée en C \Rightarrow 2 tringons à considérer.

$\Rightarrow [BC] \equiv \textcircled{1} \quad 0 < \theta < \pi/2$ et $[CA] \equiv \textcircled{2} \quad \pi/2 < \theta < \pi$

on oriente de B vers A



ici $\vec{t} = \vec{e}_0$, $\vec{n} = -\vec{e}_1$

$(\vec{t}, \vec{n}, \vec{z})$ trièdre direct

pb plan: $\begin{cases} \vec{R}_G = N_G \vec{t}_G + T_G \vec{n}_G \\ \vec{M}_G = M_G \vec{z} \end{cases}$

$\Delta \equiv R\theta$

PFS: $R_A + R_B \vec{y} - F\vec{y} = \vec{0} \Rightarrow R_A + R_B = F$

• m.t en A: $\vec{AC} \wedge (-F\vec{y}) + \vec{AB} \wedge R_B \vec{y} = \vec{0} \Rightarrow -FR + 2RR_B = 0 \Rightarrow R_B = R_A = \frac{F}{2}$

$R\vec{x} + R\vec{y} \quad \quad 2R\vec{n}$

Tenseur de cohérence: méthode des corps:

$G_1 \in [BC]$ $(0 < \theta < \pi/2)$

$\oplus \rightarrow (-) \Rightarrow + \text{ " " } \{ \text{ " " } \}$

• $\vec{R}_G^{(1)} + R_B \vec{y} = \vec{0} \Rightarrow \vec{R}_G^{(1)} = -R_B \vec{y} = -\frac{F}{2} \vec{y}$

$\vec{y} = \cos\theta \vec{t} - \sin\theta \vec{n} \Rightarrow \vec{R}_G^{(1)} = -\frac{F}{2} (\cos\theta \vec{t} - \sin\theta \vec{n})$

soit $\boxed{N_G^{(1)} = -\frac{F}{2} \cos\theta}$
 $\boxed{T_G^{(1)} = \frac{F}{2} \sin\theta}$

• m.t en G: $\vec{M}_G^{(1)} + \vec{G}_1 B \wedge R_B \vec{y} = \vec{0}$

$\Rightarrow \vec{G}_1 O + \vec{O} B = -R(\cos\theta \vec{n} + \sin\theta \vec{y}) + R\vec{n}$

$\Rightarrow \vec{M}_G^{(1)} = R(\cos\theta - 1) R_B \vec{z}$

soit $\boxed{M_G^{(1)} = \frac{FR}{2} (\cos\theta - 1)}$

• $G_2 \in [CA]$ ($\frac{\pi}{2} < \theta < \pi$)



$(-1) \rightarrow (+1) \Rightarrow -\{Cont\}$

• $-\vec{R}^{(1)}(G_2) + R_A \vec{y} = \vec{0} \Rightarrow \vec{R}^{(1)}(G_2) = R_A \vec{y} = \frac{F}{2} \vec{y}$
 $= \frac{F}{2} (\cos \theta \vec{e} - \sin \theta \vec{n})$

$\Rightarrow N^{(1)}(\theta) = \frac{F}{2} \cos \theta$ et $T_n^{(1)}(\theta) = -\frac{F}{2} \sin \theta$

• $M_z^{(1)}(G_2)$: $-\vec{J}^{(1)}(G_2) + G_2 A \wedge R_A \vec{y} = \vec{0}$

$\vec{G}_2 O + \vec{O} A = -R(\cos \theta \vec{n} + \sin \theta \vec{y}) - R \vec{n}$

$\Rightarrow \vec{J}^{(1)}(G_2) = -R(\cos \theta + 1) R_A \vec{z}$ donc $M_z^{(1)}(\theta) = -\frac{FR}{2}(1 + \cos \theta)$

• Diagrammes:

