```
def count words(text):
      """Function to count words in the given text."""
      if not text.strip(): # Check if input is empty or only spaces
          return 0
      return len(text.split())
  def main():
      """Main function to run the word counter program."""
      print("Welcome to the Word Counter Program!")
      user_input = input("Enter a sentence or paragraph: ")
      word_count = count_words(user_input)
      print(f"Word Count: {word_count}")
  if name_ == "__main__":
      main()
✓ 9.2s
```

Welcome to the Word Counter Program!
Word Count: 2