

WALMART Grocery List by Aisle

FRUITS

- ☐ Bananas
- ☐ Apples
- ☐ Grapes
- ☐ Oranges
- ☐ Strawberries
- ☐ Avocados
- ☐ _____
- ☐ _____

VEGETABLES

- ☐ Potatoes
- ☐ Tomatoes
- ☐ Onions
- ☐ Carrots
- ☐ Lettuce
- ☐ Broccoli
- ☐ Peppers
- ☐ _____
- ☐ _____
- ☐ _____

CANNED GOODS

- ☐ Olives
- ☐ Soup
- ☐ Tuna
- ☐ _____
- ☐ _____
- ☐ _____

BAKING

- ☐ Sugar
- ☐ Flour
- ☐ Baking soda
- ☐ _____
- ☐ _____
- ☐ _____

CANDY

- ☐ Chicken
- ☐ Beef
- ☐ Pork
- ☐ _____
- ☐ _____
- ☐ _____

FISH & SHELLFISH

- ☐ Shrimp
- ☐ Crab
- ☐ Clams
- ☐ Tuna
- ☐ Salmon
- ☐ Tilapia
- ☐ _____
- ☐ _____

DAIRY & EGGS

- ☐ Milk
- ☐ Cheese
- ☐ Eggs
- ☐ Butter
- ☐ _____
- ☐ _____

CONDIMENTS & SPICES

- ☐ Salt
- ☐ Sugar
- ☐ Pepper
- ☐ Oregano
- ☐ Cinnamon
- ☐ Ketchup
- ☐ Mayonnaise
- ☐ _____
- ☐ _____

SAUCES & OILS

- ☐ Olive Oil
- ☐ Tomato Sauce
- ☐ Hot Sauce
- ☐ Soy Sauce
- ☐ _____

SNACKS

- ☐ Chips
- ☐ Crackers
- ☐ Pretzels
- ☐ Popcorn
- ☐ Peanuts
- ☐ Nuts
- ☐ _____
- ☐ _____

MEAT

- ☐ Chicken
- ☐ Beef
- ☐ Pork
- ☐ Sausage
- ☐ _____
- ☐ _____
- ☐ _____

BREAD & BAKERY

- ☐ Whole
- ☐ Wheat White
- ☐ Italian
- ☐ Sandwich
- ☐ Cookies
- ☐ _____
- ☐ _____
- ☐ _____

PASTA & RICE

- ☐ Spaghetti
- ☐ Macaroni
- ☐ White Rice
- ☐ _____
- ☐ _____

CEREAL

- ☐ Oats
- ☐ Wheat
- ☐ Granola
- ☐ _____
- ☐ _____

BEVERAGES

- ☐ Soda
- ☐ Water
- ☐ Juices
- ☐ _____
- ☐ _____

ALCOHOL

- ☐ Champagne
- ☐ Wine
- ☐ Beer
- ☐ _____

DELI

- ☐ Cheese
- ☐ Ham
- ☐ Turkey
- ☐ Salami
- ☐ Bacon
- ☐ _____
- ☐ _____
- ☐ _____

FROZEN FOODS

- ☐ Fish
- ☐ Ice Cream
- ☐ Pizza
- ☐ Potatoes
- ☐ _____
- ☐ _____

BREAKFAST

- ☐ Pancakes
- ☐ Waffles
- ☐ Muffins
- ☐ _____
- ☐ _____
- ☐ _____

ORGANIC FOODS

- ☐ Bananas
- ☐ Mini cucumbers
- ☐ Green beans
- ☐ _____
- ☐ _____
- ☐ _____

GLUTEN FREE FOODS

- ☐ Okra
- ☐ Sweetener
- ☐ Teriyaki
- ☐ _____
- ☐ _____

FLOWER SHOP

- ☐ Lilies
- ☐ _____
- ☐ _____

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