

Exercise 3:

1.)

As $\vec{e} \cdot \vec{x}_e$ is just a function and spherical symmetrical around the nucleus,

it can be expanded in spherical coordinates:

$$\vec{e} \cdot \vec{x}_e = \sum_l \sum_{m=-l}^l c_{lm} r^l Y_{lm}(\theta, \varphi)$$

Further \vec{e} is const., so that \vec{x}_e is the only coordinate dependent term:

$$= \sum_l \sum_{m=-l}^l c_{lm} r^l Y_{lm}(\theta_e, \varphi_e)$$

If we now consider to lay $\vec{e}_z \parallel \vec{e}$ we get:

$\vec{e} \cdot \vec{x}_e \propto \cos(\theta)$, which limits $l=1$ for Y_{lm} .

Thus we finally can justify:

$$\vec{e} \cdot \vec{x}_e = r_e \sum_m c_m Y_{1m}(\theta_e, \varphi_e).$$

□

2.) $\vec{A}_{\text{rad}} \cdot \hat{\vec{p}}$ has non degenerated eigenvalues with $|x\rangle$ in $|x, s\rangle = |x\rangle \otimes |s\rangle$.

Thus $\vec{A}_{\text{rad}} \cdot \hat{\vec{p}}$ can transition from $E_i \rightarrow E_f$ with $E_i \neq E_f \Rightarrow \Gamma_{fi} \neq 0$.

As $\vec{A}_{\text{rad}} \cdot \hat{\vec{p}}$ has only degenerated eigenvalues with $|s\rangle$ in $|x, s\rangle$:

$E_i = E_f \Rightarrow \Gamma_{fi} = 0$ (no transition for spin).

Now with $\hat{\vec{p}}_e \cdot \hat{\vec{B}}$ having non degenerated eigenvalues with $|s\rangle$ in $|x, s\rangle$,

the $E_i \rightarrow E_f$ transition yields $E_i \neq E_f \Rightarrow \Gamma_{fi} \neq 0$. □

$$2.) \vec{A}_{\text{rad}}^{(\text{abs})}(\vec{x}, t) = \sqrt{\frac{\mu_0 \hbar}{2\epsilon_0 V \omega}} \vec{e} \cdot e^{i(\vec{k} \cdot \vec{x} - \omega t)}$$

Absorption: $\mu_0 \rightarrow I_T(\omega)$, such that $\int I_T(\omega) d\omega = \mu_0$

Thus with $\hat{H}(\vec{x}, t) = \frac{1}{2m_e} (\hat{\vec{p}} + e\hat{\vec{A}}(\vec{x}, t))^2 - e\hat{V}(\vec{x})$ and $[\hat{\vec{p}}, \vec{A}_{\text{rad}}] = [\hat{\vec{p}}, \hat{\vec{A}}] = 0$ follows:

$$\Rightarrow \hat{H}_1(\vec{x}, t) = \frac{e}{m_e} \sqrt{\frac{I_T(\omega) \hbar}{2\epsilon_0 V \omega}} e^{-i(\vec{k} \cdot \vec{x} - \omega t)} \frac{1}{\hbar} \vec{e} \cdot \hat{\vec{p}}$$

With $R_{fi}^{(n)} = \frac{2\pi}{\hbar} |\langle f^{(n)} | \hat{H}_1 | i^{(n)} \rangle|^2 \delta(E_f^{(n)} - E_i^{(n)} - \hbar\omega)$ follows:

$$|R_{fi}^{(n)}| = \frac{\pi e^2}{m_e^2} \frac{I_T(\omega) \hbar}{\epsilon_0 V \omega} |\langle f^{(n)} | e^{-i(\vec{k} \cdot \vec{x} - \omega t)} \vec{e} \cdot \hat{\vec{p}} | i^{(n)} \rangle|^2 \delta(E_f^{(n)} - E_i^{(n)} - \hbar\omega)$$

Periodic boundary conditions $\vec{A}(\vec{x}_i + L) = \vec{A}(\vec{x}_i)$ give $d^3k = \left(\frac{2\pi}{L}\right)^3 \Delta n_x \Delta n_y \Delta n_z$ with $k_i = \frac{2\pi}{L} n_i$.

Thus $\Gamma_{fi} = \sum_{n_x, n_y, n_z} R_{fi}$ becomes with $L \rightarrow \infty$:

$$\begin{aligned} \Gamma_{fi} &= V \int \frac{d^3p_f}{(2\pi\hbar)^3} R_{fi} \quad \text{with } \vec{p}_f = \hbar \vec{k} \quad |d^3p_f = d\Omega_f \left(\frac{\hbar\omega}{c}\right)^2 d\left(\frac{\hbar\omega}{c}\right) \text{ in spherical coordinates} \\ &= \frac{V}{(2\pi\hbar)^3} \frac{\pi e^2}{\mu_0^2} \frac{\hbar^2}{\omega V} \int d\Omega_f \int \left(\frac{\hbar\omega}{c}\right)^2 d\left(\frac{\hbar\omega}{c}\right) \frac{I_f(\omega)}{\omega} |\langle f^{(r)} | e^{-i(\vec{k} \cdot \vec{x} - \omega t)} \vec{\epsilon} \cdot \vec{\nabla} | i \rangle|^2 \delta\left(\frac{E_f}{\hbar} - \frac{E_i}{\hbar} - \omega\right) \\ &= \frac{V}{(2\pi\hbar)^3} \frac{\pi e^2}{\mu_0^2} \frac{\hbar^2}{\omega V} \int d\Omega_f \int d\omega \frac{\hbar^2}{c^2} \omega I_f(\omega) \frac{1}{\hbar} \delta\left(\frac{E_f}{\hbar} - \frac{E_i}{\hbar} - \omega\right) |\langle f^{(r)} | e^{-i(\vec{k} \cdot \vec{x} - \omega t)} \vec{\epsilon} \cdot \vec{\nabla} | i \rangle|^2 \\ &= \frac{e^2 \hbar^2}{8\pi^2 \mu_0^2 \epsilon_0 c^3} \int d\Omega_f \int d\omega \omega I_f(\omega) \delta\left(\frac{E_f}{\hbar} - \frac{E_i}{\hbar} - \omega\right) |\langle f^{(r)} | e^{-i(\vec{k} \cdot \vec{x} - \omega t)} \vec{\epsilon} \cdot \vec{\nabla} | i \rangle|^2 \end{aligned}$$

With $\kappa_{em} = \frac{e^2}{4\pi\epsilon_0\hbar c}$ and $\omega_{fi} = \frac{E_f - E_i}{\hbar}$:

$$= \frac{\kappa_{em} \hbar}{2\pi} \omega_{fi} I_f(\omega_{fi}) \underbrace{\int d\Omega_f \left| \frac{\hbar}{\mu_0 c} \langle f^{(r)} | e^{-i(\vec{k} \cdot \vec{x} - \omega t)} \vec{\epsilon} \cdot \vec{\nabla} | i \rangle \right|^2}_{M_{fi}} \quad \square$$

Quickies

Q1) i) sudden perturbation: $\delta t \ll \frac{1}{\omega_{fi}}$ (fast)

adiabatic perturbation: $\tau = \frac{1}{\omega_{min}}$ (slow) \rightarrow no transitions

ii) If the unperturbed system has degenerate eigenstates, there is not a clear assignment of the eigenvalues to one eigenstate.

A perturbation could cancel the degeneration. This leads in an transition, which is not possible in an adiabatic perturbation.

Q2) i) $\hat{\mathcal{O}}_I(t) = \hat{U}_S^\dagger(t, t_0) \hat{\mathcal{O}}_S(t) \hat{U}_S(t, t_0)$

ii) Show: $\hat{H}_{0I} = \hat{H}_{0S}$

$$\hat{H}_{0I} = \hat{U}_S^\dagger(t, t_0) \hat{H}_{0S} \hat{U}_S(t, t_0) = \hat{U}_S^\dagger(t, t_0) \hat{U}_S(t, t_0) \hat{H}_{0S} = \hat{H}_{0S} \quad \square$$

Q3) $\Gamma_{stim} \propto N_f$

1) Transition between General States

$$\hat{\mathcal{O}}|\alpha\rangle = o_\alpha|\alpha\rangle \quad \wedge \quad \hat{\mathcal{O}}|\beta\rangle = o_\beta|\beta\rangle \quad , \quad \hat{H}(t) = \hat{H}_0 + \hat{H}_A(t) \quad \wedge \quad \hat{H}_0|n\rangle = E_n|n\rangle$$

$$1) |\alpha\rangle = \sum_n c_n^\alpha(t) |n\rangle \quad \wedge \quad |\beta\rangle = \sum_n c_n^\beta(t) |n\rangle \quad \text{with } c_n^\alpha(t) = \langle n|\alpha\rangle \quad (i \in \{2, 3\})$$

$$\cdot \quad s_{\alpha\beta} = \langle \alpha|\beta\rangle = \left(\sum_n \langle n|\vec{c}_\alpha \right) \left(\sum_n \vec{c}_\beta^\dagger |n\rangle \right) = \sum_n (\vec{c}_\alpha^\dagger \vec{c}_\beta)$$

2) Show: $|\langle \beta|\psi_f(t)\rangle|^2 \neq 0 \quad \forall t > t_0$ if $[\hat{H}_0, \hat{\mathcal{O}}_S] \neq 0$

$$\cdot |\langle \beta|\psi_f(t)\rangle|^2 = |\langle \beta|\hat{U}_S(t, t_0)|\alpha\rangle|^2 \quad \text{where } |\alpha\rangle = |\psi_f(t_0)\rangle$$

$$= |\langle \beta | \exp[-\frac{i}{\hbar} \hat{H}_s(t-t_0)] | \alpha \rangle|^2 \quad | [\hat{H}_0, \hat{\sigma}_z] \neq 0 \Rightarrow [\hat{H}_s, \hat{\sigma}_z] \neq 0 \Rightarrow |\alpha\rangle \wedge |\beta\rangle \text{ can't be eigenstates of } \hat{H}, \text{ even if } \hat{H}_1 = 0$$

$$\neq |\langle \beta | \exp[-\frac{i}{\hbar} E_\alpha(t-t_0)] | \alpha \rangle|^2 \quad (\forall t > t_0)$$

$$= \delta_{\alpha\beta} = 0 \quad \forall \alpha \neq \beta \quad \square$$

3) Show: $|\langle \beta | \psi_I(t) \rangle|^2 = 0$ for $\hat{H}_1 = 0 \wedge \alpha \neq \beta$

$$\begin{aligned} |\langle \beta | \psi_I(t) \rangle|^2 &= |\langle \beta | \hat{U}_S^\dagger(t, t_0) | \psi_S(t_0) \rangle|^2 \\ &= |\langle \beta | \hat{U}_S^\dagger(t, t_0) \hat{U}_S(t, t_0) | \alpha \rangle|^2 \\ &= |\langle \beta | \alpha \rangle|^2 \\ &= \delta_{\alpha\beta} = 0 \quad \forall \alpha \neq \beta \quad \square \end{aligned}$$

4) Show: $P_{\beta\alpha} = \left| \sum_{i \neq f} \langle i | \alpha \rangle \langle \beta | f \rangle \tilde{A}_{fi}(t-t_0) \right|^2$ where $\tilde{A}_{fi} = \langle f | \hat{U}_S(t, t_0) | i \rangle$

$$\begin{aligned} \cdot \langle \hat{\sigma} \rangle &= \langle \psi_S(t) | \hat{\sigma}_z | \psi_S(t) \rangle \\ &= \sum_{\alpha, \beta} \langle \psi_S(t) | \alpha \rangle \langle \alpha | \hat{\sigma}_z | \beta \rangle \langle \beta | \psi_S(t) \rangle \\ &= \sum_{\alpha, \beta} P_{\alpha\beta} \langle \psi_S(t) | \alpha \rangle \langle \beta | \psi_S(t) \rangle \delta_{\alpha\beta} \\ &= \sum_{\alpha} P_{\alpha\alpha} |\langle \beta | \psi_S(t) \rangle|^2 \end{aligned}$$

probability for β

$$\begin{aligned} P_{\alpha\beta} &= |\langle \beta | \psi_S(t) \rangle|^2 \\ &= |\langle \beta | \hat{U}_S(t, t_0) | \alpha \rangle|^2 \\ &= \left| \sum_{i \neq f} \langle \beta | f \rangle \langle f | \hat{U}_S(t, t_0) | i \rangle \langle i | \alpha \rangle \right|^2 \\ &= \left| \sum_{i \neq f} \langle i | \alpha \rangle \langle \beta | f \rangle \tilde{A}_{fi}(t-t_0) \right|^2 \quad \text{where } \tilde{A}_{fi}(t-t_0) = \langle f | \hat{U}_S(t, t_0) | i \rangle \end{aligned}$$

2) Selection Rules

$$[\hat{H}_0, \hat{\sigma}] = 0 \Rightarrow \hat{H}_0 |i^{(0)}, o_i\rangle = E_i^{(0)} |i^{(0)}, o_i\rangle \wedge \hat{\sigma} |i^{(0)}, o_i\rangle = o_i |i^{(0)}, o_i\rangle$$

1) Show: $[\hat{H}_1, \hat{\sigma}] = 0 \Rightarrow \langle f^{(0)}, o_f | \hat{H}_1 | i^{(0)}, o_i \rangle = 0$ if $o_f \neq o_i$

$$\cdot 0 = [\hat{H}_1, \hat{\sigma}]$$

$$\Rightarrow 0 = \langle f^{(0)}, o_f | [\hat{H}_1, \hat{\sigma}] | i^{(0)}, o_i \rangle = \langle f^{(0)}, o_f | \hat{H}_1 \hat{\sigma} | i^{(0)}, o_i \rangle - \langle f^{(0)}, o_f | \hat{\sigma} \hat{H}_1 | i^{(0)}, o_i \rangle = (o_i - o_f) \langle f^{(0)}, o_f | \hat{H}_1 | i^{(0)}, o_i \rangle$$

$$\Rightarrow \langle f^{(0)}, o_f | \hat{H}_1 | i^{(0)}, o_i \rangle = 0 \quad \text{if } o_f \neq o_i \quad \square$$

$$\begin{aligned} 2) \tilde{A}_{fi}^{(1)} &= \exp[-\frac{i}{\hbar} E_f^{(0)}(t-t_0)] \cdot \left\{ \delta_{fi} - \frac{i}{\hbar} \int_{t_0}^t dt' e^{i\omega_{fi}(t'-t_0)} \langle f^{(0)}, o_f | \hat{H}_1 | i^{(0)}, o_i \rangle \right. \\ &\quad + \left(-\frac{i}{\hbar} \right)^2 \sum_n \int_{t_0}^t dt' \int_{t_0}^{t'} dt'' e^{i\omega_{fn}(t'-t_0)} \langle f^{(0)}, o_f | \hat{H}_1 | n^{(0)}, o_n \rangle e^{i\omega_{ni}(t''-t_0)} \langle n^{(0)}, o_n | \hat{H}_1 | i^{(0)}, o_i \rangle \\ &\quad \left. + \dots \right\} \end{aligned}$$

\hookrightarrow same argument for each term
 at least one term goes to 0
 [if $o_f \neq o_i \Rightarrow (o_f \neq o_n) \vee (o_i \neq o_n)$]

$$\Rightarrow P_{fi} = 0 \quad \text{if } o_i \neq o_f$$

3) $[\hat{H}_0, \hat{L}] = 0$

$$i) \hat{H}_1 = f(\hat{z}, t) \Rightarrow \begin{cases} [\hat{H}_1, \hat{L}_z] \wedge [\hat{z}, \hat{L}_z] = 0 \Rightarrow \Delta m = 0 \\ [\hat{H}_1, \hat{L}^2] \wedge [\hat{z}, \hat{L}^2] = 0 \Rightarrow \Delta L = 0 \end{cases}$$

$$ii) \hat{H}_1 = g(|\hat{x}|, t) \Rightarrow \begin{cases} [\hat{H}_1, \hat{L}_z] \wedge [|\hat{x}|, \hat{L}_z] = 0 \Rightarrow \Delta m = 0 \\ [\hat{H}_1, \hat{L}^2] \wedge [|\hat{x}|, \hat{L}^2] = 0 \Rightarrow \Delta L = 0 \end{cases}$$