

## Resource List for Parents of Students with Autism Spectrum Disorder

### Medicaid Waiver Programs (long term support state services)

Contact these programs **ASAP** and put your child on a waiting list for services. Programs base eligibility on child's level or need and disability, NOT on parents' income. The waiting lists for services are 8-15 years. CALL ASAP!

- **Community Living Assistance and Support Services (CLASS):** 1-877-438-5658
- **Home and Community-Based Services (HCS):** Enrollment is based on county of residency
  - Harris County Residents contact 713-970-7799
  - Ft. Bend County/Waller County Residents contact 281-239-1363
- **Star Plus (formerly Community-Based Alternatives (CBA):** 713-692-1635
- **Medically Dependent Children's Program (MDCP)-** 1-800-422-2956 (Ask about the RIDER 28 program)

### Local County Services

Programs/services for persons with mental health and intellectual or developmental disabilities (ID/DD) are available through the county are based on the income of the family. Be prepared to pay a fee for services depending on the income of your household. You may need to schedule a DID Evaluation which is free with the county in order to determine eligibility of services. Whenever you call to find out about the intake process, let them know you are interested in services and want to schedule/get on the waiting list for a DID Evaluation.

- If you are a **HARRIS** county resident:
  - Contact The Harris Center for Mental Health and IDD at 713-970-7070. Visit [www.mhmraharris.org](http://www.mhmraharris.org) to learn more information about available services.
- If you are **Ft. BEND** or **WALLER** county resident:
  - Contact TEXANA Center at 281-239-1363 (Mary Sotelo). Visit [www.texanacenter.com](http://www.texanacenter.com) to learn more information about available services

### Support Groups and Resource Information

1. Katy Autism Support Group (look at caregiver resources): [www.katyautismsupport.org](http://www.katyautismsupport.org)
2. Easter Seals Houston: [www.eastersealshouston.org](http://www.eastersealshouston.org)
3. Know Autism: [www.know-autism.org](http://www.know-autism.org)
4. Texas Project First: [www.texasprojectfirst.org](http://www.texasprojectfirst.org)
5. Family to Family Network – Katy: 713-466-6304  
<http://www.familytofamilynetwork.org/>
6. The Arc of Greater Houston: 713-957-1600 [www.thearcofgreaterhouston.com](http://www.thearcofgreaterhouston.com)
7. The Arc of Ft. Bend: 281-494-5959 [www.arcoffortbend.org](http://www.arcoffortbend.org)
8. The Arc of Katy: 281-391-0831 [www.thearcofkaty.org](http://www.thearcofkaty.org)
9. Partners Resource Network: 1-800-866-4726 [www.partnerstx.org](http://www.partnerstx.org)
10. The Arc Resource Guide  
[http://www.aogh.org/images/pdfntlnktobastemp/ResGuiTab\\_VeryLast2015revwithNewCovPageand%20Latest%20Format%20AB.pdf](http://www.aogh.org/images/pdfntlnktobastemp/ResGuiTab_VeryLast2015revwithNewCovPageand%20Latest%20Format%20AB.pdf)

This resource sheet was compiled as an aid to our staff and parents and **in no way constitutes an endorsement or recommendation** of these individuals or organizations by this campus or Katy ISD.

11. Greater Houston Chapter Autism Society of America: 713-513-7575  
<http://www.houstonchapterasa.org/>
12. Texas Department of Aging and Disability Services (DADS): 1-800-458-9858  
[www.dads.state.tx.us](http://www.dads.state.tx.us)
13. Department of Assistive and Rehabilitative Services (DARS): 1-800-628-5115  
[www.dars.state.tx.us/about/index.shtml](http://www.dars.state.tx.us/about/index.shtml)