Desktop

Links

Someone else's shoes http://awalkthroughdementia.org/

Recall memories

https://www.beingpatient.com/virtual-reality-therapy-alzheimers-dementia/

Improve life quality

https://www.forbes.com/sites/robertglatter/2019/05/09/how-virtual-reality-can-improve-the-quality-of-life-for-people-with-dementia/#514a82ae7f1c

https://insights.samsung.com/2018/03/13/virtual-reality-delivers-real-world-benefits-to-dementia-patients/

Prevent dementia

https://www.voanews.com/science-health/scientists-study-whether-virtual-reality-can-prevent-cognitive-decline-dementia

A Walk Through Dementia

- September 30, 2019
- Website for an app, that simulates life with dementia through virtual reality.
 - -Someone else's shoes

Virtual Reality Delivers Real Real World Care to Dementia Patients

- September 30, 2019
- Article about how virtual reality can help patients live more easily with dementia. Virtual reality can help patients with loneliness, ease their symptoms, and give researchers an insight into life with dementia.
 - Improve life quality

How Virtual Reality Can Improve The Quality Of Life For People With Dementia

- September 30, 2019
- Virtual reality enables stimulation and access old memories.
- Life life quality

Virtual Reality helps dementia patients recall memories

- September 30, 2019
- Virtual reality helps recalling old memories, reducing aggression and improves interactions with caregivers.
 - -Recall memories

Scientists Study Whether Virtual Reality Can Prevent Cognitive Decline, Dementia

- September 30, 2019
- Can virtual reality help prevent dementia?
- Prevent dementia

Observation

How do they perform an action?

- people enter the location
- They form a line
- They place an order
- Wait for the food on the side of the counter
- Take the food and leave the location or find somewhere to sit
- Some people try to skip a line
- Small children are playing with strollers
- A stranger gave one of the parents a toy for the child

What types of people are there?

- Different type of age, but mostly Young people.
- -There are a lot of people on the go. They are wearing sporty backpacks, and rain clothes.
- -There are probably 5-10 people

in the queue all the time. And they are all hungry for junk food.

- -They are staring at the menu, thinking of what to order and eat.
- -The workers are having a blank face, without Any expression. They probably don't like their job.
- -There are a lot of single people, and some people are also in Groups or maybe families with kids.

What and how is the environment?

- The environment is very chill at the sitting area but the queue is very busy and fast moving
- Music playing
- People are not that loud
- A calm and friendly atmosphere
- Kids playing around
- Small conversations are happening
- People walking in and out
- People hanging out

How do people relate to each other?

- There was an episode where a man gave a toy bunny to another family which had a little girl.
- -Most people aren't talking to each other. They are only talking when ordering food. It's a quick interaction, so they don't after ordering food.
- -The ones who are alone just find a place and sit each on their own.
- -The ones who are sitting in a group or with their families are talking while eating.

Interview

I interviewed Shila, my roommate, about which social media platforms she uses and what it adds to her everyday life.

- -Shila is a 21 year old student who lives in Copenhagen.
- -She uses social media everyday.
- -She estimates she spends around 2 hours per day on social media.
- -She mostly uses instagram for entertainment purposes
- -Facebook, and snapchat also provide entertainment but are mostly used for communication

with friends and family.

- -"Instagram gives me something to take my mind off of the stressful things I have to face daily."
- -She enjoys seeing what her friends and family are doing even when she's not nearby. Specially because a lot of her family lives outside of Denmark.
- -Even though there are benefits to social media she realizes that there can also be drawbacks.
- -Easier to procrastinate and the time it takes to think about and edit content to post are some of the drawbacks she notices.
- -It is nice for her to have a way to get attention from the people

she loves without having to see them daily.

-Posting pictures is a good way to get a confidence boost whenever she is feeling down.

Survey

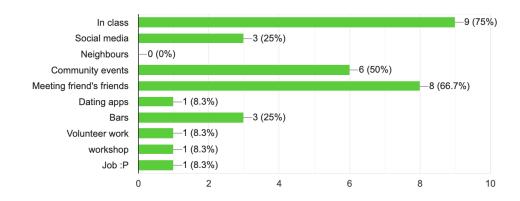
For this survey my partner and I used a mix of multiple choice questions, closed questions, and open ended questions in order to get to know more about the respondents.

We chose to investigate about international students making friends in Denmark and the challenges that they face.

The most surprising thing I learned from this survey was the fact that international students have many different conflicts when it comes to making friends. Even though they have a relatively similar demographic. And they also use many different resources to make new friends. Even though the main method used to make friends is school.

What are your main way to meet new people?

12 responses



What would you consider as the main challenge meeting new people as an international student?

12 responses

