

## Flows > HCI

Private

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All Bots

🕒 Triggered 37 days ago



Interact › New Message

Trigger

 Edit

▼ Filter



[Interact > Ask a Question](#)

Action

 Edit

▼ Filter



[Interact > Ask a Question](#)

### Action

 Edit

▼ 1 Filter



[Interact > Ask a Question](#)

## Action

 Edit

▼ 1 Filter



May I ask how long your friend has been struggling with depression?

Less than 2 weeks

Under 6 months

Over 6 months



Your friend may not have depression since it is early, but keep looking out for symptoms. Would you like to know some common symptoms of depression and what to keep

Yes

No



You should encourage them to get professional, medical help. Have they been taking any steps for their mental illness?

Yes, but it isn't working

No



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Time\_under6months

Interact > Ask a Question

Action

Edit

2 Filters

+

?

Time\_less2weeks\_yes

Interact > Ask a Question

Action

Edit

2 Filters

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time\_less2weeks\_yes\_mentionedSuicide

Interact > Ask a Question

Action

Edit

1 Filter

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Send a Message

Interact > Send a Message

Action

Edit

1 Filter

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time\_less2weeks\_yes\_nosuicide

Interact > Ask a Question

Action

Edit

1 Filter

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watch for friend mentioning suicide again

Interact > Send a Message

Action

Edit

2 Filters

Have they been feeling suicidal at all recently?

?

Yes

No

Choice

Some common symptoms of depression include:  
Mood: anxiety, apathy, general discontent, guilt, hopelessness, loss of interest, loss of

?

Yes to both

Yes but not suicide

No

Choice

I can see why you are so concerned! Have they been saying or thinking this recently?

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Yes

No

Choice

It is very important to act carefully at this time. Here is a suicide prevention number to call: 1-800-273-8255.  
Some helpful things to say are: you are not

?

It is good they are not a threat to themselves or to others. Would you like some tips for low moods and what to do if suicidal thoughts do occur?

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Yes

No

Choice

In that case, make sure to keep seeing if they ever mention this again. Here is some information if they do: the suicide prevention number is 1-800-273-8255, there are some

?

Good Sign

Interact > Send a Message

Action

Edit

1 Filter

Under 6 Months & Feeling Suicidal

Interact > Send a Message

Action

Edit

1 Filter

Under 6 Months & Not Feeling Suicidal

Interact > Ask a Question

Action

Edit

1 Filter

Ask about improvements

Interact > Ask a Question

Action

Edit

1 Filter

Send a Message

Interact > Send a Message

Action

Edit

1 Filter

Send a Message

Interact > Send a Message

Action

Edit

1 Filter

That is a good sign! Your friend probably does not have depression and they are most likely just feeling down because of a bad day or recent negative experience. However, keep

I can see why you are so concerned! It is very important to act carefully at this time. The average length for a depressive episode is 63 weeks, so with the right resources your friend

Have they been taking any medications or meeting with a psychologist?

YesNo

Choice

Have you seen any improvements/changes in their behavior?

YesNo

Choice

It is good they are not a threat to themselves or others. We can discuss some safety plans for extremely low moods and what to do if suicidal thoughts do occur.

I can see why you are concerned, as your friend is getting help so their mental health should be improving! It is very important to act carefully at this time. The average length for a

?

Asking want to know medicines local psy

Interact > Ask a Question

Action

Edit

2 Filters

+

Medications & psy

Interact > Send a Message

Action

Edit

1 Filter

+

Send a Message

Interact > Send a Message

Action

Edit

1 Filter

+

End Message

Interact > Send a Message

Action

Edit

2 Filters

+

Would you like to know some over the counter medicines or some highly rated psychologists nearby to recommend to your friend?

YesNo

Choice

St. John's Wort, Protazen, and L-Tyrosine are highly rated medications. Per usual, your friend should consult a doctor before taking anything. To find psychoogists in the area, you can use

One of the most important things you can do right now is support your friend and be there for them. Some helpful things to say to your friend are: you are not alone, you are important

Thank you for contacting Omni and please reach out to me again if you need to! Make sure your friend knows they are not alone!