
PERSONAL PROFILE

Nationality: Kenyan
Marital Status: Married
Languages: English, Swahili & Kisii (Excellent in both spoken and written)
Spanish & French (Basic)

PROFESSIONAL SUMMARY

Licensed Clinical Dietitian Nutritionist with more than 10 years of experience working in the hospital setting. Diligent in staying updated on latest medical nutrition research and dedicated to using evidence-based nutrition to improve patient care. Expert at nutrition counselling, diet planning and progress monitoring. Thrive in challenging, fast-paced clinical setting and working with various professionals.

PROFESSIONAL ACCREDITATION

KNDI (Kenya Nutritionists & Dieticians Institute)

EDUCATIONAL QUALIFICATIONS

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| 2021– Present | PEOPLES UNI | Masters in Public Health (MPH) |
| 2007 – 2011 | UNIVERSITY OF NAIROBI | Bachelor of Science Food Science, Nutrition & Dietetics <i>First Class Honors</i> |
| 2006 – 2007 | CHRIST THE KING COMPUTER COLLEGE | Diploma in Information Technology <i>Attained - Distinction</i> |
| 2002 - 2005 | KOELEL HIGH SCHOOL | Kenya Certificate of Secondary Education <i>Attained - B+</i> |

PROFESSIONAL TRAINING

- 2019 Critical Care Nutrition course – India Association of Parenteral & Enteral Nutrition (IAPEN)
 - 2016 Leadership and Management in health course– University of Washington
 - 2016 Principles & Practice of Research & Management & Communication Tools course - University of Washington
 - 2016 Clinical Management of HIV course - University of Washington
 - 2016 Principles and Practice of Research and Data Management course - University of Washington
 - 2014 Health Informatics course - University of Washington
 - 2011 Management of Severe Childhood Malnutrition.
 - 2009 – 2011 Certificate in HIV/AIDS Peer Education.
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WORK EXPERIENCE

Feb 2020 – Present KENYATTA NATIONAL HOSPITAL Assistant Chief Nutrition Officer

Achievements

- Currently coordinating the review of the KNH Clinical Nutrition & Dietetic Manual.
- Taskforce member in the Ministry of Health Division of Nutrition under the Nutrition Research Technical Working Group
- Actively managing the critically ill patients in the Critical Care Unit.
- Managed to mentor over 40 Nutrition Interns and students annually.

Sept 2016 – Jan 2020 KENYATTA NATIONAL HOSPITAL Senior Nutrition Officer

Achievements

- Actively participated in the review of the KNH Clinical Nutrition & Dietetic Manual.
- Contributed in the development of the 2018 – 2022 Kenya National Nutrition Action Plan
- Actively participated in the validation of the revised Kenya Clinical Nutrition & Dietetic Manual by the Ministry of Health.
- Actively managing the critically ill patients in the ICU.
- Managed to mentor over 40 Nutrition Interns annually.

Dec 2012 – Oct 2016 KENYATTA NATIONAL HOSPITAL Nutrition Officer I

Achievements

- Coordinating research activities in the Nutrition department.
- Reinitiated the monthly CME on Enteral & Parenteral Nutrition in the hospital.
- Contributing in creating & publishing Nutrition Guidelines in the hospital.
- Actively managing the critically ill patients in the ICU.
- Participated in various hospital outreaches in giving back to the society.

Feb 2012 - Sept 2012 GERTRUDE'S CHILDREN'S HOSPITAL Nutritionist/Dietician Volunteer

Achievements

- Being an outstanding volunteer in both Gatundu & Kikuyu Medical Camps.
- Actively involved in co-ordinating and implementing SFP project funded by Concern Worldwide in the Gertrude's Children's Hospital - Githogoro satellite Clinic.
- Responsible for facilitating various support group trainings.
- Assisted with capacity building on Community Health Programmes through participating in public

Feb 2010 - June 2011 I CHOOSE LIFE AFRICA Training Group Facilitator

Achievements:

- Facilitated and oversaw training of over 130 students on HIV/AIDS Peer Education and Sexual Reproductive Health in 2011.

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- Successfully managed to supervise a group of 11 trainees on HIV/AIDS Peer Education.
 - Organised VCT testing on campus in 2011 that tested over 500 students surpassing the set target.

2010 (July - Sept)

KENYATTA NATIONAL HOSPITAL

Nutritionist/Dietician Intern

Achievements:

- Actively participated in planning and supervising the administration of therapeutic feeds in the ICU and Pediatric wards.
- Consecutively provided weekly nutrition education on IYCF, MNCH and PMTCT to more than 25 mothers.
- Acquired excellent report writing skills through ensuring accurate and timely reporting of activities.

2009(July - Sept)

RIFT VALLEY PROVINCIAL HOSPITAL

Nutritionist/Dietician Volunteer

Achievements:

- Actively participated in planning and supervising the administration of therapeutic feeds in the ICU and Pediatric wards.
- In-charge of taking anthropometrics, identifying and managing Acute Malnutrition.
- Consecutively provided weekly nutrition education on IYCF, MNCH and PMTCT to more than 25 mothers.

LEADERSHIP

- 2019 to date Chair of KNH Clinical Nutrition & Dietetic Manual review Committee
- 2017 - 2019 In-charge of CNE in nutrition department
- 2011 Steered the Upper Kabete Catholic Elders Project Committee.
- 2010 – 2011 Training Group Facilitator with I Choose Life Africa.

AWARDS

- October 2016 Certificate of Facilitation in Burns Symposium
- November 2015 Certificate of Merit for presenting scientific paper in Burns Symposium
- June 2014 Certificate of Participation in Customer Care Training
- March 2014 Certificate of Participation in 10Km First Lady's Half Marathon
- Feb 2014 Certificate of Participation in 3rd KNNA Annual Scientific Conference
- June 2012 Certificate of Appreciation for being an outstanding Volunteer in Good Hope Medical Camp
- Mar 2012 Certificate of Appreciation for being an outstanding Volunteer in Gatundu Medical Camp
- Feb 2012 Certificate of Participation in the 3rd National Youth Summit.

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- 2010 – 2011 Certificate of Participation in Upper Kabete Campus Catholic Community Elders project.
 - 2008 Certificate of Service from the University of Nairobi for participating in tree planting.
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COMMUNITY WORK

- **March 2012** - Actively participated in Gatundu & Kikuyu Medical Camps organized by Gertrude's Children's Hospital.
 - **December 2010** - Participated in the Diabetic screening and Health Education forum organized by Nutritionists without Borders at Holy Family Basilica Nairobi.
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SURVEY EXPERIENCE

March 2012 - prevalence of exclusive breastfeeding and associated factors among infants 0-6 months in Kangemi, Nairobi

September 2011 – The effect of Nutrition education with empowerment in the management of malnutrition in HIV/AIDS.

REFEREES

Mrs. Irene Makori

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