

WHAT LIES BEHIND THE SUCCESS OF THE FASTEST LONG-DISTANCE RUNNERS IN THE WORLD

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WHAT ARE YOU GOING TO LEARN TODAY?

1. IDENTIFY PROBLEM

2. DATA SET

3. METHODS

4. RESULTS





WHAT IS SO SPECIAL ABOUT RUNNING?



"I'LL BE HAPPY IF RUNNING AND I CAN GROW OLD TOGETHER."

- HARUKI MURAKAMI



PROBLEM STATEMENT/DRIVING QUESTION

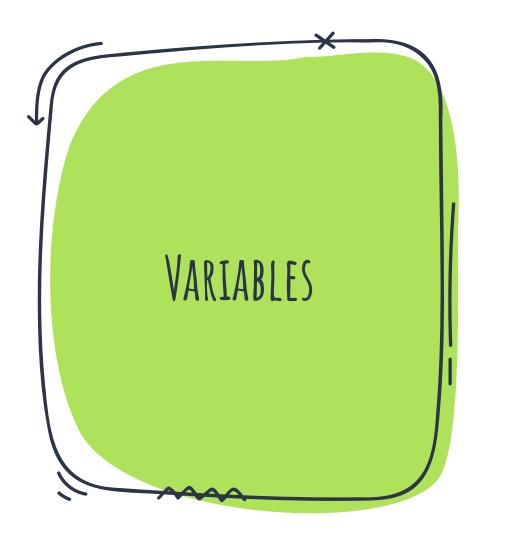
WHAT IF THERE IS **MORE TO WINNING** MARATHONS THAN A RUNNER'S TRAINING LEVEL? WHAT IF THE DETERMINANT OF WHO WINS A RACE COMES DOWN TO **LUCK**?



THE DATASET

BOSTON MARATHON	AMSTERDAM MARATHON
(2016-2019)	(2018-2019)

- × NYC MARATHON (2017-2019) × CHICAGO MARATHON
- \times BERLIN MARATHON (2017-2019) (2018-2019)
- LONDON MARATHON
 THE PAST SIX OLYMPIC
 (2019-2020)
 MARATHONS (1996-2016)





X TOTAL RUN-TIME

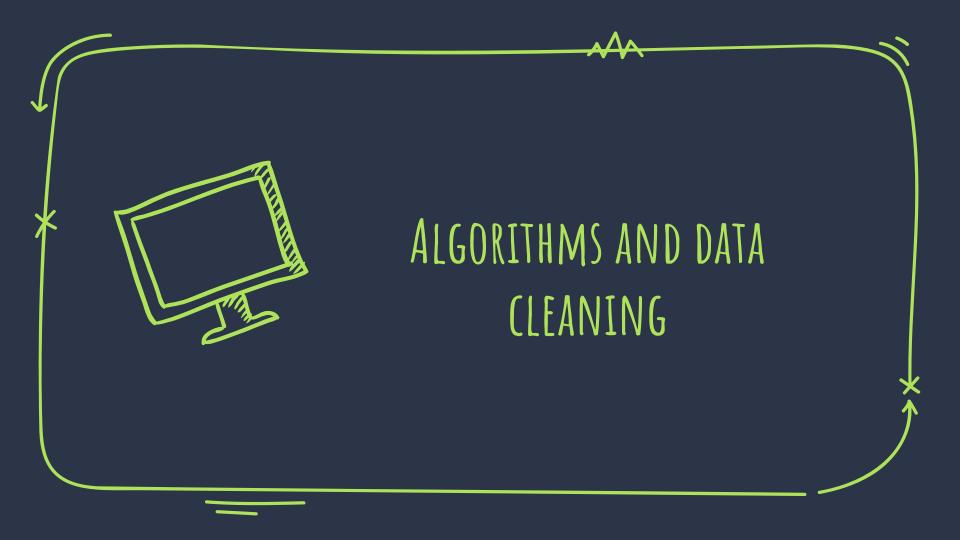
× HEIGHT

× WEIGHT

× DATE OF BIRTH

× COUNTRY OF BIRTH

× NATIONALITY



CLEANING THE DATA

- × SPLIT!
- X OBJECT, FLOAT OR INTEGER?
- × DROP METHOD







ALGORITHMS!



CONVERTING DATA

CREATING SUBGROUPS

STATISTICS

CALCULATING PACE X TOP 1, TOP 3, TOP

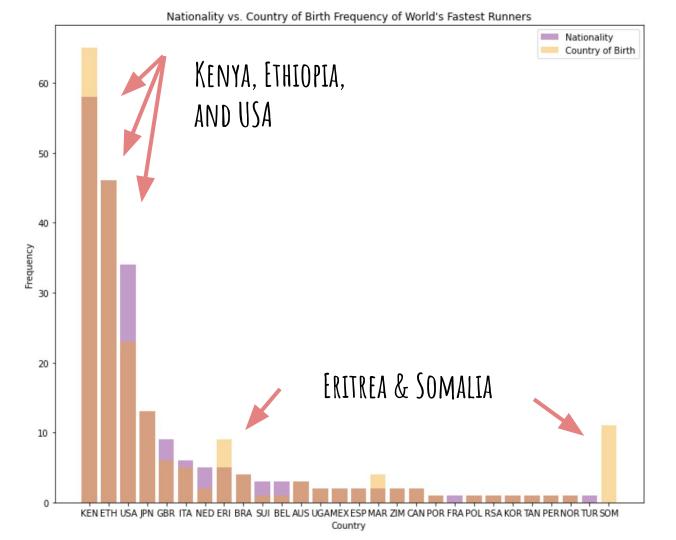
AVERAGES

METRIC VS IMPERIAL SYSTEMS

REDEFINING SUCCESS



NATIONALITY VS. COUNTRY OF BIRTH



WHERE DO THESE RUNNERS COME FROM?



THE GENETIC LOTTERY FOR LONG DISTANCE RUNNING—

168.67 CM (OR 66.41 IN)

The Ultimate Height

54.74 KG (OR 120.71 LBS)

The Ideal Weight

28.54

The Perfect Age

STATISTICAL TRENDS

	1st Place Runners	Top 3 Runners	TOP 10 RUNNERS
AVERAGE HEIGHT	168.67 CM (OR 66.41 IN)	171.0 cm (OR 67.32 IN)	172.84 CM (OR 68.05 IN)
AVERAGE WEIGHT	54.74 KG (OR 120.71 LBS)	56.57 KG (OR 124.74 LBS)	57.56 KG (OR 126.92 LBS)
AVERAGE AGE	28.54	28.36	29.69

BIRTH DATES

× YEARS

× MONTHS

EVEN VS ODD

EVEN: 57.43 %

ODD: 42.57 %

MONTH	<u>Frequency</u>
JAN	24
FEB	27
MAR	19
APR	13
MAY	15
JUN	12

JUL	6
AUG	16
SEP	20
OCT	14
NOV	22
DEC	14

IMPORTANT TAKEAWAYS





REFERENCES

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- X Typographies: Amatic SC & Nunito
- X Icons: https://fontawesome.com/
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