

Letter of Internship Completion

Date: 25th July, 2024

TO WHOM IT MAY CONCERN,

This letter serves to confirm that:

Vaneeza Iftikhar

Has successfully completed all required elements (learning outcomes, assignments and practical projects) of the following Internship at clinical setting:

Nutritional Dermatology

In this One Month Internship Program held between (25th June – 25th July, 2024; the candidate was assessed through a series of patient interaction, counselling skills, written assignments/practical projects and earned satisfactory learning regarding this internship.

The candidate has learned following topics in theoretical & practical in the outdoor/indoor clinical surrounding:

- ***Nutritional Dermatology Importance***
- ***Skin & Nutrition issues assessment***
- ***Skin & Gut Connection***
- ***Types of Skin & Face Mapping Method***
- ***Hydration & Skin Moisture***
- ***Dietary Supplementation role in Nutritional Dermatology***
- ***Diet Plan development regarding skin concerns***
- ***Micro and Macro nutrients role in dermatological issues***
- ***Acne, Psoriasis, Xerosis, Eczema, Rosacea, Seborrheic Dermatitis, Stretch Marks, Hyperpigmentation related Nutrition***
- ***Collagen & its types***
- ***Detoxification of Skin & Organic Skincare importance***
- ***UV Damaging of Skin & Skin Cancer***

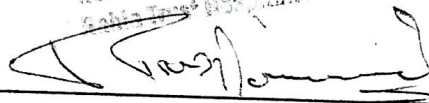
The candidate has submitted their Final Internship File at the end of the Internship which was evaluated & checked by the Internship Supervisor.

Remarks:

The candidate has done a good job throughout One Month Internship. I wish you Good Luck for your Future!

Yours sincerely,

MISHAL MUMTAZ
Clinical Nutritionist &
Health Counselor
Rabia Trust Hospital, Faisalabad



DT. MISHAL MUMTAZ
CLINICAL NUTRITIONIST, NUTRITIONAL PSYCHOLOGIST
INTERNSHIP SUPERVISOR & HEALTH COUNSELOR
FOUNDER MNC HEALTH SOLUTIONS
RABIA TRUST HOSPITAL, FAISALABAD

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