

Peninah Nduleve Kitili,  
P. O. Box 19340-00202, Nairobi  
Tel: 0722-526904  
Email: kitilip@gmail.com

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A compassionate, registered medical doctor with strong bias in Dermatology and Paediatrics, with a prosperous record of achievement in the diagnosis, treatment and management of patients' illnesses and diseases.

Much admired for making informed decisions to manage a variety of patients' ailments. Skilled in the delivery of medical advices and consultations with a focus on patient assessments, correct diagnosis and effective treatment. Experienced in the recommendation and prescription of appropriate medication. Maintains a focus on collaborating with medical teams and health care workers on emerging issues in the medical world and patients care. Ensures loyal to healthcare guidelines and standard practice. Passionate about my career.

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#### **PROFESSIONAL ASSOCIATIONS:**

- Member of Kenya Paediatric Association.
  - Member of Kenya Medical Association.
  - Member of Kenya Medical Women Association.
  - Member of Kenya Association of Dermatologist.
  - Member of ANPCAN (Kenya Chapter).
  - Member of Allergy Society of Kenya.
  - Board member of the Medical Advisory Board for the American Vitiligo Research Foundation (AVRF)
  - Member of the African Society of Dermatology and Venereology
  - Member of the European Society of Paediatric Dermatology
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## KEY ACHIEVEMENTS

- **2020 May - Appointed and participated as one of the 10 jury consisting of African and International Dermatologists and Scientists on 2020/2021 Lor'eal African Hair and Skin Research Grant. (Reviewed 23 Research proposals from different African countries).**
- **2018 October:** Presented with Long Service Award Certificate by Kenya Bureau of Standards during The World Standards Day Celebrations (18 years Up to date)
- **2017 November- present:** Representing Kenya Association of Dermatologists at the Kenya Bureau of Standards' Technical Committee on Cosmetics and related products.
- **2011 April:** Attended Responsible Conduct of Research Course at College of Health Sciences, University of Nairobi (Cert).
- **2010 February/March:** Attended Advanced Health Research Methods for Program Leaders/Managers and Researchers in Africa by the University of Nairobi (Cert)
- **2005 September:** Completed a course on Comprehensive Paediatric HIV care Course by University of Nairobi and NASCOP (Cert).
- **2005 August:** Completed a Course in Neostrata Training (Cert).
- **2004 November:** Appointed as a member of the Ethics and Research Committee (ERC), Kenyatta National Hospital and University of Nairobi Up to 2012.
- **2004 May:** Appointed as a member of the Technical Evaluation Committee for supply of drugs at the Kenyatta National Hospital up to 2012.
- **2004-February:** Attended and participated in the General Management Course at Kenyatta National Hospital (cert).
- **2002-August:** Attended Management Seminar for Kenyatta National Hospital senior staff by the Kenya Institute of Management (cert).
- **2002-April:** Appointed the Head of Dermatology Department at the Kenyatta National Hospital up to October 2010. (First Woman Head of this Department at KNH).

- **2001-September:** Attended demonstration of Laser Treatment in Germany by Buchmann Medical Care and services.
  - **2000 May- October 2017:** Representing Kenyatta National Hospital at the Kenya Bureau Of Standards' Technical Committee on Cosmetics and related products.
  - **1998:** Accredited Specialists Recognition in Dermatology and Venereology by the Ministry of Health.
  - **1996-2000:** Member of the Kenyatta National Hospital HIV/AIDS committee. Nominated by the Kenyatta National Hospital Director (CEO) as one of the medical team that visited Uganda to borrow a leaf/search methods and ways on how to bring down the prevalence of HIV in Kenya (1996).
  - **1992:** Accredited specialists Recognition in paediatrics and child health by the Ministry of Health.
  - **1992:** Advanced Paediatric Life support Course in November 1992 by the John Hopkins Hospital trainers at the Kenyatta National Hospital.
  - **1990 - 2017:** Consultant Paediatrician at Kenyatta National Hospital.
  - **1990:** Attended and participated in child Survival and Development Activities.
  - **1987-1990:** Senior House Officer. Worked intensively in all the seven-paediatric wards including Paediatric Emergency ward, Newborn Unit (Nursery) and Infectious Diseases Hospital Paediatric block 111.
  - **1987: August:** Diploma of services to the fourth all Africa Games.
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## EDUCATION & TRAINING

- 1994 – 1995: University of Vienna, Faculty of Medicine.  
**Diploma in Dermatology and Venereology.**
- 1987 – 1990: University of Nairobi  
**Masters in Medicine (Paediatrics)**
- 1978 – 1984: University of Nairobi  
**Bachelor of Medicine and surgery (MBChB).**
- 1976 – 1977: Ng'iya Girls High School  
**East African Advanced Certificate of Education.**
- 1972 – 1975: Precious Blood Secondary School, Kilungu  
**East African Certificate of Education**  
**Advanced Certificate of Education.**
- 1965 – 1971: Kikaso Primary School.  
**Certificate of Primary Education.**

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## WORKING EXPERIENCE

### 1984 - 2017: Kenyatta National Hospital (33 years)

- Head of Department (Dermatology) 2002-2010 October
- Consultant Paediatrician, Dermatologist & Venereologist) 1990 up to my retirement in October 2017.
- University of Vienna (Austria) 1994-1995 July, Dermatology & Venereology Course)

- Registrar -Dermatology 1993-1994 August
- Consultant Paediatrician 1990- up to my retirement in October 2017
- Honorary Lecturer, University of Nairobi (Undergraduates & Post Graduates) 1990 – Up to my retired October 2017
- Honorary Lecture –KMTC - 1990- up to my retirement in October 2017
- SHO (Registrar) in Paediatrics. 1987-1990
- Medical Officer II -1986-1987 August
- Medical Officer 1 – Intern 1984 – 1985

**1993-present: Working as a Consultant Paediatrician, Dermatologist & Venereologist in the following Hospitals:**

- Nairobi Hospital - 2007-To date
- Gertrude's Garden Children's Hospital - 1993-To date
- Mater Hospital - 2007-To date
- Nairobi West Hospital - 1993-To date
- M.P Shah Hospital - 1996 -To date

## **RESEARCH PAPERS WRITTEN:**

- **1989:** Cryptosporidiosis in Malnourished Children at Kenyatta National Hospital.
  - **1989:** A prevalence study on accidents and poisons in persons under 20 years in Nairobi slum – Kibera Laini Saba.
  - **1994:** Kaposi Sarcoma as seen at the Infections Diseases Hospital.
  - **2000 February:** Participated in the review of Government of Kenya, Ministry of Health Clinical guidelines and essential drugs; **wrote the dermatology chapter.**
  - **2005:** Participated in the review of AMREF Book: **Child Health;** A manual for Medical for Medical and Health Workers in Health Centres and Rural Hospitals; third Edition Amref, Nairobi, 2005; **Wrote the Dermatology chapter.**
  - **2010-2011:** Exfoliative Erythroderma in Dermatology Clinic and Ward at the Kenyatta National Hospital. Co-Investigator (Co- Researcher).
  - **2011 August:** Participated in developing the **first ever**-Strategic Plan for Ethics and Research for the University of Nairobi.
  - **Impact of Adherence on severity of Endogenous Eczema in Patients at Kenyatta National Hospital. Supervisor of Dr. David M. Ndonge post graduate student's thesis.**
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## **SCIENTIFIC ACTIVITIES (CONGRESSES, CONFERENCES ATTENDED/PAPERS PRESENTED)**

- **1994:** Kaposi Sarcoma as seen at the Infections Disease Hospital between 1984 and 1994 presented at the Kenya Associated of Dermatologists Conference (Cert).
- **1995:** Attended The Medical Society for the study of Venereal Diseases (MSSVD) spring meeting 18-21 May 1995 in Vienna, Austria (Cert).
- **1995:** The Management of Cutaneous T-cell Lymphoma presented at the Kenya Association of Dermatologist Conference (Cert).
- **1997 March:** Cryptosporidiosis in malnourished children at Kenyatta National Hospital presented at the 9<sup>th</sup> Asian congress of Paediatrics in Hong Kong (Cert).
- **1997 May:** The role of a Dermatologist in child Abuse presented at the Kenya Association of Dermatologists Conference (Cert).
- **1998 to 2001:** Wrote quarterly medical magazine for ANPCCAN Kenya Newsletter.
- **2002 to 2012:** Covered the office of the Director in Kenyatta National Hospital especially weekends since I became the Head of Dermatology Department in 2002.
- **2003 August:** Presented Management of Atopic Dermatitis at Kenya Paediatric Association Biannual Conference in Mombasa (Cert).
- **2004 March:** Attended the Kenya Association of Dermatology conference at Blue Posts, Thika (Cert).
- **2004 April:** Attended the “Paradigms in Allergy” Symposium held in Dubai, United Arab Emirates (Cert).

- **2005 October:** Attended the 14<sup>th</sup> Annual congress of the European Academy Dermatology and Venereology (EADV) in London, UK (Cert).
- **2006 April:** Attended the Kenya Association of Dermatology Biannual Conference at Naivasha, Kenya (Cert).
- **2007 January:** Attended the DERMACON 2007 conference in Chennai – India (Cert).
- **2007 November:** Attended a Dermatology symposium organized by Kenya Association of Dermatologists (Cert).
- **2008 January:** Attended the DERMACON 2008 conference in Chardigah, India (Cert).
- **2008 July:** Attended the American Vitiligo Research Foundation yearly seminar and was appointed as board member for the medical advisory board up to date (Cert).
- **2012 October:** Attended the 3rd Continental Congress of Dermatology 2012 on 24 October, 2012-27<sup>th</sup> October 2012 at ICC, Durban, South Africa (Cert).
- **2012 November:** Attended **4th L’Oreal Skin & Hair Conference/Workshop** at Intercontinental Hotel, Nairobi, Kenya (Cert).
- **2012 December:** Attended, Participated and Contributed to the **East African Community** harmonization of Cosmetics and related products by the Bureau of Standards for the 5 States (Uganda, Tanzania, Kenya, Burundi and Rwanda) in Kampala, Uganda as one of the 5 Kenyan Delegates.
- **2013 January:** Attended DERMACON 2013 Conference at Ahmedabad in India on 24th January to 27th January 2013 (Cert).
- **2013 January:** Attended DERMACON 2013 CME on 24th January 2013 at Ahmedabad in India (Cert).
- **2014 April:** Attended, Participated and Contributed to the **East African Community** harmonization of Cosmetics and related products by the Bureau of Standards for (Uganda, Tanzania, Kenya, Burundi and Rwanda) in Dar es Salaam, Tanzania, as one of the 5 Kenyan Delegates.



- **2015 June:** Attended **World Congress of Dermatology** on 8<sup>th</sup>-13<sup>th</sup> in Vancouver, Canada (Cert).
- **2016 February:** Nominated by the Ministry of Health to advice on Topical Medications for the healthcare facilities in the country including recommendations for different levels.
- **2016 February:** Involved in advising the Ministry of Health on Dermatology drugs to be included in the Kenya Essential Medicines List 2016 (KEML) to be stocked in Health facilities in the Country.
- **2016 April:** Attended and participated in the Kenya Association of Dermatologists Biannual conference held at Abandares Country Lodge (Cert).
- **2016 May:** Attended and participated in the 13<sup>th</sup> European Society of Pediatric Dermatology held on 26<sup>th</sup> – 28<sup>th</sup> in PARIS, FRANCE (Cert).
- **2016 October:** Participated in revising the Kenyatta National Hospital drug Formulary on Dermatology section.
- **2016 October:** Attended and participated in the multisectoral (championed by Kenya Bureau of Standards and Kenya Association of Manufacturers) workshop and consultative meeting on the Antiseptic Soaps/Cosmetics/Toothpastes **BAN** by United States of America as of September 2016: **East African Stand.**
- **2016 October:** Participated in **development of curriculum for Clinical Officers in Higher Diploma in Dermatovenereology** for Kenya Medical Training College.

-**Role:** Advisory and mentorship as the Chief Medical Specialist in Dermatology at Kenyatta National Hospital (2004-2017).

- **2017 January:** Attended **Dermacon 2017-** 45th National Conference of Indian Association of Dermatologists from 12<sup>th</sup> -15<sup>th</sup> January 2017 in Kolkata, India (Cert).
- **2017 May:** Attended **The International Paediatric Dermatology Conference**, on 4<sup>th</sup> - 6<sup>th</sup> May in Dubai, UAE (Cert).

- **2017 July:** Attended the 13th **World Congress of Paediatric Dermatology (WCPD 2017)** in Chicago, Illinois, USA from 6<sup>th</sup> -9<sup>th</sup> July, 2017 (Cert).
  - **2018 April:** Attended and participated in biannual Kenya Association of Dermatologist Conference at Mombasa and presented a paper entitled Cosmetics and Related Products – Doctor’s perspective.
  - **2018 June:** Attended and participated in **The 14<sup>th</sup> Congress of the European Society of Paediatric Dermatology** on 7<sup>th</sup> – 9<sup>th</sup> June, 2018 in London, United Kingdom (Cert).
  - **2019:** June 24 world congress of dermatology in Milan Italy from 10th to 15th
  - **2020:** Dermacon Pune India from January 30<sup>th</sup> to 2<sup>nd</sup> February
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## References

1. Prof. Margaret J. Hutchinson

Cell phone: 0722710591

P.O BOX 41827-00100

Nairobi.

2. Mr. Nathan M. Kiawa

Cell phone: 0722307543

P.O. Box 60000-00200,

Nairobi.

3. Dr. Wairimu A. Imalingat

Cell phone: 0720551612

P. O. Box 60110-00200,

Nairobi.